# State Fiscal Year 2016



**ANNUAL REPORT** 

# **SoonerCare Chronic Care Unit Evaluation**

**Prepared for:** 

State of Oklahoma Oklahoma Health Care Authority

September 2017





#### **READER NOTE**

The Pacific Health Policy Group (PHPG) has been retained to conduct a multi-year independent evaluation of the SoonerCare Health Management Program (HMP) and SoonerCare Chronic Care Unit (CCU). This report contains SFY 2016 evaluation findings for the SoonerCare CCU evaluation; HMP evaluation findings have been issued in a companion report.

PHPG wishes to acknowledge the cooperation of the Oklahoma Health Care Authority (OHCA) in providing the information necessary for the evaluation.

Questions or comments about this report should be directed to:

Andrew Cohen, Principal Investigator The Pacific Health Policy Group 1550 South Coast Highway, Suite 204 Laguna Beach, CA 92651 949/494-5420 acohen@phpg.com

# **TABLE OF CONTENTS**

Executive Summary	1
Chapter 1 – Introduction	9
Chapter 2 – SoonerCare CCU Participant Satisfaction	24
Chapter 3 – SoonerCare CCU Quality of Care Analysis	50
Chapter 4 – SoonerCare CCU Utilization, Expenditure & Cost Effectiveness Ana	alysis 67
Chapter 5 – SoonerCare CCU Return on Investment	107
Appendices	108
Appendix A – Participant Survey Instrument	108
Appendix B – Detailed Participant Survey Results	120
Appendix C – Detailed Participant Expenditure Data	144

# **Report Exhibits**

<u>Exhibit</u>	<u>Description</u>	<u>Page</u>
Chapter 1	Introduction	
1-1	Chronic Disease Mortality Rates, 2013 – OK and US (Selected Conditions)	9
1-2	Estimated/Projected Chronic Disease Expenditures (Millions)	10
1-3	The Chronic Care Model	11
1-4	Gender Mix for SoonerCare CCU Participants	17
1-5	Age Distribution for SoonerCare CCU Participants	18
1-6	SoonerCare CCU Participants by Location: Urban/Rural Mix	18
1-7 1-8	Most Common Diagnostic Categories for CCU Participants	19
1-8 1-9	Most Expensive Diagnostic Categories for CCU Participants  Number of Physical Health Chronic Conditions (Six Priority Conditions)	20 21
1-10	Number of Physical Health Chronic Conditions (Six Priority Conditions) Behavioral Health Co-Morbidity Rate	22
Chapter 2	SoonerCare CCU Participant Satisfaction	
2-1	Survey Sample Size and Margin of Error	26
2-2	Respondent Tenure in SoonerCare CCU – Initial Survey	27
2-3	Respondent Tenure in SoonerCare CCU – Follow-up Survey	28
2-4	Primary Reason for Enrolling in SoonerCare CCU – Initial Survey (Aggregate)	29
2-5	Primary Reason for Enrolling in SoonerCare CCU – Initial Survey (Longitudinal)	30
2-6	Most Recent Contact with CCU Nurse – Initial Survey (Aggregate)	31
2-7	Most Recent Contact with CCU Nurse – Initial Survey (Longitudinal) & Follow-up	32
2-8	Able to Name CCU Nurse – Initial Survey (Aggregate)	33
2-9	Able to Name CCU Nurse – Initial Survey (Longitudinal) & Follow-up	33
2-10	Tried to Call CCU Nurse – Initial Survey (Aggregate)	34
2-11	Tried to Call CCU Nurse – Initial Survey (Longitudinal) & Follow-up	34
2-12	Reason for Most Recent Call – Initial Survey (Aggregate)	35
2-13 2-14	Reason for Most Recent Call – Initial Survey (Longitudinal) & Follow-up	35
2-14 2-15	CCU Nurse Call-Back Time – Initial Survey (Aggregate) CCU Nurse Call-Back Time – Initial Survey (Longitudinal) & Follow-up	36 36
2-15 2-16	CCU Nurse Activity – Initial Survey (Aggregate)	30 37
2-10 2-17	CCU Nurse Activity – Initial Survey (Longitudinal) & Follow-up	38
2-17	Satisfaction with CCU Nurse Activity (Very Satisfied) – Initial Survey (Longitudinal)	39
2 10	& Follow-up	33
2-19	Satisfaction with CCU Nurse – Initial Survey (Aggregate)	40
2-20	Satisfaction with CCU Nurse – Initial Survey (Longitudinal) & Follow-up	41
2-21	Current Health Status – Initial Survey (Aggregate)	42
2-22	Current Health Status – Initial Survey (Longitudinal) & Follow-up	42
2-23	Health Status as Compared to Pre-CCU Enrollment – Initial Survey (Aggregate)	43
2-24	Health Status as Compared to Pre-CCU Enrollment – Follow-up Survey	43
2-25	Changes in Behavior – Initial Survey (Aggregate) & Follow-up	44
2-26	Overall Satisfaction with SoonerCare CCU – Initial Survey (Aggregate)	46
2-27	Overall Satisfaction with SoonerCare CCU – Initial Survey (Longitudinal) & Follow-	
	up	47

<u>Exhibit</u>	<u>Description</u>	<u>Page</u>
Chapter 3	SoonerCare CCU Quality of Care Analysis	
3-1	Asthma Clinical Measures – CCU Participants vs. Comparison Group	52
3-2	Asthma Clinical Measures - 2015 – 2016	53
3-3	Cardiovascular Disease Clinical Measures – CCU Participants vs. Comparison Group	54
3-4	Cardiovascular Disease Clinical Measures - 2015 – 2016	55
3-5	COPD Clinical Measures – CCU Participants vs. Comparison Group	56
3-6	COPD Clinical Measures - 2015 – 2016	57
3-7	Diabetes Clinical Measures – CCU Participants vs. Comparison Group	58
3-8	Diabetes Clinical Measures - 2015 – 2016	59
3-9	Hypertension Clinical Measures – CCU Participants vs. Comparison Group	60
3-10	Hypertension Clinical Measures - 2015 – 2016	61
3-11	Mental Health Measures – CCU Participants vs. Comparison Group	62
3-12	Mental Health Clinical Measures - 2015 – 2016	63
3-13	Preventive Measures – CCU Participants vs. Comparison Group	64
3-14	Preventive Clinical Measures - 2015 – 2016	65
Chapter 4	SoonerCare CCU Utilization, Expenditure & Cost Effectiveness Analysis	
4-1	Participants with Asthma as Most Expensive Diagnosis	70
4-2	Participants with Asthma – Co-morbidity with Chronic Impact Conditions	70
4-3	Participants with Asthma as Most Expense Diagnosis – Inpatient Utilization – First	71
	12 Months Following Engagement, per 1,000 Participants	
4-4	Participants with Asthma as Most Expensive Diagnosis – Emergency Department	72
	Utilization – First 12 Months Following Engagement, per 1,000 Participants	
4-5	Participants with Asthma as Most Expensive Diagnosis – Total PMPM Expenditures	73
4-6	Participants with Asthma as Most Expensive Diagnosis – PMPM Expenditures by COS	74
4-7	Participants with Asthma as Most Expensive Diagnosis – Aggregate Savings	74
4-8	Participants with CAD as Most Expensive Diagnosis	75
4-9	Participants with CAD – Co-morbidity with Chronic Impact Conditions	75
4-10	Participants with CAD as Most Expensive Diagnosis – Inpatient Utilization – First 12	76
4-11	Months Following Engagement, per 1,000 Participants Participants with CAD as Most Expensive Diagnosis – Emergency Department	77
4-11	Utilization – First 12 Months Following Engagement, per 1,000 Participants	//
4-12	Participants with CAD as Most Expensive Diagnosis – Total PMPM Expenditures	78
4-13	Participants with CAD as Most Expensive Diagnosis – PMPM Expenditures by COS	79
4-14	Participants with CAD as Most Expensive Diagnosis – Aggregate Savings	79
4-15	Participants with COPD as Most Expensive Diagnosis	80
4-16	Participants with COPD – Co-morbidity with Chronic Impact Conditions	80
4-17	Participants with COPD as Most Expensive Diagnosis – Inpatient Utilization – First	81
,	12 Months Following Engagement, per 1,000 Participants	-
4-18	Participants with COPD as Most Expensive Diagnosis – Emergency Department	82
5	Utilization – First 12 Months Following Engagement, per 1,000 Participants	~-
4-19	Participants with COPD as Most Expensive Diagnosis – Total PMPM Expenditures	83

<u>Exhibit</u>	<u>Description</u>	<u>Page</u>
4-20	Participants with COPD as Most Expensive Diagnosis – PMPM Expenditures by COS	84
4-21	Participants with COPD as Most Expensive Diagnosis – Aggregate Savings	84
4-22	Participants with Diabetes as Most Expensive Diagnosis	85
4-23	Participants with Diabetes – Co-morbidity with Chronic Impact Conditions	85
4-24	Participants with Diabetes as Most Expensive Diagnosis – Inpatient Utilization – First 12 Months Following Engagement, per 1,000 Participants	86
4-25	Participants with Diabetes as Most Expensive Diagnosis – Emergency Department Utilization – First 12 Months Following Engagement, per 1,000 Participants	87
4-26	Participants with Diabetes as Most Expensive Diagnosis – Total PMPM Expenditures	88
4-27	Participants with Diabetes as Most Expensive Diagnosis – PMPM Expenditures by COS	89
4-28	Participants with Diabetes as Most Expensive Diagnosis – Aggregate Deficit	89
4-29	Participants with Heart Failure as Most Expensive Diagnosis	90
4-30	Participants with Heart Failure – Co-morbidity with Chronic Impact Conditions	90
4-31	Participants with Heart Failure as Most Expensive Diagnosis – Inpatient Utilization – First 12 Months Following Engagement, per 1,000 Participants	91
4-32	Participants with Heart Failure as Most Expensive Diagnosis – Emergency	92
	Department Utilization – First 12 Months Following Engagement, per 1,000 Participants	
4-33	Participants with Heart Failure as Most Expensive Diagnosis – Total PMPM Expenditures	93
4-34	Participants with Heart Failure as Most Expensive Diagnosis – PMPM Expenditures by COS	94
4-35	Participants with Heart Failure as Most Expensive Diagnosis – Aggregate Savings	94
4-36	Participants with Hypertension as Most Expensive Diagnosis	95
4-37	Participants with Hypertension – Co-morbidity with Chronic Impact Conditions	95
4-38	Participants with Hypertension as Most Expensive Diagnosis – Inpatient Utilization – First 12 Months Following Engagement, per 1,000 Participants	96
4-39	Participants with Hypertension as Most Expensive Diagnosis – Emergency	97
	Department Utilization – First 12 Months Following Engagement, per 1,000 Participants	
4-40	Participants with Hypertension as Most Expensive Diagnosis – Total PMPM Expenditures	98
4-41	Participants with Hypertension as Most Expensive Diagnosis – PMPM Expenditures by COS	99
4-42	Participants with Hypertension as Most Expensive Diagnosis – Aggregate Savings	99
4-43	Participants with Hepatitis-C – Inpatient Utilization – First 12 Months Following Engagement, per 1,000 Participants	100
4-44	Participants with Hepatitis-C as Most Expensive Diagnosis – Emergency Department Utilization – First 12 Months Following Engagement, per 1,000 Participants	101
4-45	Participants with Hepatitis-C as Most Expensive Diagnosis – Total PMPM Expenditures	102
4-46	Participants with Hepatitis-C as Most Expensive Diagnosis – PMPM Expenditures by COS	103

<u>Exhibit</u>	<u>Description</u>	<u>Page</u>
4-47	Participants with Hepatitis-C as Most Expensive Diagnosis – Aggregate Savings	103
4-48	All SoonerCare CCU Participants – Inpatient Utilization – First 12 Months Following Engagement, per 1,000 Participants	104
4-49	All SoonerCare CCU Participants – Emergency Department Utilization – First 12 Months Following Engagement, per 1,000 Participants	105
4-50	All SoonerCare CCU Participants – Total PMPM Expenditures	106
4-51	All SoonerCare CCU Participants – PMPM Expenditures by COS	107
4-52	All SoonerCare CCU Participants – Aggregate Savings	107
4-53	SoonerCare CCU Administrative Expense	109
4-54	SoonerCare CCU PMPM Savings	109
4-55	SoonerCare CCU Participants – Aggregate Savings – Net of Administrative Expenses	110
Chapter 5	Summary Findings and Return on Investment	
5-1	SoonerCare CCU ROI (State and Federal Dollars)	111

### **EXECUTIVE SUMMARY**

#### Introduction

Chronic diseases are the leading causes of death and disability in the United States. According to the Centers for Disease Control and Prevention, about half of all adults have one or more chronic health conditions such as diabetes or heart disease. More than one in four Americans has multiple chronic conditions, those that last a year or more and require ongoing medical attention or that limit activities of daily living.

The per capita impact of chronic disease is even greater in Oklahoma than for the nation as a whole. In 2013, 1,269 Oklahomans died due to complications from diabetes. This equated to a diabetes-related mortality rate of 29.9 persons per 100,000 residents, versus the national rate of 21.2. The mortality rate for other chronic conditions, such as heart disease and hypertension, is similarly higher in Oklahoma than in the nation overall.

Under the Oklahoma Medicaid Reform Act of 2006 (HB2842), the Legislature directed the Oklahoma Health Care Authority (OHCA) to develop and implement a management program for chronic diseases, including, but not limited to, asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure and diabetes. The program would address the health needs of chronically ill SoonerCare members while reducing unnecessary medical expenditures at a time of significant fiscal constraints.

In response, the OHCA developed the SoonerCare Health Management Program (HMP), which offered nurse care management to qualifying members with one or more chronic conditions. The program also offered practice facilitation and education to primary care providers treating the chronically ill.

#### First Generation SoonerCare HMP

The OHCA contracted with a vendor through a competitive bid process to implement and operate the SoonerCare HMP. Telligen was selected to administer the SoonerCare HMP in accordance with the OHCA's specifications. Telligen is a national quality improvement and medical management firm specializing in care, quality and information management services. Telligen staff members provided nurse care management to SoonerCare HMP participants and practice facilitation to OHCA-designated primary care providers.

Medical Artificial Intelligence (MEDai) was already serving as a subcontractor to Hewlett Packard Enterprise (HPE), the OHCA's Medicaid fiscal agent, at the time of the SoonerCare HMP's development. The OHCA capitalized on this existing relationship by utilizing MEDai to assist in identifying candidates for enrollment in the SoonerCare HMP based on historical and

predicted service utilization, as well as their potential for improvement through care management<sup>1</sup>.

The first generation model of the SoonerCare HMP operated from February 2008 through June 2013. PHPG conducted a five-year evaluation of the first generation program, focusing on the program's impact on member behavior (e.g., self-management of chronic conditions), quality of care, service utilization and cost. PHPG documented significant positive outcomes attributable to both program components.

#### Second Generation SoonerCare HMP

As the contractual period for the first generation SoonerCare HMP was nearing its end, the OHCA began the process of examining how the program could be enhanced for the benefit of both members and providers. To improve member identification and participation, as well as coordination with primary care providers, the OHCA elected to replace centralized nurse care management services with health coaches embedded at primary care practice sites.

The health coaches would work closely with practice staff and provide coaching services to participating members. Practice facilitation would continue in the second generation HMP but would become more diverse, encompassing both traditional full practice facilitation and more targeted services such as academic detailing focused on specific topics and preparing practices for health coaches. In order to participate in the second SoonerCare HMP at its outset, members would have to be receiving primary care from a practice with an embedded health coach.

#### Transition from First Generation HMP

At the time of the transition from the first to second generation HMP, participants in nurse care management receiving care in a qualifying practice were offered the opportunity to transition to a health coach. Participants not aligned with a qualifying practice were given the opportunity to work with a new telephonic Chronic Care Unit (CCU) operated directly by the OHCA.

### Post-Transition HMP and CCU Enrollment

Post-transition, Telligen continues to identify HMP candidates from the SoonerCare Choice population through analysis of MEDai data. Providers also refer patients to Telligen for review and possible enrollment into the SoonerCare HMP.

SoonerCare Choice and SoonerCare Traditional members both are eligible for participation in the SoonerCare CCU. The SoonerCare CCU works with members who self-refer or are referred by a provider or another area within the OHCA, such as care management, member services or

-

<sup>&</sup>lt;sup>1</sup> MEDai calculates "chronic impact" scores that quantify the likelihood that a member's projected utilization/expenditures can be influenced through care management, based on his/her profile.

provider services.

The CCU also is responsible for:

- Members with hemophilia or sickle cell anemia, even if the member otherwise would be enrolled in the SoonerCare HMP.
- Members identified as high utilizers of the emergency department.
- Members undergoing bariatric surgery.
- Members with hepatitis-C receiving treatment and whose treating provider has referred for case management.
- Members identified through a Health Risk Assessment (HRA), which SoonerCare
  applicants are given the option of completing as part of the online enrollment process.
  Based on responses to the HRA, members can be referred to different programs for
  assistance or case management, including the SoonerCare CCU.

The OHCA sends weekly updates of newly-opened CCU cases to Telligen. This ensures that there is no duplication in enrollment.

#### SoonerCare Chronic Care Unit

Under the SoonerCare CCU, OHCA registered nurses provide telephonic case management to participating members. CCU RNs use motivational interviewing with program participants to assess their needs and develop an action plan for improving self-management skills and health.

The RNs work to address the health status, health literacy, behavioral health and prescription drug utilization of participants through care coordination, self-management principles and behavior modification techniques. The ongoing case management typically includes one or two monthly telephone contacts, depending on the member's level of need.

The CCU consists of six full time employees. Four front-line nurses (Exceptional Needs Coordinators, or ENCs) provide telephonic case management. The unit also includes a supervisor and a senior ENC. The senior ENC is responsible for training new staff, assisting other ENCs with complex cases and managing a partial caseload. The unit manages 575 – 600 members at any given time.

#### **SoonerCare CCU Independent Evaluation**

The OHCA has retained the Pacific Health Policy Group (PHPG) to conduct an independent evaluation of the SoonerCare CCU. PHPG is evaluating the program's impact on participants and the health care system as a whole with respect to:

- 1. Participant satisfaction and perceived health status;
- 2. Participant self-management of chronic conditions;
- 3. Quality of care, as measured by participant utilization of preventive and chronic care management services and adherence to national, evidence-based disease management practice guidelines; and
- 4. Cost effectiveness, as measured by avoidance of unnecessary service utilization (e.g., inpatient days, emergency department visits) and associated expenditures, while taking into account program administrative costs.

PHPG is presenting evaluation findings in a series of annual reports issued over a five-year period. This is the third Annual Evaluation report addressing progress toward achievement of program objectives. (PHPG also is evaluating the second generation SoonerCare HMP; findings have been issued in a separate report<sup>2</sup>.)

## **Evaluation Findings**

#### **Participant Satisfaction and Perceived Health Status**

Member satisfaction is a key component of SoonerCare CCU performance. If members are satisfied with their experience and value its worth, they are likely to remain engaged and focused on improving their self-management skills and adopting a healthier lifestyle. Conversely, if members do not see a lasting value to the experience, they are likely to lose interest and lack the necessary motivation to follow their CCU nurse's recommendations.

PHPG completed 785 initial surveys with CCU participants, as well as 303 six-month follow-up surveys with participants who previously completed an initial survey. The purpose of the follow-up survey was to identify changes in attitudes and health status over time.

CCU nurses are expected to help participants build their self-management skills and improve their health through a variety of activities. Respondents were read a list of activities and asked, for each, whether it had occurred and, if so, how satisfied they were with the interaction or help they received.

\_

<sup>&</sup>lt;sup>2</sup> See SoonerCare HMP SFY 2016 Evaluation Report, June 2017.

Nearly all of the initial survey respondents (99 percent) indicated that their nurse asked questions about health problems or concerns, and the great majority also stated their nurse also provided answers and instructions for taking care of their health problems or concerns (90 percent); answered questions about their health (87 percent); and reviewed and helped with management of medications (86 percent). Nearly 40 percent stated that their nurse helped to identify changes in health that might be an early sign of a problem and helped them to talk to and work with their regular provider and his/her staff.

Respondents were asked to rate their satisfaction with each "yes" activity. Except for one activity<sup>3</sup>, the overwhelming majority reported being very satisfied with the help they received, with the portion ranging from 92 to 97 percent, depending on the item. This attitude carried over to the members' overall satisfaction with their nurses; 91 percent reported being very satisfied. Results for the follow-up survey were closely aligned to the initial survey.

Members also were asked whether the CCU nurse had tried to help them improve their health by changing behaviors and, if so, whether they had in fact made a change. Respondents were asked whether their nurse discussed behavior changes with respect to: smoking, exercise, diet, medication management, water intake and alcohol/substance consumption. If yes, respondents were asked about the impact of the nurse's intervention on their behavior (no change, temporary change or continuing change).

A majority of respondents reported discussing each of the activities with their CCU nurse. A significant percentage also reported continuing to make changes with respect to exercise, diet, water intake and medication management. A smaller percentage reported working to reduce tobacco use.

Survey respondents reported very high levels of satisfaction with the SoonerCare CCU overall, consistent with their opinion of the CCU nurse, who serves as their point of contact with the program (92 percent very satisfied). The percent of respondents describing themselves as very satisfied was identical between the initial and follow-up survey populations.

The ultimate objectives of the CCU are to assist members in adopting healthier lifestyles and improving their overall health. When asked to rate their current health status, the largest segment of initial survey respondents (47 percent) said "fair", while 32 percent said "good" and 19 percent said "poor".

When next asked if their health status had changed since enrolling in the SoonerCare CCU, 46 percent said it was "better" and 43 percent said it was "about the same"; only 10 percent said it was "worse". Among those members who reported a positive change, nearly all (93 percent) credited the SoonerCare CCU with contributing to their improved health.

<sup>&</sup>lt;sup>3</sup> The outlier activity was helping to make and keep health care appointments for mental health or substance abuse problems. Sixty-seven percent of "yes" respondents reported they were very satisfied with the help they received; the other 33 percent reported they were somewhat satisfied.

The results were even more encouraging among follow-up survey respondents. A slightly larger segment (35 percent) reported their current health status as "good", while 48 percent said "fair" and 16 percent said "poor". Fifty-four percent of respondents reported that their health had improved, with 96 percent crediting this improvement to the program.

#### **Quality of Care**

SoonerCare CCU nurses devote much of their time to improving the quality of care for program participants. This includes educating participants about adherence to clinical guidelines for preventive care and for treatment of chronic conditions.

PHPG evaluated the impact of the SoonerCare CCU on quality of care through calculation of Healthcare Effectiveness Data and Information Set (HEDIS®) measures applicable to the SoonerCare CCU population. The evaluation included 19 diagnosis-specific measures and three population-wide preventive measures (22 in total). For example, the quality of care for participants with asthma was analyzed with respect to their use of appropriate medications and their overall medication management.

PHPG determined the total number of participants in each measurement category, the number meeting the clinical standard and the resultant "percent compliant". The findings were evaluated against two comparison data sets. The first data set contained compliance rates for the general SoonerCare population. The second data set contained national compliance rates for Medicaid MCOs. The national rates were used when data for the general SoonerCare population was not available but a national rate was.

The CCU participant compliance rate exceeded the comparison group rate on 10 of 17 measures for which there was a comparison group percentage. The difference was statistically significant for eight of the 10 measures.

Conversely, the comparison group achieved a higher rate on seven of the 17 measures, including two for which the difference was statistically significant.

PHPG also compared SFY 2016 compliance rates for CCU participants to SFY 2015 compliance rates to document year-over-year trends. The results were encouraging, with compliance rates improving for 13 measures and declining for only five, although the movement up or down generally was modest. (Four measures registered no change from SFY 2015 to SFY 2016.)

At the midpoint in the evaluation process, the above findings indicate that the Chronic Care Unit is having a positive impact on the quality of care for program participants. The long term benefit to participants will continue to be measured through the quality of care longitudinal analysis and through the utilization and expenditure analysis presented below.

#### **Utilization, Expenditures and Cost Effectiveness**

CCU nurse care management, if effective, should have an observable impact on participant service utilization and expenditures. Improvement in quality of care should yield better outcomes in the form of fewer emergency department visits and hospitalizations and lower acute care costs.

PHPG obtained MEDai data for SoonerCare CCU participants, excluding a small number of Medicare/Medicaid dual eligible members; the data includes a twelve-month forecast of emergency department visits, hospitalizations and total expenditures. MEDai's advanced predictive modeling, as opposed to extrapolating historical trends, accounts for participants' risk factors and recent clinical experience.

PHPG conducted the utilization and expenditure evaluation by comparing participants' actual claims experience to MEDai forecasts absent nurse care management. PHPG performed the analysis for selected chronic conditions<sup>4</sup> and for the participant population as a whole.

MEDai forecasted that SoonerCare CCU participants, as a group, would incur 10,440 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 5,283, or 51 percent of forecast.

MEDai forecasted that SoonerCare CCU participants, as a group, would incur 5,117 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 3,981, or 78 percent of forecast.

PHPG documented total per member per month (PMPM) medical expenditures for all SoonerCare CCU participants, as a group, and compared actual medical expenditures to forecast for the first 36 months of engagement. MEDai forecasts for the first 12 months were trended in months 13 to 24 and months 25 to 36 based on the PMPM trend rate of a comparison group comprised of SoonerCare members found eligible for the SoonerCare HMP who declined to enroll ("eligible but not engaged population")<sup>5</sup>.

The trended MEDai forecast projected that the participant population would incur an average of \$2,001 in PMPM expenditures in the first 36 months of engagement. The actual amount was \$1,408, or 70 percent of forecast.

PHPG calculated an aggregate dollar impact for all SoonerCare CCU participants by multiplying total months of engagement through SFY 2016 by average PMPM savings. The resultant medical savings were approximately \$6.2 million.

\_

<sup>&</sup>lt;sup>4</sup> The conditions evaluated were asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes, heart failure and hypertension. Condition-specific findings are presented in chapter four.

<sup>&</sup>lt;sup>5</sup> MEDai forecasts extend only 12 months. The SoonerCare HMP "eligible but not engaged" population served as a proxy for the SoonerCare CCU, which has no equivalent cohort. The methodology is described in more detail in chapter 4.

PHPG then performed a net cost effectiveness test by comparing forecasted costs to actual costs through SFY 2016, inclusive of SoonerCare CCU administrative expenses. SoonerCare CCU administrative expenses include salary, benefit and overhead costs for persons working in the SoonerCare CCU unit. Aggregate administrative expenses for the SoonerCare CCU were approximately \$1.9 million.

The SoonerCare CCU registered net savings of approximately \$4.3 million through SFY 2016, up from \$2.7 million at the end of SFY 2015. The SoonerCare CCU achieved a positive ROI through SFY 2016 of 226.1 percent. Put another way, the SoonerCare CCU generated approximately \$2.26 in net medical savings for every dollar in administrative expenditures.

#### CHAPTER 1 – INTRODUCTION

# **Chronic Disease Management**

Chronic diseases are the leading causes of death and disability in the United States. According to the Centers for Disease Control and Prevention, about half of all adults have one or more chronic health conditions such as diabetes or heart disease. More than one in four Americans has multiple chronic conditions, those that last a year or more and require ongoing medical attention or that limit activities of daily living<sup>6</sup>.

The per capita impact of chronic disease is even greater in Oklahoma than for the nation as a whole. In 2013, 1,269 Oklahomans died due to complications from diabetes. This equated to a diabetes-related mortality rate of 29.9 persons per 100,000 residents, versus the national rate of  $21.2^7$ .

The mortality rate for other chronic conditions, such as heart disease and hypertension, is similarly higher in Oklahoma than in the nation overall (Exhibit 1-1).

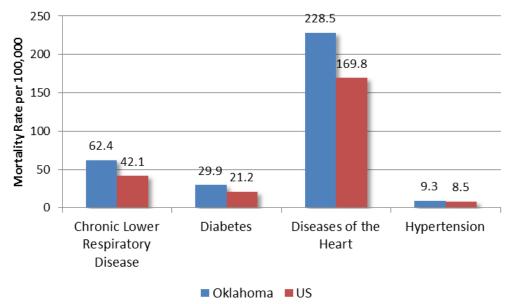


Exhibit 1-1 – Chronic Disease Mortality Rates, 2013 – OK and US (Selected Conditions)<sup>8</sup>

<sup>&</sup>lt;sup>6</sup> http://www.hhs.gov/ash/initiatives/mcc/mcc\_framework.pdf. Data is for 2012 (most recent year available).

<sup>&</sup>lt;sup>7</sup> http://www.cdc.gov/nchs/data/nvsr/nvsr64/nvsr64 02.pdf. Age adjusted rates.

<sup>&</sup>lt;sup>8</sup> Ibid. Rate for chronic lower respiratory disease, also known as chronic obstructive pulmonary disease, includes asthma, chronic bronchitis and emphysema. Hypertension rate includes essential hypertension and hypertensive renal disease.

Chronic diseases also are among the most costly of all health problems. Persons with multiple chronic conditions account for over 70 percent of health spending nationally<sup>9</sup>. Providing care to individuals with chronic diseases, many of whom meet the federal disability standard, has placed a significant burden on state Medicaid budgets.

In Oklahoma, the CDC estimates that total expenditures related to treating selected major chronic conditions will surpass \$9.0 billion in 2017 and will reach nearly \$10.5 billion in 2020. The estimated portion attributable to SoonerCare members will exceed \$1.0 billion (state and federal) in 2017 and \$1.2 billion in 2020<sup>10</sup> (Exhibit 1-2).

Exhibit 1-2 – Estimated/Projected Chronic Disease Expenditures (Millions)

	OK All Payers		SoonerCare	
Chronic Condition	2017	2020	2017	2020
Asthma	\$472	\$538	\$160	\$182
Cardiovascular Diseases (heart diseases, stroke and hypertension)	\$6,084	\$7,076	\$653	\$760
Diabetes	\$2,476	\$2,869	\$276	\$319
TOTAL FOR SELECTED CONDITIONS	\$9,032	\$10,483	\$1,089	\$1,260

The costs associated with chronic conditions are typically calculated by individual disease, as shown in the above exhibit. Traditional case and disease management programs similarly target single episodes of care or disease systems, but do not take into account the entire social, educational, behavioral and physical health needs of persons with chronic conditions. Research into holistic models has shown that sustained improvement requires the engagement of the member, provider, the member's support system and community resources to address total needs.

Holistic programs seek to address proactively the individual needs of patients through planned, ongoing follow-up, assessment and education. <sup>11</sup> Under the Chronic Care Model, as first developed by Dr. Edward H. Wagner, community providers collaborate to effect positive changes for health care recipients with chronic diseases.

 $<sup>^9\, \</sup>underline{\text{http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/prevention-chronic-care/decision/mcc/mccchartbook.pdf}$ 

<sup>&</sup>lt;sup>10</sup> Expenditure estimates developed using CDC Chronic Disease Cost Calculator.

<sup>&</sup>lt;sup>11</sup> Wagner, E.H., "Chronic Disease Management: What Will It Take to Improve Care for Chronic Illness?," *Effective Clinical Practice*, 1:2-4 (1998).

These interactions include systematic assessments, attention to treatment guidelines and support to empower patients to become self-managers of their own care. Continuous follow-up care and the establishment of clinical information systems to track patient care are also components vital to improving chronic illness management.

Exhibit 1-3 illustrates the basic components and interrelationships of the Chronic Care Model.

The Chronic Care Model Community **Health Systems** Resources and Policies **Organization of Health Care** Self-Delivery Clinical Decision Management System Information Support Support Design Systems Prepared, Informed, Productive Proactive Activated Interactions Practice Team Patient

Exhibit 1-3 – The Chronic Care Model

# **Improved Outcomes**

Developed by The MacColl Institute ® ACP-ASIM Journals and Books

# **Development of a Strategy for Holistic Chronic Care**

Under the Oklahoma Medicaid Reform Act of 2006 (HB2842), the Oklahoma Legislature directed the Oklahoma Health Care Authority (OHCA) to develop and implement a management program for persons with chronic diseases, including, but not limited to, asthma, chronic obstructive pulmonary disease, congestive heart failure and diabetes. The program would address the health needs of chronically ill SoonerCare members while reducing unnecessary medical expenditures at a time of significant fiscal constraints.

