



2025 CERTIFIED HEALTHY COMMUNITY RESOURCE GUIDE

Criterion	Resource
Foundational Resources* updated 6/16/2025	
Institute for Local Government: Healthy Neighborhoods	http://www.ca-ilg.org/healthy-neighborhoods
Blue Zones Project Certification Overview	https://www.bluezones.com/ 
Oklahoma Tobacco Settlement Endowment Trust (TSET) Healthy Living program Cities and Government Sector Outcomes	https://oklahoma.gov/tset/funding-opportunities/tset-healthy-incentive-grants-communities.html
*Foundational resources apply to all criteria, and applicants should use these as guidance documents. Other resources are supplementary and may also be useful to applicants.	
Section 1. Tobacco and Alcohol	
The City or Town, as an employer, has adopted organizational Workplace Wellness Policies that includes physical activity, nutrition, and tobacco-free living for employees	<p>Sample Workplace Wellness Policy</p>  Sample Worksites Policy_2024.pdf <p>Health Meeting Toolkit:</p>  <p>Healthy-Meeting-Toolkit.pdf</p>
Municipality has adopted and implemented an ordinance that prohibits smoking indoors and outdoors on city owned/operated properties – Prerequisite for Basic	<p>Sample Smoke free Ordinance</p>  Sample-Tobacco-Smoke-Vapor-Free-Ordin.html
Municipality has adopted and implemented an ordinance that prohibits the use of tobacco and vapor products on all indoor and outdoor city-owned/operated properties - Prerequisite for Excellence	<p>Sample Tobacco Ordinance</p>  Sample-Tobacco-Smoke-Vapor-Free-Ordin.html
Municipality has a written alcohol control policy and/or ordinance that minimally includes Oklahoma Department of Mental Health and Substance Abuse Service's (ODMHSAS) Responsible Beverage Sales and Service training for all city	<p>ODMHSAS Prevention Services: 405.248.9200</p> https://oklahoma.gov/odmhsas/prevention.html

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owned/operated properties and special events where alcohol is sold or provided	ODMHSAS Responsible Beverage Sales and Service Training: https://oklahoma.gov/odmhsas/learning-and-education/training-institute/rbss.html
Municipality has a written alcohol control policy and/or ordinance for all city owned/operated properties and special events where alcohol is consumed, but not purchased	ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html https://oklahoma.gov/odmhsas/prevention/communities.html
City has a policy that ensures events held on city-owned/operated property are tobacco, e-cigarette and vape free, encourages healthy foods and beverages, as well as opportunities for people to access the event on foot, by bicycle or by transit.	TSET: https://oklahoma.gov/tset/funding-opportunities/tset-healthy-incentive-grants-communities.html
Primary and secondary educational institutions (i.e. elementary, middle school, junior high and high school) within the community have adopted policies ensuring “24/7” tobacco, vapor products, alcohol and drug free properties that cover students, staff, and visitors	Sample Policy  Oklahoma_24-7-Tobacco-Smoke-Vape-Free
Vocational/career tech institutions that serve the community’s student population have adopted policies ensuring “24/7” tobacco, vapor products, alcohol and drug free properties that cover students, staff, and visitors	American Nonsmokers’ Rights Foundation (ANSR): https://no-smoke.org/at-risk-places/colleges/ CDC: https://www.cdc.gov/mmwr/volumes/67/wr/mm6724a4.htm OSDH: https://oklahoma.gov/health/health-education/community-outreach/community-development-services/office-of-chronic-disease/tobacco-prevention/breathe-easy/24-7-tobacco-free-schools.html  Sample Higher Ed Campus Policy_2024
Higher educational institutions serving the community have adopted policies ensuring “24/7” tobacco, vapor products, properties that cover students, staff, and visitors	American Nonsmokers’ Rights Foundation (ANSR): https://no-smoke.org/at-risk-places/colleges/

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	<p>CDC: https://www.cdc.gov/mmwr/volumes/67/wr/mm6724a4.htm</p> <p>OSDH: https://oklahoma.gov/health/health-education/community-outreach/community-development-services/office-of-chronic-disease/tobacco-prevention/breathe-easy/24-7-tobacco-free-schools.html</p>
Higher educational institutions serving the community have adopted policies ensuring “24/7” alcohol and drug free properties that cover students, staff, and visitors	<p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p> <p>https://oklahoma.gov/odmhsas/prevention/communities.html</p>
Multi-unit housing (apartment, duplex, or condominium) owners within the community have a voluntary policy to inform prospective residents of the property’s smoking policies and where smoking is and is not allowed	<p>Breathe Easy OK: https://oklahoma.gov/health/health-education/community-outreach/community-development-services/office-of-chronic-disease/tobacco-prevention/breathe-easy/multi-unit-housing.html</p> <p>Department of Housing and Urban Development: https://portal.hud.gov/hudportal/documents/huddoc?id=smokefreephfinalrule.pdf</p>
Municipality has zoning, land use, or business permit procedures to restrict the number, location, or density of alcohol retailers	<p>Oklahoma Statutes Title 37A, Section 4-101: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=479731</p> <p>Oklahoma Statutes Title 37A, Section 4-103: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=479733</p> <p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p>

