

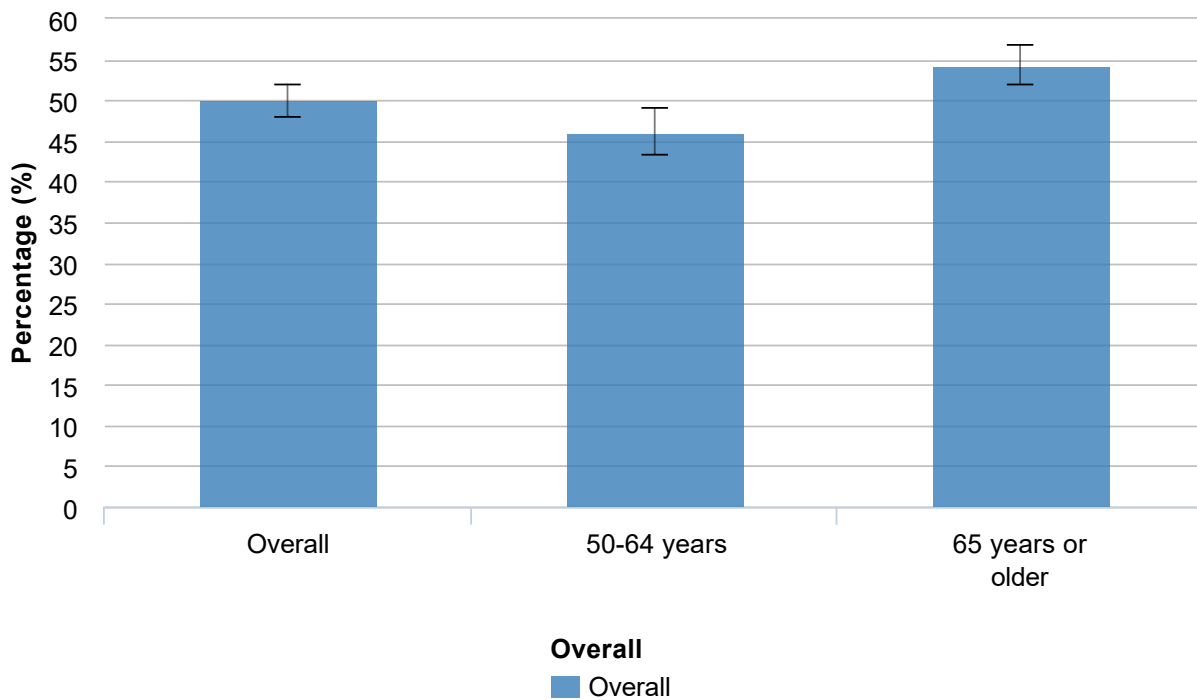


Disability status, including sensory or mobility limitations

Oklahoma - 2019

Percentage of older adults who report having a disability (includes limitations related to sensory or mobility impairments or a physical, mental, or emotional condition)

