Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

	BEFORE PREGNANCY
T	he first questions are about you.
1.	How tall are you without shoes?
	Feet Inches
	OR Centimeters
2	T
2.	Just before you got pregnant with your new baby, how much did you weigh?
	· ·
	Pounds <b>OR</b> Kilos
3.	What is <u>your</u> date of birth?
	/ /
	//
	Month Day Year
4.	Before you got pregnant with your new baby, did you ever have any other babies
	who were born alive?
	□ No → Go to Question 7
	· □ Yes
<b>v</b> 5.	Did the baby born <i>just before</i> your new one
	weigh 5 pounds, 8 ounces (2.5 kilos) or less
	at birth?
	□ No □ Yes

6.	Was the baby <i>just before</i> your new one born <i>earlier</i> than 3 weeks before his or her due date?		
	□ No □ Yes		
b	he next questions are about the time efore you got pregnant with your new aby.		
7.	At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, check No if you did not do it or Yes if you did it.		
	No Yes		
a.	I was dieting (changing my eating habits) to lose weight		
b.	I was exercising 3 or more days of the week		
c.	I was regularly taking prescription medicines other than birth control		
d.	I visited a health care worker and was checked for diabetes		
e.	I visited a health care worker and was		
f.	I visited a health care worker and was		
g.	checked for depression or anxiety   I talked to a health care worker		
h.	about my family medical history   I had my teeth cleaned by a dentist		
	or dental hygienist		

8.	During the month before you got pregnant with your new baby, what kind of health insurance did you have?  Check ALL that apply  Private health insurance from my job or the	11. Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.
	job of my husband, partner, or parents  ☐ Private health insurance purchased directly from an insurance company ☐ Medicaid or SoonerCare ☐ SoonerPlan ☐ TRICARE or other military health care ☐ Indian Health Service (IHS) or tribal ☐ Some other kind of health insurance → Please tell us:	a. Type 1 or Type 2 diabetes (NOT the same as gestational diabetes or diabetes that starts during pregnancy)
	☐ I did not have any health insurance during the <i>month before</i> I got pregnant	The next questions are about the time when you got pregnant with your new baby.
9.	During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?	12. Thinking back to <i>just before</i> you got pregnant with your new baby, how did you feel about becoming pregnant?
	<ul> <li>□ I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant</li> <li>□ 1 to 3 times a week</li> <li>□ 4 to 6 times a week</li> <li>□ Every day of the week</li> </ul>	Check ONE answer  ☐ I wanted to be pregnant sooner ☐ I wanted to be pregnant then ☐ I didn't want to be pregnant then or at any time in the future ☐ I wasn't sure what I wanted  ☐ I wasn't sure what I wanted
10.	Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about how to improve your health before pregnancy?	13. How much longer did you want to wait to become pregnant?
	□ No □ Yes	☐ Less than 1 year ☐ 1 year to less than 2 years ☐ 2 years to less than 3 years ☐ 3 years to 5 years ☐ More than 5 years

14. When you got pregnant with your new	DURING PREGNANCY
baby, were you trying to get pregnant?  No Yes  Go to Question 17	The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health
15. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth control pills, condoms, withdrawal, or natural	care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)
family planning.  No  Yes  Go to Question 17	17. How many weeks <i>or</i> months pregnant were you when you were <i>sure</i> you were pregnant? For example, you had a pregnancy test or a doctor or nurse said you were pregnant.
16. What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?  Check ALL that apply	Weeks <b>OR</b> Months ☐ I don't remember
☐ I didn't mind if I got pregnant ☐ I thought I could not get pregnant at that time ☐ I had side effects from the birth control method I was using ☐ I had problems getting birth control when I needed it ☐ I thought my husband or partner or I was sterile (could not get pregnant at all) ☐ My husband or partner didn't want to use anything	18. How many weeks or months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).  Weeks OR Months  I didn't go for
☐ I forgot to use a birth control method ☐ Other → Please tell us:	prenatal care  Go to Page 4 Question 21  Go to Page 4, Question 19

D. During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care?  Check ALL that apply	20. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos.
<ul> <li>□ Private health insurance from my job or the job of my husband, partner, or parents</li> <li>□ Private health insurance purchased directly</li> </ul>	For each item, check <b>No</b> if no one talked with you about it or <b>Yes</b> if someone did.
from an insurance company  Medicaid or SoonerCare  TRICARE or other military health care Indian Health Service (IHS) or tribal Some other kind of health insurance  I did not have any health insurance to pay for my prenatal care	a. How much weight I should gain during my pregnancy

