AL-ANON INFORMATION SERVICE OFFICE

Edgewater Building 3, Suite 129
3801 NW 63rd Street
Oklahoma City, OK 73116-1930
Phone: (405) 767-9071 (24/7)
Fax:(405) 767-9072
E-mail: okcal-anon@coxinet.net
Web Site: www.okcalanon.org

OFFICE HRS:
Mon. Wed. and Fri. 10:30 am – 5:30 pm

AA office: (405) 524-1100 (24/7)

August 2014

When your Al-Anon Information Service Office (A.I.S.) lists an Al-Anon Family Group (AFG), at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any groups' manner of practicing the Al-Anon program. If the group is not functioning according to Al-Anon principles or is not right for you, we apologize; please do not give up on Al-Anon. Please try another group. Help and hope is available in Al-Anon, *ALATEEN*, *Preteen* & Al-Anon Adult Children.

MEETING DIRECTORY

CAPITOL HILL CLUB, 4505 S May, 681-0647
Wednesday 8:00 p.m.

EDMOND CLUBHOUSE - (NON-SMOKING)
behind Reid Printing, north of 33 in plain white bldg.
3130 B South Boulevard ph # - 330-1160

Monday	12:00 noon	
Monday	6:30PM	**PRETEEN - ALATEEN**
Monday	7:40PM (1rst Mon. of month –***OPEN**)	
Wednesday	6:45 p.m.	***BEGINNERS***
Thursday	6:00 p.m.	Speaker 3rd Thursday
Saturday	9:30 a.m. and 11:00 a.m.	
Sunday	5:30 p.m.	**Al-Anon Adult Children Of Alcoholics (Speaker last Sunday of the month)**

All Meetings are closed unless designated as open

****Open Meetings are for professionals, students, and anyone. Closed Meetings are for any one affected by someone else's drinking.****

Kelley Club 2300 N. Kelley Ave.
Wednesday 1:30PM

LIVE AND LET LIVE CLUB (GAY/LESBIAN/others)
3405 North Villa,
Tuesday 6:45 p.m. (NON-SMOKING)

MAY CLUB, (NON-SMOKING) 2911 W. Britton Road
Behind Gourmet Yarn Co.

Tues, Thurs & Fri.	7:00 a.m.	
Tuesday -	12:00 **NOON**	
Thursday	12:00 Noon	***BEGINNER'S***
Friday	12:00 Noon	***WOMEN'S***
Wednesday	2:00 p.m.	*** OPEN**
Friday	8:00 p.m.	***BEGINNER'S***
Sunday	11:00 a.m.	
Sunday	5:30 p.m.	

ROCKWELL CLUB 1425 ½ N. Rockwell
Saturday 12:30 PM
Thursday 5:30 PM

ROUNDTABLE 3070 North Portland, 947-1900
(In middle of Will Roger's Shopping Center-"Roundtable above front door)
Tues & Thursday 5:30 PM **(NON-SMOKING)**

WESTERN CLUB,(NON-SMOKING) 5207 N Western
1 story brown bldg next to parking on corner-843-4630

Sunday	10:00 a.m.	
Monday	10:30 a.m	- Speaker Meeting
Monday	12:00 noon	***MEN'S***
Monday	5:30 p.m	
Tuesday	5:30 p.m.	***MEN'S***
Tuesday	8:00 p.m	
Wednesday	10:00 a.m.	***WOMEN'S*** ***OPEN**
Wednesday	8:00 p.m.	
Friday	12:00 noon	***MEN'S***

All Meetings are closed unless designated as open

NORTHWEST OKLAHOMA CITY

SUNDAY
6:00 p.m. - 4407 NW 50th St.

MONDAY
10:00 a.m. - Western Oaks Christian Church, **Bethany**
8100 NW 23rd (near Council Rd) ***OPEN**
10:30 a.m - Our Lord's Lutheran Church- 2900 W Hefner
6:00 p.m. - 6910 NW 41st **Bethany** (NON-SMOKING)
Yellow Brick – corner of Beaver & NW 41st St.

TUESDAY
5:45 p.m. - Crossings Community Church, 14600 N. Portland
In the Pavilion – Building behind the Church
6:30 p.m. - Chapel Hill United Methodist Church. 2717 W. Hefner Road (child care available) ***WOMEN'S***

WEDNESDAY
12:00 noon - Referral Center ***MEN'S*** ***OPEN**
1215 NW 25th Street (NONSMOKING)
7:30 p.m. Mayflower Church
3901 NW 63rd St. (in the back) for parents of alcoholics.

