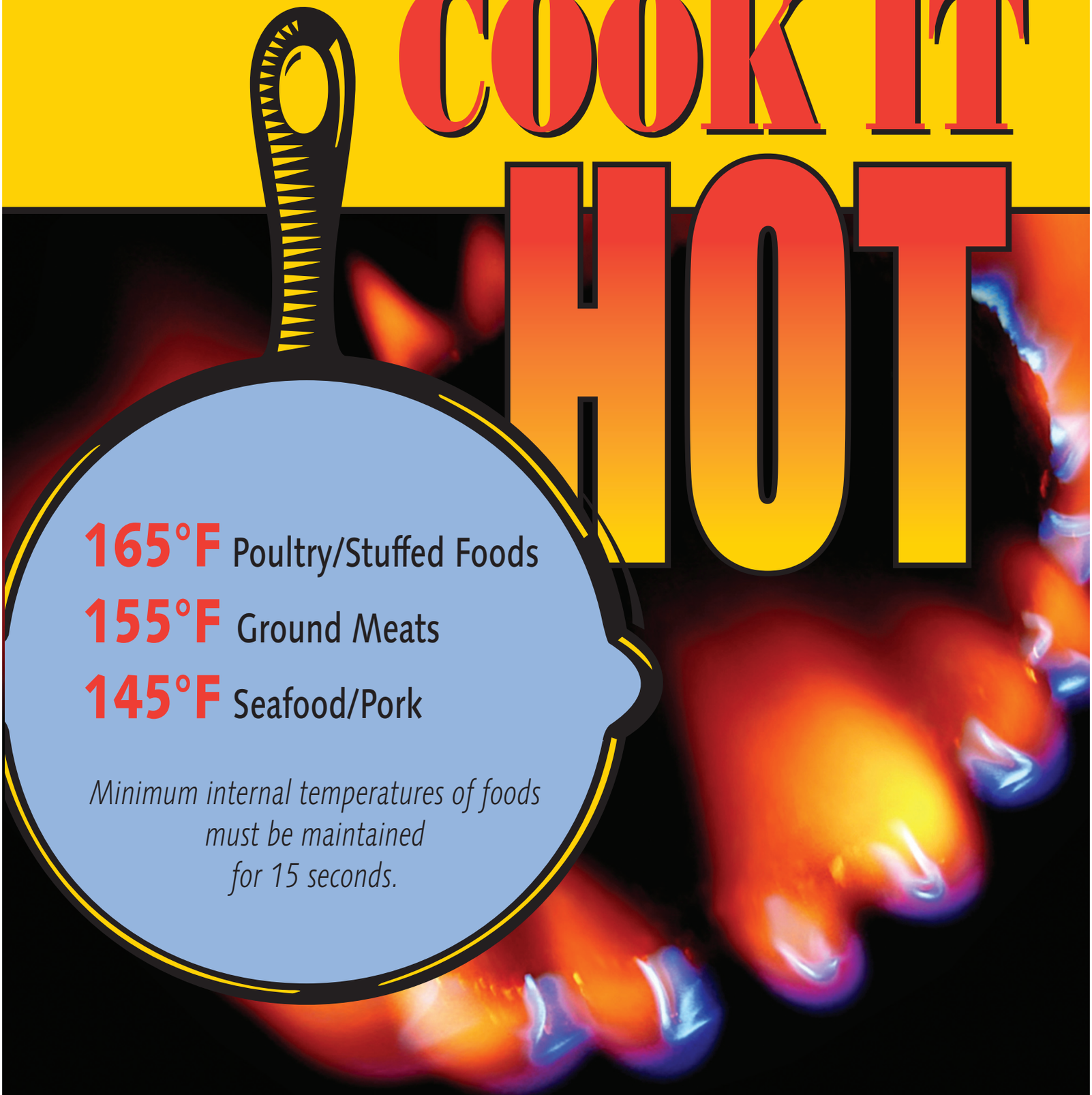
COOK IT HOT



165°F Poultry/Stuffed Foods

155°F Ground Meats

145°F Seafood/Pork

Minimum internal temperatures of foods must be maintained for 15 seconds.

PROVIDED BY THE CONSUMER PROTECTION DIVISION • OKLAHOMA STATE DEPARTMENT OF HEALTH • *www.health.ok.gov*

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COCINALO CALIENTE

165°F Aves/Comidas Rellenas

155°F Carnes Molidas

145°F Mariscos/Puerco

Las temperaturas internas mínimas de las comidas se deben mantener por 15 segundos.

PROPORCIONADO POR LA DIVISION DE PROTECCIÓN AL CONSUMIDOR • DEPARTAMENTO DE SALUD DE OKLAHOMA • *www.health.ok.gov*

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