In response, the OHCA developed the SoonerCare Health Management Program, with the stated goals of:

- Evaluating and managing participants with chronic conditions;
- Improving participants' health status and medical adherence;
- Increasing participant disease literacy and self-management skills;
- Coordinating and reducing unnecessary or inappropriate medication usage by participants;
- Reducing hospital admissions and emergency department use by participants;
- Improving primary care provider adherence to evidence-based guidelines and best practices measures;
- Coordinating participant care, including the establishment of coordination between providers, participants and community resources;
- Regularly reporting clinical performance and outcome measures;
- Regularly reporting SoonerCare health care expenditures of participants; and
- Measuring provider and participant satisfaction with the program.

#### "First Generation" SoonerCare HMP

The OHCA moved from concept to reality by creating a program that offered nurse care management to qualifying members with one or more chronic conditions. The program also offered practice facilitation and education to primary care providers treating the chronically ill.

The OHCA contracted with a vendor through a competitive bid process to implement and operate the SoonerCare HMP. Telligen<sup>12</sup> was selected to administer the SoonerCare HMP in accordance with the OHCA's specifications. Telligen is a national quality improvement and medical management firm specializing in care, quality and information management services. Telligen staff members provided nurse care management to SoonerCare HMP participants and practice facilitation to OHCA-designated primary care providers.

Medical Artificial Intelligence (MEDai), was already serving as a subcontractor to Hewlett Packard Enterprises (HPE), the OHCA's Medicaid fiscal agent, at the time of the SoonerCare HMP's development. The OHCA capitalized on this existing relationship by utilizing MEDai to assist in identifying candidates for enrollment in the SoonerCare HMP based on historical and predicted service utilization, as well as their potential for improvement through care management.

\_

<sup>&</sup>lt;sup>12</sup> Prior to August 2011, Telligen was known as the Iowa Foundation for Medical Care.

#### **Nurse Care Management**

Nurse care management targeted SoonerCare members with chronic conditions identified as being at high risk for both adverse outcomes and significant future medical costs. The members were stratified into two levels of care, with the highest-risk segment placed in "Tier 1" and the remainder in "Tier 2."

Prospective participants were contacted and "enrolled" in their appropriate tier. After enrollment, participants were "engaged" through initiation of care management activities.

Tier 1 participants received face-to-face nurse care management while Tier 2 participants received telephonic nurse care management. The OHCA sought to provide services at any given time to about 1,000 members in Tier 1 and about 4,000 members in Tier 2.

#### Practice Facilitation and Provider Education

Selected participating providers received practice facilitation through the SoonerCare HMP. Practice facilitators collaborated with providers and office staff to improve the quality of care through implementation of enhanced disease management and improved patient tracking and reporting systems.

The provider education component targeted primary care providers throughout the state who were treating patients with chronic illnesses. The program incorporated elements of the Chronic Care Model by inviting primary care practices to engage in collaboratives focused on health management and evidence-based guidelines.

#### **Program Performance**

The first generation model of the SoonerCare HMP operated from February 2008 through June 2013. PHPG conducted a five-year evaluation of the first generation program, focusing on the program's impact on member behavior (e.g., self-management of chronic conditions), quality of care, service utilization and cost. PHPG documented significant positive outcomes attributable to both program components.

In the final evaluation report issued in 2014, PHPG concluded that the program had achieved high levels of satisfaction among participants, both members and providers; had improved quality of care; reduced inpatient and emergency department utilization versus what would have occurred absent the program; and saved \$182 million over five years, even after accounting for program administrative costs. PHPG also concluded that, "the OHCA has laid a strong foundation for the program's second generation model, which is designed to further enhance care for members with complex/chronic conditions and to generate additional savings in the form of avoided hospital days, emergency department visits and other chronic care service costs."

### "Second Generation" SoonerCare HMP & OHCA Chronic Care Unit (CCU)

As the contractual period for the first generation SoonerCare HMP was nearing its end, the OHCA began the process of examining how the program could be enhanced for the benefit of both members and providers. The OHCA and Telligen observed that a significant amount of the nurse care managers' time was being spent on outreach and scheduling activities, particularly for Tier 1 participants. The OHCA also observed that nurse care managers tended to work in isolation from primary care providers, although coordination did improve somewhat in the program's later years, as documented in provider survey results.

#### Health Coaching Model

To enhance member identification and participation, as well as coordination with primary care providers, the OHCA elected to replace centralized nurse care management services with registered nurse health coaches embedded at primary care practice sites. The health coaches would work closely with practice staff and provide coaching services to participating members. Health coaches could either be dedicated to a single practice with one or more providers or shared between multiple practice sites within a geographic area<sup>13</sup>.

Health coaches would use evidence-based concepts such as motivational interviewing and member-driven action planning principles to impart changes in behaviors that impact chronic disease care.

Practice facilitation would continue in the second generation HMP but would become more diverse, encompassing both traditional full practice facilitation and more targeted services such as academic detailing focused on specific topics and preparing practices for health coaches.

### Transition from First Generation HMP

At the time of the transition from the first to second generation HMP, participants in nurse care management receiving care in a qualifying practice were offered the opportunity to transition to a health coach. Participants not aligned with a qualifying practice were given the opportunity to work with a new telephonic Chronic Care Unit (CCU) operated directly by the OHCA.

#### Post-Transition HMP and CCU Enrollment

Post-transition, Telligen continues to identify HMP candidates from the SoonerCare Choice population through analysis of MEDai data. Providers also refer patients to Telligen for review and possible enrollment into the SoonerCare HMP.

1

<sup>&</sup>lt;sup>13</sup> The description of Health Coaching and second generation Practice Facilitation are taken from the OHCA's October 2012 RFP for a second generation Health Management Program contractor.

SoonerCare Choice and SoonerCare Traditional members both are eligible for participation in the SoonerCare CCU. The SoonerCare CCU works with members who self-refer or are referred by a provider or another area within the OHCA, such as care management, member services or provider services.

#### The CCU also is responsible for:

- Members with hemophilia or sickle cell anemia, even if the member otherwise would be enrolled in the SoonerCare HMP<sup>14</sup>.
- Members identified as high utilizers of the emergency department<sup>15</sup>.
- Members undergoing bariatric surgery<sup>16</sup>.
- Members with hepatitis-C receiving treatment and whose treating provider has referred for case management.
- Members identified through a Health Risk Assessment (HRA), which SoonerCare
  applicants are given the option of completing as part of the online enrollment process.
  Based on responses to the HRA, members can be referred to different programs for
  assistance or case management, including the SoonerCare CCU.

The OHCA sends weekly updates of newly-opened CCU cases to Telligen. This ensures that there is no duplication in enrollment.

#### SoonerCare Chronic Care Unit

Under the SoonerCare CCU, OHCA registered nurses provide telephonic case management to participating members. Similar to the health coaching model, CCU RNs use motivational interviewing with program participants to assess their needs and develop an action plan for improving self-management skills and health.

The RNs work to address the health status, health literacy, behavioral health and prescription drug utilization of participants through care coordination, self-management principles and behavior modification techniques. The ongoing case management typically includes one or two monthly telephone contacts, depending on the member's level of need.

## **SoonerCare CCU Operations**

The CCU in SFY 2016 consisted of six employees, five of whom were devoted full time to the program for the entire year. (The sixth employee worked in the unit for the first six months of

-

<sup>&</sup>lt;sup>14</sup> Although small in numbers, the health needs and costs of these populations are substantial. For example, in SFY 2014, CCU participants with hemophilia incurred average PMPM costs of \$16,700, primarily to cover the cost of anti-coagulant drugs.

<sup>&</sup>lt;sup>15</sup> The CCU evaluation includes ED visit rate data across all participants.

<sup>&</sup>lt;sup>16</sup> The average CCU caseload for this population is approximately 10 patients.

the year.) Four front-line nurses (Exceptional Needs Coordinators, or ENCs) provide telephonic case management. The unit also includes a supervisor and a senior ENC responsible for training new staff, assisting other ENCs with complex cases and managing a partial caseload. The unit manages 575 - 600 members at any given time.

# **Characteristics of CCU Participants**

During SFY 2016, a total of 1,274 members were enrolled in the SoonerCare CCU for at least part of one month. PHPG, in consultation with the OHCA, removed certain groups from the utilization, expenditure and quality of care portions of the evaluation to improve the integrity of the results. Specifically:

- Members who were enrolled for fewer than three months in SFY 2016.
- Members who were enrolled for three months or longer, but who also were enrolled in the SoonerCare HMP for a portion of SFY 2016, if their HMP tenure exceeded their CCU tenure.
- Members receiving disease management through Oklahoma University's Harold Hamm Diabetes Center, to isolate the impact of the SoonerCare CCU from activities occurring at the center <sup>17</sup>.
- Members enrolled in a Health Access Network for three months or longer, to isolate the impact of the SoonerCare CCU from HAN care management activities<sup>18</sup>.

The revised evaluation dataset included 330 SoonerCare CCU participants, down from 529 in the SFY 2015 evaluation and nearly equal to the 328 in the SFY 2014 evaluation. The decline in the CCU evaluation data set was driven by a commensurate increase in the number of members co-enrolled in a Health Access Network.

 $<sup>^{17}</sup>$  There were 10 members who received services from the center and who also were enrolled in either the SoonerCare HMP or CCU.

<sup>&</sup>lt;sup>18</sup> There were 439 members aligned with a HAN PCMH provider for three months or longer who also were enrolled in either the SoonerCare HMP or CCU at some point during the year. The corresponding figure in SFY 2015 was 344.

#### Participants by Gender and Age

Most CCU participants are women, with females outnumbering males by nearly 20 percentage points (Exhibit 1-4).

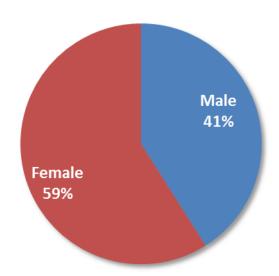


Exhibit 1-4 – Gender Mix for SoonerCare CCU Participants

Not surprisingly, SoonerCare CCU participants are older than the general Medicaid population. Only 15 percent of SoonerCare CCU participants in SFY 2016 were under the age of 21, compared to approximately 65 percent of the general SoonerCare population (Exhibit 1-5 on the following page).<sup>19</sup>

The percentage of SoonerCare CCU participants ages 50 and older was lower in SFY 2016 than SFY 2015, when 50 percent were in the youngest age cohort. The two youngest age cohorts increased from SFY 2015 to SFY 2016, rising from a combined 18 percent to a combined 33 percent.

\_

<sup>&</sup>lt;sup>19</sup> Source for total SoonerCare percentage: OHCA SFY 2016 Enrollment Report.

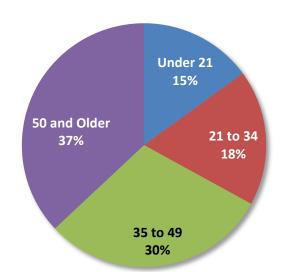


Exhibit 1-5 – Age Distribution for SoonerCare CCU Participants

### Participants by Place of Residence

Fifty-two percent of SoonerCare CCU participants resided in rural Oklahoma in SFY 2016, while 48 percent resided in urban counties comprising the greater Oklahoma City, Tulsa and Lawton metropolitan areas. By contrast, 41 percent of the general SoonerCare population resides in rural counties and 59 percent in urban counties<sup>20</sup>.

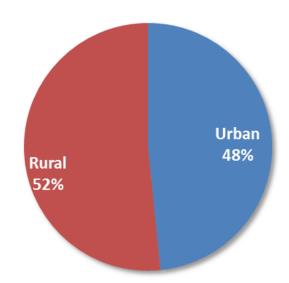


Exhibit 1-6 - SoonerCare CCU Participants by Location: Urban/Rural Mix

2

 $<sup>^{20}</sup>$  Source: SoonerCare Fast Facts. Urban counties include Canadian, Cleveland, Comanche, Creek, Logan, McClain, Oklahoma, Osage, Rogers, Tulsa and Wagoner.

## Participants by Most Common Diagnostic Categories<sup>21</sup>

CCU participants are treated for numerous chronic and acute physical conditions. The most common diagnostic category among participants in SFY 2016 was disease of the musculoskeletal system, which includes osteoarthritis, other types of arthritis, backbone disease, rheumatism and other bone and cartilage diseases and deformities (Exhibit 1-7).

Two behavioral health categories also were included among the top five, along with diabetes and anemia. Coagulation defect was the sixth most common diagnostic category, reflecting the enrollment of members with hemophilia into the CCU. The remaining four categories included a mix of one acute and three chronic conditions. The top ten categories accounted for 89 percent of the SoonerCare CCU population.

The composition of the top 10 categories was unchanged from SFY 2014 and SFY 2015. The percentages also were nearly identical, with conditions shifting in most cases by less than one percentage point.

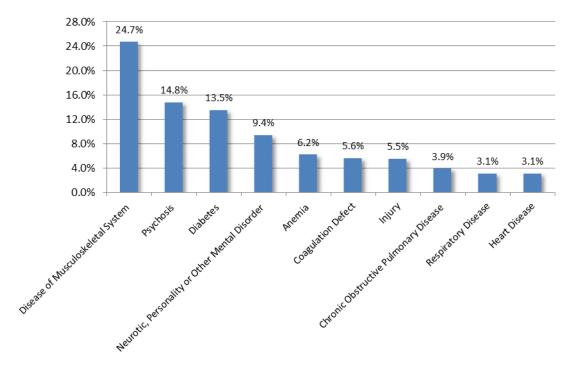


Exhibit 1-7 – Most Common Diagnostic Categories for CCU Participants

\_

<sup>&</sup>lt;sup>21</sup> Ranking of most common diagnoses calculated using primary diagnosis code from paid claims.

# Participants by Most Expensive Diagnostic Categories<sup>22</sup>

Disease of the musculoskeletal system also was the most expensive diagnostic category in SFY 2016 based on paid claim amounts, followed by the same remaining nine categories from the prior exhibit, although in slightly different order (Exhibit 1-8). The top ten most expensive disease categories accounted for 77 percent of the population. The ranking and percentages were again nearly identical to those reported for SFY 2014 and SFY 2015.

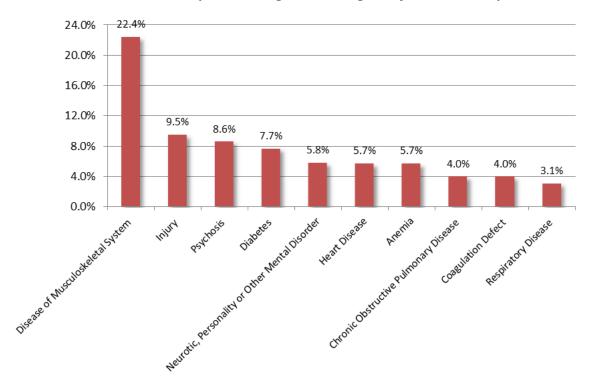


Exhibit 1-8 – Most Expensive Diagnostic Categories for CCU Participants

.

<sup>&</sup>lt;sup>22</sup> Ranking of most costly diagnoses calculated using primary diagnosis code from paid claims.

#### Co-morbidities among Participants

The SoonerCare CCU's focus on holistic care rather than management of a single disease is appropriate given the prevalence of co-morbidities in the participating population.

PHPG examined the number of physical chronic conditions per participant and found that 88 percent in SFY 2016 had at least two of six high priority chronic physical conditions<sup>23</sup> (asthma, COPD, coronary artery disease, diabetes, heart failure and hypertension) (Exhibit 1-9). The SFY 2016 distribution was very similar to the distribution in SFY 2014 and SFY 2015.

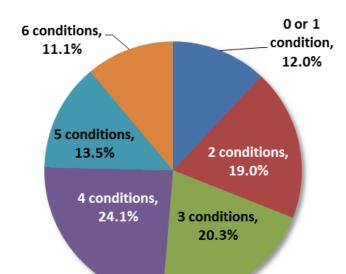


Exhibit 1-9 – Number of Physical Health Chronic Conditions (Six Priority Conditions)

-

<sup>&</sup>lt;sup>23</sup> These conditions are used by MEDai as part of its calculation of chronic impact scores.

Over 80 percent of the participant population also has both a physical and behavioral health condition. Among the six priority physical health conditions, the co-morbidity prevalence ranged in SFY 2016 from approximately 88 percent in the case of persons with COPD to 67 percent among persons with coronary artery disease (Exhibit 1-10).<sup>24</sup> The percentages once again were almost unchanged from SFY 2014 and SFY 2015.

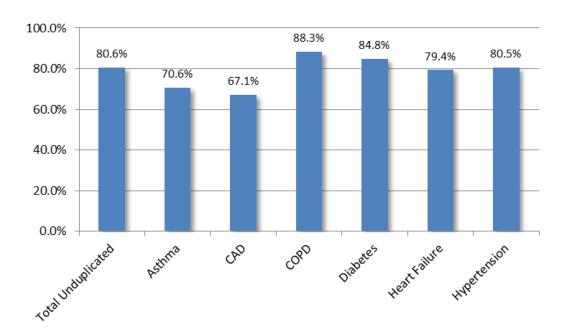


Exhibit 1-10 - Behavioral Health Co-morbidity Rate

#### Conclusion

Overall, CCU participants demonstrate the characteristics expected of a population that could benefit from care management. Most have two or more chronic physical health conditions, often coupled with serious acute conditions. The population also has significant behavioral health needs that can complicate adherence to guidelines for self-management of physical health conditions and maintaining a healthy lifestyle.

<sup>&</sup>lt;sup>24</sup> Behavioral health comorbidity defined as diagnosis codes 290-319 being one of the participant's top three most common or most expensive diagnosis, by claim count and paid amount, respectively.

## **SoonerCare CCU Independent Evaluation**

The OHCA has retained the Pacific Health Policy Group (PHPG) to conduct an independent evaluation of the SoonerCare CCU. PHPG is evaluating the program's impact on participants and the health care system as a whole with respect to:

- 1. Participant satisfaction and perceived health status;
- 2. Participant self-management of chronic conditions;
- Quality of care, as measured by participant utilization of preventive and chronic care management services and adherence to national, evidence-based disease management practice guidelines; and
- 4. Cost effectiveness, as measured by avoidance of unnecessary service utilization (e.g., inpatient days, emergency department visits) and associated expenditures, while taking into account program administrative costs.

PHPG is presenting evaluation findings in a series of annual reports to be issued over a five-year period. This is the third Annual Evaluation report addressing progress toward achievement of program objectives.

The specific methodologies employed and time periods addressed are described within each chapter of the evaluation. In general, utilization and expenditure findings are for years one, two and three of the program, covering July 2013 to April 2017 (State Fiscal Years 2014, 2015 and 2016).

Member survey data is being collected on a continuous basis. Findings in this report are for surveys conducted from February 2015 to April 2017.

### CHAPTER 2 – SOONERCARE CCU PARTICIPANT SATISFACTION

## Introduction

Participant satisfaction is a key component of SoonerCare CCU performance. If participants are satisfied with their experience and value its worth, they are likely to remain engaged and focused on improving their self-management skills and adopting a healthier lifestyle. Conversely, if participants do not see a lasting value to the experience, they are likely to lose interest and lack the necessary motivation to follow coaching recommendations.

Satisfaction is measured through participant telephone surveys. PHPG attempts to conduct an initial survey with all SoonerCare CCU participants and attempts to re-survey all participants who complete an initial survey after an additional six months in the program to identify any changes in perceptions over time.

#### **Initial Survey**

Initial survey data collection began in late February 2015. At that time, the OHCA provided a roster of all participants dating back to the start of the program in July 2013. The OHCA periodically updates the roster and, as of April 2017, has provided contact information for 2,914 individuals.

PHPG mails introductory letters to all CCU participants, informing them that they will be contacted by telephone to complete a survey asking their opinions of the CCU program. Surveyors make multiple call attempts at different times of the day and different days of the week before closing a case.

The survey is written at a sixth-grade reading level and includes questions designed to garner meaningful information on member perceptions and satisfaction. The areas explored include:

- Program awareness and engagement status
- Decision to enroll in the SoonerCare CCU
- Experience with CCU nurse and satisfaction
- Overall satisfaction with the SoonerCare CCU
- Health status and lifestyle

#### Six-month Follow-up Survey

Six-month follow-up survey data collection activities began in early September 2015. The follow-up survey covers the same areas as the initial survey, to allow for comparison of participant responses across the two surveys.

The survey also includes questions for respondents who report having voluntarily disenrolled from the SoonerCare CCU since their initial survey. Respondents are asked to discuss the reason(s) for their decision to disenroll.

## Survey Population Size, Margin of Error and Confidence Levels

The SFY 2014 evaluation report included data from 130 initial surveys conducted during a ten week period, from late February 2015 through April 2015. The SFY 2015 evaluation included data from an additional 387 initial surveys conducted from May 2015 through April 2016, for a total of 517 responses. The SFY 2015 evaluation also included data from 112 six-month follow-up surveys.

The SFY 2016 survey includes data from 268 initial surveys conducted from May 2016 through April 2017. The SFY 2016 evaluation also includes data from 181 six-month follow-up surveys. (These survey counts are prior to the exclusions described below.)

The survey results are based on a subset of the total SoonerCare CCU population and therefore contain a margin of error. The margin of error (or confidence interval), is usually expressed as a "plus or minus" percentage range (e.g., "+/- 10 percent"). The margin of error for any survey is a factor of the absolute sample size, its relationship to the total population and the desired confidence level for survey results.

The confidence level for the survey was set at 95 percent, the most commonly used standard. The confidence level represents the degree of certainty that a statistical prediction (i.e., survey result) is accurate. That is, it quantifies the probability that a confidence interval (margin of error) will include the true population value.

The 95 percent confidence level means that, if repeated 100 times, the survey results will fall within the margin of error 95 out of 100 times. The other five times the results will be outside of the range.

Exhibit 2-1 on the following page presents the sample size and margin of error for each of the surveys. (Sample size represents all surveys conducted since the start of the evaluation in February 2015.) The margin of error is for the total survey population based on the average distribution of responses to individual questions. The margin can vary by question to some degree, upward or downward, depending on the number of respondents and distribution of responses.

Exhibit 2-1 – Survey Sample Size and Margin of Error

Survey	Sample Size	Confidence Level	Margin of Error
Initial	785	95%	+/- 3.21%
Six-month Follow-up	293	95%	+/- 5.56%

## **SoonerCare CCU Participant Survey Findings**

### **Respondent Demographics**

### <u>Initial Survey Respondents</u>

The SoonerCare CCU initial survey respondents in aggregate included 494 females (63 percent) and 291 males (37 percent).

The majority of surveys (662 out of 785, or 84 percent) were conducted with the actual SoonerCare CCU participant. The remaining surveys were conducted with a relative of the participant, primarily parents/guardians of minors, but also a small number of spouses, siblings and adult children of members.

The initial survey targeted members who were still active participants in the SoonerCare CCU. After screening out persons no longer participating in the program (including deceased members), the initial survey respondent sample included 649 persons.

Respondent tenure in the program among the 649 active participants ranged from less than one month to more than six months (Exhibit 2-2 on the following page).

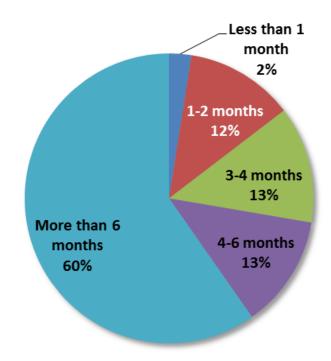


Exhibit 2-2 - Respondent Tenure in SoonerCare CCU - Initial Survey

### Follow-up Survey Respondents

The demographics of the follow-up survey population were similar to the initial survey group. The SoonerCare CCU follow-up survey respondents included 176 females (61 percent) and 114 males (39 percent)<sup>25</sup>.

The follow-up survey included both 253 active participants and 32 persons who reported having disenrolled and who were asked about their disenrollment decision. (The remainder were uncertain of their current enrollment status and were not asked additional questions.)

Respondent tenure in the program among the 253 active participants was at least six months, and in a majority of cases in which the respondent could recall how long he or she had been enrolled, was more than twelve months in duration (Exhibit 2-3 on the following page).

\_

<sup>&</sup>lt;sup>25</sup> Gender was not recorded for three respondents.

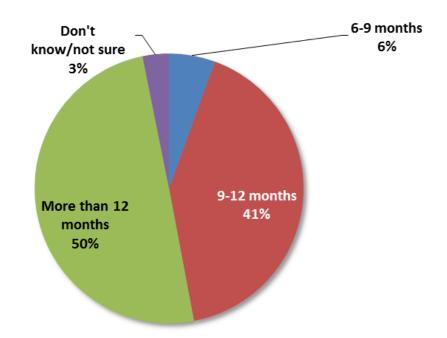


Exhibit 2-3 – Respondent Tenure in SoonerCare CCU – Follow-up Survey

Key findings for the initial and follow-up surveys are discussed below. Findings are presented in aggregate for the 649 initial survey respondents interviewed since February 2015. The aggregate initial survey results also are broken-out into three subgroups: February 2015 – April 2015 respondents (data for which was originally included in the SFY 2014 evaluation report), May 2015 – April 2016 respondents (data for which was originally included in the SFY 2015 evaluation report) and May 2016 – April 2017 respondents. This segmentation allows for identification of any emerging trends with respect to new participant perceptions.

Follow-up survey data is presented alongside initial survey data as applicable. This allows for comparison of program perceptions between participants based on their tenure.

Copies of the survey instruments are included in Appendix A. The full set of responses is presented in Appendix B.

### **Primary Reason for Enrolling**

The SoonerCare CCU seeks to teach participants how to better manage their chronic conditions and improve their health. These were two of the primary reasons cited by participants who had a goal in mind when enrolling; another reason was to have someone to call regarding health-related questions. However, 34 percent of the respondents enrolled simply because they were asked (Exhibit 2-4).

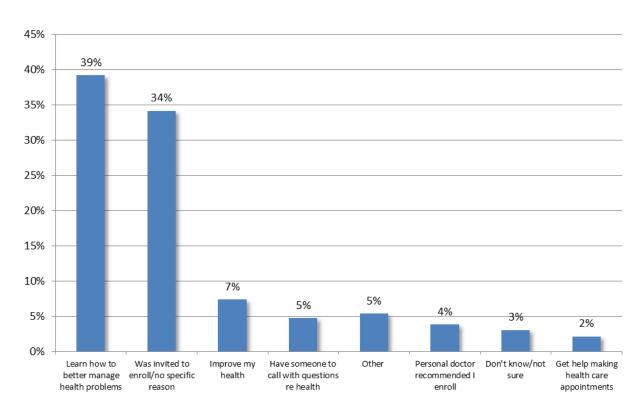


Exhibit 2-4 – Primary Reason for Enrolling in SoonerCare CCU – Initial Survey (Aggregate)<sup>26</sup>

The top two reasons cited were consistent across time periods but the rank order of several other reasons changed. The frequency with which "improve my health" was cited increased across survey groups, while the ability to "have someone to call with questions regarding health" decreased. The "other" category also increased over time and included getting help managing hepatitis C medication, preparing for gastric bypass surgery and getting assistance in managing mental health needs. (Exhibit 2-5 on the following page).

<sup>&</sup>lt;sup>26</sup> This question was not asked on the follow-up survey.

Exhibit 2-5 – Primary Reason for Enrolling in SoonerCare CCU – Initial Survey (Longitudinal)

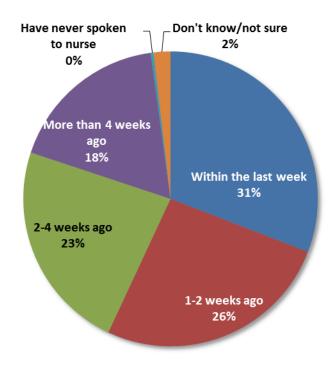
	Primary Reason for Enrolling (Percent Naming)							
Reason	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate				
Learn how to better manage health problems	34.9%	39.4%	41.7%	39.3%				
Was invited to enroll/no specific reason	34.9%	38.2%	28.4%	34.2%				
3. Improve my health	3.8%	5.8%	11.5%	7.4%				
4. Other	0.9%	3.7%	10.1%	5.4%				
5. Have someone to call with questions regarding health	9.4%	5.2%	1.8%	4.8%				
Personal doctor recommended I enroll	12.3%	2.2%	2.3%	3.8%				
7. Don't know/not sure	1.9%	3.7%	1.8%	3.1%				
8. Get help making personal health care appointments	1.9%	1.8%	2.3%	2.1%				

#### **CCU Nurse Contact**

The CCU nurse is synonymous with the SoonerCare CCU for most participants. Survey respondents were asked a series of questions about their interaction with the CCU nurse, starting with their most recent contact.

Fifty-seven percent of initial survey respondents reported speaking to their CCU nurse within the previous two weeks (Exhibit 2-6).

Exhibit 2-6 – Most Recent Contact with CCU Nurse – Initial Survey (Aggregate)<sup>27</sup>



 $<sup>^{\</sup>rm 27}$  "Have never spoken to health coach" segment is 0.3% (rounded down to 0% in exhibit).

The percentage reporting contact within the past two weeks was consistent across time periods for the initial survey. However, follow-up survey respondents were more likely to report that their most recent contact occurred more than four weeks ago. The longer interval may reflect a reduced need for very frequent contacts with participants who have been enrolled for a significant period of time (Exhibit 2-7).

Exhibit 2-7 – Most Recent Contact with CCU Nurse – Initial Survey (Longitudinal) & Follow-up

		Last Time Spoke with CCU Nurse							
		Initial	Survey			Fo	ollow-up Surve	; y	
Time Elapsed	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 - April 2017	Aggregate		May 2015 – Apr 2016	May 2016 - April 2017	Aggregate	
Within last week	33.7%	31.5%	28.6%	30.9%		29.1%	20.0%	23.7%	
1 to 2 weeks ago	28.7%	28.5%	21.2%	26.1%		8.7%	24.7%	18.2%	
2 to 4 weeks ago	23.8%	20.9%	26.3%	23.1%		18.4%	23.3%	21.3%	
More than 4 weeks ago	12.9%	15.8%	23.0%	17.7%		39.8%	31.3%	34.8%	
Have never spoken to CCU nurse	0.0%	0.3%	0.5%	0.3%		1.0%	0.0%	0.4%	
Don't know/not sure/no response	1.0%	3.0%	0.5%	1.9%		2.9%	0.7%	1.6%	

Over 60 percent of respondents were able to name their CCU nurse, suggesting that participants have formed a strong connection with the program<sup>28</sup> (Exhibit 2-8).

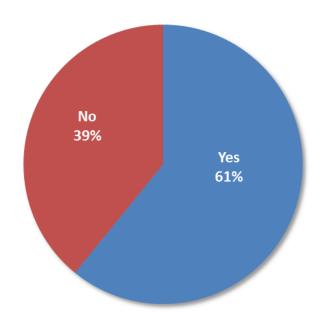


Exhibit 2-8 – Able to Name CCU Nurse – Initial Survey (Aggregate)

The portion able to name their CCU nurse was consistent across initial survey time periods and between the initial survey and follow-up survey (Exhibit 2-9).

Exhibit 2-9 – Able to Name CCU Nurse – Initial Survey (Longitudinal) & Follow-up

		Able to Name CCU Nurse								
		Initial	Survey			Fo	ollow-up Surve	ey .		
Response	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 April 2017	Aggregate		
Yes	61.5%	62.4%	58.3%	60.9%		67.0%	66.0%	66.4%		
No	38.5%	37.6%	41.7%	39.1%		33.0%	34.0%	33.6%		

<sup>&</sup>lt;sup>28</sup> Respondents were asked for a name but PHPG did not verify the accuracy of the information.

CCU nurses are required to provide a contact telephone number to their members. Approximately 95 percent of respondents, both initial and follow-up, confirmed that they were given a number.

Forty-one percent of the initial survey respondents who remembered being given a number stated they had tried to call their CCU nurse at least once (Exhibit 2-10).

