



IN MEMORY OF

BRENDAN RYAN

AUGUST 6, 1976 - JANUARY 8, 2022



OKLAHOMA
Mental Health &
Substance Abuse

OBITUARY

Brendan Ryan was a native of suburban Philadelphia, Pennsylvania, where he earned his Bachelor's of English at St. Joseph's University. His recovery journey led him to Oklahoma, where he eventually became involved in the peer movement. Brendan volunteered with DBSA-Oklahoma, the Lottie House of MHAOK, and the Volunteer League at Northcare. His volunteering as a Peer led Brendan to work for ODMHSAS as a Peer Recovery Support Training Specialist in the Peer Division. For over five years, he has trained and inspired hundreds of Peer Recovery Support Specialists across the state of Oklahoma. These PRSSs have then gone on to support and help thousands upon thousands of Oklahomans in their recovery journey. Brendan loved "nerding out" on many things such as movies, shows, books, the history of peer support, and he was an outstanding researcher and writer. He used that skill to enhance, create, and co-create several PRSS Specialization Tracks. Brendan remained a proud member of the Depression and Bipolar Support Alliance, where he attended and facilitated DBSA support groups. Brendan was kind-hearted, soft-spoken, funny, intellectual, thoughtful, helpful, empathetic, and a great friend. Most of all, Brendan was a beautiful human being that loved, and that was loved, and he will be deeply missed. Though he may have passed on, his impact will live on in each of us.