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	https://oklahoma.gov/odmhsas/prevention/communities.html
Municipality has zoning and/or land use to restrict the location of tobacco outlets near schools and playgrounds	Oklahoma Statutes Title 63, Section 1-229.20: https://www.oscn.net/applications/oscn/DeliverDocument.asp?citeid=483188
Municipality has a zoning and/or land use to restrict the location of vapor outlets near schools and playgrounds	Oklahoma Statutes Title 63, Section 1-229.20: https://www.oscn.net/applications/oscn/DeliverDocument.asp?citeid=483188
Municipality enacted an enabling ordinance as defined by the Prevention of Youth Access to Alcohol Act that prescribes and earmarks fines for enforcement of youth access laws	Oklahoma Statutes Title 37A, Section 6-120: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=480392 Oklahoma Statutes Title 37A, Section 6-114: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=480375 ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html https://oklahoma.gov/odmhsas/prevention/communities.html
Municipality enacted enabling ordinance as defined by the Prevention of Youth Access to Tobacco Act that prescribes and earmarks fines for enforcement of youth access laws (includes vapor products)	Oklahoma Statutes Title 63, Chapter 1, Section 1-229.24: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=483196
Municipality's Social Host ordinance/law is enforced to hold accountable those who allow underage drinking or drug use on property under their control	Oklahoma Statutes Title 37A, Section 6-120: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=480392 ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html https://oklahoma.gov/odmhsas/prevention/communities.html

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Municipality has local law enforcement agencies that have policies established to conduct regular and consistent monthly underage alcohol compliance checks. These checks enforced with written citations by law enforcement to identify and discourage illegal-alcohol sales and the results are made public	<p>2M2L Information: https://oklahoma.gov/odmhsas/prevention/communities/2m2l.html</p> <p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p> <p>https://oklahoma.gov/odmhsas/prevention/communities.html</p>
Municipality has a judicial system that will maintain enforcement of the underage alcohol compliance check citations and has a strong fine structure in place to implement	
Frequent underage tobacco checks are conducted, with or without law enforcement, in the community to identify and discourage illegal selling of tobacco and vapor products to minors, and the results are made public	<p>ABLE Commission: https://oklahoma.gov/able-commission.html</p>
Within the community, ODMHSAS Responsible Beverage Sales and Service training is offered for alcohol retailers and special events where alcohol is available to increase compliance with youth access to alcohol laws	<p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p> <p>https://oklahoma.gov/odmhsas/prevention/communities.html</p> <p>ODMHSAS Responsible Beverage Sales and Service Training: https://oklahoma.gov/odmhsas/learning-and-education/training-institute/rbss.html</p>
State law on alcohol promotions and specials is enforced within the community	<p>Oklahoma Statutes Title 37A, Section 3-117: https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=479687</p> <p>ABLE Commission: https://oklahoma.gov/able-commission.html</p> <p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p>

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<https://oklahoma.gov/odmhsas/prevention/communities.html>

Municipality does not allow alcohol marketing/advertising at city hosted events (i.e. county fairs, rodeos, motor sports, other sporting events, parades, concerts, museums, dances, festivals, etc.) and on property owned, leased or operated by the city

ODMHSAS Prevention Services:
405.248.9200

<https://oklahoma.gov/odmhsas/prevention.html>

<https://oklahoma.gov/odmhsas/prevention/communities.html>

Section 2. Nutrition and Physical Activity

Affordable fresh fruits and vegetable (i.e. grocery stores, farmer's markets, corner stores, or community gardens) are available within the community- **Prerequisite for Excellence**

CDC Healthy Places:

<https://www.cdc.gov/nutrition/php/healthy-food-environments/index.html#:~:text=CDC%20helps%20states%20and%20communities%20implement%20and%20expand%20these%20programs,increase%20access%20to%20healthy%20foods.>

ONIE Farmer's Market Locator:

<https://onieproject.org/initiatives/oklahoma-farmers-markets/>

OSU Extension Garden Resources:

<http://www.oklahomagardening.okstate.edu/resources>

A Guide to Community Gardening:



Community Garden
Resource.pdf

Women, Infants and Children (WIC), is accepted within the community or within a 10-mile radius of community (i.e. farmer's markets, corner stores, grocery stores)



WIC Approved Vendors:

<https://oklahoma.gov/content/dam/ok/en/health/health2/aem-documents/family-health/wic/wic-clinic-sites.pdf>





OSDH:

<https://oklahoma.gov/health/services/children-family-health/wic/health-partners.html>