THURSDAY
5:30 p.m. – Metro Career Academy
1901 Springlake Dr.

SATURDAY
9:00 a.m. - Our Lord's Community Church
11400 N Portland {with **SITTER**}
10:15 a.m. - Our Lord's Community Church
11400 N Portland {with **SITTER**}
Noon - Grace United Methodist Church, 6316 N. Tulsa
East door – **WOMEN'S**

SPANISH AL-ANON

Grupo Serenidad CLUBHOUSE-5840 NW 50th
Monday 6:00 – 8:00 pm
Thursday 6:30 – 8:00 pm

Grupo Fe y Esperanza-4918 S. Western
Tues & Thurs 5:30 pm
Sat & Sun-NOON

ALL CHURCHES ARE NON-SMOKING

SOUTHWEST OKLAHOMA CITY

Monday
10:00 - 11:30 - Southside Serenity, 2212 SW 74th

TUESDAY
7:00 p.m. - Oakcrest Church of Christ, 1111 SW 89th west entrance, Rm 104

WEDNESDAY
5:30 – Southside Serenity –**ALATEEN**
5:30 – Southside Serenity

THURSDAY
1:30 p.m. – South Side Serenity, 2212 SW 74th ***OPEN**
S. of I-240 Service Rd & Penn

SATURDAY
11:30 am - South Side Serenity, 2212 SW 74th
S. of I-240 Service Rd & Penn

OUTLYING AREAS.....

ADA
8:00 PM Sunday, St. Luke's Episcopal Church, 110 E 17th
8:00 PM Friday St.Luke's Episcopal Church –110 E 17th
N.E. Corner of 17th & Brdwy, Upstairs

ALTUS
6:00 PM –Tuesday &10 am –Saturday, 315 N. Crain

ARDMORE
The Glen, 935 Grand Ave.
8 PM Tues, 8M Thurs, Noon Fri
62 Broadlawn
5:30PM Mon and Fri (except last Fri of the month)

BUFFALO
8:00 p.m. Tuesday – Methodist Church, 223 S.E. 2nd St

CANTON
7::00 p.m. Tuesday – 601 N. Broadway

CHICKASHA
8:00 p.m. Tuesday - St. Luke's Episcopal Church
124 S 6th Street & Kansas

CHOCTAW
Monday 7:30 p.m. - Choctaw Church of the Nazarene, 10th & Harper

CLINTON
12 Wed. – 1st United Methodist Church
1001 Frisco Avenue
Office doors east of Courtyard

COALGATE
8 pm Monday & Wednesday St. Peter's Episcopal Church

All Meetings are closed unless designated as open

DAVIS
6:30 PM–Tuesday. Davis United Methodist Church, 308 S. 3rd

DUNCAN
7:00 PM–Mon. & Wed. – 806 W. Chestnut

ELK CITY
St. Matthew's Catholic Church 3001 E. Hwy 66
Monday 7:00 PM

EL RENO
506 South Barker [near Episcopal Church]
Mon. Wed. Fri.....NOON
Tue. & Thur 8:00 p.m. (NON-SMOKING)

ENID
Grace Place 802 S. Cleveland St.
Thursday 7:00 PM

ERICK
Monday – 8:00 PM United Methodist Church (Fellowship Hall), 320 S. Magnolia Ave.

GEARY
Tuesday- 7:00 PM S.W. 1st at Galena
(All Tribes Community Church)

GUTHRIE
Thursday- 6:30 PM 89'er Clubhouse, 3522 S. Division

HOBART
Wed. 8:00 PM Hobart Housing Authority (4th & Lincoln)

LAWTON
1st Pres. Church 1302 SW A Ave.
Sun, Tue, Thur. 8:00PM
Wed Noon

Southwest Hospital Cancer Center
5602 SW Lee Blvd
Friday 7:00 PM

LINDSAY
Episcopal Church - Tuesday & Thursday, 8:00 p.m.

McALESTER
His Place Christian Community Center, Hwy 270 just east of Hwy 69 bypass – Take East Hwy 31 exit
Monday, 12:00 Noon – Tuesday, 7:00 p.m. to 8:30 p.m.
Thursday, 12:00 Noon

MIDWEST CITY
Midwest Blvd. Christian Church, 320 N. Midwest Blvd. (Behind the Sanctuary)
Sunday 5:30 p.m.

