

Nutrition Counseling Benefit

FREE Advice from a Nutrition Expert

6 HOURS YEARLY

ADULTS &
CHILDREN

INTELLECTUALLY
DISABLED

ELIGIBLE FOR PART
B OF MEDICARE

PREGNANT
WOMEN

Obesity +

Body Mass Index (BMI)
of 30 or higher



High Blood Pressure



Heart Disease



Cancer



Stroke



Diabetes



Kidney Disease



Asthma

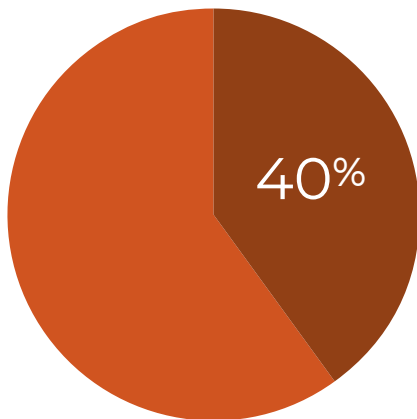


Other Disease

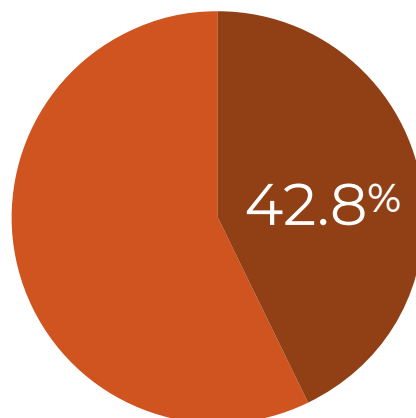
OBESITY CAN LEAD TO OTHER CHRONIC DISEASES

Obesity Rate

**OBESITY IN
OKLAHOMA**



**SOONERCARE
MEMBERS**



Most SoonerCare Members
(**58.9%**) unaware about the
nutrition counseling benefit.

Learn more at:
[Nutritional Services](https://oklahoma.gov/health/nutritional-services)
(oklahoma.gov)

**Ask your doctor for a
referral today.**