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	<p>Hunger Free Oklahoma: https://www.hungerfreeok.org/resources/wic/</p>
Senior Nutrition Vouchers are accepted within the community or within a 10 mile radius of community (i.e. farmer's markets, corner stores, grocery stores)	<p>Oklahoma Senior Farmers Market Nutrition Program: https://oklac.org/ebt</p> <p>https://onieproject.org/initiatives/oklahoma-senior-farmers-market-nutrition-program/</p>
Supplemental Nutrition Assistance Program (SNAP), is accepted within the community or within a 10-mile radius of community (i.e. farmer's markets, corner stores, grocery stores)	<p>SNAP Retailer Locator: https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program</p> <p>OKDHS:https://oklahoma.gov/okdhs/services/snap.html</p> <p>Hunger Free Oklahoma: https://www.hungerfreeok.org/resources/snap/</p>
Food Assistance Programs within the community such as food banks, food rescue programs, emergency food organizations, senior feeding sites, emergency kitchens, food pantry, mobile meals, etc. implement healthy food option practices (for example encourage donations of healthy foods, ensure staff/volunteers are trained on proper food handling, incorporate hands-on nutrition programs)	<p>Oklahoma Food Banks: https://www.regionalfoodbank.org/</p> <p>https://okfoodbank.org/</p> <p>Hunger Free Oklahoma: https://www.hungerfreeok.org/foodresource/tool/</p>
Urban Agriculture Ordinance within the community that allows residents to farm or keep chickens and bees, etc. within a city or municipality without a special permit or waives any permitting requirement	<p>Change Lab Solutions, Urban Agriculture: https://www.changelabsolutions.org/search</p> <div style="text-align: center;">  Urban_Ag_Seeding TheCity_FINAL_CLS_ </div>
Municipality has an ordinance, land use policy, or zoning to promote, expand, and protect community garden and Farmer's Market sites, including vacant city-owned land and unused parking lots	<p>Change Lab Solutions, Farmers' Markets: http://changelabsolutions.org/search?tid=56&tid_1=All&tid_2=All&combine=Zoning&=Search</p> <div style="text-align: center;">  N13.2-Sample-Policies-Final_6.21.22.doc </div>

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Established community garden(s) located in parks, schools, work sites or childcare settings are available to the community	 Community Garden Toolkit.pdf
Municipality zoning restricts the development and relocation of fast-food outlets proximate to all schools and playgrounds	Change Lab Solutions, The Changemaker's Guide: http://changelabsolutions.org/publications/changemakers-guide
Municipality has adopted and implemented an action-oriented healthy food retail resolution to improve food access by making it easier for residents to find, afford, choose and use healthy food.	Change Lab Solutions, Incentives for Change: http://changelabsolutions.org/small-food-stores-incentives  Oklahoma_Tailoring-the-Sample-Health
Municipality has healthy vending standards in municipal buildings and public parks	Change Lab Solutions, Healthier Vending for Municipalities: http://changelabsolutions.org/publications/healthier-vending-municipalities
Municipality has healthy food and beverage policy for city-sponsored youth sporting events	Change Lab Solutions, Healthier Vending for Municipalities: http://changelabsolutions.org/publications/healthier-vending-municipalities
Fitness centers within the community offer reduced rates for families or sliding scale based on income	
Local community gym (community center, church, school, etc.) is available for before/after school physical activity through a shared use agreement	 Open-Use-Policy-Guide_Final_9.12.23-1  Final-Sample-Shared-Use-policy.docx Change Lab Solutions, Shared Use: https://www.changelabsolutions.org/product/benefits-shared-use
Municipality has adopted and implemented an Open Use and Community Use of Facilities Policies	Change Lab Solutions, Open Use: http://changelabsolutions.org/search?tid=All&tid_1=All&tid_2=All&combine=open+use&=Search
Community has available family activities (i.e. walking trails, community center, parks, church gym, school gym, etc) afterhours	