22.	During the 12 months <i>before the delivery</i> of your new baby, did a doctor, nurse, or other health care worker <i>offer</i> you a flu shot or <i>tell</i> you to get one?	26. During <i>your most recent</i> pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery?
	□ No □ Yes	□ No □ Yes
ا	During the 12 months before the delivery of your new baby, did you get a flu shot?  Check ONE answer  No Go to Question 25  Yes, before my pregnancy Yes, during my pregnancy	27. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.
<b>\</b> \	Tes, during my pregnancy	□ No — Go to Question 29
24.	During what month and year did you get the flu shot?	Yes Yes
	$\frac{1}{20}$ Month Year	28. During <i>your most recent</i> pregnancy, how many times did the home visitor come to your home to help you learn how to prepare for your new baby?
	☐ I don't remember	1 time 2 to 4 times 5 or more times
25.	This question is about the care of your teeth <u>during</u> your most recent pregnancy. For each item, check <b>No</b> if it is not true or does not apply to you or <b>Yes</b> if it is true.	29. During <i>your most recent</i> pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants,
a.	No Yes I knew it was important to care for my teeth and gums during	and Children)?
b.	my pregnancy A dental or other health care worker talked with me about how to care for	☐ Yes  30. During <i>your most recent</i> pregnancy, were
	my teeth and gums	you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?
e.	I needed to see a dentist for a problem	□ No □ Yes
t.	I went to a dentist or dental clinic about a <b>problem</b>	

0	
The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).	35. Which of the following statements best describes the rules about smoking <i>insia</i> your home <i>now</i> , even if no one who live your home is a smoker?
31. Have you smoked any cigarettes in the past 2 years?  ☐ No ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	Check ONE ans  Check ONE ans  No one is allowed to smoke anywhere inside my home  Smoking is allowed in some rooms or some times  Smoking is permitted anywhere inside home
average day? A pack has 20 cigarettes.  41 cigarettes or more 21 to 40 cigarettes	The next questions are about drinking alcohol around the time of pregnancy (before and during).
☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then	<ul> <li>36. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.</li> <li>\(\sigma\) Ro \(\to\) Go to Questio</li> </ul>
33. In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.	Yes  37. During the 3 months before you got
☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then	pregnant, how many alcoholic drinks dyou have in an average week?  14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then
<ul><li>34. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.</li><li>□ 41 cigarettes or more</li></ul>	38. During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks you have in an average week?
☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette	☐ 14 drinks or more a week☐ 7 to 13 drinks a week☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week☐

☐ I don't smoke now

J.	describes the rules about smoking <i>inside</i> your home <i>now</i> , even if no one who lives in your home is a smoker?
	Check ONE answer
	<ul> <li>No one is allowed to smoke anywhere inside my home</li> <li>Smoking is allowed in some rooms or at some times</li> <li>Smoking is permitted anywhere inside my home</li> </ul>
al	ne next questions are about drinking cohol around the time of pregnancy efore and during).
6.	Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.
lacksquare	□ No → Go to Question 39 □ Yes
7.	During the <i>3 months <u>before</u></i> you got pregnant, how many alcoholic drinks did you have in an average week?
	☐ 14 drinks or more a week☐ 7 to 13 drinks a week☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ I didn't drink then☐
8.	During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks did you have in an average week?
	☐ 14 drinks or more a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I didn't drink then

Pregnancy can be a difficult time for some women. The next questions are about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.

39. This question is about things that may have happened during the 12 months before your new baby was born. For each item, check No if it did not happen to you or Yes if it did. (It may help to look at the calendar when you answer these questions.)

		No	Yes
a.	sick and had to go into the hospital		
b. c.	I got separated or divorced from my husband or partner  I moved to a new address		
d.	I was homeless or had to sleep outside, in a car, or in a shelter		
e.	My husband or partner lost his job		
f.	I lost my job even though I wanted to go on working		
g.	My husband, partner, or I had a cut in work hours or pay		
h.	I was apart from my husband or partner due to military deployment or extended work-related travel	□	
i.	I argued with my husband or partner more than usual		
j.	My husband or partner said he didn't want me to be pregnant		
k.	I had problems paying the rent, mortgage, or other bills		
1.	My husband, partner, or I went to jail		
m.	Someone very close to me had a problem with drinking or drugs		
n.	Someone very close to me died		

10 During the 12 months before you got

## AFTER PREGNANCY

The next questions are about the time

	nce your new baby was born.
44.	After your baby was delivered, was he or she put in an intensive care unit (NICU)?
	□ No □ Yes □ I don't know
45.	After your baby was delivered, how long did he or she stay in the hospital?
	<ul> <li>Less than 24 hours (less than 1 day)</li> <li>24 to 48 hours (1 to 2 days)</li> <li>3 to 5 days</li> <li>6 to 14 days</li> <li>More than 14 days</li> <li>My baby was not born in a hospital</li> <li>My baby is still in the hospital</li> <li>Go to Question 48</li> </ul>
46.	Is your baby alive now?
	☐ No → We are very sorry for your loss. ☐ Yes Go to Question 56
47.	Is your baby living with you now?
igcup	□ No
48.	Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?
Ţ	□ No ———— Go to Question 53 □ Yes
Go	to Question 49

