## CHRONIC ILLNESS MANAGEMENT GUIDELINES Routine and Annual Treatment Guidelines

Attachment B OP-140137

Asthma ICD-9: 493.90	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Annual Peak flow or spirometry													
CAD ICD-9: 414.0	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Baseline EKG, then at providers discretion	Annual CBC	C Annual Cl	MP	Annual Fasting Profile	Lipid								
COPD ICD-9: 496	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Routine Peak flow q 3 - 6 months or spirometry	Routine O2 sats. q 3 - 6 months if patient on oxygen												
Diabetes ICD-9: 250	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Routine Foot examination q 3 – 6 months	Annual dilat retinal examination		MP	Annual Fasting Profile	Lipid	Annua (dipst	al urinalysis tick)	HgbA1C q 3-6 months	if	nnual urine al urine protein n ACE inhibito	negative & pa		
HIV: ICD-9 408	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Tetanus as indicated	Annual dilat retinal examination	annual for	r	Routine Viral Load q 4 months		Routine CD4 q 4 months		Routine CBC q 4 months		outine MP q 4 nonths	Fasting Lipid Profile Annually	RPR Annually	Hepatitis A & B Vaccination (If no serologic immunity) HPV for < 27 years old.
HTN ICD-9 401.9	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Baseline EKG, then at providers discretion	Annual fundoscopic examination (by provider	ı	BC	Annual (	CMP		ng Lipid e every 3	Annual urinalysis with protein (dipstick)	)	1			,
Seizure ICD 9: 345.9	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Annual CMP	Annual neurologic and cognitive exam													
Hepatitis B ICD- 9: 070.32	Annual Physical Examination	Pneumovax in severe disease (see guidelines)	Annual Flu Vaccine	Hepatitis A series if not contraindicat ed or already immune	One Time HCV antibody with reflex RNA One time HIV screen	Every 6 months CBC CMP PT/INR AFP	Every 6 months Hep pane	mor	ry 6 nths V DNA	Every month HBeA	s	Anti-HBe Every 6 months	APRI and FIB-4 calculations Q 6 months https://www. hepatitisc.uw .edu	those sadvand fibrosis or person elevate		Bi-Annual Child-Pugh Score in severe disease	Abdomir splenic Ultrasou for HCC screenir Q 6 mor	nd with cirrhosis g and annual
Hepatitis C ICD-9: 070.70	Annual Physical Examination	Pneumovax in severe disease (see guidelines)	Annual Flu Vaccine	Hepatitis A & B vaccine series if not contraindicat ed or already immune	One Time HCV antibody with reflex RNA One time HIV screen	Annual CBC CMP in mild disease			V treatmen k-up as pe cy		Child	Annual d-Pugh re in severe ase	Bi-annual CBC, CMP, PT/INR, AFP In severe diseas	e ar	GD every 2 3 years ith cirrhosis nd annual GD in CTP lass C	APRI > 2.0	in cirrhosis. , FIB-4 > 3.25; liver disease	
Fatty Liver SNO MED	Annual Physical Examination	Annual Flu Vaccine	Hepatitis A vaccine se not contrai or already	ries if CBC ndicated	ual Ai		Annual Fasting Lipid	Annual Hemogl A1c		Annual PT/INR		Annual AFP	Annual Hepatitis Panel (CP 162)	Ľ	Annual APR and FIB-4 calculations			_

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Cirrhosis	Bi-Annual	Pneumovax	Annual	Hepatitis A &	One Time	One Time	One Time	Bi-Annual	Bi-Annual	Bi-Annual	Bi-Annual	Bi-Annual	EGD every
ICD 9:	Physical	(see	Flu	B vaccine	HCV	HBV	HIV	CMP	CBC PT/INR	AFP	Child Pugh	RUQ/splenic	2 – 3 years
571.5	Examination	guidelines)	Vaccine	series if not	screening	screening	screening				score	Ultrasound	annual
00				contraindicat	with HCV ab	with	(CPL 3540)				calculation	for liver	EGD in
				ed or already	with reflex	hepatitis						cancer	CTP class
				immune	RNA (CPL	Panel (CPL						screening	C
					4677)	162)							

	Seizure - Medication Table									
Phenytoin	Drug level – if seizures uncontrolled or toxicity symptoms present		Ethosuximide	Drug level – if seizures uncontrolled or toxicity symptoms present						
Carbamazepine	Drug level – if seizures uncontrolled or toxicity symptoms present CBC – every 6 months CMP – every 6 months		Valproic Acid	Drug level – if seizures uncontrolled or toxicity symptoms present CBC – every 6 months CMP – every 6 months						
Phenobarbital	Drug level – if seizures uncontrolled or toxicity symptoms present									

Pneumovax Vaccination Guidelines								
Who needs to be vaccinated?	Who needs a second dose?							
<ul> <li>All unvaccinated adults age 65 years or older. (PPSV23 or Prevnar 20)</li> <li>All adults who smoke.</li> <li>All persons age 18-64 years who have chronic disease.</li> </ul>	One time revaccination is indicated for: (1) All adults who are at highest risk of pneumococcal disease or who have anatomic or acquired asplenia or are chronically immunocompromised, if 5 years have elapsed since the previous dose. No more than 2 doses are beneficial over a lifetime.							
All persons who have anatomic asplenia or are immunocompromised.	(R 03/24							