MOORE
Tri-City Club, 115 SE 1st, 793-8005 **Non-Smoking**
Tuesday 8:00 p.m
Thursday 6:30 p.m. ***OPEN**
Sunday 7:00 p.m.

NEWCASTLE
Disciple Christian Church (Hwy 76 & 37 at the stop light)
Monday 7:30 PM

Noble
Nazarene Church, 4201 Maguire Road
Thursday—6:30 PM

NORMAN
New Beginnings, Phoenix Clubhouse, 700 E Eufaula
Sunday through Wednesday - 8:00 p.m. ***OPEN**
Thursday NOON
Sunday 6:00 PM **ALATEEN**
Memorial Presbyterian Church, 601 SW 24th St.
Thursday 6:00 p.m. (NON-SMOKING)
St. Stephen's United Methodist Church, 1801 W. Brooks Rm 11
Monday 7:00 p.m. **OPEN**
McFarlin Church, 419 South University, Room 229
Wednesday 7:30 p.m
NAIC Building, 215 W. Linn,
Mon NOON Serenity Group
Thursday 6:45 p.m.
1495 E. Alameda
No Expectations, 1005 N. Flood, Bldg B
Sat. & Sun. 6:00 pm

PERRY
Clubhouse,1703 West Fir Street - Monday, 6:30 p.m.
call before going to the meeting – 336-3167

PONCA CITY
Woodlands Christian Church, 1400 E. Hartford, upstairs
Tuesday, 8:00 pm Rm 206
Harmony House, 212 S. 3rd, Mon.7 pm, Wed. 7 pm (upstairs)
ALATEEN Mon. 7pm

RED ROCK
Otoe-Missouri Tribal Complex, 8151 Hwy 177- Mon. 7 pm

SHAWNEE
Free Life Clubhouse, 1827 N. Airport Drive,
Monday 6:00 p.m.
Big Book Clubhouse 1111 N. Kickapoo (NON-SMOKING
Tuesday 6:00 p.m.
Thursday 6:00 p.m.
Saturday 1:00 p.m.
Shawnee Fellowship, Heritage Church, 2100 N. Bryan., Tues,7:30 pm
(SITTER)

SPENCER
Tinker Fellowship Club 4112 Chester - NON-SMOKING
(1/4 mi. north of NE 36th between Douglas & Post)
Tuesday 1 - 2:30 p.m.

STILLWATER
Sleepy Hollow 2106 W. 12 St.
Monday, Wednesday, Friday 12:00 noon
Tuesday & Friday, 8:00 p.m.
United Methodist Church, 400 W. 7th Street
Monday, Wednesday & Friday, 12:00 Noon
Presbyterian Church, 6th & Duncan, Monday 8:00pm

TECUMSEH
Broadway Methodist Church 302 S. Broadway
Thursday 7:00 PM

All Meetings are closed unless designated as open
*** Open Meetings are for any one. Closed Meetings are for anyone affected by someone else's drinking. ***

TUTTLE
412 E. Bond Street, Community Building
Tuesday 8:00 p.m.

WAURIKA
AA Club House, 437 E. C - Tuesday, 8:00

WEATHERFORD
934 W. Main – Tuesday & Thursday, 8:00 p.m.

All meetings are closed unless designated as open

WILBURTON
Presbyterian Church, NE 1st & E. Blair, Tue., 8:00 p.m.

WOODWARD
Methodist Church, 11th & Downs St., Tuesday, 8 p.m.
Northwest Hope, 802 9th Street, Tues. 8:00 p.m.
Presbyterian Church, 721 Oklahoma Ave.Fri, 8:00 p.m.

YUKON/MUSTANG
Church of the Good Shepherd United Methodist Church
10928 S.W. 15 th Wednesday 7 p.m.

****** This meeting schedule is not to be used as a mailing list or for any form of solicitation or commercial venture.***

Al-Anon Conference Approved Literature (CAL) is available at the A.I.S.office. Office hours are 10:30 a.m. to 5:30 p.m. Monday, Wednesday and Friday. During times when the office is closed, phones are answered by voice mail with a list of Hotline names and phone #s you can call, including a service member who takes calls in the middle of the night. ***Please report any meeting changes to the office promptly and let us know how to get back with you!*** Schedules are updated and printed daily. For information about Al-Anon and Alateen meetings outside this area, call 1-888-425-2666.