77.	pumped milk to your new baby?	icc	umg
	No ☐ Yes ☐ Go to Que	stic	on 51
50.	How many weeks or months did you breastfeed or pump milk to feed yo baby?		
	Weeks OR Months		
	Less than 1 week		
If your baby was not born in a hospital, go to Question 52.			
51.	This question asks about things that have happened at the hospital where new baby was born. For each item, could if it did not happen or Yes if it did	e yo hec	our k No
	]	No	Yes
a.	My baby stayed in the same room with me at the hospital		
b.	I breastfed in the first hour after my baby was born		
c.	Hospital staff helped me learn how to breastfeed		
d.	My baby was fed only breast milk at the hospital		
e.	Hospital staff told me to breastfeed whenever my baby wanted		
f.	The hospital gave me a gift pack with formula	_	
g.	The hospital gave me a telephone number to call for help with		
	breastfeeding		

2. How old was your new baby the first time he or she drank liquids other than breast milk (such as formula, water, juice, tea, or cow's milk)?  Weeker OR	<b>56.</b> Are you or your husband or partner doing anything <i>now</i> to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth control pills, condoms, withdrawal, or natural family planning.
<ul> <li>Weeks OR Months</li> <li>My baby was less than 1 week old</li> <li>My baby has not had any liquids other than breast milk</li> <li>If your baby is still in the hospital, go to Question 54.</li> </ul>	Yes Go to Page 10, Question 58  57. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?  [Check ALL that apply]
53. In which one position do you most often lay your baby down to sleep now?  Check ONE answer  On his or her side On his or her back On his or her stomach  54. Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps mothers of newborns.  No Go to Question 56  Yes  55. Since your new baby was born, how many times has a home visitor come to your	to keep from getting pregnant now?  Check ALL that app  ☐ I am not having sex ☐ I want to get pregnant ☐ I don't want to use birth control ☐ I am worried about side effects from birt control ☐ My husband or partner doesn't want to u anything ☐ I have problems getting birth control who I need it ☐ I had my tubes tied or blocked ☐ My husband or partner had a vasectomy ☐ I am pregnant now ☐ Other — → Please tell us
home to help you learn how to take care of yourself or your new baby?  1 time 2 to 4 times 5 or more times	

V	
If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 59.	60. Since your new baby was born, how often have you felt down, depressed, or hopeless?
58. What kind of birth control are you or your husband or partner using <i>now</i> to keep from getting pregnant?  Check ALL that apply	☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never
<ul> <li>☐ Tubes tied or blocked (female sterilization, Essure®, Adiana®)</li> <li>☐ Vasectomy (male sterilization)</li> </ul>	61. Since your new baby was born, how often have you had little interest or little pleasure in doing things?
□ Birth control pill □ Condoms □ Injection (Depo-Provera®) □ Contraceptive implant (Implanon®) □ Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®) □ IUD (including Mirena® or ParaGard®)	☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never
<ul> <li>□ Natural family planning (including rhythm method)</li> <li>□ Withdrawal (pulling out)</li> <li>□ Not having sex (abstinence)</li> <li>□ Other → Please tell us:</li> </ul>	62. Since your new baby was born, how often have you felt panicky?  Always Often Sometimes Rarely Never
59. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a	63. Since your new baby was born, how often have you felt restless?
woman has about 4-6 weeks after she gives birth.	☐ Always ☐ Often
□ No □ Yes	☐ Sometimes ☐ Rarely ☐ Never

64. What kind of health insurance do you have now?  Check ALL that apply  Private health insurance from my job or the	67. Did your health care provider talk to you about any of the following topics <u>BEFORE</u> pregnancy? For each one, check No if it was not discussed or Yes if it was.
job of my husband, partner, or parents  ☐ Private health insurance purchased directly from an insurance company ☐ Medicaid or SoonerCare ☐ SoonerPlan ☐ TRICARE or other military health care ☐ Indian Health Service (IHS) or tribal ☐ Some other kind of health insurance → Please tell us:	a. Taking folic acid or a multivitamin
OTHER EXPERIENCES	g. My current medications
The next questions are on a variety of topics.  65. In the 12 months before you became pregnant with your new baby, did you visit a health care provider?	j. Birth defects or diseases that may run in my family
☐ No ☐ Yes ☐ Go to Question 68☐  66. What type of health care visit did you have before you became pregnant?  Check ALL that apply	m. Work and home exposures to chemicals and toxins that could be harmful to a pregnancy (radiation, lead, fumes, etc.)
<ul> <li>□ Annual (routine) health checkup</li> <li>□ To get advice or counseling to prepare for getting pregnant</li> <li>□ Exam or visit for a specific injury or illness or condition</li> <li>□ Birth control or family planning</li> <li>□ Other Please tell us:</li> </ul>	68. At any time during <i>your most recent</i> pregnancy, did you work at a job for pay?  ☐ No ☐ Go to Page 12, Question 72 ☐ Yes ☐ Go to Page 12, Question 69