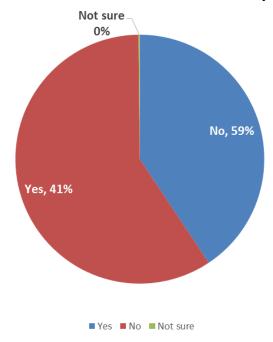


Exhibit 2-10 – Tried to Call CCU Nurse – Initial Survey (Aggregate)

The percentage increased slightly from the first to second initial survey groups before declining again among respondents in the third survey group.

Exhibit 2-11 - Tried to Call CCU Nurse -

Initial Survey (Longitudinal) & Follow-up

Tried to Call CCU Nurse

		Tried to Call CCU Nurse								
		Initial Survey					ollow-up Surve	ey .		
Response	Feb – Apr 2015	May 2015 - Apr 2016	May 2016 - April 2017	Aggregate		May 2015 – Apr 2016	May 2016 - April 2017	Aggregate		
Yes	38.5%	43.9%	36.6%	40.7%		41.2%	41.3%	41.3%		
No	61.5%	56.1%	62.9%	59.2%		58.8%	58.7%	58.8%		
Don't know/not sure	0.0%	0.0%	0.5%	0.2%		0.0%	0.0%	0.0%		

Among those who had tried calling, a majority (69 percent of initial survey respondents) reported their most recent call concerned a routine health question (Exhibit 2-12).

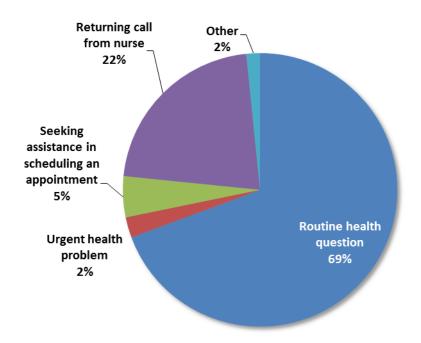


Exhibit 2-12 – Reason for Most Recent Call – Initial Survey (Aggregate)

A majority of follow-up survey respondents also called with a routine health question (Exhibit 2-13).

Exhibit 2-13 – Reason for Most Recent Call – Initial Survey (Longitudinal) & Follow-up

	Reason for Most Recent Call to CCU Nurse									
			Initial Survey			Fo	ollow-up Surve	<b>≘</b> у		
Reason	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 - April 2017	Aggregate		
Routine health question	73.0%	70.8%	64.9%	69.4%		67.5%	76.3%	72.7%		
Urgent health problem	2.7%	2.2%	2.7%	2.4%		2.5%	6.8%	5.1%		
Seeking assistance in scheduling an appt.	5.4%	3.6%	6.8%	4.8%		10.0%	5.1%	7.1%		
Returning call from CCU nurse	16.2%	22.6%	23.0%	21.8%		20.0%	10.2%	14.1%		
Other	2.7%	0.7%	2.7%	1.6%		0.0%	1.7%	1.0%		

Eighty-three percent of initial survey respondents who called the number reached their coach immediately or heard back later the same day. Nearly all of those who could recall reported eventually getting a call back (Exhibit 2-14).

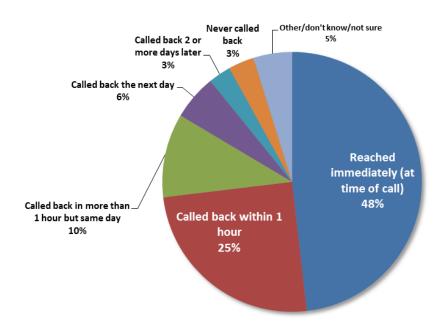


Exhibit 2-14 – CCU Nurse Call-Back Time – Initial Survey (Aggregate)

The same-day call back rate was consistent across surveys and survey time periods (Exhibit 2-15).

Exhibit 2-15 – CCU Nurse Call-Back Time – Initial Survey (Longitudinal) & Follow-up

		CCU Nurse Call-Back Time							
		Initial	Survey			Fo	ollow-up Surve	ey .	
Response	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 – April 2017	Aggregate	
Reached immediately (at time of call)	45.9%	51.8%	42.7%	48.2%		45.0%	47.5%	46.5%	
Called back within 1 hour	35.1%	21.9%	25.3%	24.9%		22.5%	22.0%	22.2%	
Called back in more than 1 hour but same day	8.1%	9.5%	13.3%	10.4%		7.5%	11.9%	10.1%	
Called back the next day	0.0%	7.3%	5.3%	5.6%		7.5%	1.7%	4.0%	
Called back 2 or more days later	2.7%	3.6%	1.3%	2.8%		0.0%	0.0%	0.0%	
Never called back	2.7%	2.2%	5.3%	3.2%		7.5%	6.8%	7.1%	
Other/DK/not sure	5.4%	3.6%	6.7%	4.8%		10.0%	10.2%	10.1%	

#### **CCU Nurse Activities**

CCU nurses are expected to help participants build their self-management skills and improve their health through a variety of activities. Respondents were read a list of activities and asked, for each, whether it had occurred and, if so, how satisfied they were with the interaction or help they received.

Nearly all of the initial survey respondents stated that their CCU nurse asked questions about health problems or concerns, and the great majority stated their nurse also provided answers and instructions for taking care of their health problems or concerns. Large majorities also reported that their nurse answered questions about their health and assisted with medications (Exhibit 2-16). Respondents reported that other activities occurred with less frequency.

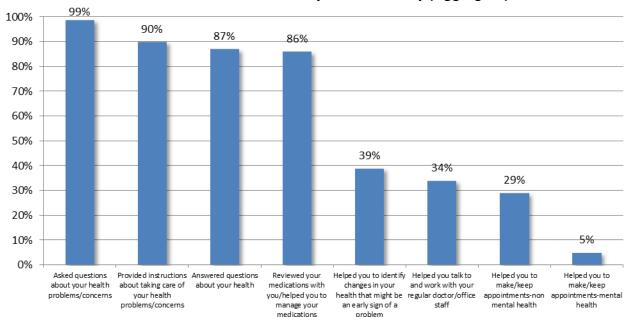


Exhibit 2-16 – CCU Nurse Activity – Initial Survey (Aggregate)

The rate at which activities occurred was generally consistent across initial survey time periods and between the initial and follow-up surveys (Exhibit 2-17 on the following page). One notable change from the second to third initial survey periods was a decrease of 18 percentage points in the number of respondents stating they received help talking to and working with their regular doctor and their regular doctor's staff. Another change from the first to second initial survey time periods was a decline of 14 percentage points in the number of respondents who reported receiving help in making and keeping medical appointments.

# Exhibit 2-17 – CCU Nurse Activity – Initial Survey (Longitudinal) & Follow-up

<b>CCU Nurse Activity O</b>	ccurrence
-----------------------------	-----------

			CCO	iurse Activity	Occur	rence					
		Initial Survey (% "yes")					Follow-up Survey (% "yes")				
Activity	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 - April 2017	Aggregate			
Asked questions about your health problems or concerns	99.1%	99.1%	98.2%	98.8%		98.0%	100.0%	99.2%			
2. Provided instructions about taking care of your health problems or concerns	89.6%	91.4%	89.4%	90.4%		93.1%	94.0%	93.7%			
3. Helped you to identify changes in your health that might be an early sign of a problem	34.9%	42.5%	34.9%	38.7%		42.2%	47.3%	45.2%			
4. Answered questions about your health	88.7%	86.5%	85.5%	86.6%		89.2%	93.3%	91.7%			
5. Helped you talk to and work with your regular doctor and your regular doctor's staff	45.3%	39.1%	21.6%	34.2%		26.5%	34.0%	31.0%			
6. Helped you to make and keep health care appointments with other doctors, such as specialists, for medical problems	44.3%	31.1%	17.4%	28.7%		25.5%	27.3%	26.6%			
7. Helped you to make and keep health care appointments for mental health or substance abuse problems	7.5%	4.9%	4.6%	5.2%		6.9%	5.3%	6.0%			
8. Reviewed your medications with you and helped you to manage your medications	73.6%	88.6%	89.0%	86.3%		90.2%	93.3%	92.1%			

Respondents were asked to rate their satisfaction with each "yes" activity. The overwhelming majority across all survey groups reported being very satisfied with the help they received (Exhibit 2-18). The only activity registering somewhat lower "very satisfied" ratings was assistance with mental health/substance abuse problems, particularly among initial survey respondents in the second and third time periods. However, nearly all respondents rating this activity reported being either very or somewhat satisfied.

Exhibit 2-18 – Satisfaction with CCU Nurse Activity ("Very Satisfied")<sup>29</sup> – Initial Survey (Longitudinal) & Follow-up

		CCU Nurse Activity Satisfaction (Very Satisfied)								
	In	itial Survey (%	"very satisfied	l")			ollow-up Surve "very satisfied	•		
Activity	Feb – Apr 2015	May 2015 - Apr 2016	May 2016 - April 2017	Aggregate		May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		
Asked questions about your health problems or concerns	91.4%	92.2%	92.5%	92.2%		91.9%	95.3%	94.0%		
2. Provided instructions about taking care of your health problems or concerns	93.6%	97.0%	94.9%	95.7%		93.6%	97.9%	96.2%		
3. Helped you to identify changes in your health that might be an early sign of a problem	97.4%	93.7%	97.5%	95.4%		97.7%	97.1%	97.3%		
4. Answered questions about your health	97.9%	96.8%	95.7%	96.6%		95.5%	97.8%	96.9%		
5. Helped you talk to and work with your regular doctor and your regular doctor's staff	97.8%	94.0%	88.0%	93.4%		100.0%	96.0%	97.4%		
6. Helped you to make and keep health care appointments with other doctors, such as specialists, for medical problems	95.7%	94.3%	93.2%	94.4%		92.6%	95.2%	94.2%		

<sup>&</sup>lt;sup>29</sup> Satisfaction percentages shown in Appendix B for this and later tables are for all survey respondents, rather than the subset answering "yes" to an activity. The two data sets therefore do not match for these questions.

	CCU Nurse Activity Satisfaction (Very Satisfied)								
	In	itial Survey (%	"very satisfied	l")			ollow-up Surve "very satisfied		
Activity	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 – April 2017	Aggregate	
7. Helped you to make and keep health care appointments for mental health or substance abuse problems	90.9%	60.0%	62.5%	67.3%		85.7%	63.6%	72.2%	
8. Reviewed your medications with you and helped you to manage your medications	96.2%	95.9%	94.3%	95.4%		93.3%	97.1%	95.6%	

Note: Percentages on this and other tables may not total to 100 percent due to rounding.

This positive attitude carried over to the members' overall satisfaction with their CCU nurses. Over 90 percent of initial survey respondents stated they were "very satisfied" with their nurse (Exhibit 2-19).

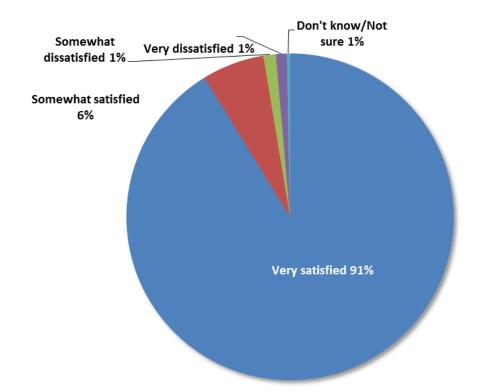


Exhibit 2-19 – Satisfaction with CCU Nurse – Initial Survey (Aggregate)

The high level of satisfaction was consistent across both surveys and all survey time periods. (Exhibit 2-20).

Exhibit 2-20- Satisfaction with CCU Nurse - Initial Survey (Longitudinal) & Follow-up

	Satisfaction with CCU Nurse								
		Initial	Survey			Fo	ollow-up Surve	ey .	
Response	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 - April 2017	Aggregate	
Very satisfied	91.5%	90.8%	91.7%	91.2%		91.2%	94.6%	93.2%	
Somewhat satisfied	6.6%	6.2%	6.0%	6.2%		4.9%	3.4%	4.0%	
Somewhat dissatisfied	0.9%	1.2%	1.4%	1.2%		3.9%	0.7%	2.0%	
Very dissatisfied	0.9%	1.5%	0.5%	1.1%		0.0%	1.4%	0.8%	
Don't know/not sure/no response	0.0%	0.3%	0.5%	0.3%		0.0%	0.0%	0.0%	

Note: Percentages on this and other tables may not total to 100 percent due to rounding.

## **Health Status and Lifestyle**

The ultimate objectives of the CCU are to assist members in adopting healthier lifestyles and improving their overall health. When asked to rate their current health status, the largest segment of initial survey respondents said "fair" (Exhibit 2-21 on the following page).

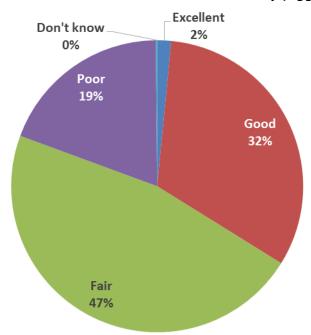


Exhibit 2-21 – Current Health Status – Initial Survey (Aggregate)<sup>30</sup>

The self-reported health status profile was generally consistent across initial survey time periods and between the initial and follow-up surveys. (Exhibit 2-22).

Exhibit 2-22 – Current Health Status – Initial Survey (Longitudinal) & Follow-up

	Health Status								
		Initial	Survey			Fo	ollow-up Surve	ey .	
Response	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 – April 2017	Aggregate		May 2015 – Apr 2016	May 2016 – April 2017	Aggregate	
Excellent	1.0%	1.8%	1.4%	1.5%		1.0%	0.0%	0.4%	
Good	41.0%	31.3%	29.7%	32.3%		40.2%	31.3%	34.9%	
Fair	39.0%	44.2%	54.3%	46.8%		41.2%	53.3%	48.4%	
Poor	19.0%	22.4%	14.6%	19.2%		17.6%	15.3%	16.3%	
Don't know/not sure/no response	0.0%	0.3%	0.0%	0.2%		0.0%	0.0%	0.0%	

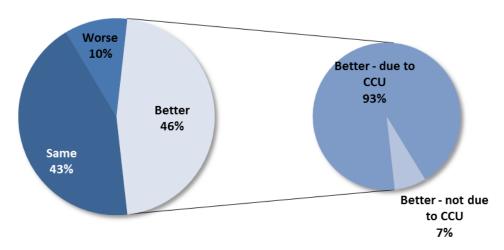
Note: Percentages on this and other tables may not total to 100 percent due to rounding.

30

 $<sup>^{30}</sup>$  Less than one percent of members answered that they did not know or weren't sure about their current health status, approximately 0.2 percent. In exhibit 2-21 this is rounded down to zero percent.

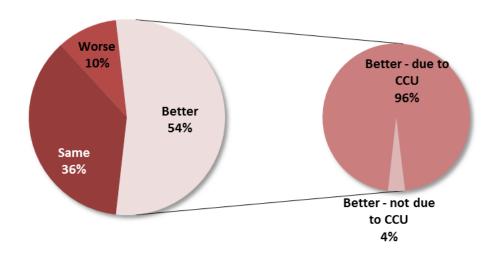
When next asked if their health status had changed since enrolling in the SoonerCare CCU, the largest segment of initial survey respondents (46 percent) said it was "better", although nearly as many (43 percent) said their health was "about the same". Only 10 percent said it was "worse". Among those respondents who reported a positive change, nearly all (93 percent) credited the SoonerCare CCU with contributing to their improved health (Exhibit 2-23).

Exhibit 2-23 – Health Status as Compared to Pre-CCU Enrollment – Initial Survey (Aggregate)



The results were even more encouraging among follow-up survey respondents. Fifty-four percent reported improved health, with 96 percent crediting this improvement to the program (Exhibit 2-24).

Exhibit 2-24 – Health Status as Compared to Pre-CCU Enrollment – Follow-up Survey



Respondents in the follow-up survey who stated that the SoonerCare CCU contributed to their improvement in health were asked to provide examples of the program's impact. The answers generally referred back to the activities shown in Exhibits 2-17 and 2-18. However, many respondents also simply were grateful to have someone to talk to who they viewed as compassionate and interested in their health.

Respondents also were asked whether their CCU nurse had tried to help them improve their health by changing behaviors and, if so, whether they had in fact made a change. Respondents were asked whether their nurse discussed behavior changes with respect to: smoking, exercise, diet, medication management, water intake and alcohol/substance consumption. If yes, respondents were asked about the impact of the nurse's intervention on their behavior (no change, temporary change or continuing change).

A majority of respondents in both the initial and follow-up survey groups reported discussing each of the activities with their CCU nurse. A significant percentage also reported continuing to make changes with respect to exercise, diet, water intake and medication management. Smaller percentages reported working to reduce tobacco, alcohol or other substance use.

The results for the initial survey, in aggregate, and the follow-up survey were very similar across the six behaviors (Exhibit 2-25).

Exhibit 2-25— Changes in Behavior — Initial Survey (Aggregate) & Follow-up

		Discussion and Change in Behavior						
Behavior	Survey	N/A – Not Discussed <sup>31</sup>	Discussed  - No Change	Discussed  - Temporary Change	Discussed  - Continuing Change	Discussed – But Not Applicable	Unsure/ No Response	
1. Smoking less or using	Initial	15.7%	5.7%	2.0%	17.6%	56.9%	2.2%	
other tobacco products less	Follow- up	11.6%	2.8%	0.4%	16.7%	64.5%	4.0%	
2. Moving around more or	Initial	16.9%	7.6%	1.8%	43.5%	27.3%	2.9%	
getting more exercise	Follow- up	14.4%	6.0%	2.0%	49.6%	24.4%	3.6%	

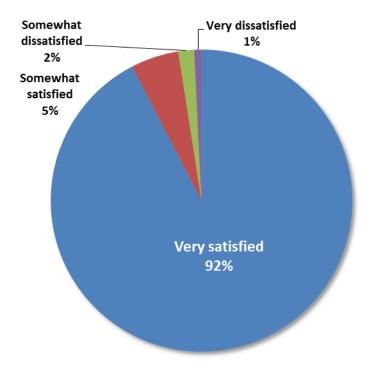
<sup>&</sup>quot;N/A – not discussed" includes members for whom no inquiry was made. "Discussed but not applicable" column refers to members for whom an inquiry was made but the category did not apply (e.g., non-tobacco users).

			Discuss	ion and Ch	ange in Be	havior	
Behavior	Survey	N/A – Not Discussed <sup>31</sup>	Discussed  - No Change	Discussed  - Temporary Change	Discussed  - Continuing Change	Discussed – But Not Applicable	Unsure/ No Response
2. Changing your dist	Initial	15.9%	4.6%	1.4%	54.7%	20.5%	2.9%
3. Changing your diet	Follow- up	12.4%	7.2%	2.8%	57.2%	16.4%	4.0%
4. Managing and taking	Initial	12.2%	0.2%	0.6%	63.6%	21.1%	2.3%
your medications better	Follow- up	6.8%	0.4%	0.0%	63.6%	26.0%	3.2%
5. Making sure to drink enough water	Initial	32.0%	5.9%	0.8%	37.4%	19.7%	4.2%
throughout the day	Follow- up	23.6%	10.0%	0.8%	41.2%	20.0%	4.4%
6. Drinking or using other	Initial	25.3%	0.0%	0.0%	1.7%	70.3%	2.6%
substances less	Follow- up	27.7%	0.0%	0.4%	1.2%	67.1%	3.6%

#### **Overall Satisfaction**

Survey respondents reported very high levels of satisfaction with the SoonerCare CCU overall, consistent with their opinion of the CCU nurse, who serves as their point of contact with the program (Exhibit 2-26). Ninety-two percent of initial survey respondents reported being "very satisfied". An even higher percentage (96 percent) of initial survey respondents said they would recommend the program to a friend with health care needs like theirs.





The "very satisfied" percentage was consistent across both surveys and all survey time periods (Exhibit 2-27).

Exhibit 2-27 – Overall Satisfaction with SoonerCare CCU –
Initial Survey (Longitudinal) & Follow-up

		Satisfaction with SoonerCare CCU						
		Initial	Survey			Fo	ollow-up Surve	ey .
Response	Feb – Apr 2015	May 2015 – Apr 2016	May 2016 - April 2017	Aggregate		May 2015 – Apr 2016	May 2016 – April 2017	Aggregate
Very satisfied	91.5%	92.0%	92.2%	92.0%		91.2%	95.3%	93.6%
Somewhat satisfied	6.6%	4.3%	5.5%	5.1%		6.9%	2.7%	4.4%
Somewhat dissatisfied	1.9%	1.8%	1.4%	1.7%		2.0%	0.7%	1.2%
Very dissatisfied	0.0%	1.2%	0.5%	0.8%		0.0%	1.4%	0.8%
Don't know/not sure/no response	0.0%	0.6%	0.5%	0.5%		0.0%	0.0%	0.0%

Note: Percentages on this and other tables may not total to 100 percent due to rounding.

Participant appreciation of the CCU nurse and CCU program overall is further reflected in the types of comments made during the survey. While not all of the comments were positive, the great majority were. For example:

"(My nurse) is my lifeline. I don't know what I would do without her. She explains things in layman's terms so I can understand. She has sent me valuable information on how to manage my diabetes and is a shoulder to cry on too. I am bi-polar and sometimes when she calls, I am in a bad way. She listens to me and makes me feel so much better. I hope the program is not ending!"

"My SoonerCare nurse is the only medical person I trust anymore. I can never get into my doctor for an appointment and she can get me in the same day usually. She has helped me get into see a specialist for breast reduction. This program is the best thing SoonerCare ever did! I love my SoonerCare nurse."

Parent of four children: "(My nurse) has been a lifesaver! I do not have internet and she looks up information for me and does homework on any questions I have. She is very encouraging too. I get down over all the health problems my kids have but she encourages me. They all have a rare connective tissue disorder and sometimes I don't understand what the doctor tells me. I will ask her and she will look it up and call me back right away with the answers. I always have a lot of questions and she is very kind and patient with me."

"(My nurse) helped me quite a lot. Because of her I have been able to make all of my doctor appointments by giving me the information on getting rides. I used to have to ask friends for rides. I would miss a lot of appointments then. She also helped me get dentures which didn't cost me anything. She also called St. John's and got me set up for food and supplements to help me gain weight. She also helped me get treatment for the Hep. C which I didn't think there was anything that could be done. She is a God send!"

"(My nurse) has been very helpful. I am on Hep. C medicine and did not know what other medications I could take with it. He sent me information on my medicine and it had a list of over the counter pill that I could take for headaches. That was very helpful. I am ecstatic over him!"

"(My nurse) is a great help. She stays on top of everything and goes out of her way to make sure everything goes smoothly. She made sure that I got my Hep. C medication on time and helped me with the side effects. She calls and checks on me all the time. If I needed to take a medication I could call her to make sure it didn't interact with my Hep. C meds."

"(My nurse) is really nice. She does not rush through our phone calls. It's nice to have someone check up on you and help keep track of your meds and appointments."

"(My nurse) helped me get a MRI done on my shoulder. SoonerCare kept denying it until he called them. Then all of a sudden, they approved it!"

"(My nurse) is wonderful. She takes her time and makes sure that we understand everything she is telling us. She helps us with our doctor too, if we're having any problems."

"(My nurse) is excellent. I give him A+ in my book! He calls me every week to do a pill count on my Hep. C medications. He is very supportive and has a very positive outlook on life."

"I thank God every day for bringing (my nurse) into my life. She has helped by working with my primary care doctor to find a specialist that can help figure out what the tumors are that are growing on my spine. My family has had a lot of health problems and bad luck this year and (my nurse) has given me the support and help I have needed to go on each day. She has also helped me to lose 80 pounds which has taken some of the pressure off my back. She is very dependable; if she promises to do, or send, something, she does. If she says she is going to call on a certain day, she does. I just wish that I could meet her in person. I feel like she is a dear friend. I tell people how great the program is and how wonderful she is."

### **Voluntary Disenrollments**

Thirty-two respondents in the follow-up survey stated that they had voluntarily disenrolled from the SoonerCare CCU. When asked why they disenrolled, they gave the following reasons (respondents could cite more than one):

- Did not wish to self-manage care/receive health education (two respondents)
- Satisfied with current doctor/health access without the program (two respondents)
- Disenrolled by nurse care manager (three respondents)
- Have no health needs (eight respondents)
- Don't know (three respondent)
- Nurse stopped calling (13 respondents)
- Went on ADvantage (one respondent)

One of the reasons cited – nurse stopped calling – arguably was not a voluntary disenrollment, although it was considered such by the respondents.

## **Summary of Key Findings**

SoonerCare CCU members report being very satisfied with their experience in the program and value highly their relationship with the CCU nurse. This was true both at the time of the initial survey and when participants were re-contacted six months later for the follow-up survey.

## **CHAPTER 3 – SOONERCARE CCU QUALITY OF CARE ANALYSIS**

## Introduction

SoonerCare CCU nurses devote much of their time to improving the quality of care for program participants. This includes educating participants about adherence to clinical guidelines for preventive care and for treatment of chronic conditions.

PHPG evaluated the impact of SoonerCare CCU interventions on quality of care through calculation of Healthcare Effectiveness Data and Information Set (HEDIS®) and HEDIS®-like measures applicable to the SoonerCare CCU population. The evaluation included 19 diagnosis-specific measures and three population-wide preventive measures:

#### Asthma measures

- Use of appropriate medications for people with asthma
- o Medication management for people with asthma 50 percent
- Medication management for people with asthma 75 percent

## Cardiovascular (CAD and heart failure) measures

- o Persistence of beta-blocker treatment after a heart attack
- Cholesterol management for patients with cardiovascular conditions LDL-C screening

### COPD measures

- Use of spirometry testing in the assessment and diagnosis of COPD
- Pharmacotherapy management of COPD exacerbation 14 days
- Pharmacotherapy management of COPD exacerbation 30 days

#### Diabetes measures

- Percentage of members who had LDL-C screening
- Percentage of members who had retinal eye exam performed
- o Percentage of members who had Hemoglobin A1c (HbA1c) testing
- o Percentage of members who received medical attention for nephropathy
- Percentage of members prescribed angiotensin converting enzyme inhibitors or angiotensin receptor blockers (ACE/ARB therapy)

#### Hypertension measures

- Percentage of members who had LDL-C screening
- Percentage of members prescribed ACE/ARB therapy
- Percentage of members prescribed diuretics
- Percentage of members prescribed ACE/ARB therapy or diuretics with annual medication monitoring

- Mental Health measures
  - Follow-up after hospitalization for mental illness 7 days
  - o Follow-up after hospitalization for mental illness 30 days
- Preventive health measures
  - Adult access to preventive/ambulatory health services
  - Children and adolescents' access to PCPs
  - o Adult body mass index (BMI) assessment

The specifications for each measure are presented in the applicable section.

## Methodology

The quality of care analysis targeted SoonerCare CCU participants meeting the criteria outlined in Chapter One. The analysis was performed in accordance with HEDIS specifications. PHPG used administrative (claims) data to develop findings for the measures.

PHPG determined the total number of members to be evaluated for each measure (denominator), the number meeting the clinical standard (numerator) and the resultant "percent compliant." The results were compared to compliance rates for the general SoonerCare population (SFY 2016 reporting year), where available, and to national Medicaid MCO benchmarks where SoonerCare data was not available. (SoonerCare rates are shown in black font; national rates, when used, are shown in blue font. In a few instances, neither source was available, as denoted by dash lines.)

PHPG also compared SFY 2016 SoonerCare CCU compliance rates to SFY 2015 SoonerCare CCU compliance rates to examine year-over-year trends.

For each measure, the first exhibit displayed presents SoonerCare CCU participants and a comparison group (general SoonerCare population or national Medicaid MCO benchmark). The second exhibit presents SoonerCare CCU year-over-year compliance percentages.

Statistically significant differences between CCU participants and the comparison group at a 95 percent confidence interval are noted in the exhibits through bold face type of the value shown in the "% point difference" column. However, disease-specific results should be interpreted with caution where there are small sample sizes.

There were no statistically significant differences at the 95 percent confidence interval identified in the CCU participant year-over-year analysis.

### **Asthma**

The quality of care for CCU participants with asthma (ages 5 to 64) was evaluated through three clinical measures:

- Use of Appropriate Medications for People with Asthma: Percent with persistent asthma
  who had at least one dispensed prescription for inhaled corticosteroids, nedocromil,
  cromolyn sodium, leukotriene modifiers or methylaxanthines.
- Medication Management for People with Asthma 50 Percent: Percentage of members
  receiving at least one asthma medication who had an active prescription for an asthma
  controller medication for at least 50 percent (50 percent compliance rate) of the year,
  starting with the first date of receiving such a prescription.
- Medication Management for People with Asthma 75 Percent: Percentage of members receiving at least one asthma medication who had an active prescription at least 75 percent (75 percent compliance rate) of the year, starting with the first date of receiving such a prescription.

The compliance rate for the CCU population exceeded the comparison group rate on one of three measures (Exhibit  $3-1^{32}$ ). The difference was statistically significant for one measure, although this result should be viewed with caution given the small CCU population.

Exhibit 3-1- Asthma Clinical Measures - CCU Participants vs. Comparison Group

			CU Participan	CCU Participants versus Comparison Group		
Measure		Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
1.	Use of Appropriate Medications for People with Asthma	5	5	100.0%	81.3%	18.7%
2.	Medication Management for People with Asthma – 50 Percent	5	2	40.0%	60.0%	(20.0%)
3.	Medication Management for People with Asthma – 75 Percent	5	2	40.0%	38.4%	1.6%

<sup>&</sup>lt;sup>32</sup> In the interest of space, the population size for the comparison group is not presented in the tables. However, in all instances, it was many multiples of the CCU population, as would be expected for a total program number. For example, the denominator for asthma measures was 15,858.

There was improvement in one of the medication management measures from SFY 2015 to SFY 2016. There was 100 percent compliance in both SFY 2015 and SFY 2016 for individuals with asthma who were appropriately prescribed medications (Exhibit 3-2).

Exhibit 3-2 - Asthma Clinical Measures - 2015 - 2016

		Percent C	2015-2016			
N	<b>Measure</b>	June 2015 Findings June 2016 Findings				
1.	Use of Appropriate Medications for People with Asthma	100.0%	100.0%	0.0%		
2.	Medication Management for People with Asthma – 50 Percent	42.9%	40.0%	(2.9%)		
3.	Medication Management for People with Asthma – 75 Percent	28.6%	40.0%	11.4%		

## **Cardiovascular Disease**

The quality of care for CCU with cardiovascular disease (coronary artery disease and/or heart failure) was evaluated through two clinical measures:

- Persistence of Beta Blocker Treatment after Heart Attack: Percentage of members 18 and older with prior MI prescribed beta-blocker therapy.
- LDL-C Screening: Percentage of members 18 to 75 who received at least one LDL-C screening in previous twelve months.

The compliance rate for the comparison group exceeded the CCU population rate for beta blocker treatment after a heart attack (Exhibit 3-3). Over 70 percent of the CCU population received at least one LDL-C screening; however, a comparison group was not identified for this measure in SFY 2016.

Exhibit 3-3 – Cardiovascular Disease Clinical Measures – CCU Participants vs. Comparison Group

	С	CU Participan	CCU Participants versus Comparison Group		
Measure	Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
Persistence of Beta Blocker Treatment after Heart Attack	1	0	0.0%	80.5%	(80.5%) <sup>33</sup>
2. LDL-C Screening	48	35	72.9%		

 $<sup>^{33}</sup>$  Statistical significance cannot be calculated on a sample of 1.

There was a small sample size (n=1) for beta blocker treatment after a heart attack in both SFY 2015 and SFY 2016. There was a modest increase in LDL-C screening (2.4 percent) from SFY 2015 to SFY 2016 (Exhibit 3-4).