View by: Age Group; Overall - Overall



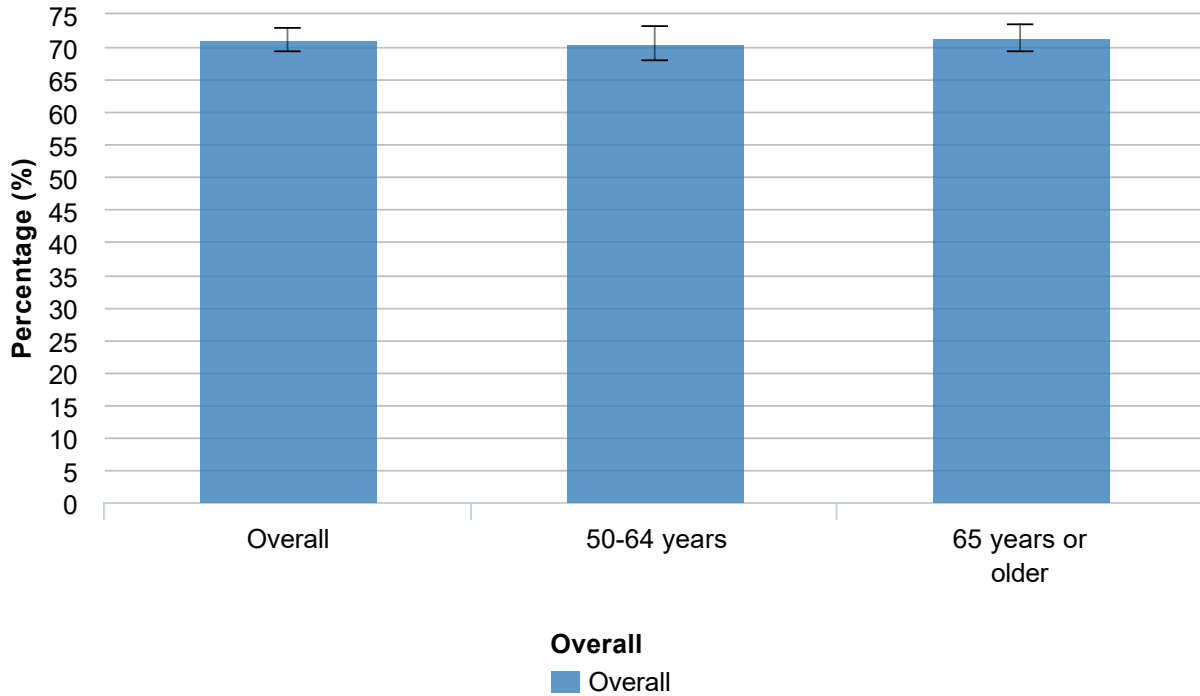
Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Self-rated health (good to excellent health)

Oklahoma - 2019

Percentage of older adults who self-reported that their health is "good", "very good", or "excellent"

View by: Age Group; Overall - Overall



Healthy People 2020 Target: No target specified.

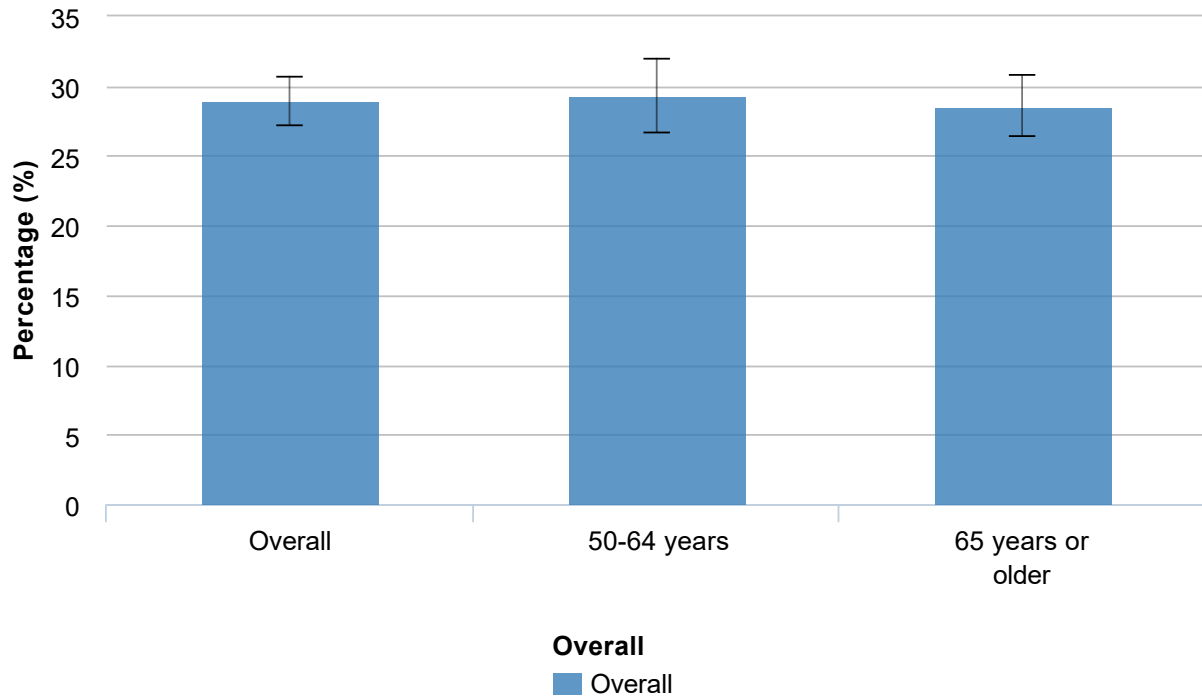
Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Self-rated health (fair to poor health)

Oklahoma - 2019

Percentage of older adults who self-reported that their health is "fair" or "poor"

View by: Age Group; Overall - Overall



Healthy People 2020 Target: No target specified.

