



Oklahoma Lactation Consultant

RESOURCE

GUIDE



OKLAHOMA
State Department
of Health



Oklahoma Lactation Consultant

Resource Guide

2023

Information updated August 2023

A section for breastfeeding classes and support groups is included.

An electronic version of this guide is available on the Oklahoma State Department of Health Breastfeeding Information and Support website at www.oklahoma.gov/health/breastfeeding, the Coalition of Oklahoma Breastfeeding Advocates (COBA) website at www.okbreastfeeding.org, and the Oklahoma Breastfeeding Resource Center at <https://obrc.ouhsc.edu/>

The *Oklahoma Lactation Consultant Resource Guide* has been designed to inform you of International Board Certified Lactation Consultants who are available to assist nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

We have made every effort to include accurate information in this guide. If your name or facility is not listed or the information is inaccurate, please contact us to make this correction.

[Click here](#) to update your information or send updates and corrections to:

Oklahoma State Department of Health
WIC Service
123 Robert S. Kerr, Suite 1702
Oklahoma City, OK 73102
Breastfeeding Helpdesk: 405-426-8502
OSDH.WICBreastfeedingHelpdesk@health.ok.gov

DISCLAIMER

The Oklahoma State Department of Health has made efforts to supply current and accurate information. However, no guarantee is made regarding the content of this publication, especially as information might be altered by forces beyond the control of OSDH.

Cover image courtesy of Ken Tackett with Preclarus Press.

Have breastfeeding questions?



Contact the Oklahoma Breastfeeding Hotline!

**Call: 1-877-271-6455 (MILK) or
Text: OK2BF to 61222**

to speak (for free!) to an
International Board Certified Lactation Consultant (IBCLC)
24 hours a day, 7 days a week, 365 days a year.

Text to opt-in and receive messages from the Hotline.

Staff reply to all non-urgent questions 7a -7p.

Urgent calls/texts are returned 24/7.

You may have to pay for texting from your cell service.



THE OKLAHOMA BREASTFEEDING HOTLINE IS AN OKLAHOMA BREASTFEEDING RESOURCE CENTER PROGRAM SUPPORTED BY THE MATERNAL AND CHILD HEALTH SERVICES TITLE V BLOCK GRANT AND THE OKLAHOMA STATE DEPARTMENT OF HEALTH (OSDH)

Oklahoma City Area

Athena Lactation's Breastfeeding Support

405-289-8891

Online Class

Organization name: Athena Lactation

Leader: Holly Skinner, BS, IBCLC/RLC, CLC, ALC

Email: athenalactation@gmail.com

Basics of Breastfeeding

405-752-3586

Mercy Hospital Breastfeeding Class

4300 W. Memorial Road

Oklahoma City, OK 73120

Leaders: Allison Quiroz

Breastfeeding Class

405-963-3381

2940 NW 50th St

Oklahoma City, OK 73112

Organization name: The Oklahoma City Lactation Clinic

Leader: Jessica Cheatwood, IBCLC, HBCE

Email: info@oklahomalactationconsultant.com

Cookies and Milk- Breastfeeding Support Group

405-942-2008

3530 N. MacArthur

Oklahoma City, OK 73122

Leaders: Brittany Wheaton, MS, RD, LD, IBCLC

Organization Name: NSO (Neighborhood Services Organization) WIC

Hours: Last Friday of every month at noon

Languages: Spanish and English

Integris Southwest Prenatal Breastfeeding Class

405-644-5242

4401 S. Western

Oklahoma City, OK 73109

Leader: Cindy Laney, RN, IBCLC

Organization Name: Integris Southwest

La Leche League of Cleveland County Families

405-585-MILK

<https://www.llok.org/cleveland-county--norman.html>

<https://www.facebook.com/LLCCF>

La Leche League Groups of Oklahoma

LLLOK.ORG

<https://www.facebook.com/LaLecheLeagueOK>

La Leche League of Mustang/Yukon

<https://www.llo.org/mustangyukon.html>

<https://www.facebook.com/MustangYukonLaLecheLeague>

Alexis - 806-729-7804 voice or text

Rebecca - 405-324-2653 voice only

Suzy - 405-324-2122 voice only

Los Lazos de Lactancia

Leader: Cyndi Garcia, IBCLC

Organization Name: Los Lazos de Lactancia

Email: loslazosdelactancia@outlook.com

Languages: English and Spanish

For more information search Facebook for “Los Lazos de Lactancia”

Mother Baby University

SSM Health St Anthony Hospital - Shawnee

405-214-1556

1102 West McArthur

Shawnee, OK 74804

Leaders: Charli Hull, RN, BSN, IBCLC

Information: This class discusses what to expect during your hospital stay and breastfeeding education.

