

Tobacco Cessation Benefit

Research indicates that no other clinical intervention can reduce illness, prevent death or increase quality of life more effectively than tobacco cessation. SoonerCare reimburses providers who use the five A's approach to tobacco cessation developed by the Agency for Healthcare Research and Quality and endorsed by the U.S. Public Health Service.

The Five A's

Ask

the patient to describe their tobacco use.

Advise

the patient to quit.

Assess

the willingness of the patient to quit.

Assist

the patient with referrals and plans to quit.

Arrange

the follow up.

Who Can Perform the Five A's?

- Physicians.
- Dentists.
- Nurse midwives.
- Physician assistants.
- OSDH nurse practitioners and registered nurses.
- FQHC nurse practitioners and RNs.
- Nurse practitioners.
- Maternal/Child health LCSW with certification as a tobacco treatment specialist.

A Compensable Service Must Include:

Chart documentation with a separate progress note that addresses the five A's and office note signature along with member-specific information addressed in the five steps and the time spent by the practitioner performing the counseling. Anything less than three minutes is considered part of a routine visit.

Who is Covered?

Individuals ages 12 and older.

Payments and Coding

- Tobacco cessation counseling services are paid in addition to other appropriate services rendered on the same day.
- Use code 99406 for counseling sessions lasting between three and 10 minutes.
- Use code 99407 for counseling sessions lasting more than 10 minutes.
- Dental code is D1320.
- No billing for less than three minutes.
- SoonerCare members are eligible for a total of eight sessions per rolling calendar year.

Did You Know?

SoonerCare covers all seven FDA-approved tobacco cessation products with no copay, and they do not count against monthly prescription limits.

A SoonerCare member can receive these products when medically appropriate (a prescription is necessary):

- Nicotine patches, gum, lozenges, nasal spray, inhalers and Zyban with no duration limit.
- Chantix with a limit of 180 days per 12 months.

If you have pharmacy-related questions, please call 800-522-0114 or email your questions to pharmacy@okhca.org.

Providers are encouraged to refer patients to the Oklahoma Tobacco Helpline for ongoing support to increase likelihood of successful cessation at:

800-QUIT-NOW or okhelpline.com.