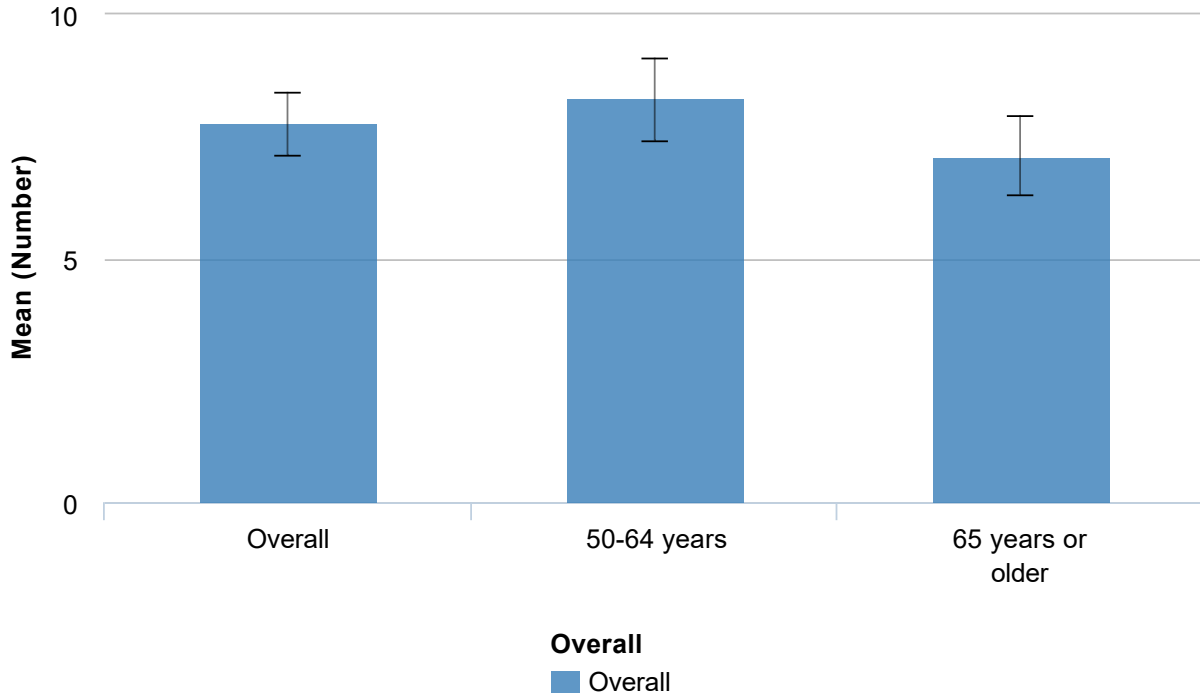
Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Recent activity limitations in past month