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Community center or city parks offer physical activity events	CDC: http://www.cdc.gov/physicalactivity/ https://www.cdc.gov/physical-activity/php/public-health-strategy/?CDC_AAref_Val=https://www.cdc.gov/physicalactivity/community-strategies/index.htm
Community has Wayfinding Signage and maps that increase awareness of places to walk, bike and promote placemaking	CDC: https://www.cdc.gov/physical-activity/php/strategies/encouraging-physical-activity.html
Active Walking School Bus, Safe Routes to School, or Bike to School programs are available within the community	NHTSA: https://www.nhtsa.gov/book/countermeasures-that-work/pedestrian-safety/countermeasures/other-strategies-behavior-change/walking-school-bus Safe Routes to School Guide: http://guide.saferoutesinfo.org/
Municipality has adopted and implemented enforceable policies, ordinances, or legal codes that encourages children and their families to walk, bike, and roll to school (i.e. Safe Routes to School)	Safe Routes to School Guide: http://guide.saferoutesinfo.org/  Oklahoma-Sample_Safe_Routes_to_Sch
Municipality has conducted a walkability assessment- Prerequisite for Excellence	National Highway Traffic Safety Administration: https://www.nhtsa.gov/sites/nhtsa.gov/files/walkingchecklist.pdf
Senior-focused activities (e.g., Tai Chi: Moving for Better Balance, Tai Chi for Arthritis and Fall Prevention, or Stay Active and Independent for Life (SAIL)) are offered in the community	Oklahoma State Department of Health: https://oklahoma.gov/health/health-education/injury-prevention-service/aging-injury/falls-prevention.html https://oklahoma.gov/health/health-education/community-outreach/community-development-services/office-of-state-programs/health-promotion/arthritis-program.html?fbclid=IwZXh0bgNhZW0CMTEAAR4QmSI5UUUsBUoWFaIPcMeLu4vCS0p7I5v91vq3n7-wzUVBkXgFfGDuDi2Ih1w_aem_QS24AjNhAs4VCW0kEd8xWg

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	<p>OHA: https://www.ouhealth.com/oklahoma-center-for-geroscience/healthy-aging-services/oklahoma-healthy-aging-initiative-ohai/</p> <p>Areawide Aging Agency: https://www.areawideaging.org/</p>
Safe, well-marked bicycle routes are located within the community	<p>Chang Lab Solutions, Getting the Wheels Rolling: http://changelabsolutions.org/bike-policies</p> <p>Association of Central Oklahoma Governments https://bicycle-and-pedestrian-resource-center-acog.hub.arcgis.com/</p>
Safe, well-marked walking trails are located within the community	<p>Change Lab Solutions, Urban Trails: http://changelabsolutions.org/publications/urban-trails</p> <p>CDC: https://www.cdc.gov/physical-activity/php/strategies/increasing-physical-activity-through-community-design-prevention-strategies.html</p>
Safe playgrounds and parks are located within the community	<p>National Recreation and Park Association: https://www.nrpa.org/</p>
Section 3. Community Resources	
Public sidewalks with ramps located within the community are ADA compliant	<p>ADA: https://www.ada.gov/law-and-regs/regulations/title-ii-2010-regulations/</p> <p>https://www.ada.gov/resources/?filters=title-ii</p>
An active recycling program is located within the community	<p>EPA: https://www.epa.gov/managing-and-transforming-waste-streams-tool-communities</p> <p>https://www.epa.gov/recycle/recycling-basics-and-benefits</p>
Municipality regulates and limits storefront signage that contains advertisements covering windows or at the point	<p>ChangeLab Solutions, Storefront Signage:</p>

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of sale	https://www.changelabsolutions.org/product/model-california-ordinance-reducing-storefront-window-signage
Public health advocates and local stakeholders are included in community development and zoning regulations	See below contacts
Community promotes “Heart Healthy Trails” as certified by Oklahoma Department of Tourism (state parks, city parks-pursuing heart healthy trails).	OK Department of Tourism: https://www.travelok.com/article_page/heart-healthy-trails-in-oklahoma
Simple, explicit signs with unambiguous graphics give essential information at key decision points	CDC: https://www.cdc.gov/physical-activity/php/strategies/encouraging-physical-activity.html
Easy to use street furniture is available and in styles familiar to older people	
Community emergency planning takes into account the vulnerabilities and capacities of older people and specifies procedures for people with dementia	Alzheimer’s Association: https://www.alz.org/cnfl/education-programs/disaster-preparedness
A bicycle share program is available within the community	
Municipality has adopted and implemented enforceable policies, ordinances, or legal codes that encourage active living and transportation through changes to land use, urban design, and transportation (i.e. Complete Streets policies; pedestrian, bicycle, or parks/trails plans; design guidelines; incorporation of such policies in master plans/Community Plan)	<p>CDC: https://www.cdc.gov/physical-activity/php/strategies/increasing-physical-activity-through-community-design-prevention-strategies.html</p> <p>Smart Growth America: http://www.smartgrowthamerica.org/complete-streets</p> <p>Active Living Research: http://activelivingresearch.org/</p> <p>ODOT: https://oklahoma.gov/content/dam/ok/en/odot/web-files-2/Active%20Transportation%20Plan%20-%20Full%20Version.pdf</p>
Streets located within the community are a complete street	Smart Growth America, Implementation: https://smartgrowthamerica.org/program/national-complete-streets-coalition/policy-atlas/
Municipality includes active transportation components in their long-range planning efforts. This can be through its inclusion within a Comprehensive Plan, or through standalone plans (i.e. pedestrian, bicycle, or parks/trails plans)	<p>Oklahoma Association of Regional Councils: http://www.oarcok.com/</p> <p>Regional Transportation Planning Organizations:</p>

