

# Oklahoma Healthy Brain Initiative (OHBI)- Coalition Meeting Minutes

October 15th, 2024

Virtual on Zoom and in-person at the Alzheimer's Association OKC Office

- **Welcome/Jacob Guinan**

Jacob welcomes all in attendance and introduces new members.

New members: Debbie Compton, Joncia Johnson, Terry Mote, Letina Itaman, Jolinda Ross

- **Guest Speaker Presentation/ Dr. Joe Gaugler & Elma Johnson, MPH**

BOLD Public Health Center of Excellence on Dementia Caregiving - University of Minnesota

\*\*\*Presentation Link Below\*\*\*

Questions and Answers were taken and given.

Group discussed the presentation.

Website:

Slides will be shared with the group.

 [UMN Oklahoma HBI Coalition meeting FINAL 10.15.24.pptx](#)

- **Update on New Treatments for Alzheimer's Disease/Dr. Lee Jennings**

\*\*\*Presentation Link Below\*\*\*

Questions and Answers were taken and given.

Group discussed the presentation.

Slides will be shared with the group.

 [Dr. J\\_PDF\\_New Treatments and Biomarkers for Alzheimer's Disease OHBI Jennings Oct 2024.pdf](#)

- **Program Highlight/ Atheda Fletcher**

Absentee Shawnee Tribal Health System Alzheimer's and Dementia Support Program

\*\*\*Presentation Link Below\*\*\*

Questions and Answers were taken and given.

Group discussed the presentation.

Slides to be shared with the group.

 [AST OHBI Coalition PPT 10.15.2024B\\_jg.pptx](#)

- **Resource Sharing Session & Virtual Dementia Tour Announcement/Everyone The Purple Vine/Debbie Compton**

Supports caregivers.

Services Include:

- 1) Educational & humorous talks about Dementia related things, tailored to the audience.
- 2) Books offering actionable steps to caregivers can take to minimize unwanted behavior.
- 3) <https://www.ThePurpleVine.com/books>
- 4) Caregiver Support blog with over 50 articles. <https://ThePurpleVine.com/blog>  
One to one Zoom consultations for families, caregivers, friends, or anyone supporting an individual. Resources, information, understanding, solutions, encouragement, and conflict dispute. No caregiving subject is off limits. First talk is free.
- 5) [http://calendly.com/debcompton1/initial\\_meet](http://calendly.com/debcompton1/initial_meet) to schedule.
- 6) Stress Reducing Strategies and Relief online learning:  
<https://thepurplevine.com/caregiver-wellness>

### **Oklahoma Dementia Care Network/ Keith Kleszynski**

Goal: Improve the care and health outcomes of older adults living with Alzheimer's disease and other dementias and their caregivers. Our greatest strength is our partners and our collective ability to amplify our impact across our state.

- 1) [www.okdcn.org](http://www.okdcn.org)
- 2) [OkDCN@ouhsc.edu](mailto:OkDCN@ouhsc.edu)
- 3) OkDCN Offers:
  - 4Ms Age Friendly Facilitation
  - Project ECHOs for Nursing Homes, Community Services, Caregivers
  - Nursing home in-service education
  - Education for Career Tech educators, First Responders, Community Health Workers/Community Health Representatives

### **Oklahoma Healthy Aging Initiative/Devon Murray**

[www.ohai.org](http://www.ohai.org)

Caregiver Education Classes

Free Activity and Health Education Classes Available Across the State

Tai Chi, Staying Active and Independent for Life (SAIL), Matter of Balance, Walk with Ease, many one-time presentations: Talking with your Doctor, Using Medications Safely

### **OK Cares/Ashley Schurr**

Website: OKCares.org

Resource Directory, Respite Locator, Support Group Finder, News and events,

Save the Date: Annual Oklahoma Family Caregivers Conference to be held.

November 7, 2024, in OKC, Tulsa, Enid, Ardmore and Online

### **Eastern Oklahoma Development District Area Agency on Aging/Deshonda Meyers**

(Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner Counties)

Caregiver Programs: Respite Vouchers, Access Assistance. Support Groups, Information Services, Trainings

Outreach: Outreach departments assist seniors with referrals for: Home Delivered Meals, Homemaker Service, Nutrition Counseling, Transportation, Caregiver Services, Legal Aid

Information & Assistance: Masonic Grant Program, Medicare Counseling, Long Term Care Ombudsman.

Caring Assistance Line: 1-800-211-2116

EODD AA: 918-682-7891

Email: [akinnele@eoddok.org](mailto:akinnele@eoddok.org)

Direct Line: 918-913-9560

### **Alzheimer's Association/Carey Lee**

24/7 Helpline – 800-272-3900 Questions about Alzheimer's

Free Education & Support – Alz.org.

November 2, 2024 @ 10am @ Scissortail Park: The OKC Walk to end Alzheimer's.

### **OKSLA/Jolinda Ross**

Non-Profit

Events, Classes, Boot camps

### **Metropolitan Better Living Center**

Launching a groundbreaking Dementia specific respite program in central Oklahoma City aimed at providing comprehensive 24/7 respite care for caregivers of individuals diagnosed with Alzheimer's and related dementia diseases.

Key services and offerings: 8 hours of Daytime or Evening programs to accommodate caregivers,

### **Announcement/Jacob Guinan**

1<sup>st</sup> OHBI Virtual Demetia Tour Facilitator Training

We will hold our first facilitator training for the Second Wind Dreams Virtual Demetia Tour in January.

If you are interested in becoming a facilitator, email Jacob so he can add you to the list ([Jacob.Guinan@health.ok.gov](mailto:Jacob.Guinan@health.ok.gov)). He will send out a Doodle poll for you to decide on the training dates.

### **OHBI Coalition Feedback Survey**

QR Code was provided for attendees to complete a survey on how they feel about the OHBI Coalition.

### **Meeting Close & Reminders/Jacob Guinan**

University of Minnesota provided attendees with a survey to provide feedback and on resources on what types of education they would see in the future.

**Next Meeting:**

**January 21st, 2025**

**1 pm-3 pm**

**MEETING ADJOURNED**