Oklahoma - 2019

Mean number of days with activity limitations in the past month

View by: Age Group; Overall - Overall

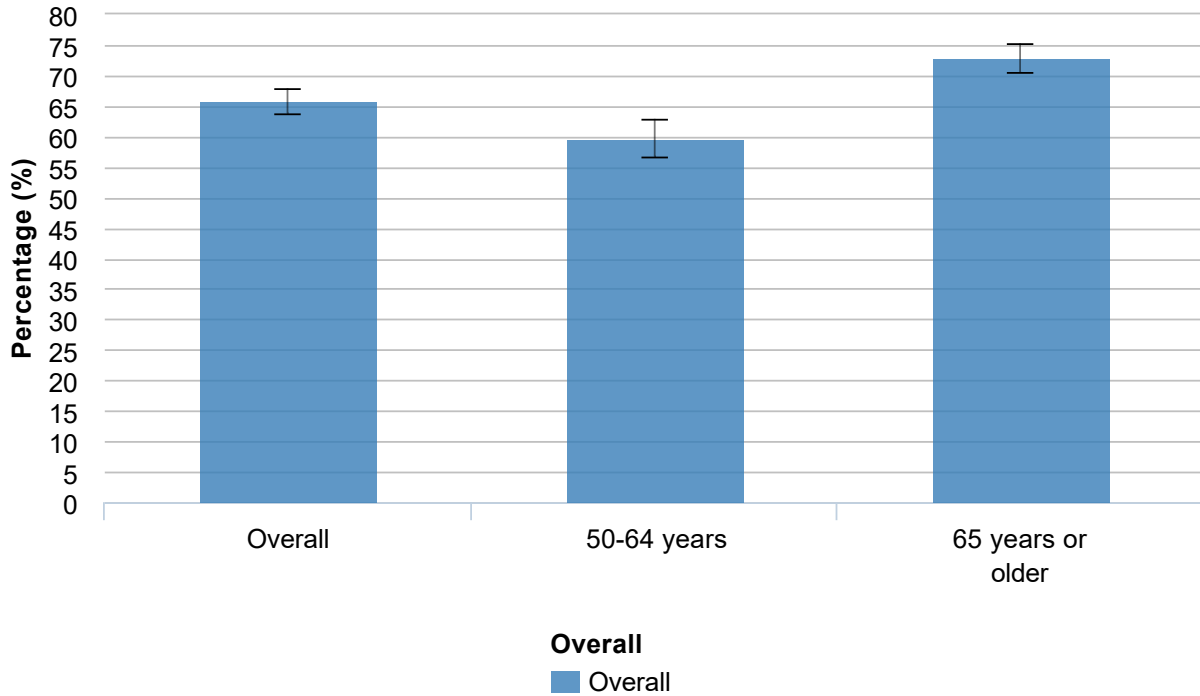


Healthy People 2020 Target: No target specified.

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Prevalence of sufficient sleep

Oklahoma - 2018  
Percentage of older adults getting sufficient sleep (>6 hours)  
View by: Age Group; Overall - Overall



Healthy People 2020 Target: No target specified.

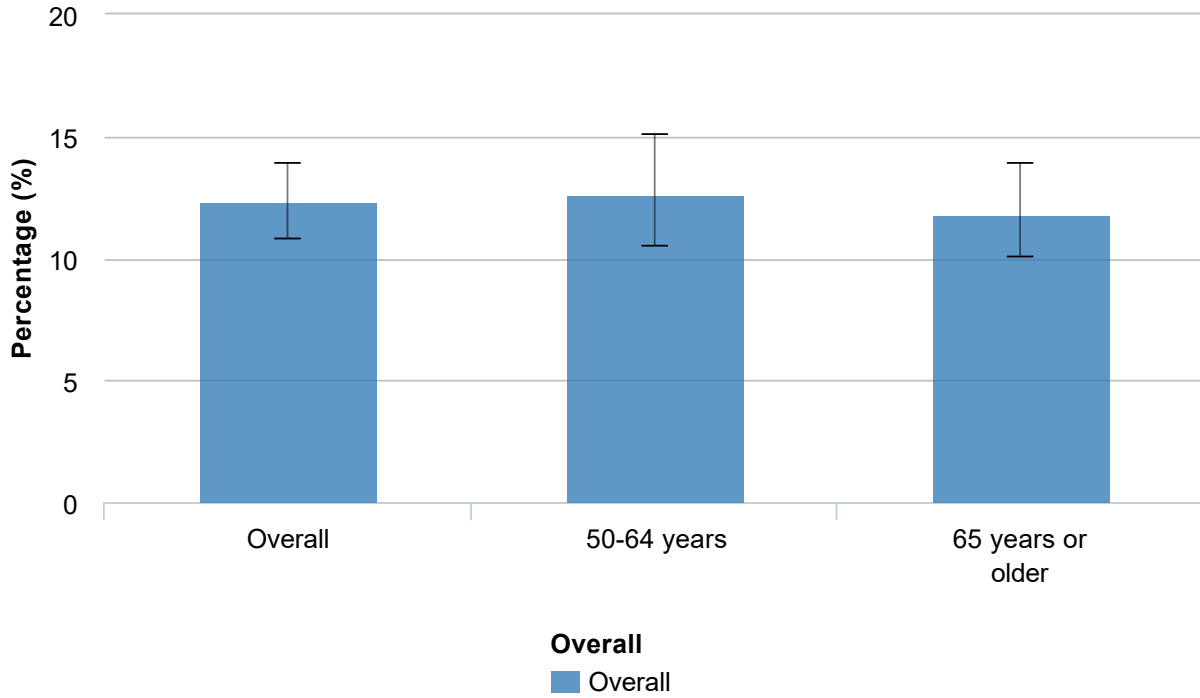
Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Fall with injury within last year