ALL CHURCHES ARE NON SMOKING

Adult Children of Alcoholics
World Service Organization

World Meeting List

- **This is THE most current listings of meetings that we know about. If you can not find a meeting in your area, please do not send us mail asking for more current information.**
- **Also, if entering your Zip Code does not find meetings near you, check for towns nearby by selecting your state and then maybe city. Thanks!**

Looking for meetings in:

Country:	*USA*	Choose a different Country
State:	*OKLAHOMA*	Choose a different State
City:	*All*	Choose a specific City
Days of the week:	*All*	Choose specific Days
With meeting characteristics:	*All types of meetings*	Change Meeting Characteristics

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Click Power for more search capabilities and features. ?

Note: If you find meeting information is incorrect *please* click here.

OK, **Cache** (Comanche Co) Thursday 8:00 P.M.	On Street Parallel To The Dollar General Store, 837 Huddleston. **(en)(NS)(D)(Bk)** Open to all, Native American cultural emphasis, Discussion, Book Study, Non Smoking. (OK021) ask ACA/WSO Meeting Contact MAP
OK, **Elk City** (Beckham Co) Monday 7:00 P.M.	*"Elk City Aca"* - Joshuas Crossing, Corner of 1st & Main Streets. **(en)(NS)(S/D)(12 Step)(Bk)** Open to all, Discussion, Speaker, Steps, Book Study, Fellowship Text. (OK027) ask ACA/WSO Meeting Contact MAP
OK, **Elk City** (Beckham Co) Friday 7:00 P.M.	*"Elk City Aca Joshua'S Crosisng"* - Joshuas Crossing, Corner of 1st & Main Streets. **(en)(NS)(D)(12 Step)(Bk)** Open to all, Discussion, Steps, Book Study. (OK034) ask ACA/WSO Meeting Contact MAP
OK, **Norman** (Cleveland Co) Friday 6:30 P.M.	*"Norman Aca"* - Located Across The Street From "the Edge" Apts., 2249 Classen Boulevard.

(en)(WH)(NS)(D)(Bk) Open to all, Discussion, Book Study, Workbook, Red Book Study, Non Smoking. (OK033) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** Sunday 5:15 P.M.
Enter Education Building On 15th St Room 130, 222 NW 15th St. (en)(WH)(NS)(D)(Bk) Open to all, Discussion, Book Study, Non Smoking. (OK037) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** (Oklahoma Co) Monday 6:30 P.M.
"Crossings Aca" - Room 241, 14600 N Portland Ave. (en)(CC)(NS)(C)(D)(Bk) ACAs only (Closed), Discussion, Book Study, Non Smoking. (OK025) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** (Oklahoma Co) Wednesday 5:30 P.M.
"Unity" - Small House Left Of Unity Bldg, 5612 NW 41st Street. (en)(NS)(C)(D)(12 Step) ACAs only (Closed), Discussion, Steps, Non Smoking. (OK024) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** (Oklahoma Co) Wednesday 7:00 P.M.
Ocarta Sober Grounds, 2808 NW 31st St. (en)(NS)(D) Open to all, Discussion, Workbook. (OK035) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** (Oklahoma Co) Thursday 6:00 P.M.
"Be Here Now" - All Souls Church, Nw 63 & Penn, South Entrance, 6400 N. Pennsylvania Ave. (en)(NS)(C)(D) ACAs only (Closed), Discussion, Workbook Meeting, Non Smoking-Far End Of Main Hall, In Library. (OK023) ask ACA/WSO Meeting Contact MAP

OK, **Oklahoma City** (Oklahoma Co) Saturday 5:00 P.M.
"Aca At The Classen Club" - S E Corner Of 30th At Shartell, 708 NW 30th and Shartel. (en)(NS)(D)(Bk) Open to all, Discussion, Book Study, Cover To Cover, Non Smoking. (OK029) ask ACA/WSO Meeting Contact MAP

OK, **Tulsa** (Tulsa Co) Sunday 2:00 P.M.
"Original Workbook Group" - Eastside Christian Church, 15th & Harvard, 1438 S. Indianapolis. (en)(WH)(NS)(D)(12 Step)(Bk) Open to all, Discussion, Steps, Book Study, Study From The Workbook, Non Smoking. (OK020) ask ACA/WSO Meeting Contact MAP

OK, **Tulsa** (Oklahoma Co) Monday 7:00 P.M.
"Inside Out Group" - University United Methodist Church, Room B3, 2915 East 5th Street. (en)(WH)(NS)(C)(D)(12 Step) ACAs only (Closed), Discussion, Steps, Fellowship Text, Non Smoking. (OK019) Intergroup Contact Meeting Contact MAP