Oklahoma Breastfeeding Hotline

Oklahoma Breastfeeding Resource Center

1-877-271-6455

920 Stanton Young Blvd., WP, #2230, OKC, OK 73104

Leader: Jaelyn Huxford, RDN/LD, IBCLC, Manager; Britney Schwarz, IBCLC; Cassidy Hale, RN, IBCLC; Charissa Larson, MS, IBCLC; Jessica Ryans, RN, IBCLC; Kate Copass, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC; Mariana Orozco, IBCLC

Prenatal Breastfeeding Class

The Children’s Hospital at OU Medical Center

405-271-2001 EXT 40946

1200 Children’s Avenue

Oklahoma City, OK 73104

Leader: Janet Jarvis, RN, BSN, IBCLC

Prenatal Breastfeeding Class

Norman Regional

405-307-1777

901 N Porter Ave.

Norman, OK 73071

Leader: Amanda Ellis, RN, IBCLC

Hours: Find the updated class schedule at <https://www.normanregional.com/services/women-s-and-children-s-labor-and-delivery>

Prenatal Breastfeeding Education

405-326-9618
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Organization name: Peaceful Roots Doula at Thrive Mama Collective
Leader: Ashley Kula-Imtiazi, IBCLC
Email: ashley@peacefulrootsdoula.com

Successful Breastfeeding

INTEGRIS Baptist Medical Center
405-949-3254
3300 NW Expy
Oklahoma City, OK 73112
Leaders: Brittany Gjesvold, RN, IBCLC; Michelle Smith, RN, IBCLC; Vicky Harter, RN
Information: Online class offered on Saturday's via Microsoft Teams.

Virtual Breastfeeding Class

Breastfeeding Telehealth of Oklahoma
405-633-6027
Leader: Anita Wingfield, RN, MS, IBCLC
Email: anita.wingfield@breastfeedingoklahoma.com

What do you Know About Breastfeeding?

Oklahoma Breastfeeding Resource Center
1-877-271-6455
920 Stanton Young Blvd., WP, #2230, OKC, OK 73104
Leader: Jaclyn Huxford, RDN/LD, IBCLC
Class information: FREE Online Breastfeeding Education in English and Spanish -
<https://obrc.ouhsc.edu/>

North Central Area

Childbirth, Infant Care and Breastfeeding Education Class

Alliance Health Woodward
580-254-8654
900 17th St
Woodward, OK 73801
Leader: Shala McIntosh, RN, BSN, IBCLC

Southwest Area

Bethany E. Breastfeeding Support

Bethany E. Birth Services
580-609-0529
217 N. Main
Altus, OK 73521
Email: doula@bethanyephotography.com

Breastfeeding Support Group at WIC

Comanche County Health Department
580-248-5890
1010 SW Sheridan
Lawton, OK 73505
Leader: Lauren Hickman, RD, LD, IBCLC

Latched By Kimberly Basic Breastfeeding Class

Latched By Kimberly, LLC
580-475-6853
306 Oak St.
Elgin, OK, 73538
Email: latchedbykimberly@gmail.com

Prenatal Breastfeeding Class

Comanche County Memorial Hospital
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Infant Feeding Resource Center
Leader: Mikki Young, LPN & Kate Copass, RNC-OB, IBCLC
Hours: Our Prenatal classes are by registration only; contact 580-250-5253 to register for the class.
Class Size is limited

The Breast Way

Duncan Regional Hospital
580-251-6899
1407 N. Whisenant
Duncan, OK 73533
Leaders: Jessica Ryans, RN, IBCLC
The Breast Way is a prenatal breastfeeding class offered every other month

South East Area

Breastfeeding: What to Expect

Choctaw Nation WIC Program
580-916-9140 ext. 83854
1803 Chukka Hina
Durant, OK 74701

Prenatal Class – Women’s Clinic

Chickasaw Nation Medical Center
580-421-6200
1921 Stonecipher Blvd
Ada, OK 74820
Leader: Amanda Fowler LPN, IBCLC, CCE

Virtual Breastfeeding Class

Nurturing Mamas Network
918-916-9896
800 12th Ave Northwest
Ardmore, OK
Leader: Anita Wingfield, RN, MS, IBCLC
Email: felicia@nurturingmamasnetwork.com

Virtual Prenatal Breastfeeding 101

Chickasaw Nation WIC
580-399-2000
Ada, OK
Leader: Laura Robinson, IBCLC, RLC
laura.robinson@chickasaw.net
Hours: Classes are on Zoom, email for the link

Virtual Prenatal Breastfeeding 101

Chickasaw Nation WIC
580-222-9501
Ardmore, OK
Leader: Reva Howell, CLS
Reva.Howell@chickasaw.net
Hours: Classes are on Zoom, email for the link

North East Area

Bailey Babies Breastfeeding Class

Bailey Medical Center
918-376-8268
10502 N. 110th East Ave
Owasso, OK 74055
Leader: Whitney Noble, RN, CCE, IBCLC
Sign up for Breastfeeding class at <https://baileymedicalcenter.com/events/breastfeeding-class>

Breastfeeding 101 and Amamandtando a Su Bebé

Tulsa Health Department- Connect First Lactation
918-779-6953
5330 E 31st St
Tulsa, OK 74135
Leader: Kyla Pfannenstiel, RN, BSN, IBCLC
Languages: English and Spanish
Free monthly class via Zoom

Breastfeeding Basics

Saint Francis Hospital South
918-494-2229
10501 E 91st Street South
Tulsa, OK 74133
Leader: Aimee Hansen, RN, BSN, CCE

Breastfeeding Basics

Saint Francis Hospital
918-494-BABY (2229)
6161 S. Yale Avenue
Tulsa, OK 74136
Leaders: Aimee Hansen, RN, BSN, CCE
Register for classes online: www.saintfrancis.com

Breastfeeding Basics

Ascension St. John Medical Center
918-744-2681
1923 S. Utica Ave
Tulsa, OK 74104
Leader: Susan Reeder, MSN, RN, IBCLC
Hours: Class is once per month on the third Tuesday at 6pm. Parents can also sign up for this class by going to healthcare.ascension.org and clicking the link on the page "Find a Class or Event."