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	https://nortpo.org/ https://sortpo.org/ https://www.sertpo.org/
Municipality ensures appropriate city staff and professional consultants, if needed, have received training regarding planning and designing complete streets or other active transportation	<p>Smart Growth America: https://www.smartgrowthamerica.org/knowledge-hub/resources/</p> <p>Oklahoma Association of Regional Councils: http://www.oarcok.com/</p> <p>Regional Transportation Planning Organizations: https://nortpo.org/ https://sortpo.org/ https://www.sertpo.org/</p>
Carpooling options are available within the community (i.e. park and ride, shared transit to away sports games or church activities, etc)	See below contacts
Public transit options are available within the community	
Public transit and/or van transport for health-related services or needs is promoted within the community (i.e. Doctor's offices, Senior Centers, Assisted Living Centers, pharmacies or grocery stores, etc.)	<p>OHS: https://oklahoma.gov/okdhs/beaneighbor.html</p>
Within the community, a designated/alternative driver program is available to ensure transportation is readily accessible for those consuming alcohol	<p>ODMHSAS Prevention Services: 405.248.9200 https://oklahoma.gov/odmhsas/prevention.html</p>
The City or Town, as an employer, has adopted a cell phone usage policy prohibiting the use of cell phones while operating city owned/operated vehicles.	
Municipality ensure appropriate city staff and professional consultants, if needed, have received training regarding ADA compliance.	<p>Local Technical Assistance Program, Oklahoma State University, https://ceat.okstate.edu/extension/professional-development/ltap/</p> <p>ODOT: https://oklahoma.gov/odot/business-center/contract-compliance/ada.html</p>
Safe Routes to Parks program is available within the community	<p>Safe Routes to Parks: https://www.saferoutespartnership.org/healthy-communities/saferoutestoparks</p>

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Municipality has ADA transition plan	ODOT: https://oklahoma.gov/odot/business-center/contract-compliance/ada.html
The municipality and community members are engaged in a local strategic planning process addressing public health needs including assessing, planning, implementing, and evaluating public health activities - Prerequisite for Excellence	See below contacts
Community based health screenings and referrals offered to identify health conditions such as obesity, diabetes, heart disease, mental health and substance misuse and abuse or within a 10 mile radius	County Health Departments: https://oklahoma.gov/health/locations/countymap.html
Community has access to cancer screenings, educational materials, or awareness events	OU Cancer Prevention and Screening Programs: https://www.ouhealth.com/stephenson-cancer-center/community-outreach-and-engagement/cancer-prevention-screening-programs/ OSDH Central Cancer Registry Resources: https://oklahoma.gov/health/cccp.html
Ensure older adults have access to community based screenings to identify chronic conditions, fall risk, and cognitive function	Community Health Centers: https://www.okpca.org/community-health-centers Community Health Centers of Oklahoma: https://www.communityhealthok.org/
Home care services include health, personal care and housekeeping	
Basic primary health care is available to the community or within a 10 mile radius of the community (i.e. free clinic or reduced fee clinics, faith-based community clinics, mobile clinics, etc.)	Community Health Centers: https://www.okpca.org/community-health-centers Community Health Centers of Oklahoma: https://www.communityhealthok.org/ County Health Departments – https://oklahoma.gov/health/locations/countymap.html Oklahoma Caring Foundation- https://www.oklahomacaringfoundation.org/van-schedules
Information on how to access free or reduced rate dental	County Health Departments:

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care is provided within the community (i.e. local County Health Department, Oklahoma Dental Association, local website, flyers, pamphlets, billboards, media, etc.)	https://oklahoma.gov/health/locations/county-map.html Community Health Centers of Oklahoma: https://www.communityhealthok.org/ Oklahoma Dental Association: http://www.okda.org/public/free-low-cost-dental-clinics/
Community has access to Advanced Life Support Emergency Medical Services or, partners with another community to provide Advanced Life Support Emergency Medical Services	
Information on how to access mental health and substance abuse treatment/recovery and clinical health services is provided within the community (i.e. faith-based community efforts, local mental health and substance abuse providers, local substance abuse recovery groups such as AA and NA, local website, flyers, pamphlets, billboards, media, etc.)	Oklahoma Department of Mental Health and Substance Abuse Services: https://oklahoma.gov/odmhsas/treatment/ccbhc.html
Early Intervention Programs are located within the community (examples include Healthy Families America, Nurse-Family Partnership, Early childhood home visiting programs (C1 or Parents as Teachers)	OSDH: Children First Program (C1): https://oklahoma.gov/health/health-education/children---family-health/family-support-and-prevention-service/children-first-program.html OSDH: Child Guidance Program: https://oklahoma.gov/health/services/children-family-health/child-guidance-program.html OSDH: Sooner Start: https://oklahoma.gov/health/services/children-family-health/sooner-start.html
Section 4. Education/Awareness	
Municipality's City Hall has applied as a Certified Healthy Business	Certified Healthy Business Application: https://oklahoma.gov/certifiedhealthy/applying/business.html
There are Certified Healthy Business(es) in our community	2024 Certified Healthy Businesses: https://oklahoma.gov/certifiedhealthy/past-winners.html
Certified Healthy entities are promoted within the community	See below contacts
Municipality websites, social media, or newsletters promote health and wellness activities in the community	

