### HOME VISITATION LEADERSHIP ADVISORY COALITION

Wednesday, May 17, 2017
10:00 am – Noon
OSDH, Eighth Floor
Room 806

### This meeting available via VideoConference!

Click link above for VideoConference registration instructions or contact OSDH/FSPS for more information (405) 271-7611.

MUST register in advance to participate by VideoConference!

### Agenda

Please bring or forward in advance any related materials, brochures, calendars specific to your program for sharing!

#### WELCOME

- Introductions and sharing of program information [Roll Call by County]
- Announcements upcoming conferences, community resources, and related discoveries that would benefit other home visitation efforts across the state!

### **Special Presentations & Updates**

THE TIPPING POINT:

### **REAL Child Welfare Reform Means Ending Child Abuse**

Update on current Child Welfare reform efforts, especially focused around family preservation and child abuse prevention, and discuss what efforts are still needed to "tip" child abuse as a social problem.

### Dr. Deborah Shropshire

Deputy Director, Child Welfare Community Partnerships (DHS)

### parentPRO Data Discussion\*

Feel free to bring your questions and/or needs for reports as all things data will be discussed.

#### John Delara, MPH

Epidemiologist, Community Epidemiology and Evaluation (OSDH)

#### **BUSINESS**

- o Old
  - → April National CAP Month Update on OK Activities/Events
- New
- Future Agenda Items
- **→** Brainstorm possible Speakers

### 2017 – 2018 Calendar Meeting Dates can be found HERE

### **ADJOURN**

#### Please note:

Meetings are from 10:00 a.m. until Noon at the Oklahoma State Health Department, room 806 (8<sup>th</sup> floor), 1000 NE 10<sup>th</sup> St, Oklahoma, City, OK 73117 (405) 271-7611

<sup>\*</sup>All participants are welcome to stay for this portion of the agenda although it may only prove relevant to those involved with parentPRO programs.

### Home Visitation Leadership Advisory Coalition

May 17, 2017

10:00 a.m. to 12:00 p.m. ODSH Room 806 *Minutes* 

#### **Central Office Attendance:**

John Delara, OSDH/FSPS
Patti DeMoraes, LCDA
Dayen Dooley, MCN Project Launch
Natalia Fermanez, Parent Promise
Stephanie Hinton, OKC PAT
Tiffany Holmes, OSDH/FSPS
Alora Korb, OSDH/CEE
Yolanda Lucero, OKC PAT

Kethzia Njikam, OKC PAT Shawna Norman, Parent Promise Canielle Preston, OHCA Dr. Deborah Shropshire, OKDHS Sherry Swanson, OSDH/MCHS Sherie Trice, OSDH/FSPS Mindy Turner, Bethany PAT

#### **VideoConference Attendance:**

Bryan: Shelli Thomas, parentPRO; Shelley Thomas, parentPRO

**Carter:** Julie Williamson, parentPRO, **Cleveland:** Lisa Linke, parentPRO PAT

Creek: Dava Kramer, parentPRO; Twanna Treat, parentPRO; Donnette Widdoes, parentPRO

Garvin: Vicki Long, Children First; Tonya Nunez, parentPRO PAT

Jackson: Christi Walton parentPRO PAT Kiowa: April Davis, parentPRO PAT

McCurtain: Barbara Battiest, parentPRO PAT; Marilyn Walden, parentPRO PAT

Pittsburg: Mariah Allar, parentPRO; Lora Haworth, parent PRO; Tina Shumway, parentPRO

Jonnetta Webb, parentPRO

Seminole: Shai Alexander, parentPRO PAT; Tina Johnson, parentPRO PAT

Tulsa: Ariane Betancourt, CAP Tulsa; Amanda Burgan, parentPRO; Lupe Diaz, THD MCH; Donna Holladay,

parentPRO PAT; Dana James, CAP Tulsa; Violeta Maura, THD Outreach;

Woods: Brenda Rose, parentPRO PAT

#### Welcome:

- Introductions and sharing of program information
- Announcements
  - No state budget information available at this time.
  - The new parentPRO brochures are in. For copies, contact Tiffany Holmes, 405.271.7611.

### **Special Updates, Sharing & Presentations:**

### THE TIPPING POINT: REAL Child Welfare Reform Means Ending Child Abuse

Update on current Child Welfare reform efforts, especially focused around family preservation and child abuse prevention as well as discussion on what efforts are still needed to "tip" child abuse as a social problem.

**Dr. Deborah Shropshire**, Deputy Director, Child Welfare Community Partnership (DHS)

**Please See Attachments** 

### parentPRO Data Discussion

John Delara MPH Epidemiologist
Community Epidemiology and Evaluation (OSDH)

- Question and answer needs for reports -- as all things data are discussed.
  - Question: Can I add a re-entry to the "Efforts to Outcomes" (ETO)?
    - Answer: You can re-enroll them through "Intake Triage".
  - O Question: Will the Adult Performance Report(APR) be available soon?
    - Answer: The within 90 days is still in process until the adult information is finalized. You are able to pull those reports yourself.
  - O Question: Can you use the audit report?
    - NO, the audit report will not give a clear number.
  - o Is the "Life Skills Progression" (LSP) going to be put on IRENE?
    - More information coming.
  - Referral Tracking -- Can the dashboard be updated to say "Completed" or "Updated"?
    - The data person will try to get it to operate like the "Goal Plan".
    - A how-to guide will be created and emailed to everyone in the meantime.
  - o Have we decided when nurses will document into ETO?
    - Has been delayed due to legal issues.
    - Data person will address with Children First director and consultant after APR.
    - Parent Educators can enter now, but NOT nurses.

### **Updates:**

No new business at this time.

### **Upcoming 2017 Meeting Dates**

- O Wed, July 19, 2017 (OSDH Room 806 Video Conference will be available)
- O Wed, September 20, 2017 (OSDH Room 806 Video Conference will be be available)
- O Wed, November 15, 2017 (OSDH Room 806 Video Conference may be available)

Meeting Adjourned at 12:20 pm

# The Tipping Point

REAL Child Welfare Reform

Means Ending Child

Maltreatment



### STRESS

(noun) the physical pressure, pull or other FORCE exerted on one thing by another, strain.

# **Defining Stress**

- Individual variation
  - Perception to stress (subjective)
  - Response to stress (objective)
- Positive Stress
  - Brief, infrequent, fairly normal childhood experiences
  - Promote healthy growth and development





# Defining Stress

- Tolerable stress
  - Extraordinary
  - More severe than positive but may be mediated



# Toxic Stress



# Toxic Stress



# Toxic Stress

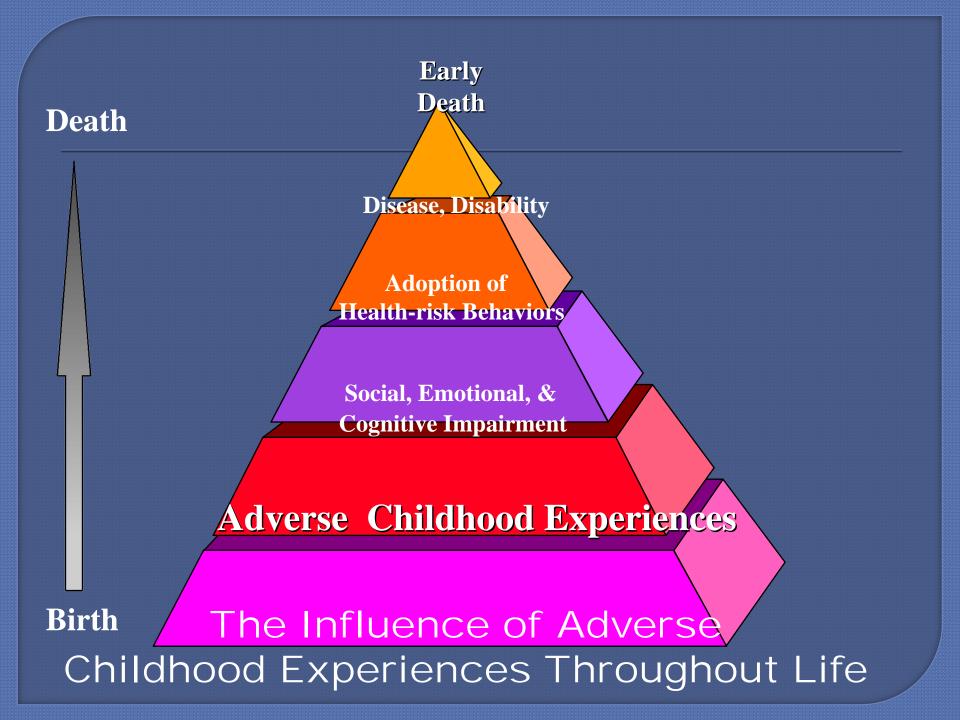


# Epigenetics





Toxic stress has a lifelong impact



### Social Outcomes

- Loss of productivity
  - Job dysfunction (absences, poor performance, financial problems)
  - Loss of years of life expectancy
- Educational issues
- Higher health care costs
- Involvement in criminal justice or child welfare systems

"Doctoring her seemed to her as absurd as putting together the pieces of a broken vase. Her heart was broken. Why would they try to cure her with pills and powders?"

"Anna Karenina" - Tolstoy

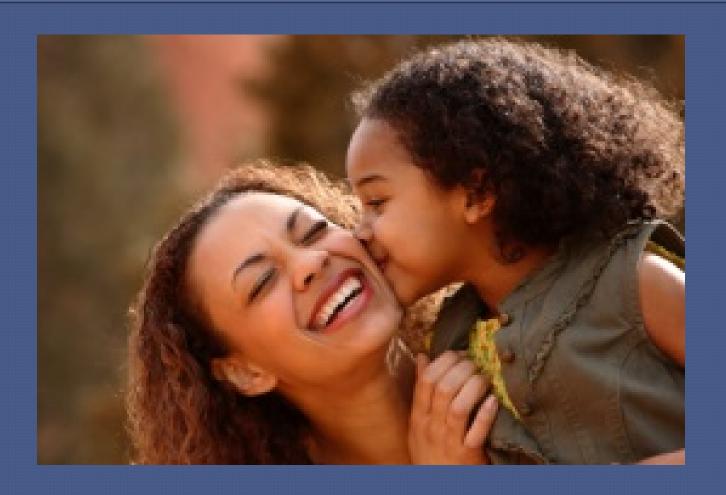
# Brokenhearted



# Brokenhearted



# Wholehearted



### Wholeheartedness

- Wholehearted living is about believing that you are worthy
- Worthy of:
  - Being known
  - Being loved
  - Having purpose

### **Hierarchy of Needs**

Abraham Maslow

Self-Actualization

**Esteem:** Respect

**Belonging: Family & Friends** 

Safety: Shelter & Security

Physiological: Food & Water

### Brokenhearted

- A major cause of living brokenhearted is shame
- Shame is the pain of feeling like you aren't worthy of love, belonging or connection

### Broken Hearts

- Kids who are abused and neglected feel shame
  - Direct messaging "I didn't want you"
  - Indirect messaging –
    you're not worth
    it's ok to abuse you
    you're an object

### Brokenhearted

Shame is associated with high rates of:

Obesity
Crime
Relational and work dysfunction

Does this sound familiar???



### RESILIENCE

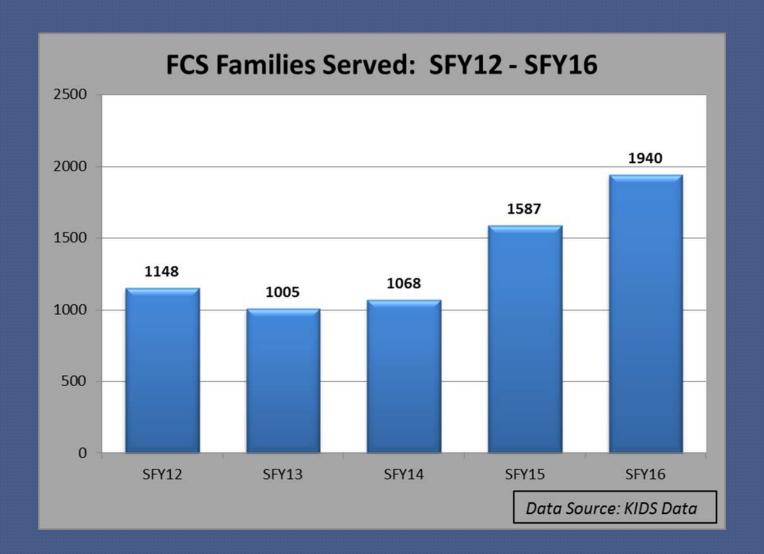
(noun) the power to RETURN to the original form after being bent, compressed or stretched

"the manifestation of positive adaptation despite significant life adversity"

