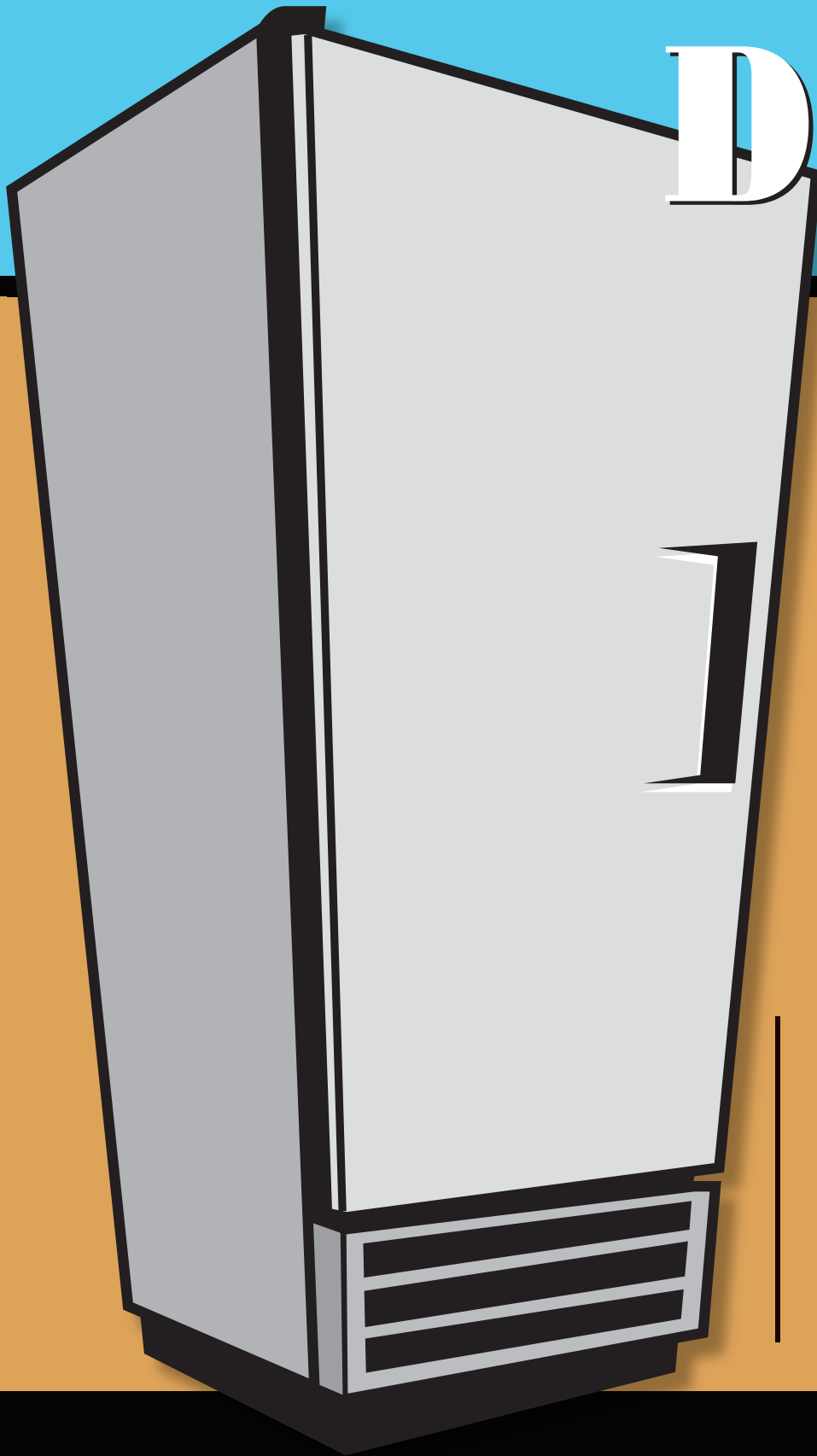


COOL IT DOWN

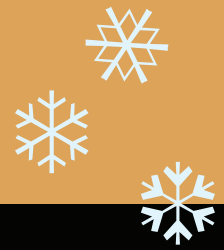


135°F - 70°F
within **2** hours

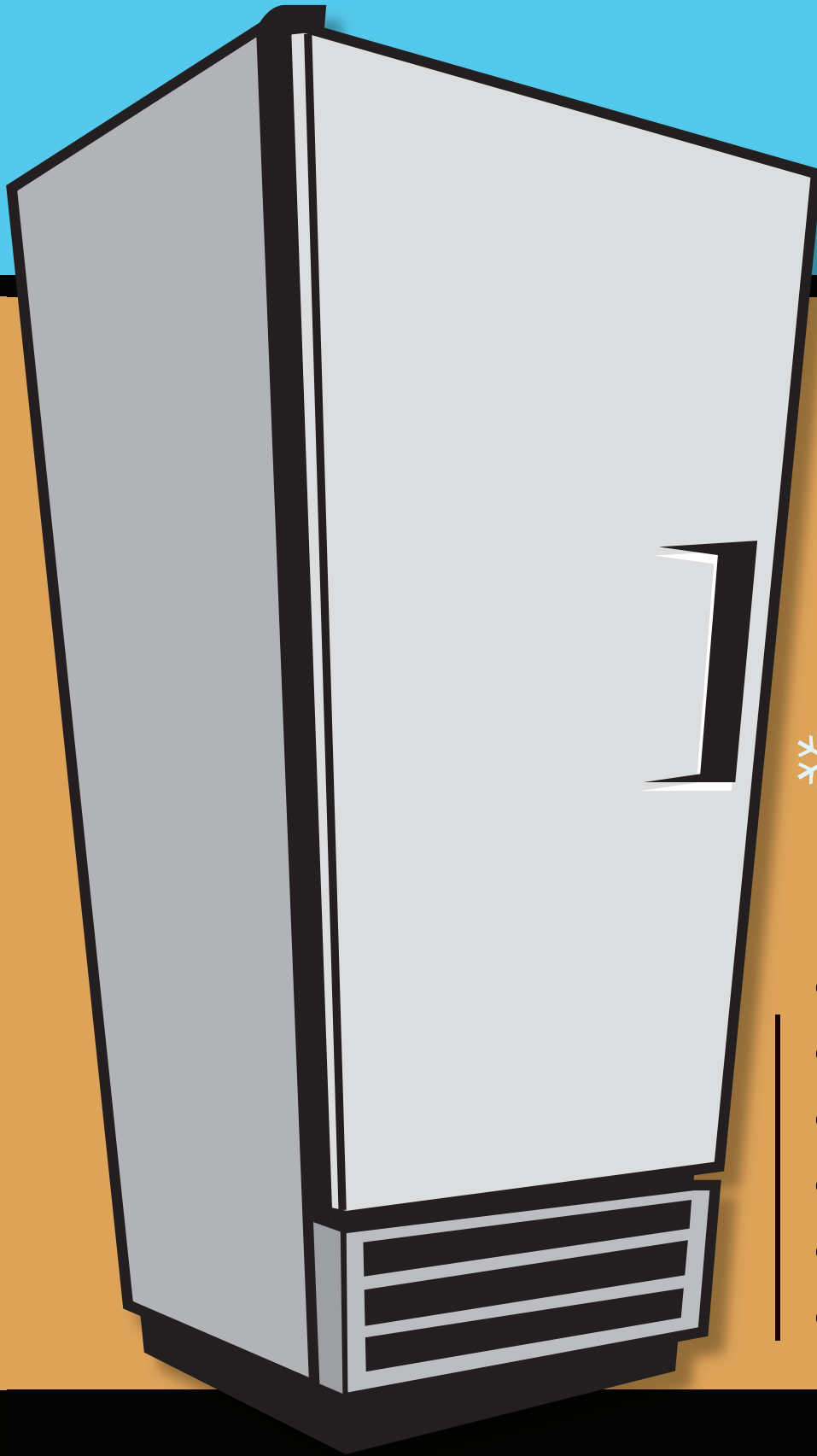
 **70°F - 41°F**
within **4** hours
  (*maximum 6 hours*)

METHODS:

- Shallow pans
- Place in refrigerator
- Leave uncovered
- Chill ice sticks
- Ice bath
- Ice



ENFRÍALO



135°F - 70°F
dentro de **2** horas

 **70°F - 41°F**
dentro de **4** horas

(máximo 6 horas)

MÉTODOS

- Charolas poco profundas
- Poner en el refrigerador
- Dejarlo descubierto
- Enfríe palillos de hielo
- Baño en hielo
- Hielo