Exhibit 3-4 - Cardiovascular Disease Clinical Measures - 2015 - 2016

		Percent C	Percent Compliant				
1	Measure	June 2015 Findings	June 2016 Findings	2015-2016 Comparison % Point Change			
1.	Persistence of Beta Blocker Treatment after Heart Attack	0.0%	0.0%	0.0%			
2.	LDL-C Screening	70.5%	72.9%	2.4%			

### **COPD**

The quality of care for CCU participants with COPD (ages 40 and older) was evaluated through three clinical measures:

- Use of Spirometry Testing in the Assessment/Diagnosis of COPD: Percentage of members who received spirometry screening.
- Pharmacotherapy Management of COPD Exacerbation 14 Days: Percentage of COPD
  exacerbations for members who had an acute inpatient discharge or ED visit and who
  were dispensed systemic corticosteroid within 14 days.
- Pharmacotherapy Management of COPD Exacerbation 30 Days: Percentage of COPD exacerbations for members who had an acute inpatient discharge or ED visit and who were dispensed a bronchodilator within 30 days.

The compliance rate for the comparison group exceeded the CCU population rate on all three measures (Exhibit 3-5). The difference was statistically significant for two measures, although this result should be viewed with caution given the small CCU population.

Exhibit 3-5 - COPD Clinical Measures - CCU Participants vs. Comparison Group

Measure		С	CU Participan	CCU Participants versus Comparison Group		
		Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
1.	Use of Spirometry Testing in the Assessment/Diagnosis of COPD	24	3	12.5%	31.0%	(18.5%)
2.	Pharmacotherapy Management of COPD Exacerbation – 14 Days	24	9	37.5%	67.1%	(29.6%)
3.	Pharmacotherapy Management of COPD Exacerbation – 30 Days	24	16	66.7%	80.0%	(13.3%)

The compliance rate for the CCU population increased for two of three COPD clinical measures from SFY 2015 to SFY 2016 (Exhibit 3-6).

Exhibit 3-6 - COPD Clinical Measures - 2015 - 2016

		Percent C	2015-2016			
ľ	Measure	June 2015 Findings June 2016 Findings				
1.	Use of Spirometry Testing in the Assessment/Diagnosis of COPD	12.9%	12.5%	(0.4%)		
2.	Pharmacotherapy Management of COPD Exacerbation – 14 Days	35.3%	37.5%	2.4%		
3.	Pharmacotherapy Management of COPD Exacerbation – 30 Days	61.8%	66.7%	4.9%		

### **Diabetes**

The quality of care for CCU participants (ages 18 to 75) with diabetes was evaluated through five clinical measures:

- LDL-C Screening: Percentage of members who received at least one LDL-C screening in previous twelve months.
- Retinal Eye Exam: Percentage of members who received at least one dilated retinal eye exam in previous twelve months.
- *HbA1c Test*: Percentage of members who received at least one HbA1c test in previous twelve months.
- *Medical Attention for Nephropathy*: Percentage of members who received medical attention for nephropathy in previous twelve months.
- ACE/ARB Therapy: Percentage of members who received ACE/ARB therapy in previous twelve months.

The compliance rate for the CCU population exceeded the comparison group rate on all four measures having a comparison group percentage (Exhibit 3-7). The difference was statistically significant for three of the four measures.

Exhibit 3-7 – Diabetes Clinical Measures – CCU Participants vs. Comparison Group

	С	CU Participan	its	CCU Participants versus Comparison Group	
Measure	Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
1. LDL-C Screening	110	78	70.9%	64.2%	6.7%
2. Retinal Eye Exam	110	42	38.1%	27.6%	10.5%
3. HbA1c Test	110	89	80.9%	72.2%	8.7%
4. Medical Attention for Nephropathy	110	88	80.0%	52.5%	27.5%
5. ACE/ARB Therapy	110	73	66.4%		

The compliance rate for diabetes clinical measures increased slightly for three measures, declined slightly for one measure and was unchanged for one measure from SFY 2015 to SFY 2016 (Exhibit 3-8).

Exhibit 3-8 - Diabetes Clinical Measures - 2015 - 2016

	Percent C	Percent Compliant				
Measure	June 2015 Findings	June 2016 Findings	2015-2016 Comparison % Point Change			
1. LDL-C Screening	71.6%	70.9%	(0.7%)			
2. Retinal Eye Exam	37.6%	38.1%	0.5%			
3. HbA1c Test	80.9%	80.9%	0.0%			
4. Medical Attention for Nephropathy	78.7%	80.0%	1.3%			
5. ACE/ARB Therapy	66.0%	66.4%	0.4%			

## Hypertension

The quality of care for CCU participants with hypertension (ages 18 and older) was evaluated through four clinical measures:

- LDL-C Screening: Percentage of members who received at least one LDL-C screening in previous twelve months.
- ACE/ARB Therapy: Percentage of members who received ACE/ARB therapy in previous twelve months.
- Diuretics: Percentage of members who received diuretic in previous twelve months.
- Annual Monitoring for Patients Prescribed ACE/ARB or Diuretics: Percentage of members prescribed ACE/ARB therapy or diuretic who received annual medication monitoring.

The compliance rate for the comparison group exceeded the CCU population rate on one measure having a comparison group percentage (Exhibit 3-9). The difference was not statistically significant.

Exhibit 3-9 – Hypertension Clinical Measures – CCU Participants vs.

Comparison Group

	c	CU Participan	its	CCU Participants versus Comparison Group	
Measure	Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
1. LDL-C Screening	160	106	66.3%		
2. ACE/ARB Therapy	160	104	65.0%		
3. Diuretics	160	76	47.5%		
4. Annual Monitoring for Patients Prescribed ACE/ARB or Diuretics <sup>34</sup>	77	65	84.4%	87.3%	(2.9%)

<sup>&</sup>lt;sup>34</sup> Denominator for measure 4 is smaller than numerator for measure 2 because numerator for measure 2 is defined as having at least one prescription active during the year. Denominator 4 is defined as having a prescription active for at least 180 days during the year.

-

The compliance rate for hypertension clinical measures increased slightly for three of the four measures from SFY 2015 to SFY 2016 (Exhibit 3-10).

Exhibit 3-10 - Hypertension Clinical Measures - 2015 - 2016

Measure		Percent C	2015-2016	
		June 2015 Findings	June 2016 Findings	Comparison % Point Change
1. LD	DL-C Screening	66.4%	66.3%	(0.1%)
2. AC	CE/ARB Therapy	62.6%	65.0%	2.4%
3. Diu	uretics	46.6%	47.5%	0.9%
	nnual Monitoring for Patients escribed ACE/ARB or Diuretics	83.8%	84.4%	0.6%

## **Mental Health**

The quality of care for CCU participants with mental illness (ages six and older) was evaluated through two clinical measures:

- Follow-up after Hospitalization for Mental Illness Seven Days: Percentage of members
  who were hospitalized during the measurement year for the treatment of selected
  mental health diagnoses who had a follow up visit with a mental health practitioner
  within seven days.
- Follow-up after Hospitalization for Mental Illness 30 Days: Percentage of members
  who were hospitalized during the measurement year for the treatment of selected
  mental health diagnoses who had a follow up visit with a mental health practitioner
  within 30 days.

The compliance rate for the CCU population exceeded the comparison group rate on one of two measures (Exhibit 3-11). The difference was not statistically significant for either measure.

Exhibit 3-11 – Mental Health Measures – CCU Participants vs. Comparison Group

	CCU Participants			CCU Participants versus Comparison Group	
Measure	Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
Follow-up after Hospitalization for Mental     Illness – Seven Days	10	4	40.0%	22.1%	17.9%
Follow-up after Hospitalization for Mental Illness – 30 Days	10	4	40.0%	44.2%	(4.2%)

The compliance rates for both mental health measures increased moderately from SFY 2015 to SFY 2016 (Exhibit 3-12).

Exhibit 3-12 - Mental Health Measures - 2015 - 2016

	Percent C	2015-2016	
Measure	June 2015 Findings	June 2016 Findings	Comparison % Point Change
Follow-up after Hospitalization for     Mental Illness – Seven Days	38.5%	40.0%	1.5%
Follow-up after Hospitalization for Mental Illness – 30 Days	46.2%	40.0%	(6.2%)

## **Prevention**

The quality of preventive care for CCU participants was evaluated through three clinical measures:

- Adult Access to Preventive/Ambulatory Care: Percentage of members 20 years and older who had an ambulatory or preventive care visit during the measurement year.
- Child Access to PCP: Percentage of children 12 months to 19 years old who visited a primary care practitioner (PCP) during the measurement year, or if seven years or older, in the measurement year or year prior.
- Adult BMI: Percentage of adults 18 to 75 years old who had an outpatient visit where his/her BMI was documented, either during the measurement year or year prior to the measurement year.

The compliance rate for the CCU population exceeded the comparison group rate on all three measures (Exhibit 3-13). The difference was statistically significant for all three measures.

Exhibit 3-13 – Preventive Measures – CCU Participants vs. Comparison Group

	CCU Participants			CCU Participants versus Comparison Group	
Measure	Total Members	Members Compliant	Percent Compliant	Comparison Group - Compliance Rate	CCU - Comparison: % Point Difference
Adult Access to Preventive/Ambulatory Care	255	248	97.3%	83.6%	13.7%
2. Child Access to PCP	72	72	100.0%	91.8%	9.2%
3. Adult BMI	239	50	20.9%	10.3%	10.6%

There was 100 percent compliance in both SFY 2015 and SFY 2016 for the measure of child access to PCP (Exhibit 3-14). There was a slight improvement in the compliance rate for adult BMI and a slight decline in the compliance rate for adult access to preventive/ambulatory care from SFY 2015 to SFY 2016.

Exhibit 3-14 - Preventive Measures - 2015 - 2016

	Percent C	2015-2016	
Measure	June 2015 Findings	June 2016 Findings	Comparison % Point Change
Adult Access to Preventive/Ambulatory     Care	97.7%	97.3%	(0.3%)
2. Child Access to PCP	100.0%	100.0%	0.0%
3. Adult BMI	20.3%	20.9%	0.6%

# **Summary of Key Findings**

The CCU participant compliance rate exceeded the comparison group rate on 10 of 17 measures for which there was a comparison group percentage (58.8 percent). The difference was statistically significant for eight of the 10 measures (80.0 percent).

Conversely, the comparison group achieved a higher rate on seven of the 17 measures (41.2 percent), including two for which the difference was statistically significant.

At the midpoint in the evaluation process, the above findings indicate that the Chronic Care Unit is having a positive impact on the quality of care for program participants. The long term benefit to participants will continue to be measured through the quality of care longitudinal analysis and through the utilization and expenditure analysis presented in the next chapter.

# CHAPTER 4 – SOONERCARE CCU UTILIZATION, EXPENDITURE & COST EFFECTIVENESS ANALYSIS

## Introduction

CCU nurse care management, if effective, should have an observable impact on participant service utilization and expenditures. Improvement in quality of care should yield better outcomes in the form of fewer emergency department visits and hospitalizations and lower acute care costs.

PHPG obtained MEDai data for SoonerCare CCU participants, excluding a small number of Medicare/Medicaid dual eligible members; the data includes a twelve-month forecast of emergency department visits, hospitalizations and total expenditures. MEDai's advanced predictive modeling, as opposed to extrapolating historical trends, accounts for participants' risk factors and recent clinical experience.

The resulting forecasts serve as an accurate depiction of what participant utilization would have been like in the absence of the program. They serve as benchmarks against which each member's actual utilization and expenditures, post CCU enrollment, can be compared.

At the program level, the expenditure test also must take into account SoonerCare CCU administrative expenses. To be cost effective, actual expenditures must be sufficiently below forecast to cover administrative expenses and yield some level of net savings.

The CCU also is responsible for:

- Members with hemophilia or sickle cell anemia, even if the member otherwise would be enrolled in the SoonerCare HMP.
- Members identified as high utilizers of the emergency department.
- Members undergoing bariatric surgery.
- Members with hepatitis-C receiving treatment and whose treating provider has referred for case management.
- Members identified through a Health Risk Assessment (HRA), which SoonerCare
  applicants are given the option of completing as part of the online enrollment process.
  Based on responses to the HRA, members can be referred to different programs for
  assistance or case management, including the SoonerCare CCU.

These members are enrolled regardless of their MEDai score.

# Methodology

PHPG conducted the utilization and expenditure evaluation by comparing participants' actual claims experience to MEDai forecasts for the period following the start date of engagement up to 24 months. Data includes both active participants and persons who have disenrolled from the program.

MEDai forecasts only extend to the first 12 months of engagement. For months 13 to 36, PHPG applied a trend rate to the MEDai data to calculate an estimated PMPM absent SoonerCare CCU enrollment. The trend rate was set equal to the actual PMPM trend for a comparison group comprised of SoonerCare members who were determined to be eligible for the SoonerCare HMP but who declined the opportunity to enroll ("eligible but not engaged") 35.

The trend rate was calculated using a roster of "eligible but not engaged" members dating back to the start of the second generation SoonerCare HMP in SFY 2014. Before calculating the trend, PHPG analyzed the roster data and removed members without at least one chronic condition, as well as members with no or very low claims activity. This was done to ensure the comparison group accurately reflected the engaged population.

The trend rate for the eligible but not engaged comparison group was three percent. This trend was applied to the MEDai forecast PMPM for months 1 - 12 to establish a PMPM for months 13 - 36 absent enrollment in the SoonerCare CCU.

The evaluation examined participants in six priority diagnostic categories used by MEDai as part of its calculation of the chronic impact score for potential SoonerCare CCU participants: asthma, coronary artery disease (CAD), chronic obstructive pulmonary disease (COPD), heart failure, diabetes mellitus and hypertension<sup>36</sup>. The evaluation also examined members with hepatitis C and the CCU population as a whole, with one exception.

Participants with hemophilia were excluded based on their extraordinarily high PMPM costs, which averaged \$16,700<sup>37</sup>. Although few in number, including these participants in the analysis would distort the findings by significantly raising average CCU participant costs. It also is unclear that CCU nurses have the ability to affect these costs, a good portion of which are pharmaceutical in nature, making for an unfair test of the program's effectiveness. (This does not argue against enrolling members with hemophilia in the CCU; these members benefit from assistance in obtaining needed drugs and services, and the OHCA benefits from maintaining current information on their service needs.)

-

<sup>&</sup>lt;sup>35</sup> The SoonerCare HMP was used as a proxy for the SoonerCare CCU, as there is no equivalent "eligible but not engaged" CCU cohort. The HMP and CCU populations share similar profiles, in terms of chronic conditions. See chapter 1 of the SoonerCare HMP SFY 2015 Evaluation Report and chapter 1 of this report for diagnostic information on the two populations.

<sup>&</sup>lt;sup>36</sup> MEDai examines diagnoses beyond the six listed, but these six are among the most common found among SoonerCare HMP and CCU participants and are significant contributors to member utilization and expenditures. <sup>37</sup> SFY 2014 costs.

Participants in each of the six diagnostic categories were included in the analysis only if it was their most expensive at the time of engagement. A member's most expensive diagnostic category at the time of engagement was defined as the diagnostic category associated with the greatest medical expenditures during the pre-engaged (1-12 months) and engaged periods. As participants have significant rates of physical co-morbidities, categorizing them in this manner allows for a targeted analysis of both the absolute and relative impact of the CCU on the various chronic impact conditions driving participant utilization.

PHPG developed utilization/expenditure rates using claims with dates of service from SFY 2013 through SFY 2016. (The SFY 2103 data was used for calculation of pre-engagement activity.) The OHCA and HPE (the state's Medicaid fiscal agent) prepared a claims file employing the same extraction methodology used by the OHCA on a monthly basis to provide updated claims files to MEDai.

The initial file contained individual eligibility records and complete claims for Medicaid eligibles. PHPG created a dataset that identified each individual's eligibility and claims experience during the evaluation period.

Participants were included in the analysis only if they had three months or more of engagement experience as of June 30, 2016 and had MEDai forecast data available at the time of engagement.<sup>38</sup>

The following data is provided for each of the six diagnoses:

- 1. Number of participants having the diagnosis and portion for which the diagnosis is their most expensive condition;
- 2. Comorbidity rates with other targeted conditions;
- 3. Inpatient days forecast versus actual;
- Emergency department visits forecast versus actual;
- 5. PMPM medical expenditures forecast versus actual;
- 6. Medical expenditures by category of service pre- and post-engagement; and
- 7. Aggregate medical expenditure impact of SoonerCare CCU participation.

Items 3 through 7 also are presented for the SoonerCare CCU population as a whole. Appendix C contains detailed expenditure exhibits.

<u>CCU utilization and expenditure findings should be interpreted with caution, due to the small number of participants within the individual diagnosis categories.</u>

\_

<sup>&</sup>lt;sup>38</sup> See chapter one for information on other exclusions made prior to the utilization/expenditure analysis.

# **Asthma Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 115 participants with an asthma diagnosis<sup>39</sup>. Asthma was the most expensive diagnosis at the time of engagement for 39 percent of participants with this diagnosis (Exhibit 4-1).

Exhibit 4-1 – Participants with Asthma as Most Expensive Diagnosis

Participants	Number Most	Percent Most
w/Asthma	Expensive	Expensive
115	45	39%

A significant portion of participants with asthma also were diagnosed with another chronic impact condition, the most common being hypertension and COPD (Exhibit 4-2).

Exhibit 4-2 – Participants with Asthma
Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	
Coronary Artery Disease	32%
COPD	56%
Diabetes	49%
Heart Failure	19%
Hypertension	73%

-

<sup>&</sup>lt;sup>39</sup> All participation and expenditure data in the chapter is for the portion of the SoonerCare CCU population remaining after application of the exclusions described in chapter one.

#### Utilization

PHPG analyzed inpatient hospital and emergency department utilization rates by comparing MEDai forecasts to actual utilization. Hospital utilization was measured by number of inpatient days and emergency department utilization by number of visits per 1,000 participants with asthma as their most expensive diagnosis at the time of engagement.

The purpose of this analysis was to determine if enrollment in the SoonerCare CCU had an impact on avoidable and expensive acute care episodes. All hospitalizations and emergency department visits for a participant were included in the calculations, regardless of the primary admitting/presenting diagnosis. The SoonerCare CCU is intended to be holistic and not limited in its impact to a member's particular chronic condition.

MEDai forecasted that participants with asthma would incur 10,846 inpatient days per 1,000 participants in the first 12 months of engagement<sup>40</sup>. The actual rate was 5,097, or 47 percent of forecast (Exhibit 4-3). (As a point of comparison, the rate for all Oklahomans in 2015 was 551 days per 1,000.<sup>41</sup>)

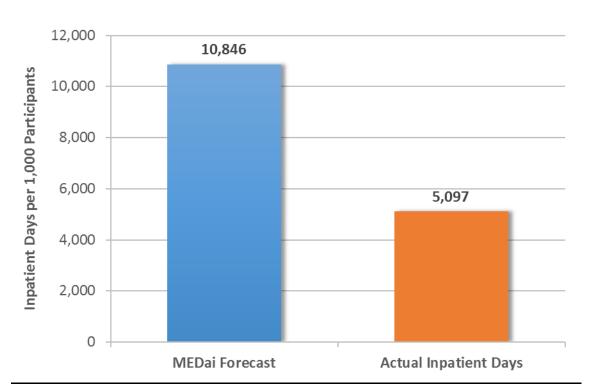


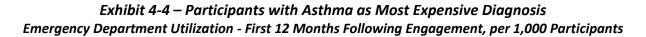
Exhibit 4-3 – Participants with Asthma as Most Expensive Diagnosis
Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants

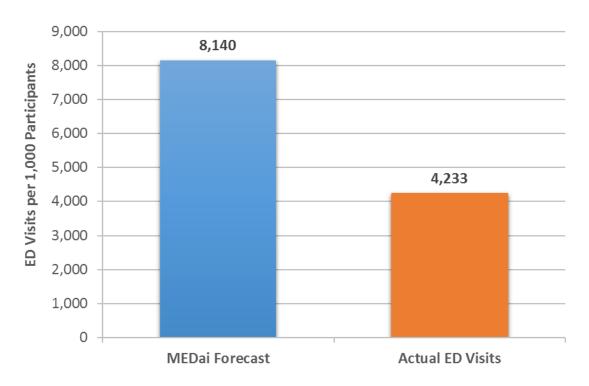
\_

<sup>&</sup>lt;sup>40</sup> All MEDai forecasts assume no intervention in terms of care management. Rate calculated for portion of year that each participant was engaged in program.

<sup>&</sup>lt;sup>41</sup> Source: <a href="http://kff.org/other/state-indicator/inpatient-days-by-ownership/">http://kff.org/other/state-indicator/inpatient-days-by-ownership/</a> 2015 is the most recent year available.

MEDai forecasted that participants with asthma would incur 8,140 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 4,233, or 52 percent of forecast (Exhibit 4-4). (As a point of comparison, the rate for all Oklahomans in 2015 was 479 visits per 1,000.<sup>42</sup>)





٠

<sup>&</sup>lt;sup>42</sup> Source: <a href="http://kff.org/other/state-indicator/emergency-room-visits-by-ownership/">http://kff.org/other/state-indicator/emergency-room-visits-by-ownership/</a> 2015 is the most recent year available.

## Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with asthma during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement<sup>43</sup>. MEDai forecasted that participants with asthma would incur an average of \$1,872 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,361, or 73% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$1901 in PMPM expenditures. The actual amount was \$1,304, or 69% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$1,938 in PMPM expenditures. The actual amount was \$1,259, or 65% of forecast (Exhibit 4-5).

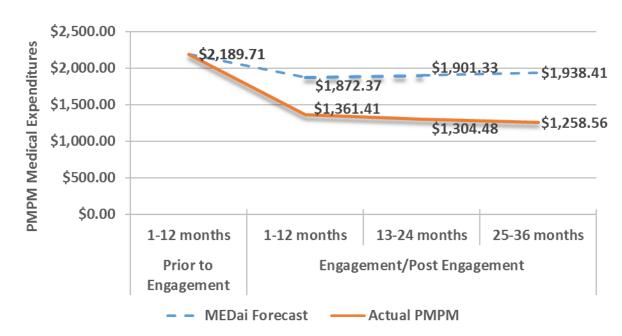


Exhibit 4-5 – Participants with Asthma as Most Expensive Diagnosis
Total PMPM Expenditures

-

 $<sup>^{</sup>m 43}$  PMPM rate calculated for portion of year that each participant was engaged in program.

At the category-of-service level in the first 12 months of engagement, all expenditures declined, with hospital costs experiencing the greatest drop (Exhibit 4-6).

Exhibit 4-6 – Participants with Asthma as Most Expensive Diagnosis

PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$647.60	\$348.25	(\$299.35)	-46%
Outpatient Hospital	\$460.12	\$248.07	(\$212.05)	-46%
Physician	\$412.95	\$303.37	(\$109.58)	-27%
Pharmacy	\$217.77	\$182.35	(\$35.42)	-16%
Behavioral Health	\$196.30	\$139.27	(\$57.03)	-29%
All Other	\$254.96	\$140.10	(\$114.86)	-45%
Total	\$2,189.71	\$1,361.41	(\$828.31)	-38%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with asthma as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$652,000 (Exhibit 4-7).

Exhibit 4-7 – Participants with Asthma as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	818	\$510.96	\$417,965
Months 13 - 24	272	\$596.85	\$162,343
Months 25 - 36	105	\$679.85	\$71,384
Total	1,195	\$545.35	\$651,693

# **Coronary Artery Disease Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 82 participants with a coronary artery disease diagnosis (CAD). Coronary artery disease was the most expensive diagnosis at the time of engagement for over 24 percent of participants with this diagnosis (Exhibit 4-8).

Exhibit 4-8 – Participants with CAD as Most Expensive Diagnosis

Participant	Number Most	Percent Most
w/CAD	Expensive	Expensive
82	20	24%

The majority of participants with coronary artery disease also were diagnosed with another chronic impact condition, the most common being hypertension and diabetes (Exhibit 4-9).

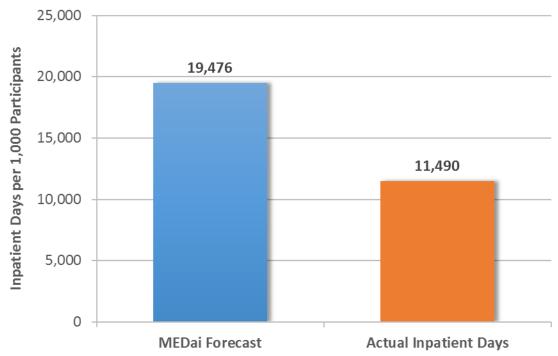
Exhibit 4-9 – Participants with CAD
Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	40%
Coronary Artery Disease	
COPD	68%
Diabetes	75%
Heart Failure	35%
Hypertension	95%

## Utilization

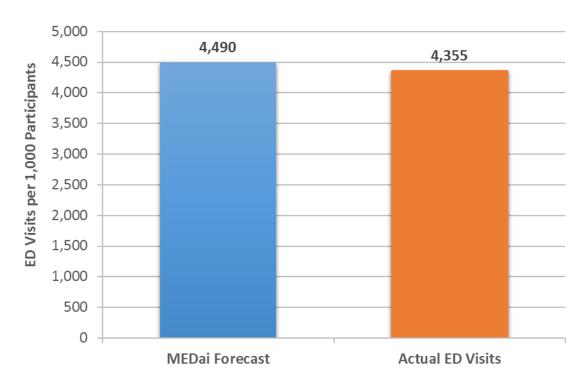
MEDai forecasted that participants with coronary artery disease would incur 19,476 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 11,490, or 59 percent of forecast (Exhibit 4-10).

Exhibit 4-10 – Participants with CAD as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with coronary artery disease would incur 4,490 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 4,355, or 97 percent of forecast (Exhibit 4-11).

Exhibit 4-11 – Participants with CAD as Most Expensive Diagnosis Emergency Department Utilization - First 12 Months Following Engagement, per 1,000 Participants



## Medical Expenditures - Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with coronary artery disease during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with coronary artery disease would incur an average of \$3,217 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$3,843, or 119% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$3,302 in PMPM expenditures. The actual amount was \$3,688, or 112% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$3,350 in PMPM expenditures. The actual amount was \$3,473, or 104% of forecast (Exhibit 4-12).

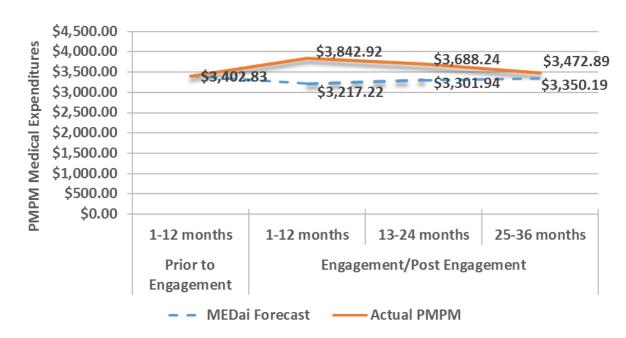


Exhibit 4-12 – Participants with CAD as Most Expensive Diagnosis

Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, outpatient hospital expenditures declined, while all other service costs increased (Exhibit 4-13).

Exhibit 4-13 – Participants with CAD as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$1,487.92	\$1,740.58	\$252.66	17%
Outpatient Hospital	\$612.38	\$347.88	(\$264.50)	-43%
Physician	\$588.99	\$670.85	\$81.86	14%
Pharmacy	\$293.53	\$543.93	\$250.40	85%
Behavioral Health	\$122.28	\$138.31	\$16.03	13%
All Other	\$305.39	\$401.38	\$95.98	31%
Total	\$3,410.49	\$3,842.92	\$432.44	13%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with coronary artery disease as their most expensive diagnosis by multiplying total months of engagement by the average PMPM deficit. The resultant deficit equaled approximately (\$317,000) (Exhibit 4-14).

Exhibit 4-14 – Participants with CAD as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	411	(\$625.70)	(\$257,163)
Months 13 - 24	137	(\$386.30)	(\$52,923)
Months 25 - 36	58	(\$122.70)	(\$7,117)
Total	606	(\$523.43)	(\$317,199)

# **COPD Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 134 participants with a chronic obstructive pulmonary disease (COPD) diagnosis. COPD was the most expensive diagnosis at the time of engagement for 25 percent of participants with this diagnosis (Exhibit 4-15).

Exhibit 4-15 – Participants with COPD as Most Expensive Diagnosis

Participants	Number Most	Percent Most
w/COPD	Expensive	Expensive
134	33	25%

The majority of participants with COPD also were diagnosed with another chronic impact condition, the most common being hypertension and diabetes (Exhibit 4-16).

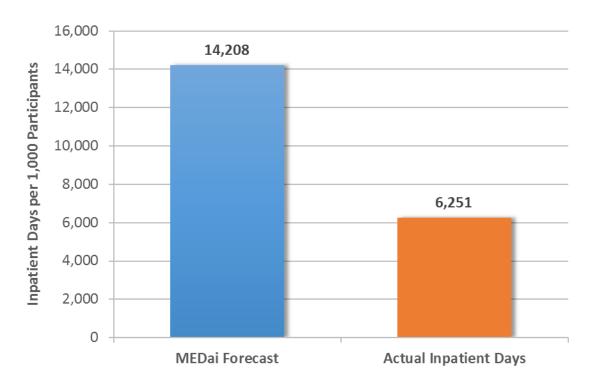
Exhibit 4-16 – Participants with COPD Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	44%
Coronary Artery Disease	42%
COPD	
Diabetes	55%
Heart Failure	28%
Hypertension	91%

## Utilization

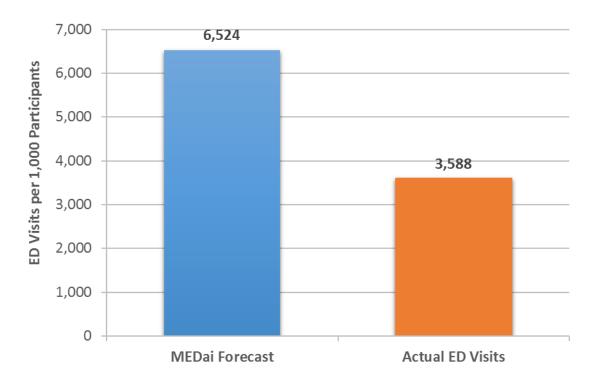
MEDai forecasted that participants with COPD would incur 14,208 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 6,251, or 44 percent of forecast (Exhibit 4-17).

Exhibit 4-17 – Participants with COPD as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with COPD would incur 6,524 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 3,588, or 55 percent of forecast (Exhibit 4-18).

Exhibit 4-18 – Participants with COPD as Most Expensive Diagnosis Emergency Department Utilization - First 12 Months Following Engagement, per 1,000 Participants



## Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with COPD during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with COPD would incur an average of \$2,397 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,980, or 83% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$2,430 in PMPM expenditures. The actual amount was \$1,861, or 77% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$2,461 in PMPM expenditures. The actual amount was \$1,824, or 74% of forecast (Exhibit 4-19).

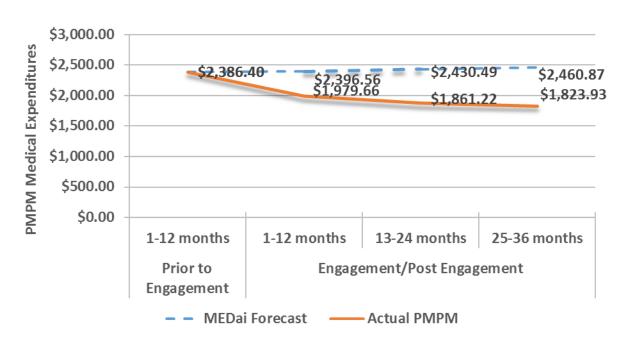


Exhibit 4-19 – Participants with COPD as Most Expensive Diagnosis
Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, expenditures for all service types declined, with the exception of pharmacy (Exhibit 4-20).

Exhibit 4-20 – Participants with COPD as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$933.33	\$802.12	(\$131.21)	-14%
Outpatient Hospital	\$273.61	\$191.60	(\$82.01)	-30%
Physician	\$441.81	\$370.77	(\$71.05)	-16%
Pharmacy	\$236.38	\$242.92	\$6.54	3%
Behavioral Health	\$95.21	\$72.41	(\$22.80)	-24%
All Other	\$406.06	\$299.84	(\$106.22)	-26%
Total	\$2,386.40	\$1,979.66	(\$406.74)	-17%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with COPD as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$500,000 (Exhibit 4-21).