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Community wide campaigns that promote wellness (i.e. “This City is Going on a Diet”, “Walk This Weigh”, local Mayors Challenges, etc.) have been implemented within the community	<p>The Community Guide, Community-Wide Campaigns https://www.thecommunityguide.org/findings/physical-activity-community-wide-campaigns.html</p> <p>CDC: https://www.cdc.gov/physical-activity/php/strategies/community-wide-campaigns.html</p>
Local schools participate in Certified Healthy	2024 Certified Healthy Awardees: https://oklahoma.gov/certifiedhealthy/past-winners.html
Local congregations participate in Certified Healthy	2024 Certified Healthy Awardees: https://oklahoma.gov/certifiedhealthy/past-winners.html
Local early childhood programs participate in Certified Healthy	2024 Certified Healthy Awardees: https://oklahoma.gov/certifiedhealthy/past-winners.html
Local campuses (Vocational/Career Tech and Higher Education) that serve the community participate in Certified Healthy	2024 Certified Healthy Awardees: https://oklahoma.gov/certifiedhealthy/past-winners.html
Mental Health First Aid is available in the community.	<p>Mental Health First Aid Oklahoma: https://www.mhfa-ok.org/</p> <p>Southern Plains Tribal Health Board: https://www.spthb.org/events/mental-health-first-aid/</p>
The Oklahoma Tobacco Helpline 1-800-QUIT-NOW/ 1-800-784-8669 is promoted (English and Spanish) to the general public within the community (i.e. media, billboards, websites, other promotional displays)	Oklahoma Tobacco Helpline: http://okhelpline.com/
The National Suicide Prevention Lifeline 1-800-273-TALK/1-800-273-8255 is promoted (English and Spanish) to the general public within the community (i.e. media, billboards, websites, other promotional displays)	988 National Suicide Prevention Line: https://988lifeline.org/
The Problem Gambling Hotline 1-800-522-4700 is promoted (English) to the general public within the community (i.e. media, billboards, websites, and other promotional displays)	<p>Oklahoma Association for Problem and Compulsive Gambling: https://www.oapgg.org/</p> <p>https://oklahoma.gov/omes/services/gaming-compliance-unit/assistance-with-problem-gaming.html</p>
The Oklahoma Domestic Abuse and Sexual Assault Safeline 1-800-522-SAFE is promoted to the general public within the community (i.e. media, billboards, websites, and other	Oklahoma Victim Services Resources:

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promotional displays)	https://oklahoma.gov/health/health-education/injury-prevention-service/intimate-partner-violence.html
The Oklahoma Center for Poison and Drug Information (1-800-222-1222) is promoted to the general public within the community	Oklahoma Center for Poison and Drug Information: https://oklahomapoison.org/
The Crisis Text Line 741741 (Counseling Services) is promoted (English and Spanish) to the general public within the community (i.e. media, billboards, websites, other promotional displays)	The Crisis Text Line: https://www.crisistextline.org/
Community promotes Shape Your Future material	Shape Your Future: https://shapeyourfutureok.com/
Community utilizes local coalitions to educate new and established drivers about risks associated with impaired driving	See below contacts
Community utilizes local coalitions to educate new and established drivers about driving with distractions (i.e. texting, cell phone use, GPS use, eating, applying makeup, etc.)	See below contacts
Municipality participates in a community wide wellness task force or coalition with community resident involvement	See below contacts
Safe storage and proper disposal of prescription drugs is promoted within the community according the U.S. Food and Drug Administration (FDA) guidelines provided on - https://okimready.org/ Prerequisite for Excellence	OK I'm Ready: https://okimready.org/ OSDH, Injury Prevention Service: 405.426.8440 https://oklahoma.gov/health/health-education/injury-prevention-service/drug-overdose/opioid-overdose/safe-use-storage-and-disposal.html
Community assures active promotion to the general public about the referral to substance abuse and mental health treatment hotline (2-1-1)	2-1-1 Oklahoma: http://www.211oklahoma.org/
Community education on prescription drug abuse/misuse is promoted within the community. (For more information visit https://okimready.org/)	OK I'm Ready: https://okimready.org/ OSDH, Injury Prevention Service: 405.426.8440 https://oklahoma.gov/health/health-education/injury-prevention-service/drug-overdose/opioid-overdose/safe-use-storage-and-disposal.html
Naloxone education & distribution programs are located in the community.	ODMHSAS: https://oklahoma.gov/odmhsas.html https://okimready.org/prevention/