69. Have you returned to the job you had during <i>your most recent</i> pregnancy?  Check ONE answer	If your baby is not alive, is not living with you, or is still in the hospital, go to Page 14, Question 80.
☐ No — Go to Question 72	
No, but I will be returning Yes	If your baby was not born in a hospital, go to Question 73.
70. Which of the following describes the leave or time you took off from work <i>after</i> your new baby was born?  Check ALL that apply	72. While in the hospital after your new baby was born, did you ever talk with a health care provider or read about what can happen if a baby is shaken?
☐ I took <i>paid</i> leave from my job☐ I took <i>unpaid</i> leave from my job☐ I did not take leave	□ No □ Yes
71. Did any of the things listed below affect your decision about taking leave from work after your new baby was born? For each item, check No if it does not apply to you or Yes if it does.	If you are currently breastfeeding your new baby, go to Question 74.
No Yes  a. I could not financially afford to	73. For what reasons did you stop breastfeeding?
take leave	Check ALL that apply
b. I was afraid I'd lose my job if I took leave or stayed out longer	<ul> <li>□ My baby had difficulty nursing or latching</li> <li>□ My baby was too sick or was hospitalized</li> <li>□ I didn't have enough milk (or I ran out of milk)</li> <li>□ It was too painful</li> <li>□ I went back to work or school</li> <li>□ I was sick or hospitalized</li> <li>□ I had no one to help me with breastfeeding</li> <li>□ It was too time consuming</li> <li>□ Other</li> </ul> → Please tell us:

74. Do you have someone you think of as your baby's personal doctor or nurse?  A personal doctor or nurse is a health professional who knows your baby well and is familiar with your baby's health history.  (This can be a family doctor, a pediatrician, a specialist doctor, a nurse practitioner, or a	77. Listed below are some things that describe how your new baby usually sleeps. For each item, check No if it doesn't usually apply to your baby or Yes if it usually applies to your baby. No Yes
physician assistant.)	a. My new baby sleeps in a crib or portable crib
□ No □ Yes	<ul><li>b. My new baby sleeps on a firm or hard mattress</li></ul>
75. Was your new baby seen by a doctor, nurse, or other health care worker for a <i>one week checkup</i> after he or she was born?	and/or stuffed toys
☐ No ☐ Yes ☐ My baby was still in the hospital at that	f. My new baby sleeps with me or another person
76. In general, how easy is it to calm your baby when he or she is crying or fussing?	78. Since you delivered your new baby, would you have the kinds of help listed below if you needed them? For each one, check No if you would not have it or Yes if you would.
☐ Very easy ☐ Somewhat easy ☐ Somewhat difficult ☐ Very difficult	a. Someone to loan me \$50

79. Since your new baby was born, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not	The last questions are about the time during the <i>12 months before</i> your new baby was born.	
	reading materials or videos. For each item,	
	check <b>No</b> if no one talked with you about it or <b>Yes</b> if someone did.	82. During the 12 months before your new
b.	No Yes  How long to wait before getting pregnant again	baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. <i>All information will be kept private</i> and will not affect any services you are now getting.
	Postpartum depression	□ \$0 to \$15,000
	Support groups for new parents	□ \$0 to \$15,000 □ \$15,001 to \$19,000 □ \$19,001 to \$22,000 □ \$22,001 to \$26,000 □ \$26,001 to \$29,000 □ \$29,001 to \$37,000 □ \$37,001 to \$44,000 □ \$44,001 to \$52,000 □ \$52,001 to \$56,000 □ \$56,001 to \$67,000 □ \$67,001 to \$79,000 □ \$79,001 or more
80.	Did you receive a Tdap vaccination before, during or after your most recent pregnancy? A Tdap vaccination is a shot that protects against tetanus, diphtheria, and pertussis (or whooping cough). Tdap was new in 2005.  Check ONE answer	
	☐ Yes, I received Tdap <u>before</u> my pregnancy ☐ Yes, I received Tdap <u>during</u> my pregnancy ☐ Yes, I received Tdap <u>after</u> my pregnancy ☐ I don't know	83. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?
81.	When your <i>first</i> child was born, how old were you?	People
		84. What is today's date?
	Years old	Month Day Year

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Oklahoma.

Thanks for answering our questions!

Your answers will help us work to make Oklahoma mothers and babies healthier.