Breastfeeding Basics

Hillcrest Hospital South
918-294-4239
8801 S. 101st East Avenue
Tulsa, OK 74133
Leaders: Cassidy Hale, BSN, RNC-OB, IBCLC; Ranay Bedard, RN, IBCLC

Breastfeeding Class

Hillcrest Helmerich Women's Center
918-579-8018
1120 South Utica Avenue
Tulsa, OK 74104
Contact: Sharon Bauer, RN, IBCLC; Rebecca Onyirioha, RN, MSN, IBCLC;
Karen Stockwell, RN, BSN, IBCLC; Roberta Tyler, RN, BSN, IBCLC
Hours: First Monday of the month at 6:30 pm

Breastfeeding Class

Stillwater Medical Center
405-742-5553
1323 W. 6th Ave
Stillwater, OK 74074
Leader: Jeanne Campbell BSN, RNC, IBCLC

Breastfeeding Education Class

Cherokee Nation WW Hastings Hospital
918-458-3649
100 S Bliss
Tahlequah, OK 74464
Leader: Lauri Hickman MSN, RN, IBCLC, CCE

Breastfeeding Essentials

Innovations Family Wellness
918-398-3586
7503 W 60th Pl N
Tulsa, OK 74126

Leaders: Montika Collins, IBCLC, CLC, RN, BSN, MA; T’Kia Walterschied, CLC, Doula
Email: hello@ifwinc.org

La Leche League of Tulsa

La Leche League meetings are informal family-to-family exchanges of information and support, facilitated by a Leader. Visit <https://lloftulsa.org/meetings/> to find out about current days and times of our monthly online and in-person meetings. La Leche League Leaders are volunteer peer counselors trained to help parents strategize how to meet their breastfeeding goals. Information on how to reach a Leader for meeting details or one-on-one help is at <https://lloftulsa.org/leaders/>.

Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families

Leader: Sierra D. Elsey, DNP, BSN, BSHS, RN, IBCLC
Hours: Search “Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families” on Facebook for more information

Mom & Baby Talk

TCCHD Central Regional Health Center
918-582-9355
315 S. Utica Avenue
Tulsa, OK 74104-2203
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English and Spanish

Mom & Baby Talk

TCCHD James O. Goodwin Health Center
918-582-9355
5051 South 129th East Avenue
Tulsa, OK 74134
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English

Mom & Baby Talk

TCCHD South Peoria
918-582-9355
6404 S Peoria
Tulsa, OK 74136
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English & Zomi

Mom & Baby Talk

TCCHD North Regional Health & Wellness Center
918-582-9355
5635 N Martin Luther King Blvd
Tulsa, OK 74126
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English

Mom & Baby Talk

TCCHD Mingo WIC

918-582-9355

9924 E 21st St

Tulsa, OK 74129

Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors

Languages: English & Spanish

Prenatal Breastfeeding Class

INTEGRIS Health Miami Hospital

918-919-2708

200 2nd S.W.

Miami, OK, 74354

Leaders: Emily Burkybile, IBCLC

Additional information: Classes alternate monthly between Integris Miami & Grove

OKLAHOMA LACTATION CONSULTANT RESOURCE GUIDE 2023

Oklahoma City Area

Private Practice

Ally Lactation

405-849-5624

9901 North May Avenue, Suite 110

Oklahoma City, OK 73120

Daree Willman, RN, IBCLC; Donna Hendrix, RNC, IBCLC;

Sarah Bendure, RN, IBCLC

Website: www.allylactation.com

Email: info@allylactation.com

Visits: within 10 miles of clinic

Hours: Monday-Saturday by appointment only

Specialty: All breastfeeding/chestfeeding parents

Additional information: We are contracted with The Lactation Network for insurance coverage.

You can visit the following site to see if we are contracted with your insurance:

<https://go.lactationnetwork.com/AllyLactation>

Array Nutrition & Lactation

405-215-9248

In-Home or Telehealth Services Only

(No office location) OKC

Wendy Wilson, RDN/LD, IBCLC

Visits: Home visits within 30 miles

Medicaid provider and files with Private Insurance

Athena Lactation, LLC

405-289-8891

Oklahoma City area

Holly Skinner, BS, IBCLC/RLC, CLC, ALC

Visits: Home visits within 25 miles by appointment

Specialty: Back to breast, 0-2 years

Hours: Varies

Email: athenalactation@gmail.com

Becky Drevets, IBCLC

405-367-3886

P.O. Box 2341

Edmond, OK 73083

Becky Drevets, RN, IBCLC

Email: Hello@beckydrevetsibcl.com

Visits: Inpatient, Outpatient, Home Visits within 30 miles

Hours: Monday-Friday 9a-5p

Specialty: Prenatal through weaning; NICU grads; breast refusal; bottle refusal; painful latch; never latch

Additional Information: Becky is associated with The Lactation Network. Interested clients can check their insurance through this network for possible lactation coverage. All other clients will be provided a detailed receipt for insurance possible reimbursement.

Breastfeeding Telehealth of Oklahoma

405-633-6027

Anita Wingfield, RN, MS, IBCLC

Hours: Evenings and weekends

Email: anita.wingfield@breastfeedingoklahoma.com

Visits: Outpatient, Home visit within 10 miles

Specialty: Newborns

Files with private insurance

Comprehensive Lactation Consulting

405-863-4461

Norman, OK

Holly Frantz, BSN, MSN, WHNP-BC, IBCLC

Hours: All

Visits: Home visits within 150-mile radius by appointment

Specialty: Newborn – 4 years

Email: morethanmilk@yahoo.com

Epiphany Birth Services, LLC

405-283-8464

1745 A NW 16th Street

Oklahoma City, OK 73106

Farah Antoine-Mayberry, OT, IBCLC

Hours: Monday-Friday 8:00 a.m.- 6:00 p.m.

