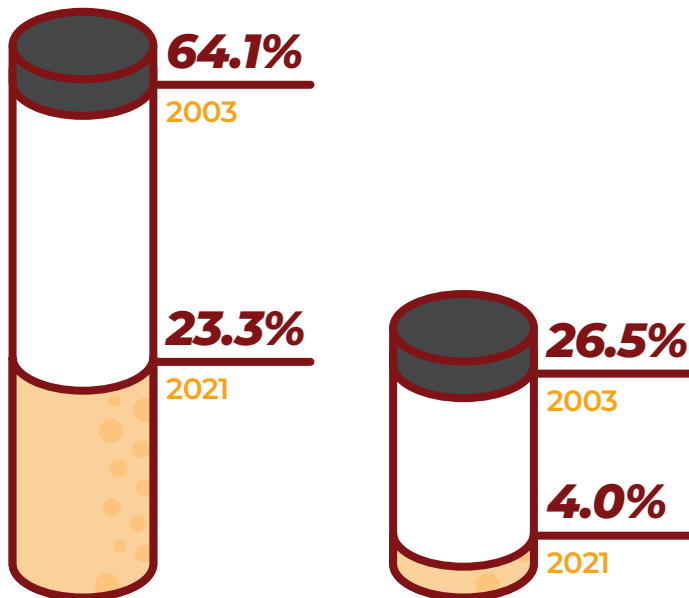


TOBACCO USE

Among public high school students in 2021:

CIGARETTES

Oklahoma has observed improvements in cigarette use among youth. The percentage of students who ever tried cigarettes decreased significantly from 64.1% in 2003 to 23.3% in 2021. The percentage of students who currently smoked cigarettes decreased from 26.5% in 2003 to 4.0% in 2021. ⁽¹⁾



Ever Tried

Current Users

2.6%

currently used smokeless tobacco. ⁽¹⁾



2.3%

currently smoked cigars, cigarillos, or little cigars. ⁽¹⁾



52.5%

tried to quit using all tobacco products. ⁽²⁾



1. During the 30 days before the survey.
2. Among students who used any tobacco product during the 12 months before the survey.

RECOMMENDATIONS

Promote cessation services for youth.

Prevent youth initiation of tobacco products by adopting local ordinances such as Tobacco 21 and zoning ordinances.

Eliminate the purchase, use, and possession law that penalize youth for being addicted to nicotine.

RESOURCES

- Utilize My Life My Quit as a resource for Cessation at, <https://mylifemyquit.com/>
- Toolkit for educating youth about the dangers of using any tobacco product, including e-cigarettes. <https://oklahoma.gov/content/dam/ok/en/health/health2/documents/tobacco-prevention.youth-engagement-resource-guide.pdf>
- Resources for teachers, students, and parents Vaping Prevention Resources | HHS.gov or https://digitalmedia.hhs.gov/tobacco/educator_hub?locale=en
- Educating retailers and their clerks about their crucial role in protecting youth by going to the Validate website at, <https://validateok.com/>