Exhibit 4-21 – Participants with COPD as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	727	\$416.90	\$303,086
Months 13 - 24	242	\$568.67	\$137,763
Months 25 - 36	94	\$636.94	\$59,872
Total	1,063	\$471.05	\$500,721

# **Diabetes Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 148 participants with a diabetes diagnosis. Diabetes was the most expensive diagnosis at the time of engagement for 59 percent of participants with this diagnosis (Exhibit 4-22).

Exhibit 4-22 - Participants with Diabetes as Most Expensive Diagnosis

Participants	Number Most	Percent Most
w/Diabetes	Expensive	Expensive
148	88	59%

The majority of participants with diabetes also were diagnosed with another chronic impact condition, the most common being hypertension and COPD (Exhibit 4-23).

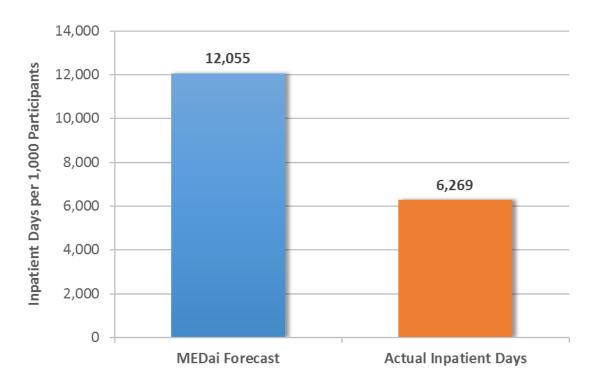
Exhibit 4-23 – Participants with Diabetes Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	35%
Coronary Artery Disease	41%
COPD	49%
Diabetes	
Heart Failure	22%
Hypertension	91%

## Utilization

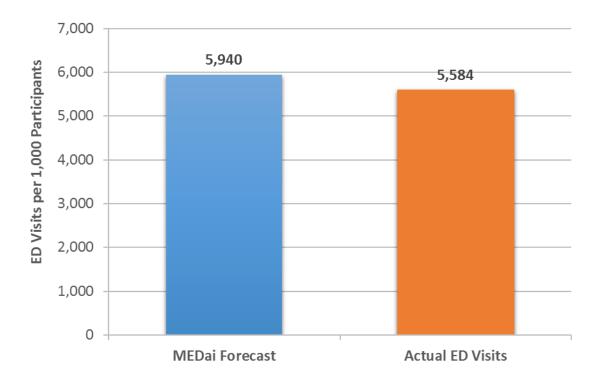
MEDai forecasted that participants with diabetes would incur 12,055 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 6,269, or 52 percent of forecast (Exhibit 4-24).

Exhibit 4-24 – Participants with Diabetes as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with diabetes would incur 5,940 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 5,584, or 94 percent of forecast (Exhibit 4-25).

Exhibit 4-25 – Participants with Diabetes as Most Expensive Diagnosis Emergency Department Utilization - First 12 Months Following Engagement, per 1,000 Participants



## Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with diabetes during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with diabetes would incur an average of \$1,872 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,882, or 101% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$1,902 in PMPM expenditures. The actual amount was \$1,792, or 94% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$1,948 in PMPM expenditures. The actual amount was \$1,728, or 89% of forecast (Exhibit 4-26).

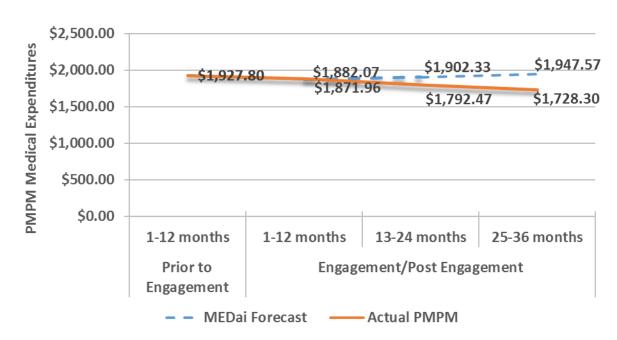


Exhibit 4-26 – Participants with Diabetes as Most Expensive Diagnosis
Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, inpatient hospital, physician and behavioral health service expenditures declined, offsetting increases in other service categories (Exhibit 4-27).

Exhibit 4-27 – Participants with Diabetes as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$696.16	\$604.36	(\$91.80)	-13%
Outpatient Hospital	\$271.40	\$284.25	\$12.85	5%
Physician	\$349.07	\$313.42	(\$35.65)	-10%
Pharmacy	\$318.88	\$374.34	\$55.46	17%
Behavioral Health	\$87.32	\$54.48	(\$32.84)	-38%
All Other	\$204.97	\$251.22	\$46.25	23%
Total	\$1,927.80	\$1,882.07	(\$45.74)	-2%

# **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with diabetes as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$93,000 (Exhibit 4-28).

Exhibit 4-28 – Participants with Diabetes as Most Expensive Diagnosis Aggregate Deficit

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	1,703	(\$10.11)	(\$17,217)
Months 13 - 24	569	\$109.76	\$62,510
Months 25 - 36	220	\$219.27	\$48,239
Total	2,492	\$37.53	\$93,532

## **Heart Failure Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 51 participants with a heart failure diagnosis. Heart failure was the most expensive diagnosis at the time of engagement for six percent of participants with this diagnosis (Exhibit 4-29). All results for this diagnosis should be treated as informational only and not assigned any statistical significance given the small size of the population.

Exhibit 4-29 – Participants with Heart Failure as Most Expensive Diagnosis

Participants	Number Most	Percent Most
w/Heart Failure	Expensive	Expensive
51	3	6%

The majority of participants with heart failure also were diagnosed with another chronic impact condition, the most common being hypertension and COPD (Exhibit 4-30).

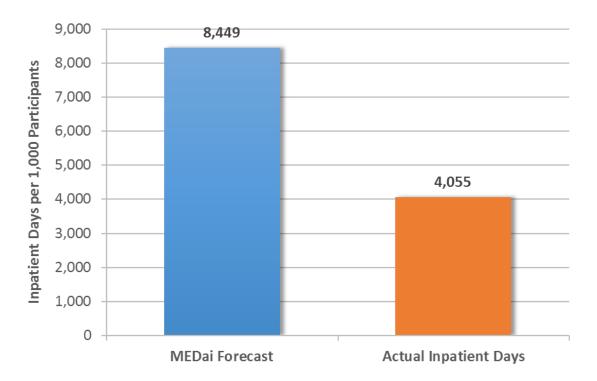
Exhibit 4-30 – Participants with Heart Failure Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	45%
Coronary Artery Disease	60%
COPD	80%
Diabetes	65%
Heart Failure	
Hypertension	93%

## Utilization

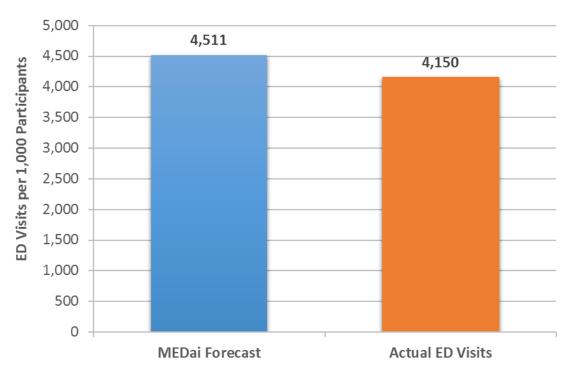
MEDai forecasted that participants with heart failure would incur 8,449 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 4,055, or 48 percent of forecast (Exhibit 4-31).

Exhibit 4-31 – Participants with Heart Failure as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with heart failure would incur 4,511 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 4,150, or 92 percent of forecast (Exhibit 4-32).

Exhibit 4-32 — Participants with Heart Failure as Most Expensive Diagnosis Emergency Department Utilization - First 12 Months Following Engagement, per 1,000 Participants



## Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with heart failure during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with heart failure would incur an average of \$3,590 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$2,175, or 61% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$3,619 in PMPM expenditures. The actual amount was \$1,774, or 49% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$3,658 in PMPM expenditures. The actual amount was \$1,750, or 48% of forecast (Exhibit 4-33). As noted, results for this diagnosis should be interpreted with caution given the small size of the population.

\$4,000.00 \$3,618.97 \$3,657.89 PMPM Medical Expenditures \$3,500.00 \$3,590.06 \$3,000.00 \$2,500.00 \$2,175.28 \$2,000.00 \$1,750.46 \$1,500.00 \$1,773,94 \$1,000.00 \$500.00 \$0.00 1-12 months 25-36 months 1-12 months 13-24 months Prior to Engagement/Post Engagement Engagement MEDai Forecast Actual PMPM

Exhibit 4-33 – Participants with Heart Failure as Most Expensive Diagnosis
Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, expenditures declined substantially across most service types (Exhibit 4-34).

Exhibit 4-34 – Participants with Heart Failure as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$234.19	\$177.41	(\$56.79)	-24%
Outpatient Hospital	\$717.26	\$97.31	(\$619.96)	-86%
Physician	\$378.43	\$332.61	(\$45.82)	-12%
Pharmacy	\$1,790.52	\$1,058.46	(\$732.06)	-41%
Behavioral Health	\$37.90	\$39.78	\$1.89	5%
All Other	\$311.48	\$469.71	\$158.23	51%
Total	\$3,469.78	\$2,175.28	(\$1,294.50)	-37%

Results for this diagnosis should be interpreted with caution given the small size of the population.

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with heart failure as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$94,000 (Exhibit 4-35).

Exhibit 4-35 – Participants with Heart Failure as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	36	\$1,414.78	\$50,932
Months 13 - 24	16	\$1,845.03	\$29,520
Months 25 - 36	7	\$1,907.43	\$13,352
Total	59	\$1,589.92	\$93,805

# **Hypertension Population Utilization and Expenditure Evaluation**

The SoonerCare CCU in SFY 2016 included 214 participants with a hypertension diagnosis. Hypertension was the most expensive diagnosis at the time of engagement for 42 percent of participants with this diagnosis (Exhibit 4-36).

Exhibit 4-36- Participants with Hypertension as Most Expensive Diagnosis

Participants w/Hypertension	Number Most Expensive	Percent Most Expensive
214	89	42%

A majority of participants with hypertension also were diagnosed with another chronic impact condition, although the comorbidity rate was lower than for other diagnosis groups (Exhibit 4-37).

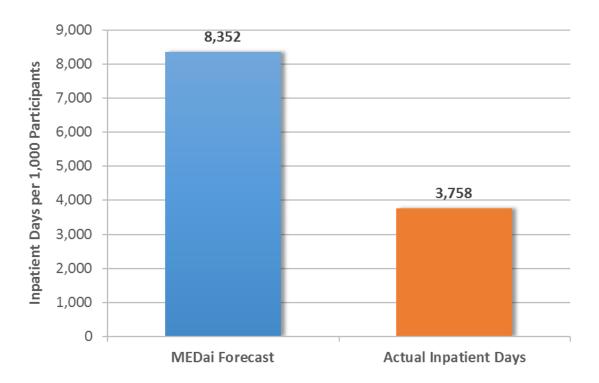
Exhibit 4-37 – Participants with Hypertension Co-morbidity with Chronic Impact Conditions

Condition	Percent w/Comorbidity
Asthma	39%
Coronary Artery Disease	40%
COPD	56%
Diabetes	65%
Heart Failure	22%
Hypertension	

## Utilization

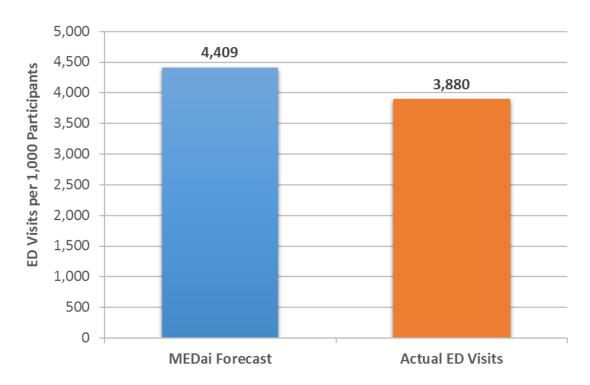
MEDai forecasted that participants with hypertension would incur 8,352 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 3,758, or 45 percent of forecast (Exhibit 4-38).

Exhibit 4-38 – Participants with Hypertension as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with hypertension would incur 4,409 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 3,880, or 88 percent of forecast (Exhibit 4-39).

Exhibit 4-39 – Participants with Hypertension as Most Expensive Diagnosis Emergency Department Utilization - First 12 Months Following Engagement, per 1,000 Participants



## Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with hypertension during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with hypertension would incur an average of \$1,995 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,494, or 75% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$2,034 in PMPM expenditures. The actual amount was \$1,393, or 68% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$2,076 in PMPM expenditures. The actual amount was \$1,330, or 64% of forecast (Exhibit 4-40).

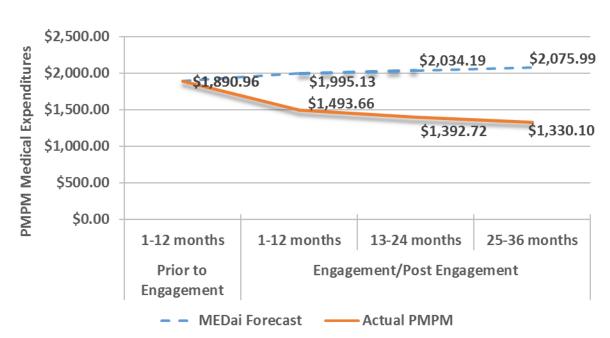


Exhibit 4-40 – Participants with Hypertension as Most Expensive Diagnosis
Total PMPM Expenditures

At the category-of-service level the first 12 months of engagement, inpatient hospital and pharmacy experienced the most significant declines (Exhibit 4-41).

Exhibit 4-41 – Participants with Hypertension as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$714.59	\$339.55	(\$375.04)	-52%
Outpatient Hospital	\$193.31	\$183.18	(\$10.12)	-5%
Physician	\$332.92	\$359.52	\$26.60	8%
Pharmacy	\$367.63	\$279.50	(\$88.13)	-24%
Behavioral Health	\$69.66	\$105.77	\$36.11	52%
All Other	\$212.85	\$226.13	\$13.28	6%
Total	\$1,890.96	\$1,493.66	(\$397.30)	-21%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with hypertension as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$1.5 million (Exhibit 4-42).

Exhibit 4-42 – Participants with Hypertension as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	1,791	\$501.47	\$898,133
Months 13 - 24	606	\$641.47	\$388,731
Months 25 - 36	245	\$745.89	\$182,743
Total	2,642	\$556.25	\$1,469,613

# **Hepatitis C Population Utilization and Expenditure Evaluation**

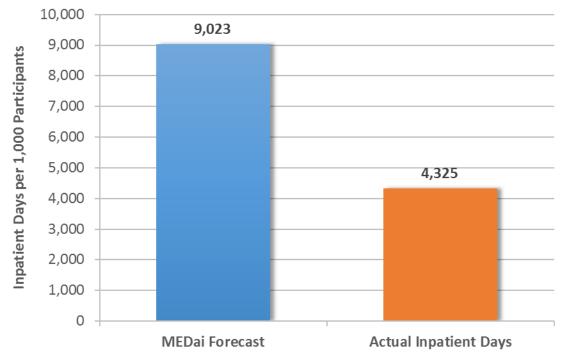
Members with hepatitis C are enrolled in the SoonerCare CCU primarily so that they can be managed for adherence to the medication regimen that constitutes the basis for treating this disease. If a member misses even a single dose of medication, she or he can suffer a relapse.

As of June 2016, CCU nurses performed care management on 431 members with hepatitis-C. Within this group, 181 members successfully completed their medication regimen and had their cases closed, while 26 failed to complete their course of care and the remainder were still in active treatment at the end of SFY 2016.

#### Utilization

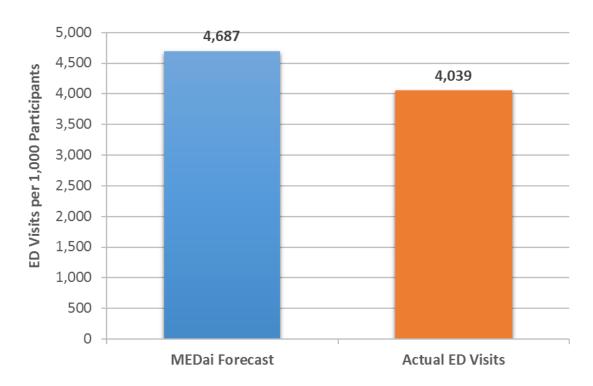
MEDai forecasted that participants with hepatitis C would incur 9,023 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 4,325, or 48 percent of forecast (Exhibit 4-43).

Exhibit 4-43 – Participants with Hepatitis C as Most Expensive Diagnosis Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants



MEDai forecasted that participants with hepatitis C would incur 4,687 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 4,039, or 86 percent of forecast (Exhibit 4-44).

Exhibit 4-44 – Participants with Hepatitis C as Most Expensive Diagnosis
Emergency Department Utilization - First 12 Months Following Engagement, per 1,000
Participants



#### Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for participants with hepatitis C during the twelve months prior to engagement and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that participants with hepatitis C would incur an average of \$1,987 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,861, or 94% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$2,019 in PMPM expenditures. The actual amount was \$1,761, or 87% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$2,066 in PMPM expenditures. The actual amount was \$1,654, or 80% of forecast (Exhibit 4-45).

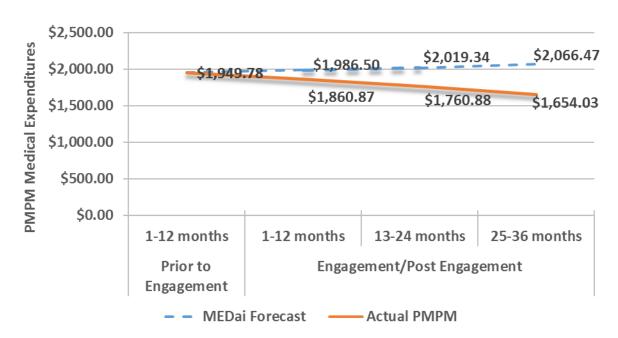


Exhibit 4-45 – Participants with Hepatitis C as Most Expensive Diagnosis
Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, all expenditures declined, except for those within the "all other" category (Exhibit 4-46).

Exhibit 4-46 – Participants with Hepatitis C as Most Expensive Diagnosis PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$691.68	\$625.46	(\$66.22)	-10%
Outpatient Hospital	\$253.50	\$247.90	(\$5.61)	-2%
Physician	\$318.63	\$308.13	(\$10.50)	-3%
Pharmacy	\$418.57	\$411.52	(\$7.05)	-2%
Behavioral Health	\$57.61	\$55.34	(\$2.27)	-4%
All Other	\$209.79	\$212.53	\$2.74	1%
Total	\$1,949.78	\$1,860.87	(\$88.91)	-5%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for SoonerCare CCU participants with hepatitis C as their most expensive diagnosis by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$176,000 (Exhibit 4-47).

Exhibit 4-47 – Participants with Hepatitis C as Most Expensive Diagnosis
Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	644	\$125.63	\$80,906
Months 13 - 24	225	\$258.46	\$58,154
Months 25 - 36	90	\$412.44	\$37,120
Total	959	\$183.71	\$176,178

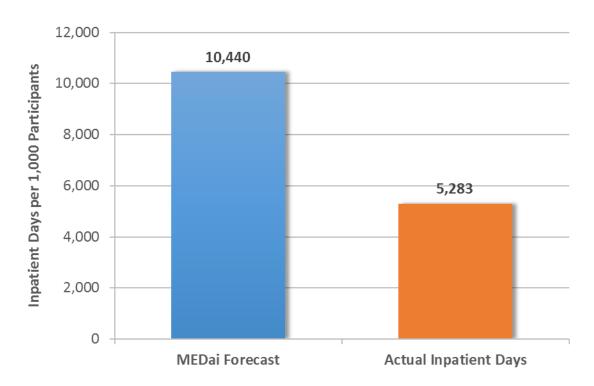
# **Utilization and Expenditure Evaluation – All Participants**

This section presents consolidated trend data across all SoonerCare CCU participants, regardless of diagnosis. For approximately 80 percent of participants, the most expensive diagnosis at the time of engagement was one of the six target chronic impact conditions.

#### Utilization

MEDai forecasted that SoonerCare CCU participants as a group would incur 10,440 inpatient days per 1,000 participants in the first 12 months of engagement. The actual rate was 5,283, or 51 percent of forecast (Exhibit 4-48).

Exhibit 4-48 – All SoonerCare CCU Participants
Inpatient Utilization - First 12 Months Following Engagement, per 1,000 Participants

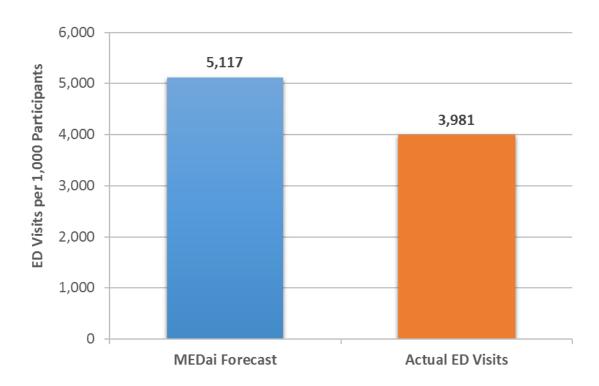


MEDai forecasted that SoonerCare CCU participants as a group would incur 5,117 emergency department visits per 1,000 participants in the first 12 months of engagement. The actual rate was 3,981, or 78 percent of forecast (Exhibit 4-49).

Exhibit 4-49 – All SoonerCare CCU Participants

Emergency Department Utilization - First 12 Months Following Engagement, per 1,000

Participants



#### Medical Expenditures – Total and by Category of Service

PHPG documented total PMPM medical expenditures for all SoonerCare CCU participants as a group and compared actual medical expenditures to forecast for the first twelve months of engagement. MEDai forecasted that the participant population would incur an average of \$1,989 in PMPM expenditures in the first 12 months of engagement. The actual amount was \$1,515, or 76% of forecast.

For months 13 to 24, the MEDai forecast with trend applied was \$2,018 in PMPM expenditures. The actual amount was \$1,209, or 60% of forecast. For months 25 to 36, the MEDai forecast with trend applied was \$2,057 in PMPM expenditures. The actual amount was \$1,102, or 54% of forecast (Exhibit 4-50).

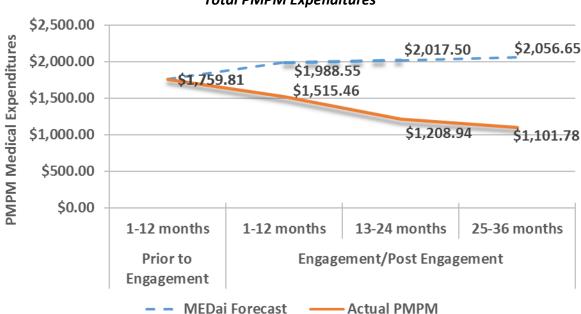


Exhibit 4-50 – All SoonerCare CCU Participants
Total PMPM Expenditures

At the category-of-service level in the first 12 months of engagement, all services types experienced declines, with hospital costs registering the greatest drop (Exhibit 4-51).

Exhibit 4-51 - All SoonerCare CCU Participants PMPM Expenditures by Category of Service

Category of Service	PMPM 12 Months Prior to Engagement	PMPM First 12 Months of Engagement	Dollar Change (Engaged minus Prior to Engagement)	Percent Change (As Percent of PMPM Prior to Engagement)
Inpatient Hospital	\$615.80	\$505.12	(\$110.68)	-18%
Outpatient Hospital	\$238.24	\$184.26	(\$53.98)	-23%
Physician	\$306.78	\$285.36	(\$21.42)	-7%
Pharmacy	\$300.14	\$271.18	(\$28.96)	-10%
Behavioral Health	\$87.98	\$70.92	(\$17.06)	-19%
All Other	\$210.87	\$198.64	(\$12.23)	-6%
Total	\$1,759.81	\$1,515.46	(\$244.35)	-14%

## **Aggregate Dollar Impact**

PHPG calculated an aggregate dollar impact for all SoonerCare CCU participants by multiplying total months of engagement by average PMPM savings. The resultant savings equaled approximately \$6.2 million (Exhibit 4-52).

Exhibit 4-52 – All SoonerCare CCU Participants Aggregate Savings

Engagement Period	Member Months	PMPM Savings (Forecast – Actual)	Aggregate Savings / (Deficit)
First 12 Months	7,104	\$473.09	\$3,360,831
Months 13 - 24	2,623	\$808.56	\$2,120,852
Months 25 - 36	772	\$954.87	\$737,160
Total	10,499	\$592.33	\$6,218,873

# SoonerCare CCU Cost Effectiveness Analysis

Over time, the SoonerCare CCU should demonstrate its efficacy through a reduction in the relative PMPM and aggregate costs of engaged members versus what would have occurred absent participation. PHPG performed a cost effectiveness analysis by carrying forward and expanding the medical expenditure impact findings from the previous section and adding program administrative expenses to the analysis. To be cost effective, the SoonerCare CCU must demonstrate lower expenditures even after factoring-in the program's administrative component.<sup>44</sup>

# **Administrative Expenses**

SoonerCare CCU administrative expenses include salary, benefits and overhead costs for persons working in the SoonerCare CCU unit. The OHCA provided PHPG with detailed information on administrative expenditures during SFY 2014 through SFY 2016 for use in performing the cost effectiveness test.

OHCA salary and benefit costs were included for staff assigned to the SoonerCare CCU unit. Costs were prorated for employees working less than full time on the SoonerCare CCU.

Overhead expenses (rent, travel, etc.) were allocated based on the unit's share of total OHCA salary/benefit expenses in each fiscal year<sup>45</sup>. No specific allocation was made for MEDai activities, as these are occurring under a pre-existing contract.

SFY 2014 through SFY 2016 aggregate administrative expenses for the SoonerCare CCU were approximately \$1.9 million (Exhibit 4-53 on the following page). This equated to \$181.62 on a PMPM basis. The PMPM calculation was performed using total member months (10,499) for CCU participants meeting the criteria outlined in chapter one (e.g., enrolled for at least three months)<sup>46</sup>.

-

<sup>&</sup>lt;sup>44</sup> For the purposes of the cost effectiveness analysis only, PHPG altered MEDai forecasts for members whose cost for the year prior to engagement exceeded \$144,000, as MEDai forecasts have an upper limit of \$144,000. To ensure they would not skew the cost effectiveness test results, PHPG set the forecasts for these members equal to prior year costs, assuming no increase or decrease in medical costs.

<sup>&</sup>lt;sup>45</sup> Allocated share of total was 1.5 percent in SFY 2014, 1.1 percent in SFY 2015 and 1.1 percent in SFY 2016.

<sup>&</sup>lt;sup>46</sup> This methodology overstates the PMPM amount, in that it excludes member months for participants who did not meet the analysis criteria. However, it is the appropriate for determining cost effectiveness, as it accounts for all administrative expenses.

Exhibit 4-53 - SoonerCare CCU Administrative Expense

Cost Component	SFY 2014 - 2016 Aggregate Dollars	РМРМ	
OHCA SoonerCare CCU unit salaries and benefits	\$1,557,854	\$148.38	
OHCA SoonerCare CCU overhead	\$348,955	\$33.24	
Total Administrative Expense	\$1,906,809	\$181.62	

# **Cost Effectiveness Calculation**<sup>47</sup>

PHPG performed a cost effectiveness test by comparing forecasted costs to actual costs during SFY 2014 through SFY 2016, inclusive of SoonerCare CCU administrative expenses.

SoonerCare CCU participants as a group were forecasted to incur average medical costs of \$2,000.79<sup>48</sup>. Their actual average PMPM medical costs were \$1,408.46. With the addition of \$181.62 in average PMPM administrative expenses, total actual costs were \$1,590.08. Medical expenses accounted for 89 percent of the total and administrative expenses for the other 11 percent. Overall, net SoonerCare CCU participant PMPM expenses, inclusive of administrative costs, were 79.5 percent of forecast (Exhibit 4-54).

\$2,500.00 \$1,500.00 \$1,000.00 \$500.00 \$-MEDai Forecast Actual

Exhibit 4-54 - SoonerCare CCU PMPM Savings

<sup>&</sup>lt;sup>47</sup> PMPM and aggregate values differ slightly due to rounding.

 $<sup>^{48}</sup>$  This represents a weighted average (by member months) of the forecasted PMPM values for the first 12 months, months 13 – 24 and months 25 – 36, as shown in exhibit 4-45.

On an aggregate basis, the SoonerCare CCU achieved net savings during its initial 36 months of operation (July 2013 through June 2016) of approximately \$4.3 million (Exhibit 4-55). This represented an increase of \$1.6 million over the net savings of \$2.7 million incurred through June 2015, as documented in the prior year's evaluation. (The program registered a small deficit of (\$337,000) in SFY 2014, due to small initial enrollment coupled with fixed administrative costs.)

The more modest aggregate savings achieved in SFY 2016 versus SFY 2015 is likely attributable to the drop in participants included in the evaluation, as discussed in Chapter One. It does not reflect a reduced impact at the individual member level, as average PMPM medical savings increased from \$539.47 to \$592.33.

Exhibit 4-55 – All SoonerCare CCU Participants
Aggregate Savings – Net of Administrative Expenses

Medical Savings	Administrative Costs	Net Savings
\$6,218,873	(\$1,906,809)	\$4,312,064

#### CHAPTER 5 – SOONERCARE CCU RETURN ON INVESTMENT

#### Introduction

The value of the SoonerCare CCU is measurable on multiple axes, including participant satisfaction and change in behavior, quality of care, improvement in service utilization and overall impact on medical expenditures. The last criterion is arguably the most important, as progress in other areas should ultimately result in medical expenditures remaining below the level that would have occurred absent the program.

#### **ROI Results**

PHPG examined the program's return on investment (ROI) through SFY 2016, by comparing administrative expenditures to medical savings. The results are presented in Exhibit 5-1 below.

As the exhibit illustrates, the SoonerCare CCU achieved a positive ROI, with the program as a whole generating a return on investment of 226.12 percent. Put another way, the **SoonerCare CCU** generated approximately \$2.26 in net medical savings for every dollar in administrative expenditures.

Exhibit 5-1 – SoonerCare CCU ROI (State and Federal Dollars)

Medical Savings Administrative Costs		Net Savings	Return on Investment		
\$6,218,873	(\$1,906,809)	\$4,312,064	226.1%		

# **APPENDIX A – PARTICIPANT SURVEY INSTRUMENT**

Appendix A includes the advance letter sent to SoonerCare CCU participants and survey instrument. The instrument is annotated to flag questions that have been discontinued or are asked of follow-up survey respondents only.



JOEL NICO GOMEZ CHIEF EXECUTIVE OFFICER MARY FALLIN GOVERNOR

# STATE OF OKLAHOMA OKLAHOMA HEALTH CARE AUTHORITY

<First> <Last>
 <Street Address 1>
 <Street Address 2>
 <City>, <State> <Zip>

The Oklahoma Health Care Authority is conducting a survey of SoonerCare members. You were selected for the survey because you may have received help from one of our nurse case management programs. We are interested in learning about your experience and how we can make these services better.

The survey will be over the phone and should take about 15 minutes of your time. In the next few days, someone will be calling you to conduct the survey.

THE SURVEY IS VOLUNTARY. If you decide not to complete the survey, it will NOT affect your SoonerCare enrollment or the enrollment of anyone else in your family.

However, we want to hear from you and hope you will agree to help. The survey will be conducted by the Pacific Health Policy Group (PHPG), an outside company. All of your answers will be kept confidential.

If you have any questions about the survey, you can reach PHPG toll-free at <u>1-888-941-9358</u>. If you would like to take the survey right away, you may call the same number any time between the hours of 9 a.m. and 4 p.m. If you have any questions for the Oklahoma Health Care Authority, please call the toll-free number <u>1-877-252-6002</u>.

We look forward to speaking with you soon.



# SOONERCARE CHRONIC CARE PROGRAM MEMBER SURVEY INTRODUCTION & CONSENT

Hello, my name is \_\_\_\_\_ and I am calling on behalf of the Oklahoma SoonerCare program. May I please speak to {RESPONDENT NAME}?

