

RESOURCES PROFILE: Selected Resources on Culture Change for Long-Term Care Educators



**Resource Center for CareerTech Advancement
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About the Resource Center



The Resource Center for CareerTech Advancement is a division of the Oklahoma Department of Career and Technology Education, located in Stillwater, Oklahoma. The staff of the Center research educational materials and best practices to disseminate throughout the state CareerTech system. The Resource Center also provides support in identifying curriculum, assessments, professional development and other instructional delivery resources on request.

www.okcareertech.org

Media Resources

1. *A Quick Look at Alzheimer's* videos

<http://aboutalz.org/>

Five very short films designed to be viewed anywhere free for non-commercial use. The videos aim to help individuals understand Alzheimer's better to reduce stigma, improve care, and help the public fight against the disease.

2. *The Long-Term Care Poll*

<https://www.longtermcarepoll.org/data-visualization/>

Videos and infographics based on data from The Long-Term Care Poll, a series of major studies on the public's experiences with, and opinions and attitudes about, long-term care in the United States.

3. *NIH Senior Health* videos

<https://www.youtube.com/user/NIHSeniorHealth/videos>

Videos from the National Institutes of Health on a range of topics, including:

- How Aging Affects the Bladder
- Older Adults and Balance Problems
- Older Adults and Hearing Loss
- Responding to Hallucinations and Delusions (Alzheimer's)
- Emotions and Cognitive Issues at the End of Life

Websites & Documents

4. 2018 Dementia Care Practice Recommendations

<https://alz.org/dementia-care-practice-recommendations/>

These recommendations from the Alzheimer's Association outline quality care practices based on a comprehensive review of current evidence, best practice and expert opinion. The recommendations document highlights the recommendations from all 10 articles in the Supplement Issue of *The Gerontologist* entitled, *Alzheimer's Association Dementia Care Practice Recommendations*. Each article provides more detail about the specific recommendations, as well as the evidence and expert opinion supporting them.

5. Pioneer Network

<https://www.pioneernetwork.net/>

Website of “the national leader of the culture change movement, helping care providers to transition away from a medical, institutional model of elder care to one that is life affirming, satisfying, humane and meaningful.” Site includes a resource library and blog.

6. Artifacts of Culture Change online

<http://www.artifactsofculturechange.org/ACCTool/>

An organizational readiness and assessment tool. By registering and completing the Artifacts of Culture Change, providers are able to input, score and store their data online. Providers will be able to access current and historical data.

7. Picker Institute *Long-Term Care Improvement Guide*

http://pickerinstitute.org/wp-content/uploads/2010/10/LTC_Improvement_Guide.pdf

This free, 296-page guide is “a practical resource intended to support continuing care communities in their efforts to bring about culture change.” Topics include:

- Common Myths and Misconceptions
- Communicating the Change
- Generating Short-Term Wins
- Anchoring the Change
- Practical Approaches for Building a Resident-Centered Culture

8. *Implementing Change in Long-Term Care: A Practical Guide to Transformation*

https://www.nhqualitycampaign.org/files/Implementation_Manual_Part_I_Attachments_I_and_2.pdf

This free 383-page guide, prepared by the University of Wisconsin-Madison School of Nursing, addresses the following topics:

- Person-Centered Care
- Leadership
- Developing Teams
- Staff Education and Development
- Preparing for Change
- Conducting Organizational Assessments
- Sustaining Practice Change and Developing Accountability Systems

9. Policy Approaches to Advancing Person-Centered Outcome Measurement (2015)

https://www.ncqa.org/Portals/0/HEDISQM/Research/Policy%20Report_Final%20Report_TSF%202-1.pdf

Case study findings and policy recommendations for developing the infrastructure necessary to deliver and measure person-centered, goal-based, integrated care to people with complex needs.

10. Helping measure person-centered care

<http://www.swselfmanagement.ca/uploads/ResourceTools/Helping%20measure%20person-centred%20care.pdf>

This 2014 evidence review by the Health Foundation (London) provides useful background information about person-centered care, including overarching themes and measurement examples.

11. Increasing Person-Centered Thinking: A Manual for Person-Centered Planning Facilitators

<https://rtc.umn.edu/docs/pcpmanual1.pdf>

From the University of Minnesota, Institute on Community Integration, this manual is intended to be a resource in training programs on person-centered planning and a resource for improving the quality of facilitation.

12. Person-Directed Dementia Care Assessment Tool

<https://www.dhs.wisconsin.gov/publications/p2/p20084.pdf>

Developed as a guide to establish an initial baseline to be used to identify key strengths and potential areas for improvement in a dementia care environment. Nine major sections of this tool examine specific areas of focus vital in providing person-directed care to individuals with dementia.

13. Direct Care Workforce Curricula

<https://www.leadingageca.org/direct-care-workforce-curricula>

Continuing education curricula developed with the support of The SCAN Foundation. Titles include:

- Care at the End of Life
- Pills and Spills (Medication and Falls)
- Managing Pain in Older Adults
- Dementia: Understanding and Responding to Behaviors
- Strengthening Communication and Problem-Solving Competencies for CNAs

14. Person-Centered Care: The Business Case

<http://www.thescanfoundation.org/person-centered-care-business-case-full-report>

Report from The SCAN Foundation that shows how person-centered care can result in fewer hospitalizations and emergency room visits while increasing quality of life.

15. Elder Care Booklets

<http://www.kabc.org/publications/elder-care-booklets/>

Resources from Kansas Advocates for Better Care, including:

- *Positive Approaches for Loved Ones with Dementia*
- *Careful Caregiving*
- *Pain Management*
- *Promoting Resident-Centered Care and Restorative Care*
- *Preventing Financial Harm, Abuse, Neglect, & Exploitation of Older Adults*

16. *Grief Counseling Resource Guide: A Field Manual*

<https://www.omh.ny.gov/omhweb/grief/>

From the New York State Office of Mental Health. Topics include:

- Helping Skills for the Outreach Worker
- Personal Impact of Grief
- Sudden Death Loss Issues
- Rituals
- Gender Issues in Bereavement

17. *Understanding Spirituality in Medical Practice*

<https://www.healthcarechaplancy.org/Physicians>

A 2017 resource from the HealthCare Chaplaincy Network.

18. *Patients' Spiritual and Cultural Values for Health Care Professionals*

https://www.healthcarechaplancy.org/docs/publications/landing_page/cultural_sensitivity_handbook_from_healthcare_chaplancy_network_11_11_2015.pdf

A free 89-page handbook from the HealthCare Chaplaincy Network designed “to describe beliefs and practices generally found within a particular cultural or religious group.”

19. *Cultural & Spiritual Sensitivity: A Learning Module for Health Care Professionals*

https://www.healthcarechaplancy.org/docs/publications/landing_page/cultural_spiritual_sensitivity_learning_Module_7_10_09.pdf

Developed to assist the user to: address the issues of cultural and spiritual diversity; provide tools to understand one's own cultural and spiritual heritage and beliefs; develop the ability to provide culturally and spiritually sensitive approaches to care; and identify appropriate interventions.

