

**OXFORD HOUSE
OKLAHOMA**

**THE SCIENCE
BEHIND THE SUCCESS**

OXFORD HOUSE

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OXFORD HOUSE

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OXFORD HOUSE

WHAT IS OXFORD HOUSE?

OXFORD HOUSE

“The Oxford House system is deceptively simple”

OXFORD HOUSE

~ GOOD NEIGHBORS IN GOOD NEIGHBORHOODS ~

Self Managed - Self Supported - Abstinence Based

- ▣ Average weekly cost \$94.00
- ▣ Admission to a house by consensus vote
- ▣ Discharge from a house by consensus vote
- ▣ Average length of stay 9 months
- ▣ Average success rate 75%

OXFORD HOUSE

**A SUCCESSFUL
SELF-PACED
RECOVERY OPTION**

OXFORD HOUSE

An Oxford House is a family unit

Protected by the Fair Housing Act

&

Americans with Disabilities Act

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*The best houses in
The best neighborhoods*

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Oxford House seeks to instill self-esteem, accountability, tolerance, responsibility and civic virtues in addition to sobriety

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SELF EFFICACY

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OXFORD HOUSE

HISTORY

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Oxford House began in Montgomery County Maryland in 1975 when the county closed a halfway house due to a budget shortfall.

Thirteen of the halfway house residents took over the facility and opened the first Oxford House.

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ORIGINAL REQUIREMENTS

Democracy

Self-support

Absolute sobriety

OXFORD HOUSE

CURRENT REQUIREMENTS

Democracy

Self-support

Absolute sobriety

Each house may have additional requirements unique to that house.

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RESEARCH

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Two initial studies of Oxford House

- DePaul University (NIDA)
 - 817 residents of 219 Oxford houses were followed for 27 months.
 - 87% continuous abstinence
- DePaul University (NIAAA)
 - 150 individuals leaving residential treatment
 - 1/2 referred to Oxford House, 1/2 went "home", followed for 24 months
 - Oxford house group - 63% abstinence rate
 - Control group - 23% abstinence rate

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This presentation is based on;

- Sixty-three houses in Oklahoma
 - 44 Men
 - 19 Women
 - (6 Women with Children)
 - Capacity 531 Oklahoma Oxford House beds

- 6 houses in development as of July 31, 2011

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Oxford House Locations

February 2011

Ada	2	Muskogee	1
Broken Arrow	1	Norman	4
Claremore	3	OKC	18
Edmond	1	Sapulpa	1
Enid	1	Shawnee	1
Lawton	2	Stillwater	1
Midwest City	1	Tulsa	24
Moore	2		

July 2012

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SURVEY

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2009 Oxford House survey Oklahoma OH residents

- 73.5% survey completion rate
- Survey conducted between October and November 2011
- Survey instrument developed by Oxford House International in 1987

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HOMELESSNESS

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51% of Oklahoma Oxford House residents met the definition of homeless prior to admission to Oxford House.

The average length of homelessness was 5 months.

This during active alcohol and other drug use.

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INCARCERATION

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- ▣ 81% of Oklahoma Oxford House residents were incarcerated prior to entry into Oxford House.
- ▣ The average time of incarceration was twenty-one months.

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▣ Residence immediately prior to Oxford House entry

▪ Apartment	26.5%		
▪ Owned home	19.5%		
▪ Rented home	20.6%		
▪ Jail	8.2%	+	
▪ Psychiatric facility	1.6%	+	
▪ Halfway house	4.3%	+	
▪ Homeless	13.2%	+	= 27.3%

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DEMOGRAPHICS

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The average age of an Oxford House resident in Oklahoma was 37.1 years.

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The average age for female Oxford House resident was 34.9 years.

Overall average 37.1 years

OXFORD HOUSE

The average age for a male Oxford House resident was
37.84 years.

Overall average 37.1 years

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PRIOR TREATMENT

OXFORD HOUSE

Number of prior residential treatment episodes for Oklahoma Oxford House residents

- One 23.6%
- Two 20.6%
- **Three to Five 36.7% +**
- **Six to Ten 11.7% +**
- **11 or more 7.6% + + 56%**

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The “typical” Oxford House resident will enter residential treatment 3 to 11+ times without an Oxford House intervention

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- ▣ An adequate number of Oxford Houses can be expected to reduce admissions to:
 - ▣ Detox facilities
 - ▣ Residential treatment
 - ▣ Halfway houses
 - ▣ Mental Health facilities
 - ▣ Jails and prisons

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**MUTUAL SUPPORT GROUP
& COUNSELING**

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Oxford House residents attend an average of 4.4 mutual support group meetings per week.

This is more than twice the meetings attended by the average “12 Step” program member.

- Alcoholics Anonymous
- Narcotics Anonymous

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FURTHER SURVEY RESULTS

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- ▣ Oklahoma Oxford House residents
 - Average education 13 years

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▣ Oklahoma Oxford House residents

- Average monthly income \$1,470.00

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▣ Oklahoma Oxford House residents

▪ Percentage veteran 10%

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- ▣ **Oklahoma Oxford House residents**
 - **Average length of sobriety** **14 months**

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Percentage of residents employed full time

81%

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Percentage addicted to drugs or drugs & alcohol

43%

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Percentage of residents addicted to alcohol

57%

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Average length of stay in an Oxford House

9 months

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Average number of applicants for each vacant
Oxford House bed

4

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OXFORD HOUSE

SYSTEM BENEFITS

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Using 2011 numbers, Oxford House Inc. estimates Oklahoma Oxford House residents will pay \$2,650,422.78 toward household and living expenses through the year.