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National Highway Traffic Safety Administration (NHTSA) child car seat inspection stations and/or certified child passenger safety technicians are promoted to the community	<p>NHTSA Child Car Seat Inspection Station Locator: https://www.nhtsa.gov/equipment/car-seats-and-booster-seats#installation-help-inspection</p> <p>National Child Passenger Safety Certification Tech Finder: https://cert.safekids.org/find-tech</p> <p>Safe Kids Oklahoma: https://www.bethanychildrens.org/departments/community-health/safe-kids-oklahoma/</p>
National Highway Traffic Safety Administration (NHTSA) traffic safety campaigns, including drunk driving and drug-impaired driving are promoted to the community	<p>NHTSA Safety Campaigns: https://www.trafficsafetymarketing.gov/</p>
Community promotes Bike pedestrian safety campaign (ACOG/INCOG-Travel with Care/Watch for me)	<p>ACOG: https://www.watchformeok.org/</p> <p>NHTSA: https://www.trafficsafetymarketing.gov/safety-topics/bicycle-safety#3596 https://www.trafficsafetymarketing.gov/safety-topics/pedestrian-safety</p>
Community members receive information regarding organ donation when they receive a driver's license or state ID card, complete a title transaction, or purchase a license plate.	<p>Life Share Transplant Donor Services of Oklahoma: http://www.lifeshareoklahoma.org/</p>
Information on the Low-Income Home Energy Assistance Program (https://oklahoma.gov/okdhs.html) is available in the Community.	<p>https://oklahoma.gov/okdhs/services/liheap/utilityservicesliheapmain.html</p>
Information on Healthy home environment assessments is available in the community.	<p>OSDH: https://oklahoma.gov/health/services/children-family-health/screening-and-special-services/oklahoma-childhood-lead-poisoning-prevention-program.html</p> <p>CDC: https://www.cdc.gov/lead-prevention/about/index.html#:~:text=Healthcare%20providers%20can%20perform%20a,higher%20than%20most%20children's%20levels.</p>

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Section 5. Safe and Healthy Communities	
Education, counseling and support for caregivers and their families allows them to continue their critical role in supporting people with dementia and/or other chronic conditions	<p>Home Safety Checklist: https://www.alz.org/help-support/resources/home_safety_checklist</p> <p>https://www.nia.nih.gov/health/home-safety-checklist-alzheimers-disease#:~:text=Lock%20all%20power%20tools%20and,kept%20out%20of%20the%20way.</p> <p>Fall prevention: https://www.aarp.org/home-family/your-home/info-2021/fall-prevention-safety-tips.html</p> <p>https://oklahoma.gov/health/health-education/injury-prevention-service/aging-injury/falls-prevention.html</p>
Community promotes Caregiver resources	<p>Powerful Tools for Caregivers https://www.ouhealth.com/oklahoma-center-for-geroscience/healthy-aging-services/oklahoma-healthy-aging-initiative-ohai-/ohai-classes/#:~:text=Powerful%20Tools%20for%20Caregivers%20is,a%20family%20member%20or%20friend.</p> <p>Community Living, Aging & Protective Services (CAP) https://oklahoma.gov/okdhs/services/cap.html</p> <p>Healthy Brains Healthy Minds https://www.ouhealth.com/oklahoma-center-for-geroscience/healthy-aging-services/oklahoma-healthy-aging-initiative-ohai/</p> <p>AARP: https://states.aarp.org/oklahoma/caregiving</p> <p>Oklahoma Dementia Care Network:</p>

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	https://www.ouhealth.com/oklahoma-center-for-geroscience/healthy-aging-services/oklahoma-dementia-care-network-okdcn-/ Alzheimer’s Association: https://www.alz.org/help-support/caregiving https://www.communityresourcefinder.org/ https://www.alz.org/help-support https://www.alz.org/help-support/resources/care-training-resources Support Groups: https://www.alz.org/help-support/i-have-alz/programs-support OK Cares: https://okcares.org/support_groups/
The Alzheimer’s Association Helpline 1-800-272-3900 is promoted to the general public within the community (i.e. media, billboards, websites, and other promotional displays).	Oklahoma Alzheimer’s Association https://www.alz.org/oklahoma
Links for First Responders for trainings on Dementia and Alzheimer’s are provided on city’s website	Alzheimer’s Association: https://www.alz.org/professionals/first-responders
Provide Education and resources to older adults on how to access services through new technologies	Areawide Aging Agency: https://www.areawideaging.org/services/
A range of volunteer options is available, including meaningful volunteer opportunities for people with dementia that are tailored to their interest and ability	
Communities provide a safe and secure pedestrian environment to allow older adults to remain independent, active, and engaged	CDC: https://www.cdc.gov/physical-activity/php/strategies/increasing-physical-activity-through-community-design-prevention-strategies.html https://www.cdc.gov/physical-activity/php/strategies/social-supports.html
Intergenerational activities are part of the community fabric and include older adults	Alzheimer’s Association: https://www.alz.org/help-support/resources/kids-teens/50-activities