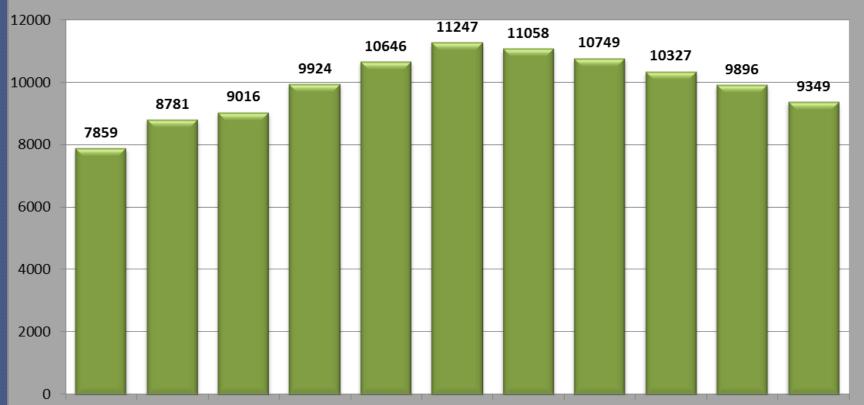
Luthar 2003

Protective factors are individual or environmental characteristics, conditions, or behaviors that reduce the effects of stressful life events. These factors also increase an individual's ability to avoid risks or hazards, and promote social and emotional competence to thrive in all aspects of life, now and in the future.





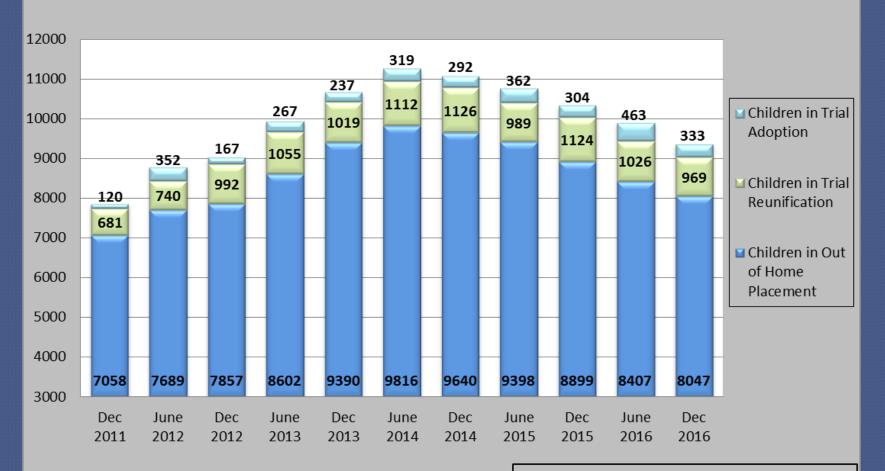
### **Children in Care at End of Month**



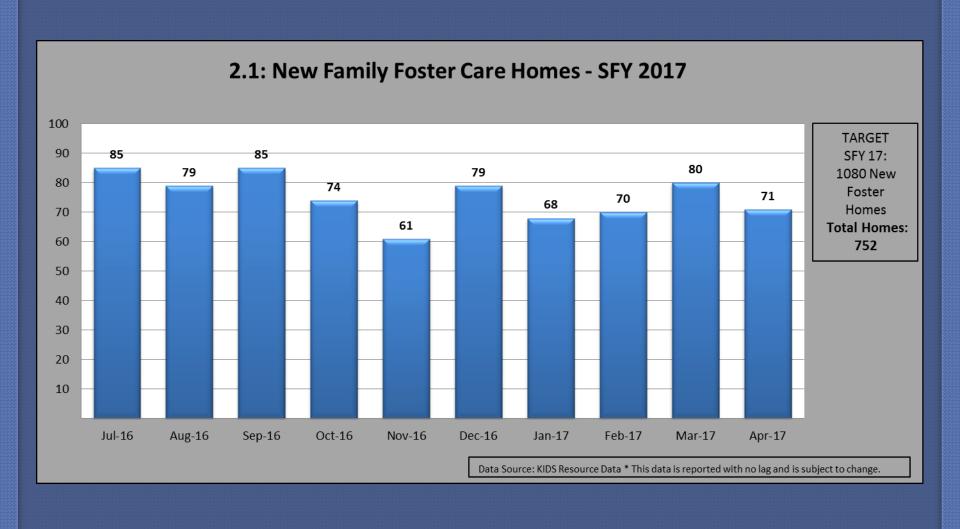
Dec 2011 June 2012 Dec 2012 June 2013 Dec 2013 June 2014 Dec 2014 June 2015 Dec 2015 June 2016 Dec 2016