Specialty: Pediatrics

Visits: Outpatient

Email: Farah@EpiphanyBirthServices.com

Website: Visit www.EpiphanyBirthServices.com to make an appointment

Languages: English and French

Files with private insurance

Lactation by Cathie

405-824-9801
Jones, Oklahoma
Cathie Price, IBCLC, RLC
Hours: By appointment only
Private pay only with a sliding scale for those on Medicaid

Little Love Lactation & Feeding

405-916-9972
801 W 33rd St, PO Box 8282
Edmond, OK 73083
Erin Prater-Blount RN, BSN, IBCLC
Visits: Home visit within 50 miles
Hours: Mon 9:00 AM - 3:30 PM; T/W/F 9:00 AM - 5:00 PM, Th 9:00 AM - 4:30 PM
Specialty: birth to 2 years

miLC, Maternal & Infant Lactation Consulting

405-349-6452
Norman, OK
Lindsay Crossley MS, RD/LD, IBCLC; Janet Jarvis, RN, BSN, IBCLC
Visits: Outpatient, Home visit within 30 miles
Hours: 7 days/week by appointment
Specialty: Newborn to 1 year
Files with private insurance

Mother to Mother Mobile Lactation

603-452-8118
Moore, OK
Heather L. Wasuta, IBCLC
Visits: Home visits within 30-mile radius
Hours: Flexible, call or email for appointment
Specialty: Mobile lactation education
Email: mothertomothermobilelactation@gmail.com

The Oklahoma City Lactation Clinic

405-963-3381
2940 NW 50th St
Oklahoma City, OK 73112
Jessica Cheatwood, IBCLC, HBCE
Visits: Inpatient, outpatient, home visits within 20 miles
Hours: By appointment
Specialty: Prenatal Education, Newborns, Pumping, Lip & Tongue Tie
Email: info@oklahomalactationconsultant.com
Files with private insurance

Peaceful Roots Doula at Thrive Mama Collective

405-326-9618
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Ashley Kula-Imtiaz, IBCLC
Visits: Outpatient, home visits within 30 miles
Hours: 9am-7pm
Specialty: Prenatal education to weaning
Email: ashley@peacefulrootsdoula.com
Files with private insurance

Thrive Mama Collective

405-356-MAMA(6262)
1745 NW 16th St, Ste A
Oklahoma City, OK 73106
Ashley Imtiaz, IBCLC; Farah Antoine-Mayberry, IBCLC, OT; Jessica Cheatwood, IBCLC, HBCE
Visits: Outpatient, inpatient, and Home visits
Hours: Lactation Consults: By Appointment; Retail Shopping: Closed Mondays
Specialty: Mother/ Baby, NICU, and Outpatient
Email: info@thrivemamacollective.com
Languages: English and Spanish
Files with private insurance

Well Rooted Health and Nutrition

405-885-0270
3555NW 58th St. Ste. 910-W
Oklahoma City, OK 73112
Kelsey Tangney, MS,RD/LD CCNP CLC
Visits: Outpatient
Hours: 8am-4pm
Specialty: Lactation Consultant, Pediatrics
Email: kelsey@wellrootedhn.com
Files with private insurance and Medicaid

Your Feeding Friend LLC

405-261-8220
924 NW 58th St, Suite 205
Oklahoma City, OK 73118
Brittany Sandoval, BSN, RN, IBCLC
Visits: Outpatient, home visits within 30 miles (travel fees may apply)
Hours: By appointment only
Specialty: Low Milk Supply, Complex Feeding Issues, Weaning Supplements
Website: www.yourfeedingfriend.com
Files with private insurance and Medicaid

Hospitals

The Breastfeeding Clinic at OU Physicians

405-271-5239

OU Physicians' Building, Clinic 3C

825 N.E. 10th Street

Oklahoma City, OK 73104

Visits: Outpatient

Virtual Appointments: Tue. & Fri

Clinic Appointments: Mon, Wed. & Thurs.

Medicaid Provider and files with Private Insurance

Integris Baptist Medical Center

405-949-3393 (NICU); 405-949-3254 (Lactation Services)

3300 Northwest Expressway

Oklahoma City, OK 73112

Brittany Gjesvold, RN, IBCLC; Tina Launer, RN, IBCLC; Melissa Colasacco, RN, IBCLC;

Michelle Smith, RN, IBCLC; Sabrina Smith, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: 7:00 a.m. – 5:00 p.m., 7 days a week

Specialty: Newborn through 1 year

Medicaid Provider and files with Private Insurance

INTEGRIS Canadian Valley Hospital

405-717-6434

1201 Health Center Parkway

Yukon, OK 73099

Kira Kirkes-Delay, RN, BSN, IBCLC

Visits: Inpatient, Outpatient

Hours: 8:00am-4:00pm Monday-Friday

Specialty: Newborn through 1 year

Medicaid Provider and files with Private Insurance

INTEGRIS Health - Edmond

405-657-3245

4801 Integris Parkway

Edmond, OK 73034

Connie Barta, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: M-F 8am - 4pm

Medicare Provider and files with Private Insurance

INTEGRIS Southwest Medical Center

405-636-7000
4401 S. Western
Oklahoma City, OK 73109
Cindy Laney, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. – 4:30 p.m.
Files with Private Insurance

