

## LAST UPDATED: AUG. 14, 2025

The Oklahoma Health Care Authority (OHCA) contracted with one plan to deliver medical services to SoonerSelect children and youth served by Oklahoma Human Services' Child Welfare Services. This includes children in foster care and former foster care children, those receiving adoption assistance, and those involved in the juvenile justice system. The health plan is required to provide the same set of core medical services that are provided to SoonerCare members today. It also offers extra services, called value-added benefits. The chart below shows the value-added benefits it offers. They may help you determine which health plan will best meet your needs.

# SoonerSelect Children's Specialty Program



### **CHILD BENEFITS**

### **Diaper Club**

Members enrolled in Start Smart for Baby® will receive a \$30 per month diaper club for infants ages 0-12 months.

### **Healthy Weight**

Oklahoma Complete Health provides YMCA memberships to members in care management to support physical activity and healthy lifestyles.

### Orthodontia

Oklahoma Complete Health provides members with enhanced dental benefits for non-covered orthodontia to support well-being.

#### **Care Grants**

Care grants that support positive youth development.

- \$150 grant to support the emotional and physical well-being of the youth with items such as culturally appropriate hair care, art supplies, sports equipment and other items.
- \$500 care grant for youth transitioning out of foster care or OJA custody to assist with housing and other transition resources.
- Tattoo removal for youth with tattoos affiliated with gangs or human trafficking to improve emotional well-being.

#### Sensory Support

Oklahoma Complete Health collaborates closely with their caregivers and providers to offer a sensory support kit that is tailored to their developmental and diagnosis needs. The kits may include sensory swings, exercise balls for bouncing or rocking, weighted vests or blankets, warm compresses and manipulative toys like pop-its, headphones and/or ear plugs.

### **Comfort To-Go Bags**

Oklahoma Complete Health provides duffel bags for children who are changing foster homes. Bags will contain age-appropriate personal care items and art or hobby supplies, as well as include culturally responsive and tribally sensitive items. Bimonthly issues of Fostering Families Magazine.

### **Celebrating You**

Oklahoma Complete Health will send members a card to acknowledge their birthday.

#### Рух

Pyx is a mobile app for ages 18+ that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services and covered benefits.

### **After-school Programs**

Members ages 6-18 can get up to \$125 per year for Boys and Girls Clubs membership to help them develop social and leadership skills.

In partnership with the Oklahoma FFA Foundation, FFA scholarships are provided to high school students to support skills growth for those interested in agricultural careers.

Child and adult memberships to local YMCAs are provided to support physical activity and healthy lifestyles.

## Digital Behavioral Health (BH) Apps

The digital BH app, myStrength Complete, will provide coaching and educational support for members ages 13+ with BH diagnoses. Members ages 18+ may also access virtual BH visits through our suicide prevention support app available through Choose Tomorrow.

#### ConnectionsPlus

Connects members in care management who do not have safe, reliable access to telephonic and web-based services with a federal SafeLink Wireless program, which offers a free smartphone to allow for communication with Oklahoma Complete Health, providers, friends and family.

## Health, Wellness, and Health Literacy

Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Our Healthy Kids Club will mail children and youth members a welcome packet, Kid Club Membership Card, \$10 Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.

### **Breathe Better at Home**

For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.

### **Enhanced Behavioral Health Therapy**

Members can receive alternatives to talk therapy, including art, music, and equine therapies to treat BH conditions and those who have experienced complex trauma.

### **Well-Child Visit Reward**

- \$25 Infant Well Visit (ages 0-15 months) Earn one reward for each annual visit.
- \$25 Infant Well Visit (ages 15-30 months) Earn one reward for each annual visit.
- \$10 Child Well Visit (ages 3-18) Earn one reward for each annual visit.

#### Sports and Camp Physicals

Covers sports or camp physicals for members ages 5-18. Sports and camp physicals include a medical history and a physical exam.

#### **Pregnancy Supports**

Start Smart for Your Baby® program provides advice and resources for pregnant members and new parents including:

- A hospital-grade breast pump to support breastfeeding.
- Community baby showers with a portable crib gift and safe sleep education.
- \$30 per month Diaper Club for infants 0-12 months, parent must be enrolled in Start Smart for Baby® program.

