

## Children First Referral Information Form

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

Apartment Name \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Alt. Phone \_\_\_\_\_

Due Date \_\_\_\_\_

Medical Provider \_\_\_\_\_

How may Children First contact you?

☐ Phone Only ☐ Mail Only ☐ Text ☐ All

☐ Email \_\_\_\_\_

If you are not home, can the caller leave a message with other people who answer?

☐ Yes, anybody and/or an answering machine

☐ Yes, specific person(s). List first names:

\_\_\_\_\_  
☐ No, do not leave a message

What is the best time to reach you?

\_\_\_\_\_  
What is the primary language of mother?

☐ English ☐ Spanish ☐ Other \_\_\_\_\_

Referring Agency \_\_\_\_\_

Contact Person \_\_\_\_\_

Phone Number \_\_\_\_\_

### Return To:

Children First

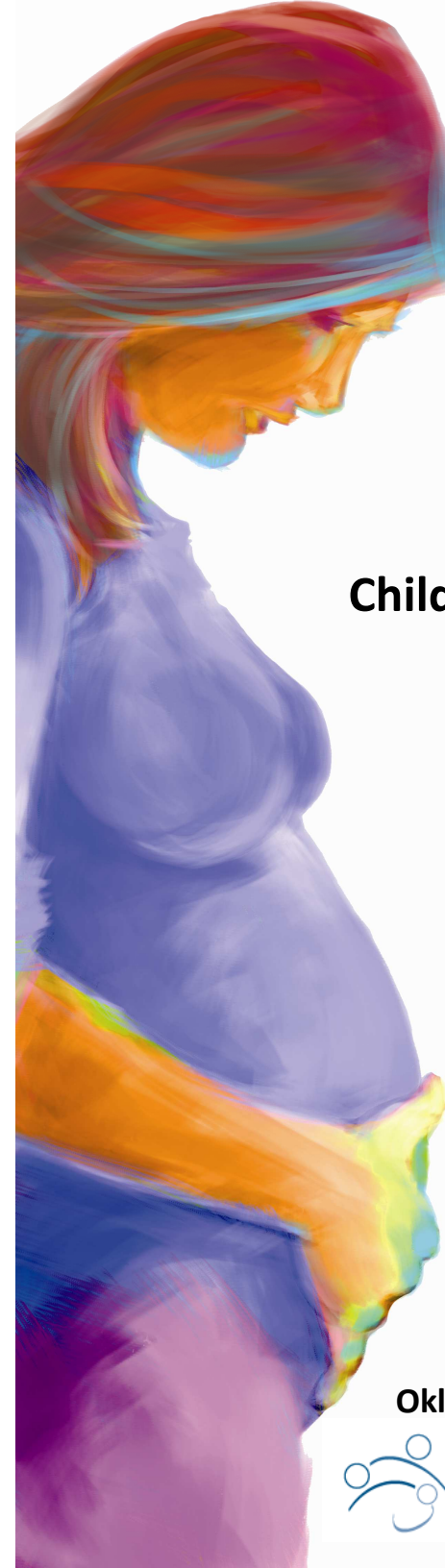
*"My nurse was my connection to community resources, my sounding board and my confidence builder. Having my nurse was like having a motherhood coach. Every new mother deserves a visiting nurse."*  
-Former Client

Children First  
Oklahoma's Nurse-Family Partnership  
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Creating a State of Health

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**Children First**

**Oklahoma's**



## What Is Children First?

Children First is:

- A voluntary home visitation program;
- Available through your local health department;
- Staffed by Public Health nurses; and
- A program shown to make a difference in pregnancy and birth outcomes; such as, birth weights and length of pregnancy.

## Who Can Enroll?

Enrollment is open to women:

- Less than 29 weeks pregnant;
- Expecting their first child; and
- Who meet income eligibility criteria.

## How Often Can Visits Occur?

Your home visits:

- Can begin during pregnancy and continue until your child is 2 years old;
- Can be scheduled every other week during pregnancy, infancy and toddler period;
- Can be scheduled weekly during the 6 week period after your baby's birth; or
- Can be tailored to meet your needs.



## What Happens During A Visit?

During pregnancy your nurse will:

- Help you find answers about what happens during pregnancy;
- Help you develop your plan for a healthy pregnancy;
- Answer your questions about labor and delivery;
- Answer your questions about how to care for your baby; and
- Help you find resources to meet your family's needs.



After the birth of your baby your nurse will:

- Answer your questions about how and what to feed your baby;
- Help you understand your child's growth and development;
- Provide brief health assessments of the baby;
- Answer your questions about parenting;
- Answer questions about your child's health and safety; and
- Help you find resources to meet your family's needs.

\* Services are not intended to replace services provided by your or your baby's healthcare provider.

*"The Children First Program was a lifeline for me." -Former Client*

