

OHCA Guideline

Medical Procedure Class:	Home Exercise Equipment
Initial Implementation Date:	6/16/2015
Last Review Date:	2/24/2025
Effective Date:	3/1/2025
Next Review/Revision Date:	March 2028
* This document is not a contract, and these guidelines do not reflect or represent every conceived situation. Although all items contained in these guidelines may be met, this does not reflect, or imply, any responsibility of this agency or department to change the plan provision to include the stated service as an eligible benefit.	
☐ New Criteria ☒ Revision of Existing Criteria	
Summary	
Purpose:	To provide guidelines to assure medical necessity and consistency in the prior authorization process.
Definitions	
Home exercise equipment is any object or device that serves as a means to allow for energetic physical action or exertion in order to train, strengthen, or condition all or part of the body. Home exercise equipment includes, but is not limited to: • Bicycles; • Tricycles; • Exercise videos; • Extremity or back mobilization equipment; • Home gyms; • Motorized cycle ergometer; • Jacuzzis, spas, hot tubs; • Nautilus equipment; • Pedometer; • Pulleys; • Steppers, stair machines; • Treadmill machine or harness for treadmill machine; • Weights	
Information	
Home exercise equipment is ineligible for coverage as it does not meet the definition of durable medical equipment as outlined in OHCA policy 317:30-5-211.1. Equipment that is nonmedical in nature and used primarily and customarily for nonmedical purposes, even though the item may have some remote medically related use, is not considered durable medical equipment.	
References	
1. Oklahoma Health Care Authority; Policies & Rules, OAC 317:30-3-1 2. Oklahoma Health Care Authority; Policies & Rules, OAC 317: 30-5-Part 17	