WHAT?

Many Oklahoma homes built before 1978 were painted with lead-based paint. Remodeling, renovating, or normal wear and tear can create dust and leadpaint hazards that can cause lead poisoning.

WHO?

Lead poisoning can occur when lead-based paint dust is ingested or inhaled. All individuals exposed to lead are at risk for lead poisoning. Children, infants, and pregnant women are at greater risk. If your home was built before 1978, the year lead-based paint was banned from home use. you may want to schedule an inspection to find out if your home contains lead-based paint. For a list of certified leadbased paint inspectors in your area, contact the Oklahoma Department of Environmental Quality's Lead-Based Paint Program at 405.702.4100.

DANGERS OF REMODELING A PRE-1978 HOME

To protect yourself and your family during remodeling:

When possible, you should hire a certified Renovation, Repair, and Painting (RRP) professional. The Oklahoma Department of Environmental Quality maintains a list of certified professionals. You may contact them at 405,702,4100.

- DO NOT REMAIN AT HOME DURING THE RENOVATION. It is especially important for children and pregnant women to find other accommodations until all of the renovation work is completed.
- Only properly protected workers should enter the work area.
- If you do the work yourself, follow the safety tips outlined on the inside of this brochure.



TESTED

For more information, contact:

- The Oklahoma State
 Department of Health
 Childhood Lead Poisoning
 Prevention Program

 1.800.766.2223
- The National Lead Information Center Hotline
 1.800.424.5323



GET THE LEAD OUT

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OKLAHOMA

State Department of Health

REMOVING OR REDUCING LEAD EXPOSURE IN YOUR HOME

LEAD-BASED PAINT DANGER

SAFETY TIPS

- Protect and cover all food appliances, cooking and eating utensils, furniture, bedding, toys, and clothes from lead dust or remove from the work area, if possible.
- Do not eat or smoke in the work area.
- Place a damp floor mat outside of the work area to collect dust and paint chips from bottoms of shoes.
- Clean using dampened cloths or mops with an all-purpose cleaner.
- separately from other laundry.
- Hang plastic sheeting to keep lead dust contained.

REMODELING TIPS

- When removing paint from the outside of your house, seal the windows and vents so dust cannot get inside the house.
- Remove shoes before going inside.
- Do not walk around clean areas of the house in dirty work clothes.

Fumes from

■ To remove paint chips, dampen the sides of buildings and scrub with a stiff brush. DO NOT POWER WASH. Collect paint chips in a plastic bag and throw away.

.ead from

debris and

INTERIOR & EXTERIOR DOOR & DOOR FRAMES **RAILINGS**

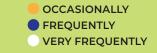
Paint on

porch,

doors, and



INTERIOR WALLS AND WINDOWS **BASEBOARDS**



SCREENING

The only way to know if you have been exposed to lead is by having a blood lead test. There is no safe level of lead.

Ask your health care provider or clinic if you are at risk, especially:

- Children 6 months to 6 years of age.
- Pregnant women.
- Lead is not safe for anyone. Even pets can be exposed to harmful lead.
- Individuals may have lead poisoning but NOT show symptoms or might show flu-like symptoms.