Data Source: KIDS Data

### Children in Out of Home Care at End of Month



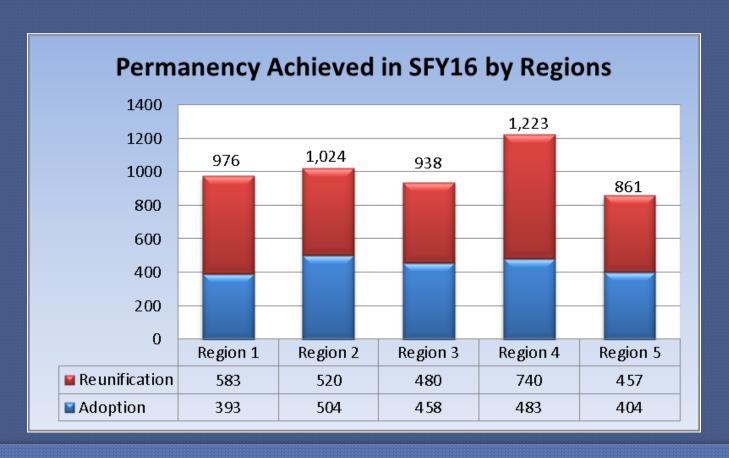
Data Source: Context Data Report, run date 1/6/17





# 2,242 children have been adopted from the foster care system.

More than 2,780 children successfully reunited with families during SFY16.





## Resilience

#### • Medical Home

- "Ramped up" visitation schedule for foster/highrisk kids
  - 1st 24-48 hours
  - Monthly for a couple of months (health, behavior, development)
  - At least every 3-6 months, even if stable
  - At transitions

https://www.aap.org/en-us/advocacy-and-policy/aaphealth-initiatives/healthy-foster-careamerica/Pages/default.aspx

### Resilience

### Mental Health Care

- Screening and referral
- Trauma toolkit for health care providers
- Use evidenced-based treatments when appropriate
  - PCIT, TF-CBT, TBRI, etc.
  - Counseling before medicine in most situations

# Psychotropic Med Use

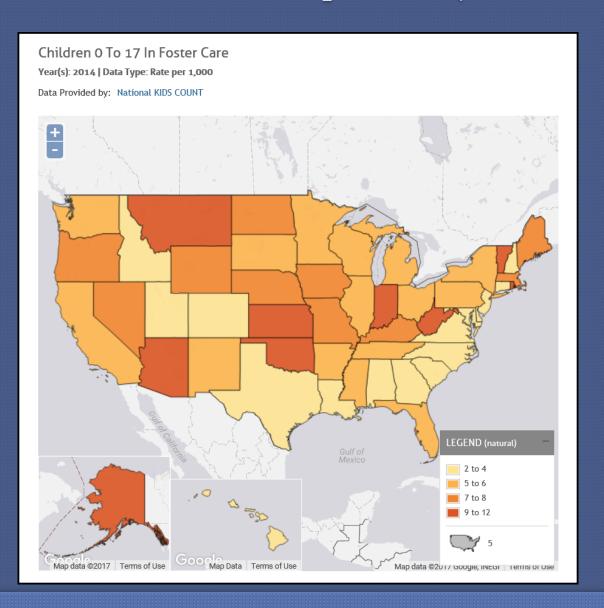
- 15 million U.S. children/youth have psychiatric disorders
  - ADHD
  - Depression
  - Anxiety
  - OCD
  - Bipolar d/o
- Trauma clouds the diagnosis







# Oklahoma ranks 50<sup>th</sup> in the US for Children in Foster Care per 1000 Children in Population (2014 Data)



Figuring out how to "DO" resilience is the Tipping Point for child abuse prevention





# Tipping Point Factors??

- Dignity you have a purpose in the community
- Beauty you are a valuable part of the community
- Accountability you are expected to be a healthy part of the community

# Tipping Point Factors?

- Dignity you are worth listening to
- Beauty you are worth connecting with others (community, culture, family)
- Accountability we will be honest with and about you

# Tipping Point Factors?

- Who is the client?
- Decisions, decisions
- Follow the money
- Adult at 18?
- It takes a village

# CQI, Feedback and Learning in a Resilient Child Welfare System

- Fragile System
  - Self protective
  - Anxious, fearful staff
  - Risk averse
  - Search for automated solutions
  - Focused on blame

- Resilient System
  - Flexible
  - Engaging partners
  - Problem solving
  - Adaptive
  - Balanced accountability and support