INTRO1. We are conducting a short survey to find out about where SoonerCare members get their health care. The survey takes about 10 minutes.

[ANSWER ANY QUESTIONS AND PROCEED TO QUESTION 1]

- INTRO2. [If need to leave a message] We are conducting a short survey to find out about where SoonerCare members get their health care. We can be reached toll-free at <u>1-888-941-9358</u>.
- 1. The SoonerCare program is a health insurance program offered by the state. Are you currently participating in SoonerCare?<sup>49</sup>
  - a. Yes
  - b. No  $\rightarrow$  [ASK IF ENROLLED IN MEDICAID. IF NO, END CALL]
  - c. Don't Know/Not Sure → [ASK IF ENROLLED IN MEDICAID. IF NO, END CALL]
- 2. Some SoonerCare members with health needs receive help from the Chronic Care Program. Have you heard of this? [IF RESPONDENT SAYS 'NO' OR 'NOT SURE'] The program includes nurses who call you to discuss your health care needs and partner with you and your doctor to help manage your needs. Does that sound familiar?
  - a. Yes
  - b. No
  - c. Don't Know/Not Sure
- 3. Were you contacted and offered a chance to participate in the Chronic Care Program?
  - a. Yes
  - b. No → [END CALL]
  - c. Don't Know/Not Sure → [END CALL]
- 4. Did you decide to participate?
  - a. Yes
  - b. No  $\rightarrow$  [GO TO Q34]
  - c. Not yet, but still considering → [INFORM THAT WE MAY CALL BACK AT A LATER DATE AND END CALL]
  - d. Don't Know/Not Sure → [END CALL]

<sup>&</sup>lt;sup>49</sup> All questions include a "don't know/not sure" or similar option which is unprompted by the surveyor; this response is listed on the instrument to allow surveyors to document such a response. Questions are reworded for parents/guardians completing the survey on behalf of program participants.

_		
5.	Are yo	u still participating today in the Chronic Care Program?
	a.	Yes
	b.	No → [GO TO Q32]
	C.	Don't Know/Not Sure → [END CALL]
6.	How Id	ong have you been participating in the Chronic Care Program?
	a.	Less than 1 month
	b.	One to two months
	C.	Three to four months
	d.	Four to six months
	e.	More than six months
	e. f.	More than six months  Don't Know/Not Sure
	f. ow I	
	f. ow I v	Don't Know/Not Sure want to ask about your decision to participate and partner
W	f. ow I v	Don't Know/Not Sure  want to ask about your decision to participate and partner  Nurse Care Manager.
W	f.  ow I  ith a	Don't Know/Not Sure  want to ask about your decision to participate and partner  Nurse Care Manager.  id you learn about the Chronic Care Program?
W	f.  ow I  ith a  How d  a. b.	Don't Know/Not Sure  want to ask about your decision to participate and partner Nurse Care Manager.  id you learn about the Chronic Care Program?  Received information in the mail  Received a call from my Nurse Care Manager
W	f.  ow I  ith a  How d  a. b.	Don't Know/Not Sure  want to ask about your decision to participate and partner Nurse Care Manager.  id you learn about the Chronic Care Program?  Received information in the mail  Received a call from my Nurse Care Manager
W	f.  ow I with a  How d a. b. c. d.	Don't Know/Not Sure  want to ask about your decision to participate and partner Nurse Care Manager.  id you learn about the Chronic Care Program?  Received information in the mail  Received a call from my Nurse Care Manager  Received a call from someone else SPECIFY

- 8. What were your reasons for deciding to participate in the Chronic Care Program? [CHECK ALL THAT APPLY]
  - a. Learn how to better manage health problems
  - b. Learn how to identify changes in health
  - c. Have someone to call with questions about health
  - d. Get help making health care appointments
  - e. Personal doctor recommended I enroll
  - f. Improve my health
  - g. Was invited to enroll/no specific reason
  - h. Other. SPECIFY:
  - i. Don't Know/Not Sure

9. Among the reasons you gave, what was your most important reason for deciding to pa
---

- a. Learn how to better manage health problems
- b. Learn how to identify changes in health
- c. Have someone to call with questions about health
- d. Get help making health care appointments
- e. Personal doctor recommended I enroll
- f. Improve my health
- g. Was invited to enroll/no specific reason
- h. Other. SPECIFY: \_\_\_\_\_
- i. Don't Know/Not Sure

# Now I'm going to ask you a few questions about your experience in the Chronic Care Program, starting with your Nurse Care Manager.

#### CHRONIC CARE PROGRAM NURSE CARE MANAGER

- 10. How soon after you started participating in the Chronic Care Program were you contacted by your Nurse Care Manager?
  - a. Contacted at time of enrollment to participate
  - b. Less than one week
  - c. One to two weeks
  - d. More than two weeks
  - e. Have not been contacted enrolled two weeks ago or less
  - f. Have not been contacted enrolled two to four weeks ago
  - g. Have not been contacted enrolled more than four weeks ago
  - h. Don't Know/Not Sure
- 11. Can you tell me the name of your Nurse Care Manager?
  - a. Yes. RECORD:
  - b. No
- 12. About when was the last time you spoke to your Nurse Care Manager?
  - a. Within the last week
  - b. One to two weeks ago
  - c. Two to four weeks ago
  - d. More than four weeks ago
  - e. Have never spoken to Nurse Care Manager
  - f. Don't know/Not Sure

13.	Did you	r Nurse Care Manager give you a telephone number to call if you needed help with your care?
	a.	Yes
	b.	No → [GO TO Q17]
	C.	Don't Know/Not Sure → [GO TO Q17]
14.	Have y	ou tried to call your Nurse Care Manager at the number you were given?
	a.	Yes
	b.	No → [GO TO Q17]
	C.	Don't Know/Not Sure → [GO TO Q17]
15.	Thinkin	g about the last time you called your Nurse Care Manager, what was the reason for your call?
	a.	Routine health question
	b.	Urgent health problem
	C.	Seeking assistance in scheduling appointment
	d.	Returning call from Nurse Care Manager
	e.	Other. SPECIFY:
	f.	Don't Know/Not Sure
16.	Did you	reach your Nurse Care Manager immediately? [IF NO] How quickly did you get a call back?
	a.	Reached immediately (at time of call)
	b.	Called back within one hour
	C.	Called back in more than one hour but same day
	d.	Called back the next day
	e.	Called back two or more days later
	f.	Never called back
	g.	Other. SPECIFY:

h. Don't Know/Not Sure

17. [ASK QUESTION EVEN IF RESPONDENT STATES S/HE HAS NOT SPOKEN TO THE NURSE CARE MANAGER. IF RESPONDENT REPEATS S/HE IS UNABLE TO ANSWER DUE TO LACK OF CONTACT, GO TO Q20 (OVERALL SATISFACTION)] I am going to mention some things your Nurse Care Manager may have done for you. Has your Nurse Care Manager:

	Yes	No	DK
a. Asked questions about your health problems or concerns			
b. Provided instructions about taking care of your health problems or concerns			
c. Helped you to identify changes in your health that might be an early sign of a problem			
d. Answered questions about your health			
e. Helped you talk to and work with your regular doctor and your regular doctor's office staff			
f. Helped you to make and keep health care appointments with other doctors, such as specialists, for medical problems			
g. Helped you to make and keep health care appointments for mental health or substance abuse problems			
h. Reviewed your medications with you and helped you to manage your medications			

18. [ASK FOR EACH "YES" ACTIVITY IN Q17] Thinking about what your Nurse Care Manager has done for you, please tell me how satisfied you are with the help you received. Tell me if you are very satisfied, somewhat satisfied, somewhat dissatisfied or very dissatisfied.

	Very Satisfied	Somewhat Satisfied	Somewhat Dissatisfied	Very Dissatisfied	DK	N/A
a. Learning about you and your health care needs						
b. Getting easy to understand instructions about taking care of health problems or concerns						
c. Getting help identifying changes in your health that might be an early sign of a problem						
d. Answering questions about your health						
e. Helping you to talk to and work with your regular doctor and your regular doctor's staff						
f. Helping you make and keep health care appointments with other doctors, such as specialists, for medical problems						
g. Helping you make and keep health care appointments for mental health or substance abuse problems						
h. Reviewing your medications and helping you to manage your medications						

19.	Overall somew	, how satisfied are you with your Nurse Care Manager? Would you say you are very satisfied hat satisfied, somewhat dissatisfied or very dissatisfied?
	a.	Very satisfied
	b.	Somewhat satisfied
	C.	Somewhat dissatisfied
	d.	Very dissatisfied
	e.	Don't Know/Not Sure
<u>01</u>	/ERALL	SATISFACTION
20.	Overall	, how satisfied are you with your whole experience in the Chronic Care Program?
	a.	Very satisfied
	b.	Somewhat satisfied
	C.	Somewhat dissatisfied
	d.	Very dissatisfied
	e.	Don't Know/Not Sure
21.	Would	you recommend the Chronic Care Program to a friend who has health care needs like yours?
	a.	Yes
	b.	No
	C.	Don't Know/Not Sure
22.	Do you	have any suggestions for improving the Chronic Care Program?
HE	ALTH S	STATUS & LIFESTYLE
		, how would you rate your health today? Would you say it is excellent, good, fair or poor?
		Freellant

- a. Excellent
- b. Good
- c. Fair
- d. Poor
- e. Don't Know/Not Sure

- 24. Compared to before you participated in the Chronic Care Program, how has your health changed? Would you say your health is better, worse or about the same?
  - a. Better
  - b. Worse → [GO TO Q27]
  - c. About the same → [GO TO Q27]
- 25. Do you think the Chronic Care Program has contributed to your improvement in health?
  - a. Yes
  - b. No
  - c. Don't know/not sure
- 26. I am going to mention a few areas where Nurse Care Managers sometimes try to help members to improve their health by changing behaviors. For each, please tell me if your Nurse Care Manager spoke to you, and if so, whether you changed your behavior as a result. [IF BEHAVIOR WAS CHANGED, ASK IF CHANGE WAS TEMPORARY OR IS CONTINUING]

	N/A - Not Discussed	Discussed - No Change	Discussed  - Temporary Change	Discussed  - Continuing Change	DK	Not Applicable
Smoking less or using other tobacco products less						
b. Moving around more or getting more exercise						
c. Changing your diet						
d. Managing and taking your medications better						
e. Making sure to drink enough water throughout the day						
f. Drinking or using other substances less						

#### Questions 27 to 31 have been discontinued

- 27. [IF RESPONDENT'S RECORD SHOWS ENROLLMENT DATE PRIOR TO JULY 2013, ASK THIS QUESTION] We're almost done. Before July 2013, the SoonerCare Health Management Program included Nurse Care Managers who visited members in their homes or called them each month on the phone. Did you have a Nurse Care Manager under this earlier program? [IF YES, ASK WHETHER NCM VISITED THEIR HOME OR CALLED ON PHONE. IF RESPONDENT SAYS "BOTH", RECORD AS VISITED IN THEIR HOME.]
  - a. Yes, visited in home
  - b. Yes, called on phone
  - c. No → [GO TO Q36]
  - d. Don't Know/Not Sure → [GO TO Q36]

28	Were.	VOLL SWSTA	that the	nrogram	changed in	July 20132
<del>20.</del>	77010	<del>you aware</del>	triat tric	<del>program</del>	<del>onangea m</del>	<del>July ZU IJ:</del>

a. Yes

b. No

c. Don't Know/Not Sure

29. I am going to ask about different kinds of help that you may have received from your Nurse Care Manager under the previous program and that you may be receiving today from your current Nurse Care Manager. For each, please tell me who was more helpful, the Nurse Care Manager you had before July 2013 under the previous program or your current Nurse Care Manager [REVERSE ORDER FROM PREVIOUS SURVEY]. [RECORD "SAME" IF VOLUNTEERED BY RESPONDENT; DO NOT OFFER AS OPTION.]

	Telligen NCM More Helpful	CCP NCM More Helpful	About the Same Help	Don't Know/ Not Sure	N/A
a. Providing instructions about taking care of your health problems or concerns					
b. Helping you to identify changes in your health that might be an early sign of a problem					
c. Answering questions about your health					
d. Helping you talk to and work with your regular doctor and your regular doctor's office staff					
e. Helping you to make and keep health care appointments with other doctors, such as specialists, for medical problems					
f. Helping you to make and keep health care appointments for mental health or substance abuse problems					
g.Helping you manage your medications					

30	Overall, what do you prefer - the program as it was before July 2013 or the program as it is today
	[REVERSE ORDER FROM PREVIOUS SURVEY.] [RECORD "NO PREFERENCE/SAME" IF
	VOLUNTEERED BY RESPONDENT: DO NOT OFFER AS OPTION.]

- a. Program before, with Telligen Nurse Care Manager
- b. Program today, with Chronic Care Program Nurse Care Manager
- c. No preference/programs are about the same → [GO TO Q36]
- d. Don't Know/Not Sure → [GO TO Q36]

31.	Why do you prefer [MEMBER'S CHOICE]? [RECORD ANSWER AND GO TO Q36]	
		_

Que	stions 32	and 33 are asked of follow-up survey respondents only				
32.	2. [IF RESPONDENT ANSWERED "NO" TO Q5] About when did you decide to no longer participate?					
	a.	Month/Year [SPECIFY]				
	b.	Don't Know/Not Sure				
33.	Why di	d you decide to no longer participate in the program [RECORD ANSWER & SKIP TO Q36]?				
	a.	Not aware of program/did not know was enrolled				
	b.	Did not understand purpose of the program				
	C.	Satisfied with doctor/current health care access without program				
	d.	Doctor recommended I not participate				
	e.	Do not wish to self-manage care/receive health education/receive health coaching				
	f.	Do not want to be evaluated by Nurse Care Manager/Health Coach				
	g.	Dislike Nurse Care Manager/Health Coach				
	h.	Have no health needs at this time				
	i.	Nurse Care Manager/Health Coach stopped calling or visiting				
	j.	Did not like change from Nurse Care Management to Health Coaching				
	k.	Other. SPECIFY:				
	l.	Not Sure/Don't Know				
Que	stions 34	and 35 have been discontinued				
<del>34.</del>	[IF RE	SPONDENT ANSWERED "NO" TO Q4] About when did you decide to not participate?				
	<del>a.</del>	Month/Year [SPECIFY]				
	<del>b.</del>	Don't Know/Not Sure				
<del>35.</del>	Why di	d you decide not to participate in the program?				
	a.	Not aware of program/did not know was enrolled				
	<del>b.</del>	Did not understand purpose of the program				
	<del>C.</del>	Satisfied with doctor/current health care access without program				
	<del>d.</del>	Doctor recommended I not participate				
	<del>e.</del>	Do not wish to self-manage care/receive health education/receive health coaching				
	f.	Do not want to be evaluated by Nurse Care Manager/Health Coach				
	<del>g.</del>	Dislike Nurse Care Manager/Health Coach				
	h	Have no health needs at this time				

i. Nurse Care Manager/Health Coach stopped calling or visiting

k. Other. SPECIFY: \_\_\_\_\_

j. Did not like change from Nurse Care Management to Health Coaching

#### **DEMOGRAPHICS**

- 36. I'm now going to ask about your race. I will read you a list of choices. You may choose 1 or more. This question is being used for demographic purposes only and you may also choose not to respond.
  - a. White or Caucasian
  - b. Black or African-American
  - c. Asian
  - d. Native Hawaiian or other Pacific Islander
  - e. American Indian
  - f. Hispanic or Latino
  - g. Other. SPECIFY: \_\_\_\_\_

Those are all the questions I have today. We may contact you again in the future to follow-up and learn if anything about your health care has changed. Thank you for your help.

# **APPENDIX B – DETAILED PARTICIPANT SURVEY RESULTS**

Appendix B includes active participant responses to all survey questions. Data is presented for both the initial and follow-up surveys.

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
1) Are you currently enrolled in SoonerCare?					
A. Yes	<b>129</b> 99.2%	<b>380</b> 98.2%	<b>255</b> 96.6%	<b>764</b> 97.8%	
B. No	<b>1</b> 0.8%	<b>7</b> 1.8%	<b>8</b> 4.3%	<b>16</b> 2.3%	
2) Have you heard of the Chronic Care Program (CCP)?					
A. Yes	<b>111</b> 86.0%	<b>343</b> 90.3%	<b>237</b> 93.3%	<b>691</b> <i>90.6%</i>	
B. No	<b>18</b> 14.0%	<b>36</b> 9.5%	<b>17</b> 6.7%	<b>71</b> 9.3%	
C. Don't know/not sure	<b>0</b> 0.0%	<b>1</b> 0.3%	<b>0</b> 0.0%	<b>1</b> 0.1%	
3) Were you contacted and offered a chance to participate in the CCP?					
A. Yes	<b>111</b> 86.0%	<b>342</b> 90.2%	<b>235</b> 92.5%	<b>688</b> 90.3%	
B. No	<b>18</b> 14.0%	<b>37</b> 9.8%	<b>19</b> 7.5%	<b>74</b> 9.7%	
C. Don't know/not sure	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	
4) Did you decide to participate?					
A. Yes	<b>109</b> 98.2%	<b>342</b> 100.0%	<b>234</b> 99.2%	<b>685</b> 99.4%	
B. No	<b>2</b> 1.8%	<b>0</b> 0.0%	<b>2</b> 0.8%	<b>4</b> 0.6%	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
<b>109</b> 97.3%	<b>176</b> 97.2%	<b>285</b> 97.3%		
<b>3</b> 2.7%	<b>5</b> 2.8%	<b>8</b> 2.7%		
N/A - not asked	N/A - not asked	N/A - not asked		
N/A - not asked	N/A - not asked	N/A - not asked		
N/A - not asked	N/A - not asked	N/A - not asked		

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
5) Are you still participating today in the CCP?					
A. Yes	<b>106</b> 95.5%	<b>325</b> 95.6%	<b>218</b> 92.8%	<b>649</b> 99.4%	
B. No	<b>5</b> 4.5%	<b>15</b> 4.4%	<b>16</b> 6.8%	<b>36</b> 5.2%	
C. Don't know/not sure	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>1</b> 0.4%	<b>1</b> 0.1%	
6) How long have you been participating in the CCP?					
A. Less than 1 month	<b>2</b> 1.9%	<b>6</b> 1.8%	<b>8</b> 3.7%	<b>16</b> 2.5%	
B. 1 to 2 months	<b>16</b> 15.1%	<b>32</b> 9.8%	<b>30</b> 13.8%	<b>78</b> 12.0%	
C. 3 to 4 months	<b>18</b> 17.0%	<b>32</b> 9.8%	<b>34</b> 15.6%	<b>84</b> 12.9%	
D. 5 to 6 months	<b>9</b> 8.5%	<b>40</b> 12.3%	<b>32</b> 14.7%	<b>81</b> 12.5%	
E. More than 6 months	<b>61</b> 57.5%	<b>212</b> 65.2%	<b>111</b> 50.9%	<b>384</b> 59.2%	
F. 6 to 9 months					
G. 9 to 12 months		For initial survey, tenures greater than six months are not further stratified			
H. More than 12 months					
F. Don't know/not sure	<b>0</b> 0.0%	<b>3</b> 0.9%	<b>3</b> 1.4%	<b>6</b> 0. 9%	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
103	150	253		
94.5%	85.2%	88.8		
6	26	32		
5.5%	14.8%	11.2%		
0	0	0		
0.0%	0.0%	0.0%		
0	0	0		
0.0%	0.0%	0.0%		
0	0	0		
0.0%	0.0%	0.0%		
0	0	0		
0.0%	0.0%	0.0%		
0	0	0		
0.0%	0.0%	0.0%		
See below	See below	See below		
9	5	14		
8.7%	3.3%	5.5%		
68	37	105		
66.0%	24.7%	41.5%		
22	104	126		
21.4%	69.3%	49.8%		
4	4	8		
3.9%	2.7%	3.2%		

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
7) How did you learn about the CCP?				
A. Received information in the mail	<b>19</b> 17.9%	<b>62</b> 19.1%	<b>42</b> 19.3%	<b>123</b> 19.0%
B. Received a call from my Nurse Care Manager	<b>35</b> 33.0%	<b>186</b> 57.2%	<b>128</b> 58.7%	<b>349</b> 53.8%
C. Received a call from someone else	<b>0</b> 0.0%	<b>1</b> 0.3%	<b>0</b> 0.0%	<b>1</b> 0.2%
D. Doctor referred me while I was in his/her office	<b>31</b> 29.2%	<b>20</b> 6.2%	<b>18</b> 8.3%	<b>69</b> 10.6%
E. Other	<b>2</b> 1.9%	<b>12</b> 3.7%	<b>9</b> 4.1%	<b>23</b> 3.5%
F. Don't know/not sure	<b>19</b> 17.9%	<b>44</b> 13.5%	<b>21</b> 9.6%	<b>84</b> 12.9%
8) What were your reasons for deciding to participate in the CCP? (Multiple answers allowed.)				
A. Learn how to better manage health problems	<b>37</b> 34.9%	<b>128</b> 39.0%	<b>91</b> 41.7%	<b>256</b> 39.3%
B. Learn how to identify changes in health	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%
C. Have someone to call with questions about health	<b>9</b> 8.5%	<b>18</b> 5.5%	<b>4</b> 1.8%	<b>31</b> 4.8%
D. Get help making health care appointments	<b>2</b> 1.9%	<b>7</b> 2.1%	<b>5</b> 2.3%	<b>14</b> 2.1%
E. Personal doctor recommended I enroll	<b>13</b> 12.3%	<b>7</b> 2.1%	<b>5</b> 2.3%	<b>25</b> 3.8%

Six-Month Follow-up			
5/15 4/16	5/16 – 4/17	Aggregate	
N/A - not asked	N/A - not asked	N/A - not asked	
N/A - not asked	N/A - not asked	N/A - not asked	

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
F. Improve my health	4	19	25	48
r. Improve my nearm	3.8%	5.8%	11.5%	7.4%
G. Was invited to enroll/no specific	37	124	62	223
reason	34.9%	37.8%	28.4%	34.2%
II. Other	1	12	22	35
H. Other	0.9%	3.7%	10.1%	5.4%
I. Doubt know / not own	3	13	3	20
I. Don't know/not sure	2.8%	4.0%	1.8%	3.1%
9) Among the reasons you gave, what was your most important reason for deciding to participate?				
A. Learn how to better manage	37	128	90	255
health problems	34.9%	39.4%	41.3%	39.3%
B. Learn how to identify changes in	0	0	0	0
health	0.0%	0.0%	0.0%	0.0%
C. Have someone to call with	10	17	5	32
questions about health	9.4%	5.2%	2.3%	4.9%
D. Get help making health care	2	6	5	13
appointments	1.9%	1.8%	2.3%	2.0%
E. Personal doctor recommended I	13	7	5	25
enroll	12.3%	2.2%	2.3%	3.9%
F. Improve my health	4	19	25	48
F. Improve my nearm	3.8%	5.8%	11.5%	7.4%
G. Was invited to enroll/no specific	37	124	63	224
reason	34.9%	38.2%	28.9%	34.5%

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
N/A - not asked	N/A - not asked	N/A - not asked		

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
H. Other	1	12	22	35
n. Other	0.9%	3.7%	10.1%	5.4%
I. Don't know/not sure	2	12	3	17
i. Don't know/not sure	1.9%	3.7%	1.4%	2.6%
10) How soon after you started participating in the CCP were you contacted by your Nurse Care Manager?				
A. Contacted at time of enrollment	32	196	135	363
in the doctor's office	30.2%	60.3%	61.9%	55.9%
B. Less than 1 week	23	26	23	72
B. Less than I week	21.7%	8.0%	10.6%	11.1%
C. 1 to 2 weeks	8	19	20	47
C. I to 2 Weeks	7.5%	5.8%	9.2%	7.2%
D. More than 2 weeks	0	4	1	5
	0.0%	1.2%	0.5%	0.8%
E. Have not been contacted -	0	0	0	0
enrolled 2 weeks ago or less	0.0%	0.0%	0.0%	0.0%
F. Have not been contacted -	0	2	0	2
enrolled 2 to 4 weeks ago	0.0%	0.6%	0.0%	0.3%
G. Have not been contacted -	0	2	2	4
enrolled more than 4 weeks ago	0.0%	0.6%	0.9%	0.6%
H. Don't know/not sure/other	43	76	37	156
Jon Canow, not sure, other	40.6%	23.4%	17.0%	24.0%

Six-l	Six-Month Follow-up			
5/15 4/16	5/16 – 4/17	Aggregate		
N/A - not asked	N/A - not asked	N/A - not asked		

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
11) Can you tell me the name of your Nurse Care Manager?				
A. Yes	<b>64</b> 61.5%	<b>204</b> 62.4%	<b>127</b> 58.3%	<b>395</b> <i>60.9%</i>
B. No	<b>40</b> 38.5%	<b>123</b> 37.6%	<b>91</b> 41.7%	<b>254</b> 39.1%
12) About when was the last time you spoke to your Nurse Care Manager?				
A. Within last week	<b>34</b> 33.7%	<b>104</b> 31.5%	<b>62</b> 28.6%	<b>200</b> 30.9%
B. 1 to 2 weeks ago	<b>29</b> 28.7%	<b>94</b> 28.5%	<b>46</b> 21.2%	<b>169</b> 26.1%
C. 2 to 4 weeks ago	<b>24</b> 23.8%	<b>69</b> 20.9%	<b>57</b> 26.3%	<b>150</b> 23.1%
D. More than 4 weeks ago	<b>13</b> 12.9%	<b>52</b> 15.8%	<b>50</b> 23.0%	<b>115</b> 17.7%
E. Have never spoken to Nurse Care Manager	<b>0</b> 0.0%	<b>1</b> 0.3%	<b>1</b> 0.5%	<b>2</b> 0.3%
F. Don't know/not sure	<b>1</b> 1.0%	<b>10</b> 3.0%	<b>1</b> 0.5%	<b>12</b> 1.9%
13) Did your Nurse Care Manager give you a telephone number to call if you needed help with your care?				
A. Yes	<b>96</b> 93.2%	<b>312</b> 96.3%	<b>202</b> 93.1%	<b>610</b> 94.7%

Six-l	Six-Month Follow-up			
5/15 4/16	5/16 – 4/17	Aggregate		
69	99	168		
67.0%	66.0%	66.4%		
34	51	85		
33.0%	34.0%	33.6%		
30	30	60		
29.1%	20.0%	23.7%		
9	37	46		
8.7%	24.7%	18.2%		
19	35	54		
18.4%	23.3%	21.3%		
41	47	88		
39.8%	31.3%	34.8%		
1	0	1		
1.0%	0.0%	0.4%		
3	1	4		
2.9%	0.7%	1.6%		
97	143	240		
94.2%	95.3%	94.9%		

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
B. No	<b>3</b> 2.9%	<b>5</b> 1.5%	<b>7</b> 3.2%	<b>15</b> 2.3%
C. Don't know/not sure	<b>4</b>	<b>7</b>	<b>8</b>	<b>19</b>
	3.9%	2.2%	3.7%	3.0%
14) Have you tried to call your Nurse Care Manager at the number you were given?				
A. Yes	<b>37</b>	<b>137</b>	<b>74</b>	<b>248</b>
	38.5%	43.9%	36.6%	40.7%
B. No	<b>59</b> 61.5%	<b>175</b> 56.1%	<b>127</b> 62.9%	<b>361</b> 59.2%
C. Don't know/not sure	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>
	0.0%	0.0%	0.5%	0.2%
15) Thinking about the last time you called your Nurse Care Manager, what was the reason for your call?				
A. Routine health question	<b>27</b> 73.0%	<b>97</b> 70.8%	<b>48</b> 64.9%	<b>172</b> 69.4%
B. Urgent health problem	<b>1</b>	<b>3</b>	<b>2</b>	6
	2.7%	2.2%	2.7%	2.4%
C. Seeking assistance in scheduling an appointment	<b>2</b>	<b>5</b>	<b>5</b>	<b>12</b>
	5.4%	3.6%	6.8%	4.8%
D. Returning call from Nurse Care	<b>6</b>	<b>31</b>	<b>17</b> 23.0%	<b>54</b>
Manager	16.2%	22.6%		21.8%
E. Other	1	<b>1</b>	<b>2</b>	<b>4</b>
	2.7%	0.7%	2.7%	1.6%
F. Don't know/not sure	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
	0.0%	0.0%	0.0%	0.0%

Six-Month Follow-up			
5/15 4/16	5/16 – 4/17	Aggregate	
3	2	5	
2.9%	1.3%	2.0%	
3	5	8	
2.9%	3.3%	3.2%	
40	59	99	
41.2%	41.3%	41.3%	
57	84	141	
58.8%	58.7%	58.8%	
0	0	0	
0.0%	0.0%	0.0%	
27	45	72	
67.5%	76.3%	72.7%	
1	4	5	
2.5%	6.8%	5.1%	
4	3	7	
10.0%	5.1%	7.1%	
8	6	14	
20.0%	10.2%	14.1%	
0	1	1	
0.0%	1.7%	1.0%	
0	0	0	
0.0%	0.0%	0.0%	

Survey Questions (numbering	Initial Survey			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate
16) Did you reach your Nurse Care Manager immediately? If no, how quickly did you get a call back?				
A. Reached immediately (at time of call)	<b>17</b> 45.9%	<b>71</b> 51.8%	<b>32</b> 42.7%	<b>120</b> 48.2%
B. Called back within 1 hour	<b>13</b> 35.1%	<b>30</b> 21.9%	<b>19</b> 25.3%	<b>62</b> 24.9%
C. Called back in more than 1 hour but same day	<b>3</b> 8.1%	<b>13</b> 9.5%	<b>10</b> 13.3%	<b>26</b> 10.4%
D. Called back the next day	<b>0</b> 0.0%	<b>10</b> 7.3%	<b>4</b> 5.3%	<b>14</b> 5.6%
E. Called back 2 or more days later	1 2.7%	<b>5</b> 3.6%	<b>1</b> 1.3%	<b>7</b> 2.8%
F. Never called back	1 2.7%	<b>3</b> 2.2%	<b>4</b> 5.3%	<b>8</b> 3.2%
G. Other	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
H. Don't know/not sure	<b>2</b> 5.4%	<b>5</b> 3.6%	<b>5</b> <i>6.7%</i>	<b>12</b> 4.8%
17) I'm going to mention some things your Nurse Care Manager may have done for you. Has your Nurse Care Manager:				
(a) Asked questions about your health problems or concerns A. Yes	105	322	215	642

Six-Month Follow-up			
5/15 4/16			
18	28	46	
45.0%	47.5%	46.5%	
9	13	22	
22.5%	22.0%	22.2%	
3	7	10	
7.5%	11.9%	10.1%	
3	1	4	
7.5%	1.7%	4.0%	
0	0	0	
0.0%	0.0%	0.0%	
3	4	7	
7.5%	6.8%	7.1%	
1	0	1	
2.5%	0.0%	1.0%	
3	6	9	
7.5%	10.2%	9.1%	
100	149	249	

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
	99.1%	99.1%	98.2%	98.8%	
B. No	1	2	4	7	
B. NO	0.9%	0.6%	1.8%	1.1%	
C. Don't know/not sure	0	1	0	1	
C. Don't know/not sure	0.0%	0.3%	0.0%	0.2%	
(b) Provided instructions about taking care of your health problems or concerns					
production of control	95	297	195	587	
A. Yes	89.6%	91.4%	89.4%	90.4%	
	8	24	23	55	
B. No	7.5%	7.4%	10.6%	8.5%	
	3	4	0	7	
C. Don't know/not sure	2.8%	1.2%	0.0%	1.1%	
(c) Helped you to identify changes in your health that might be an early sign of a problem					
	37	138	76	251	
A. Yes	34.9%	42.5%	34.9%	38.7%	
n n .	67	185	138	390	
B. No	63.2%	56.9%	63.3%	60.1%	
C. Don't know/not sure	2	2	4	8	
C. Don't know/not sure	1.9%	0.6%	1.8%	1.2%	
(d) Answered questions about your health					
A. Yes	94	281	187	562	
7.103	88.7%	86.5%	85.8%	86.6%	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
98.0%	100.0%	99.2%		
2	0	2		
2.0%	0.0%	0.8%		
0	0	0		
0.0%	0.0%	0.0%		
95	141	236		
93.1%	94.0%	93.7%		
93.1% <b>7</b>	9	16		
6.9%	6.0%	6.3%		
0.570	0.070	0.570		
0.0%	0.0%	0.0%		
43	71	114		
42.2%	47.3%	45.2%		
57	76	133		
55.9%	50.7%	52.8%		
2	3	5		
2.0%	2.0%	2.0%		
91	140	231		
89.2%	93.3%	91.7%		