OK, **Tulsa** (Tulsa Co) Wednesday 7:00 P.M.
"New Haven Acoa Group" - New Haven United Methodist Church Rm 217, 5603 S. New Haven. (en)(WH)(NS)(S)(12 Step)(12 Trad)(Bk) Open to all, Speaker, Steps, Book Study, Traditions, Non-Smoking-Upstairs Room - 217. (OK001) Intergroup Contact Meeting Contact MAP

OK, **Tulsa** (Tulsa Co) Thursday 5:30 P.M. *"Rebos"* - 1635 Carson. (en)(NS)(D)(Bk) Open to all, Discussion, Book Study. (OK026) ask ACA/WSO Meeting Contact MAP

Sorting meetings: You can view meetings in a different order:

- ○ View Meetings by sorting first by the day of the week, and then by the location (distance or state and then city).
- ◉ View Meetings by sorting first by the location (distance or state, city), and then by the day of the week.
- ○ View Meetings by sorting first by the location (distance or state, county, city), and then by the day of the week.

View with new sorting selection.

Viewing meetings: When you view the meeting information, some of the meetings may be crossed out, or have a picture to the left of the listing. The following is a table that describes what is printed and what it indicates.

Key	What	Action	When
~~SO~~	~~strikeout~~ (strikeout).	Notify that this meeting no longer exists.	Meetings deleted from this Web listing within the last 0 months will be displayed in "~~strikeout~~" (strikeout). ◦ These meetings NO LONGER EXIST. ◦ You may change the number of months, entering 0 will stop showing deleted meetings.
👓	Changed or New Information.	Notify that this meeting has recently changed or is new.	Meetings updated in this Web listing within the last 30 days will be displayed with " 👓". ◦ You may change the number of days, entering 0 will will stop showing "👓".
NEW	New Meeting!	New meetings often need your support by attending to help it grow.	Meetings less than 12 months old will be displayed with "NEW". ◦ You may change the number of months, entering 0 will stop showing " NEW".
⚠	Outdated Information!	Notify meeting that it needs to re-register.	Meetings with information that has not been changed, registered, or re-registered with Adult Children of Alcoholics World Service Organization, Inc. in the last 18 months will be displayed with "⚠". ◦ You may change the number of months, entering 99 should stop showing "⚠".

Codependents Anonymous

Group ID	Name	Day	Time	Facility	City	State	Zip
OK027	MIDWEST CITY HOSPITAL GROUP	Fri	7:00 PM	Midwest Regional Medical Center	Midwest City	OK	73110
OK052	CoDA GROUP	Sun	5:30 PM	St. Anthony Hospital, Behavioral Medicine Building Conference Room	Oklahoma City	OK	73102
OK061	NEW PERSPECTIVES CoDA GROUP	Fri	6:30 PM	St. Johns Episcopal Church of Norman	Norman	OK	73069
OK071	CoDA STEP GROUP	Wed	6:30 PM	All Souls Episcopal Church	Oklahoma City	OK	73116
OK074	CoDA TULSA	Wed	6:00 PM	Remington Tower--5th Floor Conference Room	Tulsa	OK	74135
OK076	CoDA-TULSA 12-STEP GROUP	Sat	10:00 AM	OU Shusterman Campus, Learning Center Room# 135	Tulsa	OK	74135
OK077	CoDA-TULSA TUESDAY	Tue	6:30 PM	Park Place Office Suites, Suite D	Tulsa	OK	74133
OK078	PRIMARY PURPOSE	Sat	5:00 PM	residence	Wagoner	OK	74467
OK080	SISTAHS DON'T SETTLE	Mon	8:00 PM		Norman	OK	73017
OK081	DUNCAN CoDA	Thu	7:00 PM	Duncan Regional Hospital	Duncan	OK	73533

Nar-Anon Family Groups
World Services

Oklahoma City, OK

Meeting Number:
- Meeting Name: "Horizon of Hope"

2808 North West 31 Street
Oklahoma City , OK 73112
Meeting days and time Tuesday: 6:30PM

Tulsa, OK - Monday

Meeting Number:
- Meeting Name: "Restoring Serenity"

Joy Lutheran Church
9940 South Yale Avenue
Tulsa, OK 74137
Meeting days and time Monday: 6:30PM Thursday: 6:30PM

Tulsa, OK - Tuesday

Meeting Number:
- Meeting Name: "New Perspectives"

St. John's Episcopal Church
4200 South Atlanta Place
Tulsa, OK 74105
Meeting days and time Tuesday: 6:30PM