#### My Health Pays® Rewards

Offers the My Health Pays® Rewards Program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa Prepaid Card with their reward amount pre-loaded. My Health Pays eligible activities and rewards include:

- Member portal registration (\$10/one per member).
- Health risk screening (\$10/one per member).
- Child annual well visit (\$10/one per year per member ages 3-20).
- Adult annual well visit (\$10/one per year per member ages 21+).
- Flu shot in-network (\$5/one per year).
- Cervical cancer screenings (\$10/one per member ages 21-64 every three years).
- Notification of pregnancy (\$25 first trimester/\$10 second trimester/one per pregnancy).
- Smart Start prenatal visit (\$25/one per pregnancy).
- Start Smart postpartum visit (\$10/one per pregnancy).
- Start Smart infant well visits (\$25 per visit/six-visit maximum for ages 0-15 months, and two-visit maximum for ages 15-30 months).
- Diabetes comprehensive care-HbA1C test (\$25/one per year for members with diabetes diagnosis).
- Tobacco cessation (\$25 for the first fill of cessation medication/\$50 for completion of cessation program/one per year each).
- Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission).
- Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).

#### **Vaccine Rewards**

- \$5 for flu shot.
- \$25 for childhood immunization status, ages 0-2. (Requires completion of dose series.)
- \$25 for immunization for adolescents, ages 10-13.

#### **Diabetes Remote Patient Monitoring**

Diabetes remote patient monitoring uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.

### **Member Portal Registration**

\$10 for member portal registration.

#### **Pest Control**

\$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).

#### **Nutrition Support**

For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by four additional hours per year.

#### **Food Security**

Members who screen positive for food insecurity can receive up to \$100 per year for nutritional foods at select local markets.

After a hospital discharge, members in care management will be provided with 14 medically tailored meals delivered to their homes.

### **Educational Support and Work Skills**

Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing.

All members in K-12 will be provided in-person or virtual tutoring to eligible youth who are at risk of failing one or more core subject areas.

### Health, Wellness and Health Literacy

Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Our Healthy Kids Club will mail children and youth members a welcome packet, Kid Club Membership Card, \$10 Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or quardian.

### **Respite Care**

Provides up to 48 additional hours per year of respite support to reduce caregiver burnout.

## **Tobacco and Vaping Cessation**

My Health Pays® offers incentives to support member quit attempts. We offer \$25 for the first fill of cessation medication, and \$50 for the completion of a cessation program.

### **Vision Services**

Up to \$100 per member beyond the covered services allowable amount for enhanced eyewear packages (glasses or contact lenses). Prior authorization is only needed when the number of glasses replacements exceeds 2 per year.

## **ADULT BENEFITS**

#### Рух

Pyx is a mobile app for ages 18-25 that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services and covered benefits.

### **Vision Services**

Up to \$100 per member beyond the covered services allowable amount for enhanced eyewear packages (glasses or contact lenses). Prior authorization is only needed when the number of glasses replacements exceeds 2 per year.

### Ready for My Recovery

\$30 reward to members with 6 months of continuous engagement in substance abuse disorder services. Can earn up to two rewards per calendar year.

#### **Breathe Better at Home**

For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning, and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.

#### **Enhanced Behavioral Health Therapy**

Members can receive alternatives to talk therapy, including art, music, and equine therapies to treat BH conditions and those who have experienced complex trauma.

### **Diabetes Remote Patient Monitoring**

Diabetes remote patient monitoring uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.

#### Diabetes A1c Test

Ages 18-75 can get a \$25 diabetes HbA1c test. Must have a current diagnosis of diabetes to qualify.

#### **Over-the-Counter Pharmacy Products**

Up to \$30 per member per quarter for over-the-counter items such as cold, cough and allergy medicine, pain relievers, etc.