Survey Questions (numbering	Initial Survey			Six-Month Follow-up			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	5/15 4/16	5/16 – 4/17	Aggregate
B. No	12	44	31	87	11	10	21
B. NO	11.3%	13.5%	14.2%	13.4%	10.8%	6.7%	8.3%
C. Davids I. v	0	0	0	0	0	0	0
C. Don't know/not sure	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
(e) Helped you talk to and work with your regular doctor and your regular doctor's office staff							
A. Yes	48	127	47	222	27	51	78
A. Tes	45.3%	39.1%	21.6%	34.2%	26.5%	34.0%	31.0%
D. N	54	197	167	418	73	9	172
B. No	50.9%	60.6%	76.6%	64.4%	71.6%	66.0%	68.3%
C. Doubt know (not own	4	1	4	9	2	0	2
C. Don't know/not sure	3.8%	0.3%	1.8%	1.4%	2.0%	0.0%	0.8%
(f) Helped you to make and keep health care appointments with other doctors, such as specialists, for medical problems?							
A. V	47	101	38	186	26	41	67
A. Yes	44.3%	31.1%	17.4%	28.7%	25.5%	27.3%	26.6%
B. No	58	223	179	460	75	109	184
b. NO	54.7%	68.6%	82.1%	70.9%	73.5%	72.7%	73.0%
C. Don't know/not sure	1	1	1	3	1	0	1
C. Don't know/not sure	0.9%	0.3%	0.5%	0.5%	1.0%	0.0%	0.4%
(g) Helped you to make and keep health care or substance abuse problems							
A. Yes	8	16	10	34	7	8	15
A. 162	7.5%	4.9%	4.6%	5.2%	6.9%	5.3%	6.0%

Survey Questions (numbering	Initial Survey			Six-Month Follow-up			
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	5/15 4/16	5/16 – 4/17	Aggregate
B. No	98	309	208	615	94	142	236
b. NO	92.5%	95.1%	95.4%	94.8%	92.2%	94.7%	93.7%
C. Don't know (not sure	0	0	0	0	1	0	1
C. Don't know/not sure	0.0%	0.0%	0.0%	0.0%	1.0%	0.0%	0.4%
(h) Reviewed your medications with you and helped you to manage your medications							
A. Yes	78	288	194	560	92	140	232
A. 165	73.6%	88.6%	89.0%	86.3%	90.2%	93.3%	92.1%
B. No	26	32	19	77	9	7	16
B. 140	24.5%	9.8%	8.7%	11.9%	8.8%	4.7%	6.3%
C. Don't know/not sure	2	5	5	12	1	3	4
C. Don't know/not sure	1.9%	1.5%	2.3%	1.8%	1.0%	2.0%	1.6%
18) (For each activity performed) How satisfied are you with the help you received?							
(a) Asked questions about your health problems or concerns							
A. Very satisfied	96	297	197	590	91	142	233
A. Very satisfied	90.6%	91.4%	90.4%	90.9%	89.2%	94.7%	92.5%
B. Somewhat satisfied	7	19	14	40	4	5	9
b. Somewhat satisfied	6.6%	5.8%	6.4%	6.2%	3.9%	3.3%	3.6%
C. Somewhat dissatisfied	1	2	2	5	3	0	3
c. Somewhat dissatisfied	0.9%	0.6%	0.9%	0.8%	2.9%	0.0%	1.2%
D. Very dissatisfied	1	4	0	5	1	0	3
D. Very dissaustied	0.9%	1.2%	0.0%	0.8%	1.0%	0.0%	1.2%
E. Don't know/Not Applicable	1	3	5	9	3	1	4
L. Don't know/ Not Applicable	0.9%	0.9%	2.3%	1.4%	2.9%	0.7%	1.6%

Survey Questions (numbering	Initial Survey					
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate		
(b) Provided instructions about						
taking care of your health problems or concerns						
problems of concerns	88	288	187	563		
A. Very satisfied	83.0%	88.6%	85.8 %	86.7%		
	5	8	10	23		
B. Somewhat satisfied	4.7%	2.5%	4.6%	3.5%		
	1	0	0	1		
C. Somewhat dissatisfied	0.9%	0.0%	0.0%	0.2%		
D. Very dissatisfied	0	1	0	1		
b. Very dissatisfied	0.0%	0.3%	0.0%	0.2%		
E. Don't know/Not Applicable	12	28	16	56		
E. Don't know/Not Applicable	11.3%	8.6%	11.4%	9.8%		
(c) Helped you to identify changes						
in your health that might be an						
early sign of a problem						
	38	133	77	248		
A. Very satisfied	35.8%	40.9%	35.3%	38.2%		
	1	9	2	12		
B. Somewhat satisfied	0.9%	2.8%	0.9%	1.8%		
C. Somewhat dissatisfied	0	0	0	0		
C. Somewhat dissatisfied	0.0%	0.0%	0.0%	0.0%		
D. Very dissatisfied	0	0	0	0		
b. Very dissatisfied	0.0%	0.0%	0.0%	0.0%		
E. Don't know/Not Applicable	67	183	139	389		
2. 2311 Chilotty Hat Applicable	63.2%	56.3%	63.8%	59.9%		

Six-Month Follow-up				
5/15 4/16				
88	137	225		
86.3%	91.3%	89.3%		
3	2	5		
2.9%	1.3%	2.0%		
2	0	2		
2.0%	0.0%	0.8%		
1	1	2		
1.0%	0.7%	0.8%		
8	10	18		
7.8%	6.7%	7.1%		
42	67	109		
41.2%	44.7%	43.3%		
1	2	3		
1.0%	1.3%	1.2%		
0	0	0		
0.0%	0.0%	0.0%		
0	0	0		
0.0%	0.0%	0.0%		
59	81	140		
57.8%	54.0%	55.6%		

Survey Questions (numbering	Initial Survey					
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate		
(d) Answered questions about your health						
A. Very satisfied	<b>93</b>	<b>272</b>	<b>180</b>	<b>545</b>		
	87.7%	83.7%	<i>82.6%</i>	<i>84.0%</i>		
B. Somewhat satisfied	<b>2</b> 1.9%	<b>8</b> 2.5%	<b>8</b> 3.7%	<b>18</b> 2.8%		
C. Somewhat dissatisfied	<b>0</b> 0.0%	<b>1</b> 0.3%	<b>0</b> 0.0%	<b>1</b> 0.2%		
D. Very dissatisfied	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>		
	0.0%	0.0%	0.0%	0.0%		
E. Don't know/Not Applicable	<b>11</b>	<b>44</b>	<b>30</b>	<b>85</b>		
	10.4%	13.5%	13.9%	13.1%		
(e) Helped you talk to and work with your regular doctor and your regular doctor's office staff						
A. Very satisfied	<b>45</b>	<b>125</b>	<b>44</b>	<b>214</b>		
	42.5%	38.5%	20.2%	33.0%		
B. Somewhat satisfied	<b>1</b> 0.9%	<b>8</b> 2.5%	<b>5</b> 2.3%	<b>14</b> 2.2%		
C. Somewhat dissatisfied	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>		
	0.0%	0.0%	0.5%	0.2%		
D. Very dissatisfied	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>		
	0.0%	0.0%	0.0%	0.0%		
E. Don't know/Not Applicable	<b>60</b>	<b>192</b>	<b>168</b>	<b>420</b>		
	56.6%	59.1%	77.1%	64.7%		

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
84 82.4% 3 2.9% 1 1.0% 0 0.0% 14 13.7%	136 90.7% 3 2.0% 0 0.0% 0 0.0% 11 7.3%	220 87.3% 6 2.4% 1 0.4% 0 0.0% 25 9.9%		
28	48	76		
27.5%	32.0%	30.2%		
0	<b>2</b> 1.3%	<b>2</b> 0.8%		
0.0% <b>0</b>	1.3% 0	0.8%		
0.0%	0.0%	0.0%		
0.070	0.070	0.070		
0.0%	0.0%	0.0%		
74	100	174		
72.5%	66.7%	69.0%		

Survey Questions (numbering based on initial survey)	Initial Survey					
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate		
(f) Helped you to make and keep health care appointments with other doctors, such as specialists, for medical problems?						
A. Very satisfied	45	100	41	186		
	42.5% 1	30.8% <b>6</b>	18.8% <b>3</b>	28.7% <b>10</b>		
B. Somewhat satisfied	0.9%	1.8%	1.4%	1.5%		
	1	0	0	1.5%		
C. Somewhat dissatisfied	0.9%	0.0%	0.0%	0.2%		
	0	0	0	0		
D. Very dissatisfied	0.0%	0.0%	0.0%	0.0%		
E. Don't know/Not Applicable	59	219	174	452		
E. Don't know/Not Applicable	55.7%	67.4%	79.8%	69.6%		
(g) Helped you to make and keep health care appointments for mental health or substance abuse problems						
A Managariation	10	15	10	35		
A. Very satisfied	9.4%	4.6%	4.6%	5.4%		
B. Somewhat satisfied	1	10	6	17		
b. Joinewhat Satisfied	0.9%	3.1%	2.8%	2.6%		
C. Somewhat dissatisfied	0	0	0	0		
	0.0%	0.0%	0.0%	0.0%		
D. Very dissatisfied	0	0	0	0		
	0.0%	0.0%	0.0% <b>202</b>	0.0%		
E. Don't know/Not Applicable	95	300	92.7%	597		
, , , , , , , , , , , , , , , , , , ,	89.6%	92.3%	92.7%	92.0%		

Six-Month Follow-up					
5/15 4/16	5/16 – 4/17	Aggregate			
25	40	65			
24.5%	26.7%	25.8%			
24.5%	20.770	4			
2.0%	1.3%	1.6%			
0	0	0			
0.0%	0.0%	0.0%			
0	0	0			
0.0%	0.0%	0.0%			
75	108	183			
73.5%	72.0%	72.6%			
6	7	13			
5.9%	4.7%	5.2%			
1	4	5			
1.0%	2.7%	2.0%			
0	0	0			
0.0%	0.0%	0.0%			
0	0	0			
0.0%	0.0%	0.0%			
95	139	234			
93.1%	92.7%	92.9%			

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
(h) Reviewed your medications with you and helped you to manage your medications					
A. Very satisfied	<b>76</b>	<b>278</b>	<b>183</b>	<b>537</b>	
	71.7%	85.5%	83.9%	82.7%	
B. Somewhat satisfied	<b>2</b>	<b>9</b>	<b>11</b>	<b>22</b>	
	1.9%	2.8%	5.0%	3.4%	
C. Somewhat dissatisfied	<b>1</b>	<b>1</b>	<b>0</b>	<b>2</b>	
	0.9%	0.3%	0.0%	0.3%	
D. Very dissatisfied	<b>0</b>	<b>2</b>	<b>0</b>	<b>2</b>	
	0.0%	0.6%	0.0%	0.3%	
E. Don't know/Not Applicable	<b>27</b>	<b>35</b>	<b>24</b>	<b>86</b>	
	25.5%	10.8%	11.0%	13.3%	
19) Overall, how satisfied are you with your Nurse Care Manager?					
A. Very satisfied	<b>97</b>	<b>295</b>	<b>200</b>	<b>592</b>	
	91.5%	90.8%	91.7%	91.2%	
B. Somewhat satisfied	<b>7</b> 6.6%	<b>20</b> 6.2%	<b>13</b> 6.0%	<b>40</b> 6.2%	
C. Somewhat dissatisfied	<b>1</b>	<b>4</b>	<b>3</b>	<b>8</b>	
	0.9%	1.2%	1.4%	1.2%	
D. Very dissatisfied	<b>1</b>	<b>5</b>	<b>1</b>	<b>7</b>	
	0.9%	1.5%	0.5%	1.2%	
E. Don't know/not sure	<b>0</b>	<b>1</b>	<b>1</b>	<b>2</b>	
	0.0%	0.3%	0.5%	0.2%	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
84	135	219		
82.4%	90.0%	86.9%		
4	3	7		
3.9%	2.0%	2.8%		
1	0	1		
1.0%	0.0%	0.4%		
1	1	2		
1.0%	0.7%	0.8%		
12	11	23		
11.8%	7.3%	9.1%		
93	140	233		
91.2%	94.6%	93.2%		
5	5	10		
4.9%	3.4%	4.0%		
4	1	5		
3.9%	0.7%	2.0%		
0	2	2		
0.0%	1.4%	0.8%		
0	0	0		
0.0%	0.0%	0.0%		

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
20) Overall, how satisfied are you with your whole experience in the CCP?					
A. Very satisfied	97	299	200	596	
7 ii ve. y sadisiica	91.5%	92.0%	92.2%	92.0%	
B. Somewhat satisfied	7	14	12	33	
5. John Carrier Satisfied	6.6%	4.3%	5.5%	5.1%	
C. Somewhat dissatisfied	2	6	3	11	
C. Somewhat dissatisfied	1.9%	1.8%	1.4%	1.7%	
D. Very dissatisfied	0	4	1	5	
b. Very dissatisfied	0.0%	1.2%	0.5%	0.8%	
E. Don't know/not sure	0	2	1	3	
E. Don't know/not sure	0.0%	0.6%	0.5%	0.5%	
21) Would you recommend the CCP to a friend who has health care needs like yours?					
A Vac	102	309	211	622	
A. Yes	96.2%	95.1%	97.2%	96.0%	
D. N	2	8	2	12	
B. No	1.9%	2.5%	0.9%	1.9%	
C. Davida languarda et acces	2	8	4	14	
C. Don't know/not sure	1.9%	2.5%	1.8%	2.2%	
22) Do you have any suggestions for improving the CCP?					
A. Yes (member-specific responses	9	25	23	57	
documented)	8.5%	7.7%	10.6%	8.8%	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
93	141	234		
91.2%	95.3%	93.6%		
7	4	11		
6.9%	2.7%	4.4%		
2	1	3		
2.0%	0.7%	1.2%		
0	2	2		
0.0%	1.4%	0.8%		
0	0	0		
0.0%	0.0%	0.0%		
99	145	244		
97.1%	97.3%	97.2%		
2	2	4		
2.0%	1.3%	1.6%		
1	2	3		
1.0%	1.3%	1.2%		
7	14	21		
6.9%	9.3%	8.3%		

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
B. No	97	300	192	589	
2	91.5%	92.3%	88.9%	91.0%	
C. Don't know/not sure	0	0	1	1	
C. Son Cimony not sure	0.0%	0.0%	0.5%	0.2%	
23) Overall, how would you rate your health today?					
A. Excellent	1	6	3	10	
A. Excellent	1.0%	1.8%	1.4%	1.5%	
B. Good	43	102	65	210	
В. 9000	41.0%	31.3%	29.7%	32.3%	
C. Fair	41	144	119	304	
C. Fair	39.0%	44.2%	54.3%	46.8%	
D. Poor	20	73	32	125	
D. P001	19.0%	22.4%	14.6%	19.2%	
E. Don't know/not sure/no	0	1	0	1	
response	0.0%	0.3%	0.0%	0.2%	
24) Compared to before you participated in the CCP, how has your health changed?					
A. Better	51	143	107	301	
	48.6%	43.9%	48.9%	46.3%	
B. Worse	4	41	22	67	
	3.8%	12.6%	10.0%	10.3%	
C. About the same	50	140	90	280	
	47.6%	42.9%	41.1%	43.1%	

Six-Month Follow-up					
5/15 4/16					
95	136	231			
93.1%	90.7%	91.7%			
0	0	0			
0.0%	0.0%	0.0%			
1	0	1			
1.0%	0.0%	0.4%			
41	47	88			
40.2%	31.3%	34.9%			
42	80	122			
41.2%	53.3%	48.4%			
18	23	41			
17.6%	15.3%	16.3%			
0	0	0			
0.0%	0.0%	0.0%			
55	79	134			
53.9%	53.4%	53.6%			
9	16	25			
8.8%	10.8%	10.0%			
38	53	91			
37.3%	35.8%	36.4%			

Survey Questions (numbering		Initial S	urvey		Six-l	Month Follo	w-up
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	5/15 4/16	5/16 – 4/17	Aggregate
D. No response	<b>0</b> 0.0%	<b>2</b> 0.6%	<b>0</b> 0.0%	<b>2</b> 0.3%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%
25) (If better) Do you think the CCP has contributed to your improvement in health?							
A. Yes	<b>48</b> 104.3%	<b>138</b> 93.2%	<b>94</b> 87.9%	<b>280</b> 93.0%	<b>52</b> 94.5%	<b>77</b> 97.5%	<b>129</b> 96.3%
B. No	<b>3</b> 6.5%	<b>5</b> 3.4%	<b>13</b> 12.1%	<b>21</b> 7.0%	<b>3</b> 5.5%	<b>2</b> 2.5%	<b>5</b> 3.7%
C. Don't know/not sure	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%
26) I'm going to mention a few areas where Nurse Care Managers sometimes try to help members improve their health by changing behaviors. For each, tell me if your Nurse Care Manager spoke to you, and if so, whether you changed your behavior as a result.							
(a) Smoking less or using other tobacco products less							
A. N/A - not discussed	<b>2</b> 1.9%	<b>45</b> 13.8%	<b>55</b> 25.2%	<b>102</b> 15.7%	<b>13</b> 12.7%	<b>16</b> 10.7%	<b>29</b> 11.6%
B. Discussed - no change	<b>5</b> 4.7%	<b>22</b> 6.8%	<b>10</b> 4.6%	<b>37</b> 5.7%	<b>1</b> 1.0%	<b>6</b> 4.0%	<b>7</b> 2.8%
C. Discussed - temporary change	<b>4</b> 3.8%	<b>7</b> 2.2%	<b>2</b> 0.9%	<b>13</b> 2.0%	<b>0</b> 0.0%	<b>1</b> 0.7%	<b>1</b> 0.4%
D. Discussed - continuing change	29	57	28	114	16	26	42

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
	27.4%	17.5%	12.8%	17.6%	
E. Don't know/not sure/no	2	9	3	14	
response	1.9%	2.8%	1.4%	2.2%	
F. Not applicable	64	185	120	369	
r. Not applicable	60.4%	56.9%	55.0%	56.9%	
(b) Moving around more or getting more exercise					
A NI/A was diamaga d	4	49	57	110	
A. N/A - not discussed	3.8%	15.1%	26.1%	16.9%	
B Discussed we shows	8	31	10	49	
B. Discussed - no change	7.5%	9.5%	4.6%	7.6%	
C Discussed temperature bands	2	6	4	12	
C. Discussed - temporary change	1.9%	1.8%	1.8%	1.8%	
D. Discussed - continuing change	34	154	94	282	
D. Discussed - continuing change	32.1%	47.4%	43.1%	43.5%	
E. Don't know/not sure/no	3	12	4	19	
response	2.8%	3.7%	1.8%	2.9%	
F. Not applicable	55	73	49	177	
r. Not applicable	51.9%	22.5%	22.5%	27.3%	
(c) Changing your diet					
A NI/A met discussed	5	51	47	103	
A. N/A - not discussed	4.7%	15.7%	21.6%	15.9%	
R Discussed no shange	4	20	6	30	
B. Discussed - no change	3.8%	6.2%	2.8%	4.6%	
C. Discussed - temporary change	1	4	4	9	
C. Discussed - temporary change	0.9%	1.2%	1.8%	1.4%	
D. Discussed - continuing change	49	186	120	355	

Six-Month Follow-up				
5/15 4/16	5/16 – 4/17	Aggregate		
15.7%	17.4%	16.7%		
7	3	10		
6.9%	2.0%	4.0%		
65	97	162		
63.7%	65.1%	64.5%		
16	20	36		
15.7%	13.5%	14.4%		
4	11	15		
3.9%	7.4%	6.0%		
1	4	5		
1.0%	2.7%	2.0%		
45	79	124		
44.1%	53.4%	49.6%		
7	2	9		
6.9%	1.4%	3.6%		
29	32	61		
28.4%	21.6%	24.4%		
14	17	31		
13.7%	11.5%	12.4%		
6	12	18		
5.9%	8.1%	7.2%		
2	5	7		
2.0%	3.4%	2.8%		
52	91	143		

Survey Questions (numbering	Initial Survey				
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate	
	46.2%	57.2%	55.0%	54.7%	
E. Don't know/not sure/no	3	10	6	19	
response	2.8%	3.1%	2.8%	2.9%	
F. Not applicable	44	54	35	133	
r. Not applicable	41.5%	16.6%	16.1%	20.5%	
(d) Managing and taking your medications better					
0 01/0 met discussed	7	44	28	79	
A. N/A - not discussed	6.6%	13.5%	12.8%	12.2%	
B Dissussed up shows	0	1	0	1	
B. Discussed - no change	0.0%	0.3%	0.0%	0.2%	
C. Discussed - temporary change	0	2	2	4	
C. Discussed - temporary change	0.0%	0.6%	0.9%	0.6%	
D. Discussed - continuing change	62	204	147	413	
D. Discussed - continuing change	58.5%	62.8%	67.4%	63.6%	
E. Don't know/not sure/no	4	8	3	15	
response	3.8%	2.5%	1.4%	2.3%	
F. Not applicable	33	66	38	137	
r. Not applicable	31.1%	20.3%	17.4%	21.1%	
(e) Making sure to drink enough					
water throughout the day					
A. N/A - not discussed	27	108	73	208	
,	25.5%	33.2%	33.5%	32.0%	
B. Discussed - no change	2	18	18	38	
	1.9%	5.5%	8.3%	5.9%	
C. Discussed - temporary change	0	2	3	5	
	0.0%	0.6%	1.4%	0.8%	
D. Discussed - continuing change	44	122	77	243	

Six-Month Follow-up							
5/15 4/16	5/16 – 4/17	Aggregate					
51.0%	61.5%	57.2%					
8	2	10					
7.8%	1.4%	4.0%					
20	21	41					
19.6%	14.2%	16.4%					
10	7	17					
9.8%	4.7%	6.8%					
1	0	1					
1.0%	0.0%	0.4%					
0	0	0					
0.0%	0.0%	0.0%					
62	97	159					
60.8%	65.5%	63.6%					
6	2	8					
5.9%	1.4%	3.2%					
23	42	65					
22.5%	28.4%	26.0%					
30	29	59					
29.4%	19.6%	23.6%					
5	20	25					
4.9%	13.5%	10.0%					
1	1	2					
1.0%	0.7%	0.8%					
41	62	103					

Survey Questions (numbering	Initial Survey						
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate			
	41.5%	37.5%	35.3%	37.4%			
E. Don't know/not sure/no	3	16	8	27			
response	2.8%	4.9%	3.7%	4.2%			
F. Not applicable	30	59	39	128			
r. Not applicable	28.3%	18.2%	17.9%	19.7%			
(f) Drinking or using other substances less							
A. N/A - not discussed	2	83	79	164			
A. N/A - Hot discussed	1.9%	25.5%	33.5%	25.3%			
B. Discussed - no change	0	0	0	0			
B. Discussed - 110 change	0.0%	0.0%	0.0%	0.0%			
C. Discussed - temporary change	0	0	0	0			
C. Discussed - temporary change	0.0%	0.0%	0.0%	0.0%			
D. Discussed - continuing change	1	8	2	11			
D. Discussed - continuing change	0.9%	2.5%	0.9%	1.7%			
E. Don't know/not sure/no	2	12	3	17			
response	1.9%	3.7%	1.4%	2.6%			
F. Not applicable	101	222	132	455			
1. Not applicable	95.3%	68.3%	61.1%	70.3%			
27 - 31) Comparison to NCM program	(Insufficient data to report)	(Question discontinued)		(Question discontinued)			
32 - 33) Dropouts	(Insufficient data to report)	(Question moved to follow-up survey)		(Question moved to follow-up survey)			
A. Not aware of program/did not know was enrolled		N/A - follow-up survey only					
B. Did not understand purpose of							

Six-Month Follow-up							
5/15 4/16	5/16 – 4/17	Aggregate					
40.2%	41.9%	41.2%					
8	3	11					
7.8%	2.0%	4.4%					
17	33	50					
16.7%	22.3%	20.0%					
32	37	69					
31.4%	25.2%	27.7%					
0	0	0					
0.0%	0.0%	0.0%					
1	0	1					
1.0%	0.0%	0.4%					
2	1	3					
2.0%	0.7%	1.2%					
7	2	9					
6.9%	1.4%	3.6%					
60	107	167					
58.8%	72.8%	67.1%					
(Question discontinued)	(Question discontinued)	(Question discontinued)					
0	0	0					
0.0%	0.0%	0.0%					
0	0	0					

Survey Questions (numbering	Initial Survey						
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate			
the program							
C. Did not wish to self-manage care/receive health education							
D. Satisfied with doctor/current health care access without program							
E. Dislike health coach							
F Changed doctors							
G. Disenrolled by doctor							
H. Disenrolled by health coach							
I. Disenrolled by other							
J. Have not health needs at this time							
K. Other							
L. Don't know/not sure							
34 - 35) Opt outs	(Insufficient data to report)	(Question discontinued)	(Question discontinued)	(Question discontinued)			
36) Race (multiple categories allowed)							
A. White or Caucasian	<b>81</b> 75.0%	<b>214</b> 63.9%	<b>130</b> <i>63.1%</i>	<b>425</b> 65.5%			

Six-Month Follow-up								
5/15 4/16	5/16 – 4/17	Aggregate						
0.0%	0.0%	0.0%						
0	2	2						
0.0%	7.7%	6.3%						
1	1	2						
16.7%	3.8%	6.3%						
0	0	0						
0.0%	0.0%	0.0%						
1	0	1						
16.7%	0.0%	3.1%						
0	0	0						
0.0%	0.0%	0.0% <b>3</b>						
0	3							
0.0%	11.5%	9.4%						
0	0	0						
0.0%	0.0%	0.0%						
2	6	8						
33.3%	23.1%	25.0%						
1	13	14						
16.7%	50.0%	43.8%						
1	1	2						
16.7%	3.8%	6.3%						
(Question discontinued)	(Question discontinued)	(Question discontinued)						
81	N/A – not	N/A – not						
75.0%	asked	asked						

Survey Questions (numbering	Initial Survey						
based on initial survey)	2/15 – 4/15	5/15 – 4/16	5/16 – 4/17	Aggregate			
B. Black or African American	9	66	38	113			
B. Black of Affical Afficial	8.3%	19.7%	18.4	17.4%			
C. Asian	2	1	1	4			
C. Asian	1.9%	0.3%	0.5%	0.6%			
D. Native Hawaiian or other Pacific	0	0	0	0			
Islander	0.0%	0.0%	0.0%	0.0%			
C American Indian	6	32	19	57			
E. American Indian	5.6%	9.6%	9.2%	8.8%			
E Historia au Latina	10	20	13	43			
F. Hispanic or Latino	9.3%	6.0%	6.3%	6.6%			
C Other/Deslined to Anguer	0	2	5	7			
G. Other/Declined to Answer	0.0%	0.6%	2.4%	1.1%			

Six-Month Follow-up							
5/15 4/16	5/16 – 4/17	Aggregate					
9							
8.3%							
2							
1.9%							
0							
0.0%							
6							
5.6%							
10							
9.3%							
0							
0.0%							

## **APPENDIX C – DETAILED PARTICIPANT EXPENDITURE DATA**

Appendix C includes detailed expenditure data for SoonerCare CCU participants. The exhibits are listed below.

<u>Exhibit</u>	<u>Description</u>
C-1	All Participants
C-2	Participants with Asthma as most Expensive Diagnosis
C-3	Participants with CAD as most Expensive Diagnosis
C-4	Participants with COPD as most Expensive Diagnosis
C-5	Participants with Diabetes as most Expensive Diagnosis
C-6	Participants with Heart Failure as most Expensive Diagnosis
C-7	Participants with Hypertension as most Expensive Diagnosis

Exhibit C-1 – Detailed Expenditure Data – All CCU Participants

	CCU Detail - All Participants												
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	7,174	1,620	7,104	1,603	2,623	564	772						
Aggregrate Expenditures													
Inpatient Services	\$4,417,759	\$971,241	\$3,588,353	\$834,118	\$1,014,825	\$226,180	\$298,614						
Outpatient Services	\$1,709,129	\$372,373	\$1,308,969	\$272,120	\$391,766	\$73,501	\$99,902						
Physician Services	\$2,200,816	\$487,786	\$2,027,167	\$430,668	\$607,390	\$117,457	\$154,466						
Prescribed Drugs	\$2,153,202	\$481,047	\$1,926,445	\$403,602	\$581,369	\$113,992	\$147,586						
Psychiatric Services	\$631,166	\$138,258	\$503,788	\$104,541	\$151,846	\$29,326	\$39,705						
Dental Services	\$53,365	\$11,654	\$51,138	\$10,588	\$15,428	\$2,984	\$4,000						
Lab and X-Ray	\$377,193	\$82,792	\$376,090	\$79,480	\$112,806	\$21,783	\$29,285						
Medical Supplies and Orthotics	\$386,533	\$86,279	\$271,213	\$58,279	\$81,719	\$16,372	\$21,021						
Home Health and Home Care	\$136,798	\$30,596	\$172,408	\$36,319	\$52,191	\$10,428	\$13,329						
Nursing Facility	\$72,057	\$15,888	\$16,448	\$3,498	\$4,940	\$969	\$1,245						
Targeted Case Management	\$41,778	\$10,413	\$63,024	\$15,084	\$17,819	\$4,155	\$5,197						
Transportation	\$357,640	\$79,584	\$365,015	\$78,513	\$110,122	\$22,325	\$28,680						
Other Practitioner	\$56,819	\$12,603	\$80,105	\$17,126	\$24,062	\$4,755	\$6,337						
Other Institutional	\$277	\$62	\$98	\$20	\$30	\$6	\$8						
Other	\$30,336	\$6,749	\$15,582	\$3,180	\$4,735	\$932	\$1,203						
Total	\$12,624,868	\$2,787,326	\$10,765,842	\$2,347,139	\$3,171,050	\$645,165	\$850,577						
PMPM Expenditures													
Inpatient Services	\$615.80	\$599.53	\$505.12	\$520.35	\$386.89	\$401.03	\$386.81	-18.0%	-23.4%	0.0%	-13.2%	-22.9%	-3.5%
Outpatient Services	\$238.24	\$229.86	\$184.26	\$169.76	\$149.36	\$130.32	\$129.41	-22.7%	-18.9%	-13.4%	-26.1%	-23.2%	-0.7%
Physician Services	\$306.78	\$301.10	\$285.36	\$268.66	\$231.56	\$208.26	\$200.09	-7.0%	-18.9%	-13.6%	-10.8%	-22.5%	-3.9%
Prescribed Drugs	\$300.14	\$296.94	\$271.18	\$251.78	\$221.64	\$202.11	\$191.17	-9.6%	-18.3%	-13.7%	-15.2%	-19.7%	-5.4%
Psychiatric Services	\$87.98		\$70.92	\$65.22	\$57.89	\$52.00	\$51.43	-19.4%	-18.4%	-11.2%	-23.6%	-20.3%	-1.1%
Dental Services	\$7.44	\$7.19	\$7.20	\$6.61	\$5.88	\$5.29	\$5.18	-3.2%	-18.3%	-11.9%	-8.2%	-19.9%	-2.1%
Lab and X-Ray	\$52.58	\$51.11	\$52.94	\$49.58	\$43.01	\$38.62	\$37.93	0.7%	-18.8%	-11.8%	-3.0%	-22.1%	-1.8%
Medical Supplies and Orthotics	\$53.88	\$53.26	\$38.18	\$36.36	\$31.15	\$29.03	\$27.23	-29.1%	-18.4%	-12.6%	-31.7%	-20.2%	-6.2%
Home Health and Home Care	\$19.07	\$18.89	\$24.27	\$22.66	\$19.90	\$18.49	\$17.26	27.3%	-18.0%	-13.2%	20.0%	-18.4%	-6.6%
Nursing Facility	\$10.04		\$2.32	\$2.18	\$1.88	\$1.72	\$1.61	-76.9%	-18.7%	-14.4%	-77.7%	-21.2%	-6.2%
Targeted Case Management	\$5.82		\$8.87	\$9.41	\$6.79	\$7.37	\$6.73	52.3%	-23.4%	-0.9%	46.4%	-21.7%	-8.6%
Transportation	\$49.85	\$49.13	\$51.38	\$48.98	\$41.98	\$39.58	\$37.15	3.1%	-18.3%	-11.5%	-0.3%	-19.2%	-6.1%
Other Practitioner	\$7.92		\$11.28	\$10.68	\$9.17	\$8.43	\$8.21	42.4%	-18.6%	-10.5%	37.3%	1	-2.6%
Other Institutional	\$0.04	\$0.04	\$0.01	\$0.01	\$0.01	\$0.01	\$0.01	-64.5%	-17.4%	-12.9%		-15.5%	-7.6%
Other	\$4.23	\$4.17	\$2.19	\$1.98	\$1.81	\$1.65	\$1.56	-48.1%	-17.7%	-13.7%	-52.4%	-16.7%	-5.7%
Total	\$1,759.81	\$1,720.57	\$1,515.46	\$1,464.22	\$1,208.94	\$1,143.91	\$1,101.78	-13.9%	-20.2%	-8.9%	-14.9%	-21.9%	-3.7%

	Forecasted (FC) Costs	Actual % of FC
First 12 Months	\$1,988.55	76.2%
Months 13-24	\$2,017.50	59.9%
Months 25-36	\$2,056.65	53.6%

Exhibit C-2 – Detailed Expenditure Data – Participants w/Asthma as Most Expensive Diagnosis

	CCU Detail - Asthma												
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	712	180	818	216	272	76	105						
Aggregrate Expenditures													
Inpatient Services	\$461,093	\$118,166	\$284,871	\$71,234	\$90,781	\$24,793	\$33,499						
Outpatient Services	\$327,605	\$83,666	\$202,918	\$50,682	\$64,741	\$17,697	\$23,611						
Physician Services	\$294,023	\$75,374	\$248,155	\$62,024	\$79,087	\$21,564	\$29,503						
Prescribed Drugs	\$155,054			\$37,304	\$47,551	\$12,998							
Psychiatric Services	\$139,768			\$28,557	\$36,256	\$9,939	1	}					
Dental Services	\$10,041			\$1,046	\$1,331	\$360							
Lab and X-Ray	\$48,029		\$43,116	\$10,859	\$13,713	\$3,763		E .					
Medical Supplies and Orthotics	\$52,574		\$17,859	\$4,501	\$5,678	\$1,562							
Home Health and Home Care	\$1,417			\$390	\$492	\$135							
Nursing Facility	91,117	-	- 92,515	-	- 7152	<b>V</b> 133	, ,,,,						
Targeted Case Management	_	_	\$473	\$120	\$150	\$41	\$54						
Transportation	\$63,957	\$16,405		\$7,942	\$9,987	\$2,728							
Other Practitioner	\$5,515			\$4,014	\$5,050	\$1,374							
Other Institutional		71,411	, ,,,,,,,,	54,014		Ş1,574	71,552						
Other	_	_	_	_	_		_						
Total	\$1,559,077	\$385,633	\$1,113,630	\$278,673	\$354,818	\$96,955	\$132,149						
PMPM Expenditures	<b>\$2,555,677</b>	<b>\$505,035</b>	\$1,115,656	<b>\$270,075</b>	<b>733-1,02</b> 0	<b>\$30,333</b>	V252,245						
Inpatient Services	\$647.60	\$656,48	\$348.25	\$329.79	\$333.75	\$326,22	\$319.04	-46.2%	-4.2%	-4.4%	-49.8%	-1.1%	-2.2%
Outpatient Services	\$460.12		\$248.07	\$234.64	\$238.02	\$232.86			-4.1%	-5.5%	-49.5%	-0.8%	-3.4%
Physician Services	\$412.95		\$303.37	\$287.15	\$290.76	\$283.73	\$280.98	-26.5%	-4.2%	-3.4%	1	-1.2%	-1.0%
Prescribed Drugs	\$217.77		\$182.35	\$172.71	\$174.82	\$171.03			-4.1%	-2.4%			
Psychiatric Services	\$196.30			\$132.21	\$133.29	\$130.78	1	1	-4.3%	-0.7%	7.3%	-1.1%	1.2%
Dental Services	\$14.10			\$4.84	\$4.89	\$4.73			-4.3%	-2.7%			
Lab and X-Ray	\$67.46	\$68.28	\$52.71	\$50.28	\$50.42	\$49.52	\$49.49	-21.9%	-4.3%	-1.8%	-26.4%	-1.5%	-0.1%
Medical Supplies and Orthotics	\$73.84	\$75.32		\$20.84	\$20.88	\$20.55			-4.4%	-1.1%	1		0.5%
Home Health and Home Care	\$1.99	\$2.02	\$1.89	\$1.81	\$1.81	\$1.78	\$1.69	-4.9%	-4.5%	-6.5%	-10.8%	-1.6%	-5.0%
Nursing Facility	-	-	-	-	-		-	-	-	-	-	-	-
Targeted Case Management	-	-	\$0.58	\$0.55	\$0.55	\$0.54	\$0.51	-	-4.5%	-7.3%	-	-2.1%	
Transportation	\$89.83	\$91.14	\$38.49	\$36.77	\$36.72	\$35.90	\$35.30		-4.6%	-3.9%	-59.7%	-2.4%	-1.7%
Other Practitioner	\$7.75	\$7.84	\$19.49	\$18.58	\$18.57	\$18.08	\$18.40	151.6%	-4.7%	-0.9%	137.1%	-2.7%	1.7%
Other Institutional	-	-	-	-	-		-	-	-	-	-	-	-
Other	-	-	-	-	-		-	-	-	-	-	-	-
Total	\$2,189.71	\$2,142.41	\$1,361.41	\$1,290.15	\$1,304.48	\$1,275.73	\$1,258.56	-37.8%	-4.2%	-3.5%	-39.8%	-1.1%	-1.3%

Actual % of FC		Foresested (FC) Costs
ACLUAT % OF FC		rorecasted (FC) Costs
72.7%		\$1,872.37
68.6%	Months 13-24	\$1,901.33
64.9%	Months 25-36	\$1,938,41

Exhibit C-3 – Detailed Expenditure Data – Participants w/CAD as Most Expensive Diagnosis

							CCU Detail - C	AD					
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre- Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	420	110	411	107	137	40	58						
Aggregrate Expenditures													
Inpatient Services	\$624,927	\$163,135	\$715,378	\$183,761	\$227,993	\$64,318	\$91,399						
Outpatient Services	\$257,200	\$66,882	\$142,980	\$36,652	\$45,624	\$12,869	\$18,222						
Physician Services	\$247,374	\$64,622	\$275,718	\$70,789	\$87,980	\$24,751	\$35,209						
Prescribed Drugs	\$123,282	\$32,155	\$223,555	\$57,483	\$71,427	\$20,120	\$28,441						
Psychiatric Services	\$51,358	\$10,666	\$56,846	\$14,632	\$19,649	\$5,127	\$7,247						
Dental Services	\$364	\$95	\$11,842	\$3,042	\$3,776	\$1,064	\$1,508						
Lab and X-Ray	\$31,280	\$8,163	\$24,595	\$6,331	\$7,848	\$2,214	\$3,123						
Medical Supplies and Orthotics	\$21,362	\$5,592	\$42,998	\$11,059	\$13,713	\$3,871	\$5,448						
Home Health and Home Care	\$16,115	\$4,225	\$19,447	\$5,014	\$6,189	\$1,746	\$2,457						
Nursing Facility	-	-	-	-	-	-	-						
Targeted Case Management	\$3,216	\$843	\$7,726	\$1,983	\$2,465	\$694	\$976						
Transportation	\$39,182	\$10,249	\$52,358	\$13,414	\$16,711	\$4,710	\$6,637						
Other Practitioner	\$16,745	\$4,371	\$6,000	\$1,535	\$1,914	\$537	\$759						
Other Institutional	-	-	-	-	-	-	-						
Other	-	-	-	-	-	-	-						
Total	\$1,432,406	\$370,998	\$1,579,442	\$405,694	\$505,289	\$142,019	\$201,428						
PMPM Expenditures													
Inpatient Services	\$1,487.92	\$1,483.04	\$1,740.58	\$1,717.39	\$1,664.18	\$1,607.95	\$1,575.85	17.0%	-4.4%	-5.3%	15.8%	-6.4%	-2.0%
Outpatient Services	\$612.38	\$608.02	\$347.88	\$342.54	\$333.02	\$321.72	\$314.17	-43.2%	-4.3%	-5.7%	-43.7%	-6.1%	-2.3%
Physician Services	\$588.99	\$587.47	\$670.85	\$661.57	\$642.19	\$618.76	\$607.05	13.9%	-4.3%	-5.5%	12.6%	-6.5%	-1.9%
Prescribed Drugs	\$293.53	\$292.32	\$543.93	\$537.22	\$521.37	\$502.99	\$490.36	85.3%	-4.1%	-5.9%	83.8%	-6.4%	-2.5%
Psychiatric Services	\$122.28	\$96.96	\$138.31	\$136.75	\$143.42	\$128.17	\$124.95	13.1%	3.7%	-12.9%	41.0%	-6.3%	-2.5%
Dental Services	\$0.87	\$0.86	\$28.81	\$28.43	\$27.56	\$26.59	\$26.00	3221.5%	-4.3%	-5.7%	3186.6%	-6.5%	-2.2%
Lab and X-Ray	\$74.48	\$74.21	\$59.84	\$59.17	\$57.28	\$55.34	\$53.84	-19.7%	-4.3%	-6.0%	-20.3%	-6.5%	-2.7%
Medical Supplies and Orthotics	\$50.86	\$50.84	\$104.62	\$103.35	\$100.10	\$96.77	\$93.94	105.7%	-4.3%	-6.2%	103.3%	-6.4%	-2.9%
Home Health and Home Care	\$38.37	\$38.41	\$47.32	\$46.86	\$45.18	\$43.64	\$42.37	23.3%	-4.5%	-6.2%	22.0%	-6.9%	-2.9%
Nursing Facility			-	-	-	-	-		-	-	-	-	-
Targeted Case Management	\$7.66	\$7.66	\$18.80	\$18.53	\$17.99	\$17.35	\$16.83	145.5%	-4.3%	-6.5%	141.8%	-6.4%	-3.0%
Transportation	\$93.29	\$93.17	\$127.39	\$125.37	\$121.97	\$117.75	\$114.42	36.6%	-4.3%	-6.2%	34.6%	-6.1%	-2.8%
Other Practitioner	\$39.87	\$39.73	\$14.60	\$14.35	\$13.97	\$13.43	\$13.09	-63.4%	-4.3%	-6.3%	-63.9%	-6.4%	-2.5%
Other Institutional	-	-	-	-	-	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-	-	-	-	-	-
Total	\$3,410.49	\$3,372.71	\$3,842.92	\$3,791.53	\$3,688.24	\$3,550.48	\$3,472.89	12.7%	-4.0%	-5.8%	12.4%	-6.4%	-2.2%

	Forecasted (FC)	Actual % of FC	
	Costs Actual % C	ACLUAI % OI FC	
First 12 Months	\$3,217.22	119.4%	
Months 13-24	\$3,301.94	111.7%	
Months 25-36	\$3,350.19	103.7%	

Exhibit C-4 – Detailed Expenditure Data – Participants w/COPD as Most Expensive Diagnosis

		CCU Detail - COPD											
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	725	191	727	194	242	68	94						
Aggregrate Expenditures			a.a.a.a										
Inpatient Services	\$676,665	\$176,633	\$583,143	\$149,994	\$182,237	\$50,427	\$69,500						
Outpatient Services	\$198,368	\$51,581	\$139,296	\$35,755	\$43,675	\$12,158	\$16,541						
Physician Services	\$320,316	\$83,662	\$269,547	\$69,319	\$84,410	\$23,471	\$32,010						
Prescribed Drugs	\$171,375	\$44,699	\$176,602	\$45,473	\$55,345	\$15,414	\$20,947						
Psychiatric Services	\$69,030	\$14,340	\$52,644	\$13,567	\$16,508	\$4,604	\$6,315		Accounts				
Dental Services	\$2,101	\$549	\$8,326	\$2,144	\$2,609	\$726	\$1,000						
Lab and X-Ray	\$76,096	\$19,860	\$50,392	\$12,984	\$15,805	\$4,397	\$6,041						
Medical Supplies and Orthotics	\$64,170	\$16,799	\$49,962	\$12,879	\$15,663	\$4,366	\$5,992						
Home Health and Home Care	\$48,382	\$12,685	\$49,299	\$12,722	\$15,430	\$4,290	\$5,905						
Nursing Facility	\$21,135	\$5,542	\$3,815	\$985	\$1,195	\$332	\$457						
Targeted Case Management	\$2,495	\$654	\$2,678	\$688	\$839	\$232	\$321						
Transportation	\$51,866	\$13,567	\$48,550	\$12,445	\$15,290	\$4.278	\$5,825						
Other Practitioner	\$3,575	\$933	\$2,554	\$654	\$801	\$222	\$307						
Other Institutional	\$293	\$76		- ***		*	-						
Other	\$24,278	\$6,337	\$2,403	\$615	\$754	\$209	\$289						
Total	\$1,730,143	\$447,916	\$1,439,214	\$370,222	\$450,560	\$125,124	\$171,449						
PMPM Expenditures													
Inpatient Services	\$933.33	\$924.78	\$802.12	\$773.16	\$753.05	\$741.57	\$739.36	-14.1%	-6.1%	-1.8%	-16.4%	-4.1%	-0.3%
Outpatient Services	\$273.61	\$270.06	\$191.60	\$184.31	\$180.48	\$178.80	\$175.97	-30.0%	-5.8%	-2.5%	-31.8%	-3.0%	-1.6%
Physician Services	\$441.81	\$438.02	\$370.77	\$357.31	\$348.80	\$345.16	\$340.53	-16.1%	-5.9%	-2.4%	-18.4%	-3.4%	-1.3%
Prescribed Drugs	\$236.38	\$234.02	\$242.92	\$234.39	\$228.70	\$226.68	\$222.84	2.8%	-5.9%	-2.6%	0.2%	-3.3%	-1.7%
Psychiatric Services	\$95.21	\$75.08	\$72.41	\$69.93	\$68.21	\$67.71	\$67.19	-23.9%	-5.8%	-1.5%	-6.9%	-3.2%	-0.8%
Dental Services	\$2.90	\$2.87	\$11.45	\$11.05	\$10.78	\$10.67	\$10.64	295.3%	-5.9%	-1.4%	284.6%	-3.4%	-0.4%
Lab and X-Ray	\$104.96	\$103.98	\$69.32	\$66.93	\$65.31	\$64.66	\$64.27	-34.0%		-1.6%	-35.6%	-3.4%	-0.6%
Medical Supplies and Orthotics	\$88.51	\$87.95	\$68.72	\$66.38	\$64.72	\$64.20	\$63.74	-22.4%	-5.8%	-1.5%	-24.5%	-3.3%	-0.7%
Home Health and Home Care	\$66.73	\$66.41	\$67.81	\$65.58	\$63.76	\$63.09	\$62.81	1.6%	-6.0%	-1.5%	-1.3%	-3.8%	-0.4%
Nursing Facility	\$29.15	\$29.01	\$5.25	\$5.08	\$4.94	\$4.88	\$4.86	-82.0%		-1.5%	-82.5%	-3.9%	-0.3%
Targeted Case Management	\$3.44	\$3.42	\$3.68	\$3.55	\$3.46	\$3.41	\$3.42	7.1%		-1.4%	3.6%	-3.8%	0.1%
Transportation	\$71.54	\$71.03	\$66.78	\$64.15	\$63.18	\$62.91	\$61.97	-6.6%		-1.9%	-9.7%	-1.9%	-1.5%
Other Practitioner	\$4.93	\$4.89	\$3.51	\$3.37	\$3.31	\$3.26	\$3.26	-28.8%	-5.8%	-1.4%	-31.0%	-3.3%	0.1%
Other Institutional	\$0.40	\$0.40	-	-	-	-	-	-	-	-	-	-	-
Other	\$33.49	\$33.18	\$3.31	\$3.17	\$3.11	\$3.07	\$3.07	-90.1%		-1.4%	-90.4%	-3.3%	0.1%
Total	\$2,386.40	\$2,345.11	\$1,979.66	\$1,908.36	\$1,861.82	\$1,840.05	\$1,823.93	-17.0%	-6.0%	-2.0%	-18.6%	-3.6%	-0.9%

	Forecasted (FC) Costs	Actual % of FC
First 12 Months	\$2,396.56	82.6%
Months 13-24	\$2,430.49	76.6%
Months 25-36	\$2,460.87	74.1%

Exhibit C-5 – Detailed Expenditure Data – Participants w/Diabetes as Most Expensive Diagnosis

		CCU Detail - Diabetes											
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	1,911	492	1,703	446	569	158	220						
Aggregrate Expenditures													
Inpatient Services	\$1,330,358	\$341,029	\$1,029,217	\$257,916	\$327,679	\$89,767	\$121,290						
Outpatient Services	\$518,643	\$132,497	\$484,079	\$121,173	\$154,089	\$42,312	\$56,451						
Physician Services	\$667,063	\$171,123	\$533,747	\$133,748	\$169,886	\$46,500	\$63,621						
Prescribed Drugs	\$609,386	\$156,154	\$637,505	\$160,081	\$202,895	\$55,778	\$76,846						
Psychiatric Services	\$166,874	\$26,488	\$92,779	\$23,306	\$29,514	\$8,112	\$11,339						
Dental Services	\$17,561	\$4,509	\$19,842	\$4,980	\$6,295	\$1,713	\$2,380						
Lab and X-Ray	\$79,394	\$20,358	\$109,253	\$27,484	\$34,743	\$9,525	\$13,151						
Medical Supplies and Orthotics	\$76,413	\$19,647	\$53,518	\$13,481	\$17,023	\$4,677	\$6,494						
Home Health and Home Care	\$50,408	\$12,990	\$46,743	\$11,762	\$14,836	\$4,074	\$5,350						
Nursing Facility	\$44,349	\$11,421	\$13,572	\$3,415	\$4,314	\$1,183	\$1,553						
Targeted Case Management	\$15,171	\$3,906	\$13,975	\$3,529	\$4,437	\$1,215	\$1,585						
Transportation	\$95,157	\$24,454	\$154,457	\$38,936	\$48,985	\$13,376	\$18,173						
Other Practitioner	\$12,298	\$3,154	\$13,429	\$3,377	\$4,257	\$1,156	\$1,625						
Other Institutional	-	-	-	-	-		-						
Other	\$953	<u>\$245</u>	\$3,043	<u>\$766</u>	<u>\$963</u>	\$262	<u>\$369</u>						
Total	\$3,684,030	\$927,974	\$3,205,159	\$803,954	\$1,019,916	\$279,650	\$380,227						
PMPM Expenditures													
Inpatient Services	\$696.16	\$693.15	\$604.36	\$578.29	\$575.89	\$568.15	\$551.32	-13.2%	-4.7%	-4.3%	-16.6%	-1.8%	-3.0%
Outpatient Services	\$271.40	\$269.30	\$284.25	\$271.69	\$270.81	\$267.79	\$256.60	4.7%	-4.7%	-5.2%		-1.4%	-4.2%
Physician Services	\$349.07	\$347.81	\$313.42	\$299.88	\$298.57	\$294.30		-10.2%		-3.1%		-1.9%	-1.7%
Prescribed Drugs	\$318.88	\$317.39	\$374.34	\$358.93	\$356.58	\$353.02		17.4%		-2.0%			-1.1%
Psychiatric Services	\$87.32	\$53.84	\$54.48	\$52.26	\$51.87	\$51.34		-37.6%		-0.6%		-1.8%	0.4%
Dental Services	\$9.19	\$9.16	\$11.65	\$11.17	\$11.06	\$10.84		26.8%		-2.2%	1		-0.2%
Lab and X-Ray	\$41.55		\$64.15	\$61.62	\$61.06	\$60.28		54.4%		-2.1%		-2.2%	-0.8%
Medical Supplies and Orthotics	\$39.99	\$39.93	\$31.43	\$30.23	\$29.92	\$29.60		-21.4%		-1.3%			-0.3%
Home Health and Home Care	\$26.38	\$26.40	\$27.45	\$26.37	\$26.07	\$25.78		4.1%		-6.7%		-2.2%	-5.7%
Nursing Facility	\$23.21	\$23.21	\$7.97	\$7.66	\$7.58	\$7.49		-65.7%	1	-6.9%	1	-2.2%	-5.7%
Targeted Case Management	\$7.94	\$7.94	\$8.21	\$7.91	\$7.80	\$7.69		3.4%		-7.6%			-6.3%
Transportation	\$49.79			\$87.30	\$86.09	\$84.66		82.1%		-4.0%		-3.0%	-2.4%
Other Practitioner	\$6.44	\$6.41	\$7.89	\$7.57	\$7.48	\$7.32	\$7.39	22.5%	-5.1%	-1.3%	18.1%	-3.3%	0.9%
Other Institutional	-	-					-	-			-		-
Other	\$0.50	\$0.50		\$1.72	\$1.69	\$1.66		258.3%	1				0.9%
Total	\$1,927.80	\$1,886.13	\$1,882.07	\$1,802.59	\$1,792.47	\$1,769.93	\$1,728.30	-2.4%	-4.8%	-3.6%	-4.4%	-1.8%	-2.4%

	Forecasted (FC) Costs	Actual % of FC
First 12 Months	\$1,871.96	100.5%
Months 13-24	\$1,902.23	94.2%
Months 25-36	\$1,947.57	88.7%

Exhibit C-6 – Detailed Expenditure Data – Participants w/Heart Failure as Most Expensive Diagnosis

							CCU Detail - Heart	Failure					
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	87	26	36	8	16	6	7						
Aggregrate Expenditures													
Inpatient Services	\$20,375	\$5,439	\$6,387	\$1,385	\$2,320	\$750	\$1,000						
Outpatient Services	\$62,402	\$16,698	\$3,503	\$752	\$1,274	\$411	\$549						
Physician Services	\$32,923		\$11,974	\$2,542	\$4,350	\$1,390							
Prescribed Drugs	\$155,775		\$38,104	\$8,346	\$13,811	\$4,469							
Psychiatric Services	\$3,297		\$1,432	\$320	\$514	\$165							
Dental Services			. *-/		. ***	7	·						
Lab and X-Ray	\$997	\$266	\$1,551	\$343	\$557	\$178	1						
Medical Supplies and Orthotics	\$26,101		\$15,359	\$3,381	\$5,557	\$1.797	\$2,392						
Home Health and Home Care	, ,,,,,,,,	\$0,504	\$13,333	\$3,301	, ,,,,,,,,	Ų1,·3·	72,552						
Nursing Facility													
Targeted Case Management													
Transportation			_		_								
Other Practitioner		_	-	-			_						
Other Institutional													
Other													
Total	\$301,871	\$80,817	\$78,310	\$17,067	\$28,383	\$9,161	\$12,253						
PMPM Expenditures	,301,071	,000,017	\$70,310	717,007	720,303	75,101	\$12,233						
Inpatient Services	\$234.19	\$209.19	\$177.41	\$173.07	\$144.99	\$125.00	\$142.88	-24.2%	-18.3%	-1.5%	-17.3%	-27.8%	14.3%
Outpatient Services	\$717.26		\$97.31	\$93.94	\$79.64	\$68.46			-18.2%	-1.5%	1	1	14.6%
Physician Services	\$378.43		\$332.61	\$317.77	\$271.87	\$231.68			-18.3%				16.8%
Prescribed Drugs	\$1,790.52		\$1,058.46	\$1,043.21	\$863.21	\$744.91	\$850.82		-18.4%	-1.4%			14.2%
Psychiatric Services	\$37.90		\$39.78	\$39.98	\$32.15	\$27.54			-19.2%	-1.4%		-31.1%	15.0%
Dental Services	337.30	555.02	- 535.70			J27.54	751.07	3.0%	-15.270	-1.5/0	10.270	-51.170	15.0%
Lab and X-Ray	\$11.46	\$10.22	\$43.07	\$42.88	\$34.80	\$29.66	\$34.33	275.8%	-19.2%	-1.3%	319.4%	-30.8%	15.8%
Medical Supplies and Orthotics	\$300.02		\$426.64	\$422.58	\$347.29	\$299.55			-18.6%	-1.6%		-29.1%	14.1%
Home Health and Home Care		- 7207.04				Ç233.33	9512.05		-	- 1.0%			
Nursing Facility	_	-	-	-			_	_	_	_	_	_	
Targeted Case Management	_	-	_	_	-		-	_	_	-	_	_	_
Transportation	_	-	_	_	-		-	_	_	-	_	_	_
Other Practitioner	_	-	-	-	-		-	_	_	-	-	-	-
Other Institutional	_	-	-	-	-		-	_	_	-	-	-	-
Other		-	-	-	-		-	-	-	-	-	-	
Total	\$3,469.78	\$3,108.35	\$2,175.28	\$2,133.43	\$1,773.94	\$1,526.79	\$1,750.46	-37.3%	-18.4%	-1.3%	-31.4%	-28.4%	14.6%

	Forecasted (FC) Costs	Actual % of FC
First 12 Months	\$3,590.06	60.6%
Months 13-24	\$3,618.97	49.0%
Months 25-36	\$3,657.89	47.9%

Exhibit C-7 – Detailed Expenditure Data – Participants w/Hypertension as Most Expensive Diagnosis

		CCU Detail - Hypertension											
Category of Service	Pre-Engagement: 1-12 Months (Accumulated Total)	Pre-Engagement: 1-12 Months (FY16 Total)	Engaged Period: 3 to 12 Months (Accumulated Total)	Engaged Period: 3 to 12 Months (FY16 Total)	Engaged Period: 13 to 24 Months (Accumulated Total)	Engaged Period: 13 to 24 Months (FY16 Total)	Engaged Period: 25 to 36 Months (FY16 Total)	Percent Change (Engaged 3-12 Month Accumulated/ Pre- Engaged Accumulated)	Percent Change (Engaged 13-24 Month Accumulated/ Engaged 3-12 Month Accumulated)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month Accumulated)	Percent Change (Engaged 3-12 Month FY16/ Pre-Engaged FY16)	Percent Change (Engaged 13-24 Month FY16/ Engaged 3-12 Month FY16)	Percent Change (Engaged 25-36 Month FY16/ Engaged 13-24 Month FY16)
Member Months	1,796	480	1,791	481	606	176	245						
Aggregrate Expenditures													
Inpatient Services	\$1,283,403	\$335,042	\$608,139	\$156,586	\$191,862	\$53,772	\$74,370						
Outpatient Services	\$347,183	\$90,285	\$328,083	\$84,538	\$103,505	\$29,031	\$39,889						
Physician Services	\$597,921	\$156,218	\$643,902	\$165,802	\$203,079	\$56,876	\$78,401						
Prescribed Drugs	\$660,266	\$172,236	\$500,587	\$129,063	\$158,034	\$44,384	\$60,853						
Psychiatric Services	\$125,105	\$25,977	\$189,430	\$48,750	\$59,819	\$16,795	\$23,001						
Dental Services	\$17,998	\$4,702	\$3,232	\$831	\$1,040	\$283	\$399						
Lab and X-Ray	\$141,483	\$36,904	\$160,535	\$41,395	\$50,627	\$14,201	\$19,577						
Medical Supplies and Orthotics	\$56,423	\$14,740	\$39,828	\$10,278	\$12,567	\$3,530	\$4,850						
Home Health and Home Care	\$25,028	\$6,558	\$61,845	\$15,947	\$19,497	\$5,468	\$7,559						
Nursing Facility	\$10,527	\$2,760		- '	- 1		-						
Targeted Case Management	\$4,084	\$1,068	\$24,772	\$6,413	\$7,798	\$2,186	\$3,037						
Transportation	\$110,806	\$28,994	\$83,851	\$21,658	\$26,376	\$7,367	\$10,165						
Other Practitioner	\$13,665	\$3,567	\$30,591	\$7,894	\$9,641	\$2,702							
Other Institutional	-	- 1	\$104	\$27	\$33	\$9							
Other	\$2,267	\$591	\$345	\$89	\$108	\$30	\$41						
Total	\$3,396,160	\$879,641	\$2,675,242	\$689,269	\$843,987	\$236,635	\$325,888						
PMPM Expenditures													
Inpatient Services	\$714.59	\$698.00	\$339.55	\$325.54	\$316.60	\$305.52	\$303.55	-52.5%	-6.8%	-4.1%	-53.4%	-6.1%	-0.6%
Outpatient Services	\$193.31	\$188.09	\$183.18	\$175.75	\$170.80	\$164.95	\$162.81	-5.2%	-6.8%	-4.7%	-6.6%	-6.1%	-1.3%
Physician Services	\$332.92	\$325.45	\$359.52	\$344.70	\$335.11	\$323.16	\$320.00	8.0%	-6.8%	-4.5%	5.9%	-6.2%	-1.0%
Prescribed Drugs	\$367.63	\$358.83	\$279.50	\$268.32	\$260.78	\$252.18	\$248.38	-24.0%	-6.7%	-4.8%	-25.2%	-6.0%	-1.5%
Psychiatric Services	\$69.66	\$54.12	\$105.77	\$101.35	\$98.71	\$95.42	\$93.88	51.8%	-6.7%	-4.9%	87.3%	-5.8%	-1.6%
Dental Services	\$10.02	\$9.80	\$1.80	\$1.73	\$1.72	\$1.61	\$1.63	-82.0%	-4.9%	-5.1%	-82.4%		1.4%
Lab and X-Ray	\$78.78	\$76.88	\$89.63	\$86.06	\$83.54	\$80.69	\$79.90	13.8%	-6.8%	-4.4%	11.9%	-6.2%	-1.0%
Medical Supplies and Orthotics	\$31.42	\$30.71	\$22.24	\$21.37	\$20.74	\$20.06		-29.2%	-6.7%	-4.5%	-30.4%	-6.1%	-1.3%
Home Health and Home Care	\$13.94	\$13.66	\$34.53	\$33.15	\$32.17	\$31.07	\$30.85	147.8%	-6.8%	-4.1%	142.7%	-6.3%	-0.7%
Nursing Facility	\$5.86	\$5.75	-	-	-		-	-	-	-	-	-	-
Targeted Case Management	\$2.27	\$2.22	\$13.83	\$13.33	\$12.87	\$12.42	\$12.40	508.3%	-7.0%	-3.7%			-0.2%
Transportation	\$61.70		\$46.82	\$45.03	\$43.52	\$41.86		-24.1%		-4.7%	-25.5%		-0.9%
Other Practitioner	\$7.61	\$7.43	\$17.08	\$16.41	\$15.91	\$15.35		124.5%	-6.9%	-4.2%	120.9%		-0.8%
Other Institutional	i		\$0.06	\$0.06	\$0.05	\$0.05	\$0.05	-	-7.1%	-5.4%	1	-7.2%	-1.2%
Other	\$1.26	\$1.23	\$0.19	\$0.18	\$0.18	\$0.17	\$0.17	-84.8%	-7.0%	-5.5%	-85.0%		-1.5%
Total	\$1,890.96	\$1,832.59	\$1,493.71	\$1,432.99	\$1,392.72	\$1,344.52	\$1,330.16	-21.0%	-6.8%	-4.5%	-21.8%	-6.2%	-1.1%

	Forecasted (FC) Costs	Actual % of FC
First 12 Months	\$1,995.13	74.9%
Months 13-24	\$2,034.19	68.5%
Months 25-36	\$2,075.99	64.1%