

OKLAHOMA'S MODERATE RISK PHASE



MOVING TO ORANGE MORE THAN 14.29 DAILY NEW CASES PER 100,000 POPULATION

This Moderate (Orange) risk phase means many COVID-19 positive cases are present in the community with undetected cases likely. The risk of infection is heightened by community spread, and robust testing and containment measures are recommended to mitigate further spread.



GENERAL GUIDELINES FOR INDIVIDUALS:

- Consider wearing face coverings in public.
- Limit out-of-state travel.
- Wash hands often for 20 seconds.
- Maintain physical distance of six feet apart.
- Don't touch your face.
- Stay home if you're sick.
- Practice symptom checks prior to team sport competitions or practices.
- Large or public gatherings and venues are suggested to operate under increased hygiene measures, physical distancing, face coverings, and symptom monitoring.
- Provide multiple meeting schedules to encourage smaller gatherings, with online streaming as the preferred delivery.

GENERAL GUIDELINES FOR BUSINESSES:

- High-contact businesses are advised to operate under stricter public health protocols, with additional directives provided in consultation with local officials.
- Dine-in service operate under elevated cleaning and hygiene measures as outlined by CDC.
- Offer telework options where possible, with continued heightened hygiene policies and physical distancing for the workplace.



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GENERAL GUIDELINES FOR HIGH-RISK INDIVIDUALS:

- Consider wearing face coverings at all times in public settings.
- Limit travel to only essential travel. If telework is not possible, limit travel to work and essential services only.
- Limit visiting friends or family without urgent need.
- Limit attending gatherings of any number of people outside your household or residence.
- Do not visit hospitals, nursing homes, or other residential care facilities.

For more information and guidance, visit the COVID-19 dashboard at coronavirus.health.ok.gov.

