

Older Adult Falls Prevention Coalition

April 19, 2011 at 10:00am

OSDH Room 406.1

Meeting

Tai Chi: Moving for Better Balance

Instructor Trainings (grant requires 4)

Completed:

- El Reno 31 Jan, 16 Feb (7 instructors)
- Muskogee 24-25 Feb (6 instructors)
- OKC 8-9 March (15 instructors, Chickasaw Nation)
- Ardmore 22-23 March (10 instructors)
- Edmond 16-17 April (10 instructors)

Scheduled:

- Perkins 4-5 May (13 registered)
- McAlester 9-10 May (6 registered)
- Claremore 13-14 May (9 registered)
- Edmond 17-18 May (17+ registered)
- Tulsa 25-26 May (8 registered)
- OKC/Area Wide Aging 10-11 August (2 registered)
- Chickasha TBA Aug/Sept

Community Classes (grant requires 7)

- Edmond OU – completed
- OUHSC – on going
- 2 Edmond Mansions – on going
- South Mansions – on going
- 3 Muskogee – on going
- 3 Ardmore – on going

Oklahoma City County is coming on board ☺

National Falls Prevention Awareness Day – September 23, 2011

Awareness/Outreach Activities

Tai Chi demonstration State Fair: 21 Sept

Announcements/Next meeting

1 June 2011