

ACTION PLAN

This handout is to be used as an action planning tool. There is room for up to three goals that you have for yourself to be a partner in overcoming racism. These goals can be personal or professional or both. Remember that SMART goals are essential: **S**pecific, **M**easurable, **A**ttainable, **R**ealistic and **T**ime Related.

Goal 1:

Steps I will need to take:

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Date I will begin:

Date I will finish:

Goal 2:

Steps I will need to take:

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Date I will begin:

Date I will finish:

Goal 3:

Steps I will need to take:

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-

Date I will begin:

Date I will finish: