

OKLAHOMA Personal Responsibility Education Program

What is the Personal Responsibility Education Program?

The Oklahoma Personal Responsibility Education Program (PREP) helps educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS.

State PREP projects replicate effective, evidence-based program models or substantially incorporate elements of effective programs that have been proven to delay sexual activity, increase condom or contraceptive use for sexually active youth, and/or reduce pregnancy and STIs among youth. Oklahoma PREP is administered by trained health specialists in Oklahoma County and Tulsa County to primarily middle school and high school students. Entry and exit surveys were conducted to measure knowledge and satisfaction with the program. Participation in the program and entry and exit surveys were voluntary. Parental consent is required to participate and parents can review the materials during required parent preview events, prior to implementation. Students can opt out even if their parent has given consent for them to participate.



EVIDENCE-BASED CURRICULA IMPLEMENTED

- Making a Difference
- Making Proud Choices
- Positive Prevention Plus
- Love Notes

DURING THE 2024-2025 SCHOOL YEAR

2,457

students were administered
the evidence-based curricula

72.2%

of the students attended 75%
or more of the program

1,760

students completed
the exit survey

Program Effects

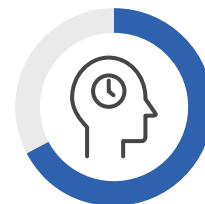
On the exit survey participants responded that they were **Somewhat More Likely** or **Much More Likely To...**

Self-management



70.4%

resist or say no to
peer pressure



67.3%

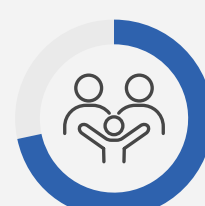
think about the consequences
before making a decision

Knowledge & Intent



84.9%

better understand what makes
a relationship healthy



71.9%

were more likely to talk to
a trusted person/adult

Communicating With Their Parent or Guardian



59.3%

talk about things going
on in their life



42.4%

talk about sex-related
topics

Planning For The Future



75.2%

make plans to reach
their goals



71.7%

care about doing
well in school