Oklahoma - 2018

Percentage of older adults who have fallen and sustained an injury within last year

View by: Age Group; Overall - Overall

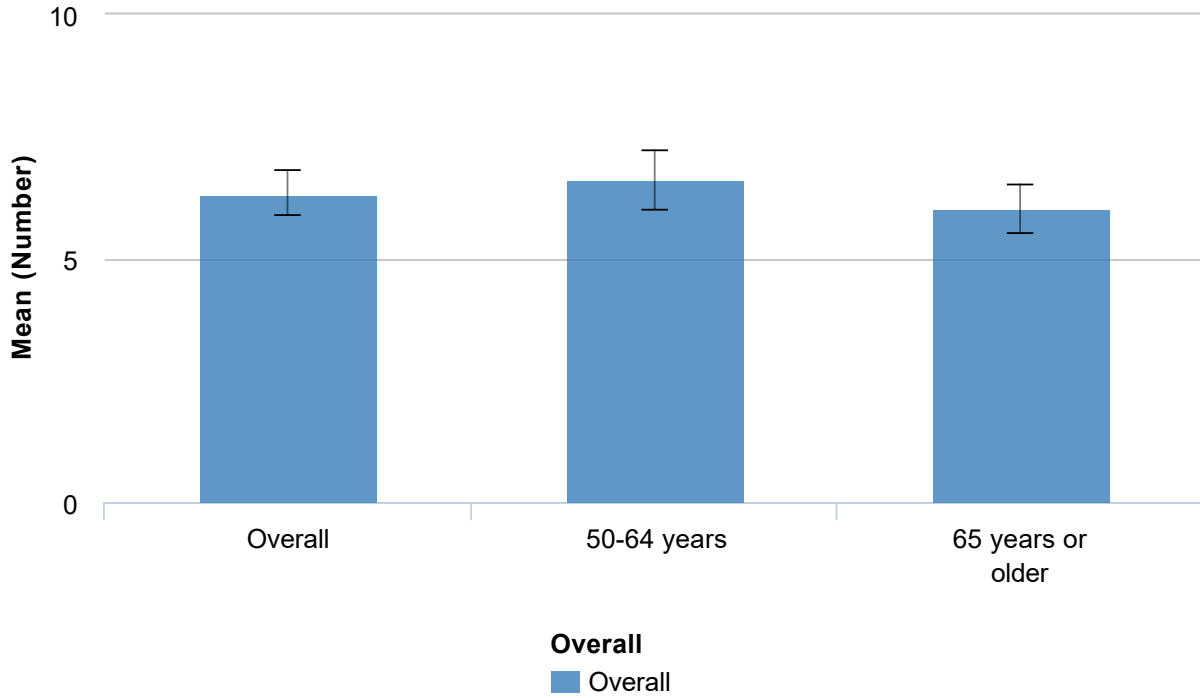


Healthy People 2020 Target: No target specified.

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Physically unhealthy days (mean number of days)

Oklahoma - 2019  
Physically unhealthy days (mean number of days in past month)  
View by: Age Group; Overall - Overall



Healthy People 2020 Target: No target specified.