### My Health Pays® Rewards

Offers the My Health Pays® Rewards Program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa Prepaid Card with their reward amount pre-loaded. My Health Pays eligible activities and rewards include:

- Member portal registration (\$10/one per member).
- Health risk screening (\$10/one per member).
- Child annual well visit (\$10/one per year per member ages 3-20).
- Adult annual well visit (\$10/one per year per member ages 21+).
- Flu shot in-network (\$5/one per year).
- Cervical cancer screenings (\$10/one per member ages 21-64 every three years).
- Notification of pregnancy (\$25 first trimester/\$10 second trimester/one per pregnancy).
- Smart Start prenatal visit (\$25/one per pregnancy).
- Start Smart postpartum visit (\$10/one per pregnancy).
- Start Smart infant well visits (\$25 per visit/six-visit maximum for ages 0-15 months, and two-visit maximum for ages 15-30 months).
- Diabetes comprehensive care-HbA1C Test (\$25/one per year for members with diabetes diagnosis).
- Tobacco cessation (\$25 for the first fill of cessation medication/\$50 for completion of cessation program/one per year each).
- Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission).
- Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).

### Wellness Visit Reward

\$10 well visit award once per year.

#### Vaccine Rewards

- \$5 for flu shot
- \$25 for childhood immunization status, ages 0-2. (Requires completion of dose series.)
- \$25 for immunization for adolescents, ages 10-13.

#### **Tobacco Cessation**

My Health Pays® offers incentives to support member quit attempts. We offer \$25 for the first fill of cessation medication, and \$50 for the completion of a cessation program.

#### **Healthy Weight**

In support of Oklahoma's goals to improve healthy eating and physical activity to reduce the incidence of overweight and obesity, Oklahoma Complete Health provides two benefits to support healthy weight.

- YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles.
- Weight Watchers memberships for adult members ages 18+ in care management whose providers recommend an increase in healthy eating and physical activity to reduce a BMI of 30 or greater.

### **Virtual Weight Watchers Memberships**

For adult members in care management whose providers recommend increased healthy eating and physical activity to reduce obesity.

### **Cervical Cancer Screening Reward**

\$10 for ages 21-64 for cervical cancer screening. Once every three years.

#### **Pest Control**

\$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).

#### **Housing Assistance**

Respite shelter for members experiencing homelessness following discharge from Oklahoma City and Tulsa area hospitals is offered through partnership with selected community organizations.

#### **Legal Services**

Support with employment, housing, social service benefits or health-related legal matters with access through Legal Aid Services of Oklahoma.

### **Nutrition Support and Food Security**

Members who screen positive for food insecurity will receive up to \$100 per year for nutritional foods at select local markets.

Members in care management who screen positive for food insecurity upon hospital discharge, including those with high-risk pregnancies, will receive 14 medically tailored meals delivered to their homes.

For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by 4 additional hours per year.

### **Educational Support and Work Skills**

Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing.

All members in K-12 will be provided in-person or virtual tutoring to eligible youth who are at risk of failing one or more core subject areas.

### **Housing Assistance**

A partnership with Cardinal Community House and providers will support respite shelter for members experiencing homelessness following discharge from an Oklahoma City hospital.

A partnership with Legal Aid Services of Oklahoma provides medical legal partnership assistance for members with housing, employment and educational issues.

\$500 care grants for youth transitioning out of foster care or OJA custody to assist with housing and other transition resources.

#### Health, Wellness and Health Literacy

Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Our Healthy Kids Club will mail children and youth members a welcome packet, Kid Club Membership Card, \$10 Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.

#### **Respite Care**

For members with special health care needs who have exhausted all covered and community-based respite benefits. Includes up to 48 additional hours per year of respite support to reduce caregiver burnout.

#### PREGNANCY AND POSTPARTUM

### **Prenatal and Postpartum Care Rewards**

- \$25 for Notification of Pregnancy Form completed within first trimester or \$10 for Notification of Pregnancy Form completed within second trimester.
- \$25 per prenatal visit. Once per pregnancy. Prenatal date of service must be prior to delivery, postpartum visit, miscarriage, date of service, or due date plus four weeks, whichever comes first.
- \$10 postpartum visit. Once per pregnancy and within 7-84 days of delivery.