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Without Oxford House as an intervention the cost to the taxpayer was estimated at \$12,563,064.32 to \$21,311,289.98

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The only cost to Oklahoma is \$210,000.00 for three contracted Outreach workers, hired by Oxford House and placed in Oklahoma to open new houses and assist existing houses as problems arise.

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**REQUIREMENTS
FOR THE HOUSE**

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General requirements for an Oxford House

- Three bedroom, two bathrooms
- Ample parking
- No fewer than six residents, all of the same sex (exception small children in the houses for women with children)
- Low crime area
- Ready access to entry level employment
- Ready access to public transportation
- Proximity to other Oxford Houses

OXFORD HOUSE

General requirements for an Oxford House

THE BEST HOUSE

IN THE

BEST NEIGHBORHOOD

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DIRECTORY

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2010 Annual Convention Chicago!

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Oxford Houses International - Directory

Select State:

Oxford House

I - Directory

Select State:

- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- North Dakota
- Ohio
- Oklahoma**
- Oregon
- Pennsylvania
- Rhode Island
- South Carolina
- South Dakota
- Tennessee

Submit

Oxford Houses of Oklahoma - Directory

Sorted by City Name

For a printable list, go to the bottom of this page

Oklahoma

Oxford House Ardmore 2

224 C Street SW
Ardmore, OK 73401-4923
580-319-4299

Gender: M
Total Occupancy: 7
Charter: 12/30/2005



[Vacancies](#)

Oxford House Westwood

602 Rosewood Ct.
Claremore, OK 74017-4731
918-923-6563

Gender: M
Total Occupancy: 8
Charter: 3/1/2008



[Vacancies](#)

Oxford House Claremore

112 E. 13th Place
Claremore, OK 74017-4207
918-341-4827

Gender: W
Total Occupancy: 7
Charter: 7/15/2008



[Vacancies](#)

Oxford House Will Rogers

109 E 4th Street
Claremore, OK 74017-7403

Gender: M
Total Occupancy: 9



Westwood House
Gender: M
602 Rosewood Ct.
Claremore, OK 74017-4731
Contact: 918-923-6563
Total Beds: 8
Vacancies: 1

The image shows a Google Map of Claremore, Oklahoma. A white information popup is centered over a location on the map. The popup contains the following text: "Westwood House", "Gender: M", "602 Rosewood Ct.", "Claremore, OK 74017-4731", "Contact: 918-923-6563", "Total Beds: 8", and "Vacancies: 1". Below the text is a small square photograph of a single-story house with a porch. The map shows several roads, including E 490 Rd, E 500 Rd, W Blue Star Dr, and S Lynn Riggs Blvd. Highway markers for 20, 66, and 88 are visible. The map is powered by Google and includes a copyright notice for 2010.

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**EVALUATIONS
AND
RESEARCH**

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- [District of Columbia 2004](#)
- [Hawaii 2005](#)
- [Louisiana 2009](#)
- [Maryland 2009](#)
- [Missouri 2009](#)
- [New Jersey 2007/2009](#)
- [North Carolina 2007/2008](#)
- [Oklahoma 2007/2009](#)

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Combined Federal Campaign
Oxford House # 11535



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CO-OCCURRING DISORDERS

OXFORD HOUSE

DePAUL UNIVERSITY STUDIES

OXFORD HOUSE

Antisocial Personality Disorder	57.7%
Mood Disorders	38.5%
PTSD	34.5%
Major Depression	26.9%
Panic Disorders	26.1% female 6.9% male

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Forty-two percent were found to have two or more psychiatric disorders in addition to a substance dependence disorder

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Oxford House residents with co-occurring disorders were found to be more successful as measured by;

increased mental health treatment compliance,
increased medication compliance, and
earlier, successful termination of treatment.

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- Communal Housing Settings Enhance Substance Abuse Recovery American Journal of Public Health, Oct 2006; Vol. 96, pp 1727-1729
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- The need for substance abuse after-care: Longitudinal analysis of Oxford House Addictive Behaviors 32 (2007) pp 803-818
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- Optimism, Abstinence, Self-Efficacy and Self-Mastery, A Comparative Analysis of Cognitive Resources Assessment, Vol. 11, No. 1, March 2004 pp 57-63.
- Oxford House: A housing Solution For Residents With Dual Diagnosis paper presented at the National convention of the American Psychological Association Annula Meeting in Washington D.C. 2005 by the DePaul Research Group
- Community-Based Homes Seem to Help Addicts paper presented at the National convention of the American Psychological Association Annula Meeting in Washington D.C. 2005 by the DePaul Research Group
- Comorbidity among Oxford House residents: A preliminary outcome study Addictive Behaviors 27 (2002) pp 837-845

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