



OKLAHOMA HEALTH CARE RESOURCE GUIDE

The resources in this guide have been prepared to assist service providers of all types throughout the State of Oklahoma. Resource availability is subject to change; the information in this guide is current as of July 2021.

Oklahoma Health Care Authority Resources

AFTER-HOURS LOCATOR – Allows SoonerCare members to enter any Oklahoma zip code and search for participating providers near their location who offer after-hours care for minor injuries or illness.

www.afterhoursok.com

CHRONIC CARE UNIT – Nurses provide case management to high-risk and at-risk SoonerCare members with chronic conditions – members whose primary care provider (PCP) is not aligned with an in-office health coach. They work to assess and address the health status, health literacy, behavioral health and drug utilization of members through care coordination, self-management principles and behavior modification techniques.

<https://oklahoma.gov/ohca/providers/sooner-care-coordination-resources.html>

HEALTH ACCESS NETWORKS (HANs) – OHCA has a contract with three HANs to work with affiliated patient-centered medical home (PCMH) providers to coordinate and improve the quality of care for SoonerCare members. HANs are required to offer care management services in targeted populations, such as frequent ER utilization, appointment coordination for members, and aligning members with specialty care.

- Central Communities Health Access Network: <https://www.cc-han.com/>
- OSU Health Access Network: <https://health.okstate.edu/health-access-network>
- OU Sooner Health Access Network: <https://soonerhan.ouhsc.edu>

HEALTH MANAGEMENT PROGRAM – Provides practice-based, chronic disease-focused supports to SoonerCare members and their PCPs. Health coaches work with members at their medical homes and over the phone, and practice facilitators work with selected practices to improve processes related to caring for persons with chronic illness.

<https://oklahoma.gov/ohca/providers/sooner-care-coordination-resources.html>

INSURE OKLAHOMA-EMPLOYER SPONSORED INSURANCE – Provides employers with premium subsidies to help buy health insurance for qualified employees aged 19-64 whose



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WEBSITES

oklahoma.gov/ohca
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income is from 139% to 200% of the federal poverty level and who are not receiving Medicaid or Medicare benefits.

www.insureoklahoma.org

LONG TERM CARE – The OHCA has a dedicated unit tasked with cultivating member empowerment and personal responsibility by linking them to the most appropriate choice for long-term care services and supports. Options available through SoonerCare include the Medically Fragile program, Living Choice, State Plan Personal Care, ADvantage and other Home and Community-Based Services Waivers.

<https://oklahoma.gov/ohca/individuals/programs/long-term-services-and-supports.html>

OKLAHOMA CARES – Provides treatment for breast and cervical cancer and pre-cancerous conditions to eligible women.

<https://oklahoma.gov/ohca/individuals/programs/oklahoma-cares.html>

PAIN MANAGEMENT PROGRAM – Designed to equip SoonerCare providers with the knowledge and skills to appropriately treat members with chronic pain through practice facilitation and access to behavioral health resource specialists.

<https://oklahoma.gov/ohca/providers/programs/pain-management-program.html>

PHARMACY LOCK-IN PROGRAM – Assists health care providers in monitoring potential abuse or inappropriate utilization of certain high-risk prescription medications by SoonerCare members. A member whose utilization has been determined to be potentially inappropriate is assigned to one designated pharmacy and one prescriber.

<https://oklahoma.gov/ohca/providers/types/pharmacy/pharmacy-lock-in-program.html>

POPULATION CARE MANAGEMENT UNIT – Works with SoonerCare members who are in need of episodic or event-based health care (e.g., cancer patients or members with special needs). This includes obstetrical and pediatric services, out-of-state care coordination, long-term care waiver reviews, and complex case management.

<https://oklahoma.gov/ohca/providers/sooner-care-coordination-resources.html>

PSYCHIATRIC CONSULTATION PROGRAM – Provides access to free, informal telephonic consultations with board-certified psychiatrists for advice on psychotropic medication management issues for SoonerCare members. This program is available to SoonerCare PCPs and other contracted prescribers.

<https://oklahoma.gov/ohca/providers/types/behavioral-health-and-substance-abuse-services/behavioral-health-and-substance-abuse-services.html>

PUBLICATION ORDERING SITE – OHCA offers several free publications, such as flyers, brochures, handbooks and magnets featuring SoonerCare and Insure Oklahoma programs. Many of these publications can be ordered from the site and will be mailed directly to you for



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free. **Note:** Some publications are only available for download.
Visit www.okhca.org/publications to download or order OHCA's publications.

SOONERRIDE – Provides nonemergency transportation service for SoonerCare members to medically-necessary health care appointments at no cost. Members must schedule trips three days prior to the appointment. A trip authorization number may be obtained in advance to receive gas/mileage reimbursement.
<https://oklahoma.gov/ohca/individuals/soonerride.html>

TEFRA – (Tax Equity and Fiscal Responsibility Act of 1982) Allows Oklahoma to make SoonerCare benefits available to children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent's income or resources. It also enables children who are eligible for institutional services to be cared for in their homes.
<https://oklahoma.gov/ohca/individuals/programs/tefra/tefra-children-overview-care-for-children-with-disabilities.html>

TRIPCARE – Enrollment in TripCare allows health care providers to manage nonemergency transportation services for SoonerCare members (SoonerRide), including trip requests, reservations, and knowledge of which transportation provider is assigned to each reservation. TripCare is a feature of ModivCare (formerly LogistiCare Solutions, LLC), who partners with OHCA to provide the SoonerRide program.
<https://tripcare.logisticare.com>

TRIBAL GOVERNMENT RELATIONS UNIT – The mission of the Tribal Government Relations team is to create and promote collaborative relationships among the Oklahoma Health Care Authority, tribal health care stakeholders, sovereign tribal governments, federal agencies and nontraditional partners through meaningful communication. We strive to maximize partnerships to achieve shared goals and improve the health outcomes of Oklahomans.
<https://oklahoma.gov/ohca/providers/types/tribal-government-relations.html>

Statewide Oklahoma Resources

Access to Care

211 – Connects people to local resources for a variety of needs including health care, transportation, food, housing and utilities, jobs and employment. Dial 211 or visit online.
www.211.org



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OKLAHOMA LIONS SERVICE FOUNDATION – A nonprofit organization that provides a mobile health screening unit that offers free blood sugar, bone density, blood pressure, and visual acuity screenings for citizens statewide. Also provides visual screenings for children aged 6 months to 6 years. Contact 405-947-6540, visit the website or your local Lions Club for more information.

<https://www.oklionsfoundation.org/>

REMOTE AREA MEDICAL (RAM) – RAM is a nonprofit provider of pop-up clinics that offer free medical, dental and vision services to underserved and underinsured individuals. The clinics are made possible by volunteer medical, dental and vision professionals, general volunteers, and sponsors. Patients are treated on a first-come, first-served basis. To donate, volunteer or host RAM in your community, visit the website.

www.ramusa.org

RURAL HEALTH NETWORK - Works collaboratively to improve quality access to health care for people living in rural Oklahoma through a network of integrated services. Connects providers with technology through electronic health records (EHR) & health information exchange (HIE) consulting.

www.rhnok.org

Aging

ADULT PROTECTIVE SERVICES (APS) – A division of the Department of Human Services (DHS) that provides vulnerable adults protection from abuse, neglect or exploitation. APS offers services that help with medical care, self-maintenance skills, personal hygiene, adequate food, shelter and protection. Find out more online or at your local DHS office.

<https://oklahoma.gov/okdhs/services/cap/adult-protective-services.html>

AREA AGENCIES ON AGING (AAA) – Local aging programs that provide information and services on a range of assistance for older adults and those who care for them.

<https://www.agingcare.com/local/oklahoma-aging-services-division-oklahoma-city-area-agency-on-aging-ok>

OKLAHOMA HEALTHY AGING INITIATIVE (OHAI) - Enhances health and quality of life for older Oklahomans. OHAI created a statewide senior health network by establishing Centers of Healthy Aging in five regions that provide both clinical care and health education. The centers work in collaboration with local service clinics, and each center offers educational programs geared towards seniors, caregivers and those providing healthcare services to seniors. Programs include topics ranging from healthy aging to assisting individuals living with chronic diseases.

www.ouhsc.edu/OHAI



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Children

CHILDREN FIRST – A program of the Oklahoma State Department of Health (OSDH) that encourages early and continuous prenatal care, personal development and the involvement of fathers, grandparents and other supporting persons in parenting. A specially trained registered nurse visits first time mothers who are under 29 weeks pregnant in the home up until the baby is 2 years old at no charge. At the home visit the nurse will provide education on pregnancy, labor and delivery, and parenting skills such as feeding, bathing, and toilet training. Income eligibility requirements exist. Find out more by calling or visiting your local Health Department.

<https://oklahoma.gov/health.html>

HEAD START - A Federal program that promotes the school readiness of children (birth - age 5) from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Many Head Start programs also provide *Early Head Start*, which serves infants, toddlers, and pregnant women and their families who have incomes below the federal poverty level. Find local Head Starts & Early Head Starts by calling 866-763-6481 or visiting the website.

<https://sde.ok.gov/>

SOONER START – Oklahoma's Early Intervention program for families of infants and toddlers (birth - 36 months) who have developmental delays. If you have questions about your child's development, SoonerStart professionals in your community can provide a developmental evaluation. For eligible children, SoonerStart provides services where the child typically spends time (home or childcare).

<http://sde.ok.gov/sde/soonerstart>

SYSTEMS OF CARE – A comprehensive spectrum of mental health and other support services organized into coordinated networks to meet the multiple and changing needs of children, adolescents and their families with a serious emotional disturbance. It accomplishes this by providing community-based, family-driven, youth-guided, and culturally competent services statewide. The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) leads this wraparound initiative.

<https://oklahoma.gov/odmhsas/treatment/children-youth-and-family-services/systems-of-care.html>

WOMEN, INFANTS, & CHILDREN (WIC) – Provides nutrition services to pregnant, breastfeeding and postpartum women as well as infants and children (aged 0 – 5). Through WIC women, infants and children have access to nutritious supplemental foods, nutrition education and referrals for health care. WIC is a program of OSDH, and income eligibility



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requirements exist. Learn more by calling or visiting your local Health Department.
<https://oklahoma.gov/health/family-health/wic.html>

Dental

DELTA DENTAL OF OKLAHOMA FOUNDATION – Provides equipment and supplies to help volunteer dental professionals serve those in need of care they cannot afford. The foundation has a directory of free and low-cost dental care resources located throughout the state of Oklahoma, which is available for download online.

<http://ddokfoundation.org/>

DENTISTS FOR THE DISABLED AND ELDERLY IN NEED OF TREATMENT, INC. (D-DENT) – D-Dent helps improve the oral health of Oklahomans in need. D-Dent accomplishes this by providing preventive dental education and free comprehensive dental care for low income Oklahomans living with a developmental disability, the elderly, and veterans. **Note:** D-Dent utilizes volunteer dentists for the dental care program and is therefore not available for emergency dental needs.

www.d-dentok.org

MOBILESMILES OKLAHOMA - A nonprofit dental care program dedicated to building partnerships to improve and advance oral healthcare in Oklahoma. With the help of volunteer dental professionals, the program utilizes two RV-style mobile dental units that travel across the state of Oklahoma delivering free dental care and education. MobileSmiles is a program of the Oklahoma Dental Foundation. To host or sponsor the unit, or to find dental care visit the website.

www.mobilesmilesok.com

OKLAHOMA MISSION OF MERCY – OKMOM is an annual two-day, free dental clinic offering treatment to patients who are uninsured, underinsured or would normally not have access to dental care. Patients undergo a dental screening to identify their needs and determine a treatment plan, and then each patient receives services from appropriate areas of the clinic (e.g., oral surgery, extractions, restorations, pediatrics and hygiene). OKMOM happens the first weekend of February in a different region of the state each year.

www.okmom.org

Durable Medical Equipment (DME)

OKLAHOMA ABLE TECH - The statewide Assistive Technology Act Program whose mission is to improve access to and acquisition of assistive technology for individuals with disabilities of all ages. Contact the statewide information and referral system at 800-257-1705 or visit them online.

www.okabletech.org



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OKLAHOMA DEVICE REUSE PROGRAM – Refurbishes and reuses durable medical equipment (DME) that is no longer needed and reassigns it to Oklahomans who are in need at no cost. *The program gives priority to SoonerCare members*, but any Oklahoma resident is eligible to receive DME with a completed application. <https://www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program/>

Special Needs

DEPARTMENT OF REHABILITATION SERVICES (DRS) - Expands opportunities for employment, independent life and economic self-sufficiency by helping Oklahomans with disabilities bridge barriers to success in the workplace, school and at home. For more information contact 800-845-8476 or visit the website. <https://oklahoma.gov/okdrs.html>

DEVELOPMENTAL DISABILITIES SERVICES DIVISION (DDSD) – A division of DHS that provides services to persons aged 3 and older who have an intellectual disability or other developmental or physical disabilities. To learn more, call 405-521-6267 or visit the website. <https://oklahoma.gov/okdhs/services/dd/developmental-disabilities-services.html>

OKLAHOMA FAMILY NETWORK - Focuses on supporting families of children and youth with special needs via emotional support, resource navigation and ensuring quality health care for all children and families through strong and effective family/professional partnerships. www.oklahomafamilynetwork.org

SOONER SUCCESS - Promotes a comprehensive, coordinated system of health, social and educational services for Oklahoma children and youth with special needs. The program addresses barriers by promoting community capacity and infrastructure at community, regional and state levels. <https://soonersuccess.ouhsc.edu>

Transportation

ANGEL FLIGHT – A nonprofit charitable organization of pilots, volunteers and friends that serve the heartland area of Oklahoma, Texas, Arkansas, Missouri, and Kansas. Angel Flight arranges free air transportation for any legitimate, charitable, medically-related need. Angel Flight may also arrange transportation for individuals who are financially distressed or in a time-critical, nonemergency situation due to their medical condition. This service is available to individuals and to health care organizations. www.angelflight.com



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MEDRIDE - Specializes in transporting customers who require wheelchair access. Also accommodates ambulatory persons.
www.medride.com

RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP) – RSVP’s Provide-A-Ride program offers low-income seniors free transportation to medical appointments.
<https://americorps.gov/serve/fit-finder/americorps-seniors-rsvp>

Vision

ESSILOR VISION FOUNDATION – Supports optometrists and vision charities that focus on serving underprivileged youth with in-kind donations of single vision lenses, frames and lab services at no cost to the eye doctor. Also provides grants to optometrists who focus on collaborative efforts to spread awareness and increase vision services within their communities.
www.evfusa.org

EYE CARE AMERICA – EyeCare America is a public service program of the American Academy of Ophthalmology that preserves sight by providing access to medical eye care. It offers a Seniors Program that connects eligible persons (aged 65+) with local volunteer ophthalmologists who provide a medical eye exam often at no out-of-pocket cost. Providers may also provide up to one year of follow-up care for any condition diagnosed during the initial exam. EyeCare America also offers a Glaucoma Program that provides a glaucoma eye exam for those who are eligible and uninsured.
www.aao.org/eyecare-america

INFANTSEE – Designed to ensure that eye and vision care become essential parts of infant wellness care to improve a child’s quality of life. Participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service.
www.infantsee.org

NEW EYES FOR THE NEEDY – Purchases new prescription eyeglasses through a voucher program for children and adults who cannot afford glasses on their own.
www.new-eyes.org

NEW VIEW OKLAHOMA – Provides comprehensive services for people with significant vision loss that cannot be corrected with glasses, surgery or medication. Formerly Oklahoma League for the Blind.
www.nvoklahoma.org



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SIGHT FOR STUDENTS - A Vision Service Plan (VSP) program provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.

<https://oklahoma.aoa.org/patients-and-public/public-programs/sight-for-students>

VIZAVANCE – Provides free vision screenings to Oklahoma school children (6 months old - seniors in high school) with the primary goal of advancing their education through better vision. Also offers Vision Service Plan (VSP) vouchers for free exams and glasses for families who qualify and provides classes to school staff, nurses and health care professionals who are interested in becoming a Children’s Vision Screener or Children’s Vision Screener Trainer.

Formerly Prevent Blindness Oklahoma.

www.vizavance.org

Other/Miscellaneous

LEGAL AID SERVICES OF OKLAHOMA – Free civil legal assistance to low-income individuals, seniors, the disabled and veterans in Oklahoma.

www.legalaidok.org

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) – A federally funded program that provides financial assistance to low-income households to help them meeting the cost of home energy. Also provides assistance for some households that received a cut-off or a refusal to deliver additional fuel notice from the utility providers to prevent interruption/ restore/ establish service or fuel delivery.

www.okdhslive.org

OKLAHOMA DEPARTMENT OF VETERAN’S AFFAIRS (ODVA) – Assists veterans in determining what types of insurance, pension and other benefits to which they may have an entitlement. ODVA also performs investigations to determine eligibility, update records to begin benefits payments, and make changes to the amount or type of benefits veterans receive.

<https://oklahoma.gov/veterans.html>

OPERATION ROUNDUP – A charitable program offered by many utility, electric companies and cooperatives designed to provide financial assistance to families in need of help. Contact your local community action agency or local energy company/cooperative for more information.

www.needhelppayingbills.com/html/oklahoma_energy_and_utility_bi.html

OSU COOPERATIVE EXTENSION SERVICES - County educators and area, district and state specialists develop science-based educational programs to help Oklahomans solve local issues and concerns, promote leadership and manage resources wisely. Programs focus on increasing opportunities for agricultural enterprises, natural resources and environmental



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management, food & nutrition, health & safety education, and family and community development.

www.oces.okstate.edu

RURAL HEALTH ASSOCIATION OF OKLAHOMA – RHAO’s mission is to serve as a united voice for Oklahomans in the promotion of rural health issues through advocacy, education, and leadership. Primary activities include hosting the RHAO Annual Conference and meeting with stakeholders across the state through quarterly Rural Roundtables.

www.rhao.org

RX FOR OKLAHOMA – A service that helps Oklahomans with long-term prescription medication costs access assistance programs provided by pharmaceutical companies.

www.okcommerce.gov/assistance/rx

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) – Federally-funded program that provides a monthly benefit to families for food purchases.

www.okdhslive.org

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF) - Provides a small, temporary cash assistance payment to low-income families of children who are deprived of parental support due to absence, death, incapacity or chronic unemployment while gaining education and work skills leading to full time employment.

www.okdhslive.org

WEATHERIZATION ASSISTANCE PROGRAM – Funded through the U.S. Department of Energy, this program helps low-income households reduce their utility bills and increase energy efficiency. This is accomplished by providing an energy audit and weatherization solutions like caulking, weather-stripping, and wall and attic insulation.

www.okcommerce.gov/assistance/weatherization



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