Mercy Health Center

405-752-3586
4300 W. Memorial Road
Oklahoma City, OK 73120
Patty Buersmeyer, RN, IBCLC; Colleen Davis, RN, IBCLC; Rachel Johnson, RN, IBCLC
Julia Wambolt, APRN-CNP, WHNP-BC, CNM, IBCLC; Michelle Walton, RN, IBCLC;
Susie Williams, RN, IBCLC; Brittany Wood, RNC, LC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 4:00 p.m.
Specialty: Newborn to 6 months
Medicaid Provider and files with Private Insurance

Norman Pediatric Associates

405-321-5114
3231 Healthplex Drive
Norman, OK 73072
Jennifer Woods, RN, IBCLC
Visits: Outpatient
Hours: 9:00 a.m. – 5:00p.m.
Medicaid Provider and files with Private Insurance

Norman Regional HealthPlex

405-515-3532
3300 HealthPlex Parkway
Norman, OK 73072
Pamela Denton, RN, IBCLC; Tracy DeJesus RN, IBCLC; Charissa Larson MS, IBCLC;
Jayme Provine, RN, IBCLC; Sarah Steele RN, IBCLC.
Visits: Inpatient, Outpatient
Hours: 7:00 a.m. – 7:00 p.m., 7 days a week
Specialty: Newborn
Medicaid Provider and files with Private Insurance

OU Medical Center

Lactation Center (TLC)

405-271-6455

1200 N. Children's Avenue

Oklahoma City, OK 73104-5068

Theresa Bryan, BSN, RNC, RN, IBCLC; Stasha Howard, IBCLC; Mallory Brynn Johnston, BS, IBCLC; Colleen Nelson, BS, IBCLC; Mariana Orozco, LPN/IBCLC; Cathie Price, IBCLC, RLC; Britney Schwarz, IBCLC; Holly Skinner, BS, IBCLC/RLC, CLC, ALC; Rachelle Stangl, BS, IBCLC, RLC

Visits: Inpatient, all areas of the hospital

Hours: 8:00 a.m. – 5:00 p.m

Oklahoma Breastfeeding Hotline

877-271-MILK (6455)

Text OK2BF to 61222

Jaclyn Huxford, RDN/LD, IBCLC, Manager, Oklahoma Breastfeeding Hotline.

IBCLCs: Britney Schwarz, IBCLC; Cassidy Hale, RN, IBCLC; Charissa Larson, MS, IBCLC;

Jessica Ryans, RN, IBCLC; Kate Copass, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC;

Mariana Orozco, IBCLC

Hours: Breastfeeding Hotline - 24 hours/day

To give feedback on the hotline, call 405-271-6162

Funded through a grant provided by the Oklahoma State Department of Health

Oklahoma Breastfeeding Resource Center

405-271-6162

920 Stanton L. Young, Blvd., Williams Pavilion, Rm. 2230

Oklahoma City, OK 73104

Jaclyn Huxford, RDN/LD, IBCLC; Becky Mannel, MPH, IBCLC, FILCA;

Website: <https://obrc.ouhsc.edu/>

Oklahoma Mother's Milk Bank

405-297-LOVE (5683)

940 NE 13th St

Garrison Tower #1220

Oklahoma City, OK 73104

Keri Hale, RD/LD, IBCLC, Clinic Director;

Rebecca Mannel, MPH, IBCLC, FILCA, Executive Director;

Keysha Sanders, IBCLC; Holly Skinner, IBCLC/RLC, ALC, CLC

Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday

Email: info@okmilkbank.org

SSM Health St. Anthony Joyful Beginnings

405-272-6207

1000 N. Lee

Oklahoma City, OK 73101

Lindsay Crossley MS, RD/LD, IBCLC; Janet Jarvis BSN, RN, IBCLC; Princy Jacob MSN, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: Monday-Friday 8:00 am-4:00 pm

Medicaid Provider and files with Private Insurance

SSM St. Anthony Hospital - Shawnee

405-214-1556

1102 West McArthur

Shawnee, OK 74804

Charli Hull, RN, BSN, IBCLC; Kristi McDonald, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

Speciality: Newborn to 1 year

Medicaid Provider and files with Private Insurance

Indian Tribal Organization WIC

Citizen Potawatomi Nation WIC Program

405-273-3216

1601 S. Gordon Cooper Drive

Shawnee, OK 74801

Cheryl Richardson, M.A., IBCLC

Visits: Inpatient, outpatient - Serving Citizen Potawatomi Nation WIC participants

Hours: By appointment 8:00 a.m. – 5:00 p.m., Monday - Friday

Specialty: WIC Breastfeeding Peer Counseling Program, working mothers

Oklahoma Department of Health/WIC Clinics

Grady County Health Department

405-224-2022

2116 W Iowa Ave

Chickasha, OK 73018

Dacia Zimmerman, RN, IBCLC

Hope Center Health Clinic (WIC)

405-348-4680

1251 N. Broadway

Edmond, OK 73034

Kristyna Cleek, MS, RD, LD, IBCLC

Hours: 8:00am-4:00pm Monday-Thursday

Visits: Outpatient

Specialty: Prenatal/postpartum breastfeeding support

Languages: English and Spanish

Additional information: Kristyna works for WIC, any pregnant or postpartum mother who has SoonerCare qualifies for WIC and can see Kristyna free of charge

