

# MEET YOUR TRAINING TEAM

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# SOPHIE PRESTON

## Director of Training

Descending from a long line of educators, you could say Sophie's future was always her destiny. Nevertheless, let's start from the beginning: Sophie Preston is a United Kingdom citizen and a resident of the USA. She began her adult life with an English teaching degree and the innate ability to teach. Instead of listening to the universe, however, she pursued a career in law enforcement, as you do.

When Sophie is not directing a team of learning and development individuals (who in multiple capacities serve all of OMES and the State's 28,000 employees), she is growing her side-hustle, Intentional Werks.

### DID YOU KNOW?



**Sophie is a mixologist. Her cocktails are art!**

Years in Public Service: 12+

Expertise:

MBTI

5 Voices

Radical Candor

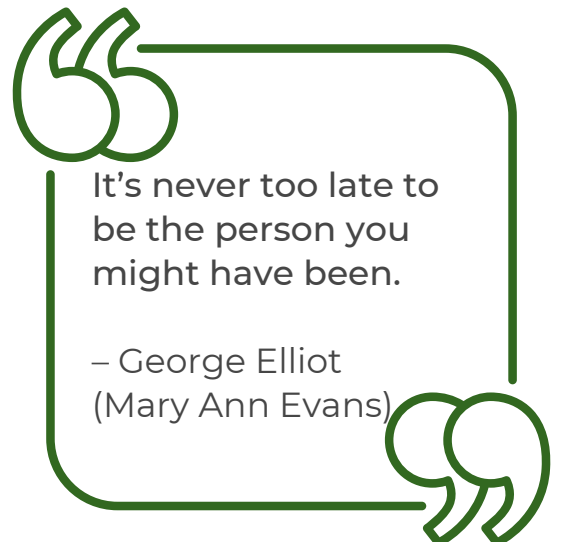
Public Speaking

Optimizing Team Performance

Intentional Leadership

Program Development

Executive Coaching



It's never too late to be the person you might have been.

– George Elliot  
(Mary Ann Evans)