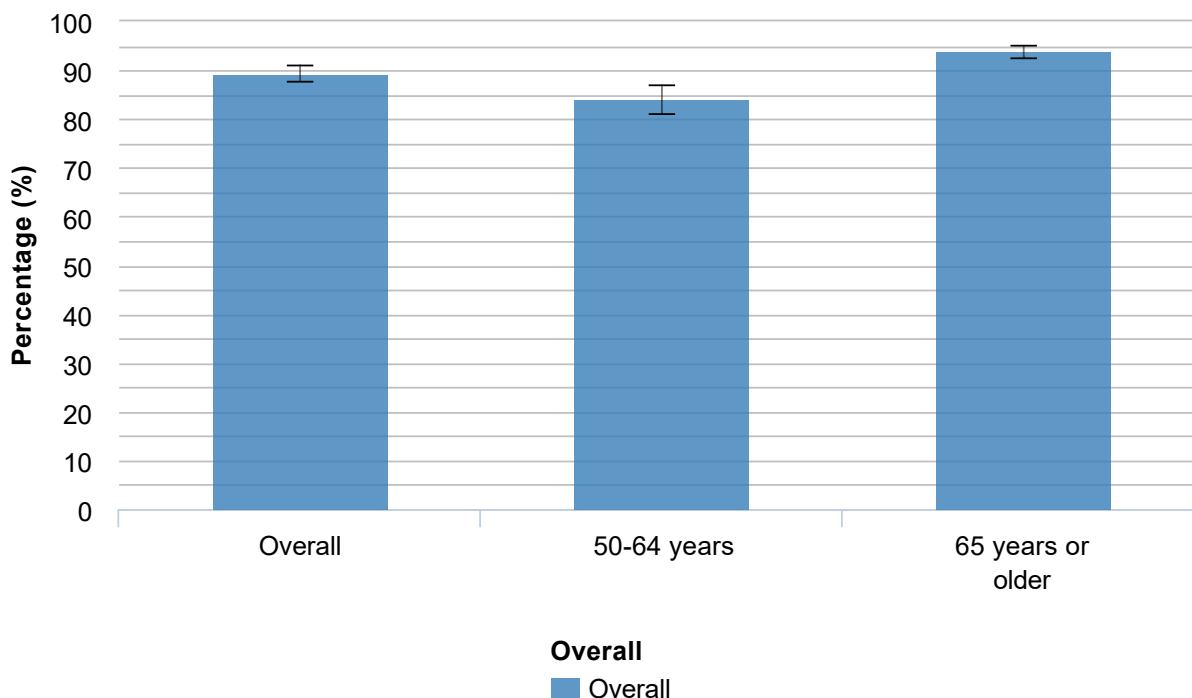
Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

## Taking medications for high blood pressure

Oklahoma - 2019

Percentage of older adults who have been told they have high blood pressure who report currently taking medication for their high blood pressure

View by: Age Group; Overall - Overall



Healthy People 2020 Target:  $\geq 77.4\%$

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

### Notes

The United States includes 50 states plus the District of Columbia, unless otherwise noted.

The Northeast Region includes Connecticut, Maine, Massachusetts, New Jersey, New Hampshire, New York, Pennsylvania, Rhode Island and Vermont.

The Midwest Region includes Ohio, Indiana, Michigan, Illinois, Wisconsin, Iowa, Kansas, Missouri, Minnesota, Nebraska, South Dakota, and North Dakota.

The South Region includes Alabama, Arkansas, Delaware, District of Columbia, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia, and West Virginia.

The West Region includes Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, New Mexico, Nevada, Oregon, Utah, Washington, and Wyoming.

### Measure Definitions

CI = Confidence Interval. CI describes the level of uncertainty of an estimate and specifies the range in which the true value is likely to fall. These reports use a 95% level of significance, which means that 95% of the time, the true value falls within these boundaries. When comparing prevalence of variables across states or years, we recommend the use of confidence intervals. If the confidence intervals overlap, the difference is not statistically significant.



**Data Source**

[Behavior Risk Factor Surveillance System \(BRFSS\)](#) All responses are self-reported by adults 18 years or older.

**Suggested Citation**

Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health. Healthy Aging Data [online]. [accessed Sep 03, 2021]. URL: <https://www.cdc.gov/aging/agingdata/index.html>.