### Start Smart for Your Baby®

Provides customized support and care for pregnant women and new moms. This program focuses on your health during your pregnancy and your baby's first year, and offers these benefits at no cost:

- Breast pump and breastfeeding support.
- Diaper Club members enrolled in Start Smart for Baby will receive a \$30 per month diaper club for infants 0-12 months old.
- Community baby showers with a portable crib gift and safe sleep education.
- Information about pregnancy and newborn care.
- Community help with housing, food, clothing and cribs.

#### Start Smart for your Baby®

Community baby showers with a portable crib gift and safe sleep education.

#### **Diaper Club**

Members enrolled in Start Smart for Baby will receive a \$30 per month diaper club for infants. 0-12 months old.

#### Start Smart for your Baby®

Prenatal education and parenting classes.

#### **Prenatal Care Rewards**

- \$25 for Notification of Pregnancy Form completed within first trimester or \$10 for Notification of Pregnancy Form completed within second trimester.
- \$25 per prenatal visit. Once per pregnancy. Prenatal date of service must be prior to delivery, postpartum visit, miscarriage, date of service, or due date plus four weeks, whichever comes first.
- \$10 postpartum visit. Once per pregnancy and within 7-84 days of delivery.

### Remote Patient Monitoring (RPM)

High-risk pregnancy RPM combines telehealth with cellular technology and real-time readings for blood pressure, glucose monitoring and at-home fetal monitors.

### **Prenatal Appointment Transportation**

Pre-scheduled transportation to milestone appointments for high-risk pregnancies.

#### **Post-discharge Meals**

Members discharging from the hospital will receive 14 medically tailored meals delivered to their homes.

### **PAIN MANAGEMENT**

### **Traditional Healing Grants**

We will provide grants of up to \$250 to members for ceremonial or spiritual healing to support improved behavioral health or physical health management and honor cultural preferences.

#### Ready for My Recovery

\$30 reward to members with 6 months of continuous engagement in substance abuse disorder services. Can earn up to two rewards per calendar year.

## **DIAGNOSIS SPECIFIC: OBESITY**

### **Healthy Weight**

In support of Oklahoma's goals to improve healthy eating and physical activity to reduce the incidence of overweight and obesity, Oklahoma Complete Health provides two benefits to support healthy weight.

- YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles.
- Weight Watchers memberships for adult members ages 18+ in care management whose providers recommend an increase in healthy eating and physical activity to reduce a BMI of 30 or greater.

### **DIAGNOSIS SPECIFIC: ASTHMA**

#### **Breathe Better at Home**

For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning, and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.

#### **Post-discharge Meals**

Members in care management who screen positive for food insecurity upon hospital discharge will receive 14 medically tailored meals delivered to their homes.

## **DIAGNOSIS SPECIFIC: DIABETES**

#### **Diabetes Care Reward**

\$25 diabetes HbA1c test for members ages 18-75. Must have a current diagnosis of diabetes to qualify. Once per calendar year.

**Diabetes Remote Patient Monitoring (RPM)** Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.

#### **Post-discharge Meals**

Members in care management who screen positive for food insecurity upon hospital discharge will receive 14 medically tailored meals delivered to their homes.

## DIAGNOSIS SPECIFIC: SUBSTANCE ABUSE DISORDER

#### **Ready for My Recovery**

The Ready for My Recovery program will support members on their recovery journey by providing a \$30 My Health Pays® reward for every 6 months of active participation in recovery treatment, as well as a recovery backpack that includes a water bottle, self-care kit, journal, pen and behavioral health information and resources.

### Digital Behavioral Health (BH) Apps

The digital BH app, myStrength Complete, will provide coaching and educational support for members ages 13+ BH diagnoses. Members 18+ may also access virtual BH visits through our suicide prevention support app available through Choose Tomorrow.

## Pyx Health (Pyx)

Pyx Health is a mobile app for ages 18-25 that reduces social isolation by providing companionship and resources including linkages to available care management programs, social services and covered benefits. Members ages 18+ who screen positive for social isolation will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience.

#### Digital Behavioral Health (BH) App and Coaching

The digital Behavioral Health app provides coaching and educational support for members ages 13+ with Behavioral Health diagnoses. Members 18+ may also access virtual Behavioral Health visits through our suicide prevention support app available through Choose Tomorrow.

### **Enhanced Behavioral Health Therapy**

Members can receive alternatives to talk therapy, including art, music, and equine therapies to treat BH conditions and those who have experienced complex trauma.

## **ENHANCED TRANSPORTATION BENEFITS**

## **Enhanced Transportation Services**

Fifteen round trips per member per year up to 50 miles from the member's home are provided to support social drivers of health needs (e.g., grocery, food, pantries, farmers' markets, WIC, childcare, job interviews and support groups).

Members are eligible for up to five round trips per year for visits with biological family.

### Accompanying Child Transportation

Allows up to 4 additional minor children to accompany members to EPSDT, provider and urgent care appointments with advance notice.

### Transportation for Acute Hospital Stays

One round trip daily for parents/guardians to visit a child during an acute hospital stay.

### **ADDITIONAL SUPPORTS AND SERVICES**

## **Housing Assistance**

A partnership with Cardinal Community House and providers will support respite shelter for members experiencing homelessness following discharge from an Oklahoma City hospital.

A partnership with Legal Aid Services of Oklahoma provides medical legal partnership assistance for members with housing, employment and educational issues.

\$500 care grants for youth transitioning out of foster care or OJA custody to assist with housing and other transition resources.

#### **Educational Support and Work Skills**

Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing.

All members in K-12 will be provided in-person or virtual tutoring to eligible youth who are at risk of failing one or more core subject areas.

### **Healthy Living**

YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles.

### **Over-the-Counter Purchase Products**

Each member receives \$30 per quarter to spend on items such as cold, cough, allergy, diapers, wipes, pain relievers, etc.

### **Respite Care**

Members with special health care needs who have exhausted all covered and community-based respite benefits will be provided with up to 48 additional hours per year of respite support to reduce caregiver burnout.

### My Health Pays® Rewards

Offers the My Health Pays® Rewards Program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa Prepaid Card with their reward amount pre-loaded. My Health Pays eligible activities and rewards include:

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- Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission).

• Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).

#### ConnectionsPlus

Connects members to the federal SafeLink Wireless program, which offers a free smartphone to allow for communication with Oklahoma Complete Health, providers, friends and family. We educate members on the availability of obtaining SafeLink's free prepaid cell phones and assist members with the application process.

Through our ConnectionsPlus program, we will provide free cell phones and data plans to members engaged in care management who do not have safe, reliable access to telephone and web-based services. ConnectionsPlus allows members to have consistent access to providers, our care managers, telehealth services and 911.

### **Nutrition Support and Food Security**

For members in care management who screen positive for food insecurity during hospital discharge, we will provide 14 medically tailored meals delivered to their homes.

#### Member Portal Reward

\$10 My Pay Reward for member portal registration.

### **Diabetes Remote Patient Monitoring (RPM)**

Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.

### **Traditional Healing Grants**

Provides grants of up to \$250 to members for ceremonial or spiritual healing to support improved behavioral health or physical health management and honor cultural preferences.

#### Pest Control

\$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).

## **Housing Assistance**

A partnership with Cardinal Community House and providers will support respite shelter for members experiencing homelessness following discharge from an Oklahoma City hospital.

A partnership with Legal Aid Services of Oklahoma provides medical legal partnership assistance for members with housing, employment and educational issues.

\$500 care grants for youth transitioning out of foster care or OJA custody to assist with housing and other transition resources.

### **Nutrition Support and Food Security**

- In addition to ensuring access to food pantries, WIC and SNAP/DUO, members in care management who screen positive for food insecurity can receive up to \$100 per year in Food Rx vouchers for healthy foods at local markets.
- For members with chronic conditions enrolled in care management, we will expand the state's nutritional counseling benefit by 4 additional hours per year.

**Educational Support and Work Skills** -Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing.

All members in K-12 will be provided in-person or virtual tutoring to eligible youth who are at risk of failing one or more core subject areas.

## Health, Wellness and Health Literacy

Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Our Healthy Kids Club will mail children and youth members a welcome packet, Kid Club Membership Card, \$10 Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.

## **Reach Out and Read**

A \$25,000 grant to expand services in our Health Empowerment Zones.