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Activities are well-communicated to older people, and there is consistent outreach to include people at risk of social isolation	
The Oklahoma Areawide Aging Agency contact information is promoted to older adults within the community	Oklahoma Areawide Aging Agency: https://www.areawideaging.org/
Community Promotes the Dementia Care Network	Oklahoma Dementia Care Network: https://dcn.ouhsc.edu/
Community provides educational materials on falls prevention and healthy aging within the community	OSDH: https://oklahoma.gov/health/health-education/injury-prevention-service/aging-injury/falls-prevention.html
Transportation for senior citizens and people with disabilities is offered within the community	
Transit drivers are trained to be sensitive to riders with dementia and how to help them	Dementia Friendly Transportation Training: https://nationalcenterformobilitymanagement.org/news/dementia-friendly-transportation-training/
Transportation services can be adapted to the needs of older people, including schedule reminders and help at destinations	Transportation: https://www.okdrs.gov/guide_15_03 https://www.embarkok.com/bus/mobility-management
Community is working towards Age and Dementia Friendly designation	Dementia Friendly Designation: https://dfamerica.org/overview/
Information on how to access a broad range of community services and social learning opportunities for youth is provided within the community (examples include after school programs, professional learning opportunities for SEL, mental, emotional, and behavioral health screenings for youth, school-based prevention programs, other SEL-related efforts or initiatives)	OSDE: https://oklahoma.gov/education/services/family-community-engagement.html OSDH: https://oklahoma.gov/health/fsps.html
Community has access to victim-centered services (e.g., support groups, crisis intervention, medical/legal advocacy) and treatment for victims of sexual violence and at-risk children/families	<div style="text-align: center;">  Resources for People Who Have Experience </div> CDC: https://www.cdc.gov/violenceprevention/index.html OSDH: https://oklahoma.gov/health/health-education/injury-prevention-service/intimate-partner-violence.html Oklahoma Attorney General : https://www.oag.ok.gov/victim-services

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	<p>OK Commission on Children and Youth: https://www.ok.gov/occy/Resources/index.html</p> <p>Children’s Advocacy Centers of OK: http://cacok.com/directory/</p> <p>District Attorneys Council https://www.ok.gov/dac/Victims/index.html</p>
Community promotes safe, stable, nurturing relationships and environments where children live, learn, and play	CDC: https://www.cdc.gov/violence-prevention/index.html
Community works with schools to boost strategies to enhance parents’ and youths’ skills to handle stress, resolve conflicts, and reduce violence	<p>CDC: https://www.cdc.gov/violence-prevention/index.html</p> <p>https://www.cdc.gov/healthy-youth-parent-resources/positive-parental-practices/?CDC_AAref_Val=https://www.cdc.gov/healthyyouth/protective/positiveparenting.htm</p> <p>https://www.cdc.gov/healthy-youth-parent-resources/parent-engagement/?CDC_AAref_Val=https://www.cdc.gov/healthyyouth/protective/parentengagement.htm</p> <p>PacesConnections: https://www.pacesconnection.com/g/raising-resilient-oklahomans</p> <p>Child Safety Net: https://csn.org/</p>
Communities create protective environments against violence (e.g. safety and monitoring in schools, workplace policies, lighting and physical maintenance)	<p>CDC: https://www.cdc.gov/youth-violence/risk-factors/index.html</p> <p>https://www.cdc.gov/aces/about/index.html</p> <p>Paces Connection: https://www.pacesconnection.com/g/raising-resilient-oklahomans</p> <p>Prevention Institute: https://www.preventioninstitute.org/</p>

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	Community Guide: https://www.thecommunityguide.org/topic/violence
Continuing education for law enforcement on crisis intervention, underage drinking, impaired driving, and drug enforcement is promoted within the community	CLEET Training: http://www.ok.gov/cleet/CLEET_Training/index.html
Training for school staff on crisis intervention and referral protocols are promoted and/or offered within the community	SAMHSA: https://www.samhsa.gov/sbirt Mental Health First Aid Oklahoma: https://www.mhfa-ok.org/ NAMI: https://www.nami.org/Advocacy/Crisis-Intervention/Crisis-Intervention-Team-(CIT)-Programs Adolescent Substance Use: https://www.adolescentsubstanceuse.org/schools/ (see list of resources at the bottom of the page) Handle with Care: https://handlewithcareok.org/ OSDE: https://oklahoma.gov/education/services/school-support.html

The following entities can be contacted for additional assistance regarding any of the criteria:

- Community Development Services, OK State Dept. of Health.
<https://app.smartsheet.com/b/form/ee8e298e2a6d4614b27f1586c67e11a6>
- County Health Department Health Educators –
<https://oklahoma.gov/health/locations/countymap.html>