The Incredible Years Parenting Program

The Incredible Years are research-based, proven effective programs for reducing children's aggression and behavior problems and increasing social competence. They were developed by Carolyn Webster-Stratton, M.S.N, M.P.H., Ph.D., Professor and Director of the Parenting Clinic at the University of Washington.

Child Development Specialists and Behavioral Health clinicians in Child Guidance who are trained in the programs, team with other community service providers, to teach these programs for parents of children from age 3 through 8 years of age.

For more information on this program go to http://www.incredibleyears.com/