McClain County Health Department

405-527-6541

919 N 9th St

Purcell, OK 73080

Dacia Zimmerman, RN, IBCLC

Neighborhood Services Organization WIC Clinic (NSO)

405-942-2008

3530 N. MacArthur Blvd.

Oklahoma City, OK 73122

Brittany Wheaton, MS, RD, LD, IBCLC

Visits: Inpatient

Hours: 7:45 a.m. – 4:30 p.m., Monday – Friday

Specialty: WIC Breastfeeding Peer Counseling Program practiced within the WIC Clinic

Oklahoma City-County Health Department

405-425-4384

2401 NW 23rd Street, Suite 2G

Oklahoma City, OK 73107

Nao Galbraith, MS, RD/LD, CLC, IBCLC

Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday

Specialty: Practice within six OCCHD WIC Clinics

Languages: English and Japanese

Breastfeeding Peer Counseling Program available at OCCHD WIC clinics

Website: <https://www.occhd.org/clinics>

Oklahoma County Sooner Start

405-426-8550

3017 N. Stiles, Suite 200

Oklahoma City, OK 73105

Jana Gober, MS, RDN, LD, IBCLC

Hours: 8am-4:30pm M-F

Visits: Outpatient, Home visits within 20-miles

Specialty: Birth to 3

Medicaid Provider and files with private insurance

Oklahoma State Department of Health Maternal & Child Health Service

405-426-8113 or 405-426-8061
 123 Robert S. Kerr, Suite 1702
 Oklahoma City, OK 73102
 Amanda Parsons, MA, RDN/LD, IBCLC
 Hours: Monday – Thursday from 8:00 a.m. – 4:30 p.m.

Oklahoma State Department of Health WIC Service

405-426-8500 or Toll-Free 1-888-655-2942
 123 Robert S. Kerr, Suite 1702
 Oklahoma City, OK 73102
 Brooke Bowlware, RDN/LD, IBCLC, WIC Program Consultant
 Jenna Crider, RDN, LD, IBCLC, WIC Program Consultant
 Sarah Devane, RDN, LD, IBCLC, Breastfeeding Resource Specialist
 Adrianna Halstead, RDN/LD, IBCLC, WIC BF Education Coordinator
 Amy Mauldin, RDN, LD, IBCLC, WIC Nutrition Manager
 Wende Mitchell, RDN, LD, IBCLC, WIC Operations & Breastfeeding Specialist
 Amanda Thomas, MA, RDN, LD, IBCLC, WIC Program Consultant
 Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

North East Area

Private Practice

Busy Being Birth Services

918-565-2970
 7503 W 60th Pl N
 Tulsa, OK 74126
 TKia Walterscheid, IBCLC, CLC
 Hours: Monday-Thurs 9am-6pm
 Visits: Inpatient, outpatient, home visit within 20 miles
 Specialty: Oral Restrictions, Older Babies, Hormonal Imbalances
 Email: hello@tkiadenise.com
 Files with private insurance

Innovations Lactation and Breastfeeding Services

949-370-9950
 7503 W 60th Pl N
 Tulsa, OK 74126
 Montika Collins, IBCLC, CLC, RN, BSN, MA
 Hours: Monday - Thursday, 9:00 a.m. – 4:00 p.m.
 Visits: Outpatient, Homevisit within 20 miles
 Specialty: All
 Email: info@innovationslc.com
 Files with private insurance

Lactation Lady Tulsa

949-370-9950

4800 W. San Antonio St. Ste. 101

Broken Arrow, OK 74012

Heather Borsuk, IBCLC

Hours: Mon-Sat 10am-8pm

Visits: Outpatient, Home visit 30 miles

Specialty: From birth to weaning and everything in between

Email: Lactationladytulsa@gmail.com

Files with private insurance

Newborn Life, LLC

303-668-7774

Bixby, OK

Katie Kunz, RN, IBCLC

Hours: By appointment only

Visits: Home visits within 30 miles

Speciality: Prenatal/newborn

Email: katie@katiekunz.com

Accepts insurance through The Lactation Network, also offers virtual/telehealth visits.

Hospitals**Ascension St. John Jane Phillips**

918-331-1148

3500 SE Frank Phillips Blvd.

Bartlesville, OK 74006

Julie Blount, BSN, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: 8:30-4:00

Medicaid Provider and files with Private Insurance

Ascension St. John Medical Center

918-744-2681

1923 S. Utica Avenue

Tulsa, OK 74104

Nadine Barnes, RN, IBCLC; Cynthia DeLay, BSN, RN, IBCLC; Rachel Foley, RN, IBCLC;

Susan Reeder, MSN, RN, IBCLC; Suzanne Rinker, BSN, RN, CLC

Visits: Inpatient and Outpatient

Hours: 9:00 a.m. – 5:00 p.m., Monday – Saturday

Medicaid Provider and files with Private Insurance

Bailey Medical Center

918-376-8268
10502 N 110th Ave
Owasso, OK 74055
Whitney Noble, RN, CCE, IBCLC
Visits: Inpatient and Outpatient
Hours: Tuesday, Thursday, and Friday - 8:00 am to 4:00 pm
Specialty: Newborn
Medicaid Provider and files with Private Insurance

Cherokee Nation WW Hastings Hospital

918-458-3649
100 S Bliss
Tahlequah, OK
Lauri Hickman MSN, RN, IBCLC, CCE
Visits: Inpatient and outpatient
Hours: 0730-0400
Specialty: OB/outpatient/all ages
Medicaid Provider and files with Private Insurance

Hillcrest Hospital Claremore

918-342-6762
1202 N Muskogee Pl
Claremore, OK 74017
Cecilia Bates, RN, IBCLC
Visits: Inpatient and outpatient
Hours: 8am-4pm
Specialty: Newborn
Medicaid Provider and files with Private Insurance

Hillcrest Hospital South

918-294-4239
8801 South 101st East Avenue
Tulsa, OK 74133
Ranay Bedard, RN, IBCLC;
Cassidy Hale, BSN, RNC-OB, IBCLC
Visits: Inpatient and Outpatient
Hours: On call
Specialty: Newborn
Medicaid Provider and files with Private Insurance

Hillcrest Helmerich Women’s Center

918-579-8018
 1120 S. Utica Avenue
 Tulsa, OK 74104
 Sharon Bauer, RN, IBCLC, Rebecca Onyirioha, RN, MSN, IBCLC;
 Karen Stockwell, RN, BSN, IBCLC; Yuliana Torres, IBCLC; Roberta Tyler, RN, BSN, IBCLC
 Visits: Inpatient and Outpatient
 Hours: 9:00 a.m. – 5:00 p.m.
 Medicaid Provider and files with Private Insurance

INTEGRIS Health Miami Hospital

918-919-2708
 200 2nd S.W.
 Miami, OK, 74354
 Emily Burkybile, IBCLC

Saint Francis Hospital

6161 S. Yale Avenue
 Tulsa, OK 74136
 918-494-6455
 Laura Calhoun, RN, BSN, IBCLC; Lynn Clutter, PhD, APRN-CNS, IBCLC;
 Traci Mathis, LD, IBCLC; Janice Norris, RN, IBCLC; Debbie Ratzlaff, MSN, RN, IBCLC
 Kerstin West-Wilson, MS, IBCLC
 Visits: Inpatient and Outpatient
 Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday
 Specialty: Preterm and term newborns
 Medicaid Provider and files with Private Insurance

Saint Francis Hospital South

918-307-6394
 10501 E. 91st St. South
 Tulsa, OK 74133
 Susan Beard, RN, IBCLC
 Visits: Inpatient
 Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday
 Specialty: Newborn, late preterm
 Files with Private Insurance

Indian Tribal Organization WIC

Cherokee Nation WIC Program

918-453-5591
 P.O. Box 948
 Tahlequah, OK 74464
 Euphemia John, BS, CLC, IBCLC, RLC
 Visits: Inpatient, Outpatient, and home visits 150-mile radius in tribal boundary
 Hours: 8:00 a.m. – 5:00 p.m. Will take calls after hours

Inter-Tribal Council WIC/ Integris Miami & Integris Grove Hospital

918-919-2708

21 N. Eight Tribes Trail

Miami, OK. 74354

Emily Burkybile, IBCLC

Hours: 24/7

Visits: Inpatient, outpatient, home visit within 50 miles

Medicaid Provider and files with Private Insurance

Oklahoma State Department of Health/WIC Clinics

Creek County Health Department

918-224-5531

1808 S. Hickory

Sapulpa, OK 74066

Heather Odenwald, RD/LD, IBCLC

Visits: Outpatient

Hours: 8:00 a.m. – 5 p.m., Monday – Friday

Pawnee County Health Department

918-762-3643

639 Seventh Street

Pawnee, OK 74058

Kristen Dent, BSN, RN, IBCLC; Heather Odenwald, RD/LD, IBCLC

Visits: Outpatient

Hours: 8:00 a.m. – 5 p.m., Monday – Friday

Tulsa Health Department/ConnectFirst Lactation

918-779-6953

5330 E 31st St.

Tulsa, OK 74135

Kyla Pfannenstiel, RN, BSN, IBCLC

Visits: Outpatient, Home visit within Tulsa County

Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday

Medicaid provider

Additional information: Bilingual Breastfeeding Educator on staff and interpretation in other languages provided as well. Clients must be income eligible for Soonercare or WIC, services are provided at no cost.

Private Practice

Latched Lactation Support

405-740-8325

Stillwater, OK

Rachel Weaver, RN IBCLC

Visits: Home visit, within 45 miles from Stillwater

Hours: 8-6 Monday through Thursday, 8-12 Friday. Some evening and weekend availability

Email: rachelweaver@latchedok.com

Medicaid Provider and files with Private Insurance

Hospitals

Alliance Health Woodward

580-254-8654

900 17th Street

Woodward, OK 73801

Shala McIntosh, RN, BSN, IBCLC

Visits: Inpatient and Outpatient

Hours: Varies by appointment

Medicaid Provider and files with Private Insurance

Integris Bass Baptist Health Center

580-548-1347

600 S. Monroe Street

Enid, OK 73701

Annette Schovanec, RNC, BSN, IBCLC; Linda Suderman, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday

Medicaid Provider and files with Private Insurance

Stillwater Medical Center

405-742-5553

1323 West 6th Avenue

Stillwater, OK 74076

Jeanne Campbell, BSN, RNC, IBCLC

Visits: Inpatient, Outpatient, Home visits 35-mile radius

Hours: 9:30 a.m. – 6:00 p.m. Monday-Friday

Specialty: Newborns to 3 months

Medicaid Provider and files with Private Insurance

Oklahoma State Department of Health/WIC Clinics

Garfield County Health Department

580-233-0650

2501 Mercer Drive

Enid, OK 73701

Joy Richert, RN, IBCLC

Visits: Outpatient

Hours: 8:00 a.m. – 4:30 p.m.

Medicaid provider

Private Practice

The Latch by Amber Richards, BSN, RN, IBCLC

580-304-9160

Amber Richards, BSN, RN, IBCLC

Traveling IBCLC in Enid, OK

Hours: varying/flexible

Visits: 2-hour radius

Email: amber.richards@the-latch.com

South East Area

Private Practice

Chickasaw Nation

580-369-8047

229 Seabrook Road

Ada, OK 74820

Krysten Booker, MSHR, IBCLC

Visits: Inpatient, outpatient, home visit within 100 miles

Specialty: Ada/Norman metro area

Choctaw Nation Health Care Center

918-567-7000

One Choctaw Way

Talihina, OK 74571

Hours: 7:45am-4:15pm

Amy Gray, RN, IBCLC

Medicaid provider and files with Private Insurance

Dawanna Brittain, IBCLC, RLC

580-320-7709

47290 Highway #9

Ealrsboro Ok, 74840

Hours: 8:00-5:00, after hours possible

Visits: Home visits within 50-mile radius

Specialty: Tongue tie

Nurturing Mamas Network

918-916-9896
 800 12th Ave Northwest
 Ardmore, OK 73401
 Anita Wingfield, RN, MS, IBCLC
 Hours: After hours; weekends
 Visits: Outpatient
 Specialty: Virtual Breastfeeding classes, lactation consults for newborn, induced lactation

Southern Oklahoma Women’s Health

580-224-9000
 731 12th Avenue NW
 Ardmore, OK 73401
 Zann Shelton, APRN, CNP, IBCLC; Lacy Westfall, RN, BSN, IBCLC
 Visits: Outpatient
 Hours: 9:00 a.m. – 5:00 p.m. Monday-Friday
 Languages: English and Spanish
 Medicaid provider and files with Private Insurance

Hospitals

Chickasaw Nation Medical Center

580-399-0303
 1921 Stonecipher Blvd
 Ada, OK 74820
 Amanda Fowler LPN, IBCLC, CCE; Checotah Pardue, RN, IBCLC
 Visits: Inpatient and outpatient
 Specialty: Pediatrics
 Medicaid provider and files with Private Insurance

Mercy Clinic OB/Gyn Ardmore

580-226-3003
 731 12th Ave Northwest, Suite 210
 Ardmore, OK 73401
 Julia Wambolt APRN-CNP, WHNP-BC, CNM, IBCLC

Indian Tribal Organization WIC

Chickasaw Nation WIC

580-399-2000
 1001 N. Country Club
 Ada, OK 74820
 Laura Robinson, IBCLC, RLC
 Visits: Inpatient, outpatient, home visits negotiable
 Hours: 8:00am-5:00pm Monday-Friday, after hours optional
 Specialty: Prenatal education, weaning, and tongue tie

Oklahoma State Department of Health/WIC Clinics

Haskell County Health Department

918-967-3304
 901 NW 6th Street
 Stigler, OK 74462
 Emmy McPeak, RD/LD, IBCLC
 Visits: Outpatient
 Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

Hughes County Health Department

405-379-3313
 200 McDougal Dr
 Holdenville, OK 74848-2811
 Angela Johnson, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday
 Specialty: Pregnancy, Birth - Age 5

McIntosh County Health Department

918-473-5416
 211 West Gentry
 Checotah, OK 74426
 Emmy McPeak, RD/LD, IBCLC
 Visits: Outpatient
 Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Seminole County Health Department

405-382-4369
 1900 Boren Blvd.
 Seminole, OK 74868
 Angela Johnson, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday
 Specialty: Pregnancy, Birth - Age 5

South West Area

Private Practice

Expression Lactation

580-246-4314
 112 Meadow Ridge Drive
 Elk City, OK 73644
 Kelsey Schones, APRN, IBCLC
 Hours: 9am - 3:30pm
 Visits: Outpatient, Home visit within 60 miles
 Specialty: Breastfeeding, Pumping, bottle feeding
 Email: Kelsey@expressionlactation.com
 Medicaid provide and files with private insurance

Latched By Kimberly, LLC

580-475-6853
 306 Oak St.
 Elgin, OK 73538
 Kimberly Dalrymple, IBCLC, CD (DONA)
 Visits: Home visits within 1 hour
 Specialty:
 Hours: Mon-Fri 9:00-2:00
 Files with Private Insurance
 Email: latchedbykimberly@gmail.com

Hospitals

Comanche County Memorial Hospital

580-250-5253
 3401 West Gore Blvd.
 Lawton, OK 73505
 Jenifer Brown, RNC-OB, IBCLC; Tonya Defoor BSN, RNC-OB, IBCLC;
 Carrie Nelson, RNC-OB
 Visits: Inpatient, Outpatient
 Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday. Saturday (outpatient) by appointment only
 Medicaid Provider and files with Private Insurance

Duncan Regional Hospital

580-252-5300
 1407 N Whisenant Drive
 Duncan, OK 73533
 Jessica Ryans, RN, IBCLC
 Visits: Inpatient, Outpatient
 Hours: 9:00 a.m. – 5:00 p.m. M - F
 Medicaid Provider and files with Private Insurance

Oklahoma State Department of Health/WIC Clinics

Comanche County Health Department

580-248-5890
 1010 SW Sheridan
 Lawton, OK 73505
 Lauren Hickman, RD, LD, IBCLC
 Visits: Outpatient
 Hours: Monday - Friday, 8a-5p
 Medicaid Provider and files with Private Insurance